

2022 WECHCPC Vancouver Historic 5K, 10K, Half					
Overall Finish List					
November 27, 2022					
Results By Race Management Systems, Inc.					
Half					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Derek Scott	8393	1 M 30-39	1:14:21.8	1:20:28.7
2	Justine Glass	8398	1 F 20-29	1:19:11.2	1:25:19.1
3	Dylan Macleod	6580	1 M 40-49	1:20:56.6	1:27:02.4
4	Talib Jiwani	6539	2 M 40-49	1:21:25.5	1:27:32.7
5	Peter Mpala	6608	2 M 30-39	1:21:30.4	1:27:30.4
6	Jordan Brett	8284	3 M 30-39	1:23:49.1	1:29:55.6
7	Andrew Nicholl	6616	4 M 30-39	1:24:05.4	1:30:12.7
8	Jack Cotter	6449	1 M 20-29	1:24:10.8	1:30:32.4
9	Junichi Nakagawa	6615	5 M 30-39	1:24:39.6	1:30:52.4
10	Andrew Clegg	8287	3 M 40-49	1:25:51.5	1:31:59.7
11	Eric Paulsen	8318	4 M 40-49	1:26:04.8	1:32:17.7
12	Kangsoon Park	6630	1 M 50-59	1:26:50.4	1:33:04.9
13	Alexandre Coppens	6447	6 M 30-39	1:28:05.6	1:34:15.9
14	Mark Hutchison	6532	5 M 40-49	1:29:11.2	1:35:47.5
15	Daniel Simpson	6669	2 M 20-29	1:29:14.0	1:35:33.7
16	Yunikko Muto	6612	3 M 20-29	1:29:25.6	1:36:10.0
17	Bailey Toupin	8327	1 F 30-39	1:30:10.6	1:36:21.5
18	Chris Dyck	6468	6 M 40-49	1:30:34.5	1:36:41.0
19	Jordan Sauser	6654	4 M 20-29	1:31:05.7	1:37:24.5
20	Alex GU	6506	7 M 40-49	1:31:08.9	1:37:35.9
21	Coner Nolan	8388	5 M 20-29	1:31:57.2	1:38:09.4
22	Jordan Swientek	8386	7 M 30-39	1:32:45.3	1:39:05.5
23	Sean Wilson	6722	8 M 40-49	1:33:07.3	1:39:07.3
24	Mihail Larin	6561	2 M 50-59	1:33:39.5	1:39:46.0
25	Mitchell L'Heureux	6556	8 M 30-39	1:33:47.5	1:40:24.3
26	Jaxon Michaud	6598	6 M 20-29	1:34:45.1	1:40:57.9
27	Rory Moloney	8383	7 M 20-29	1:34:47.9	1:41:24.3
28	Umberto Soda	6674	9 M 30-39	1:34:56.4	1:41:03.7
29	Dale Palsson	6628	8 M 20-29	1:35:17.5	1:41:50.2
30	Abdurrahman Ghanem	6492	10 M 30-39	1:35:33.6	1:41:55.2
31	Annalise Maillet	8309	2 F 20-29	1:35:41.0	1:41:52.8
32	Natalia Minarchenko	6604	2 F 30-39	1:36:01.0	1:42:09.2
33	Leonard Carroll	6429	9 M 20-29	1:36:04.0	1:42:28.2
34	Darragh Cunnane	6450	10 M 20-29	1:36:06.4	1:42:30.6
35	Paul-Emmanuel Roghi	1789	9 M 40-49	1:36:36.6	1:43:31.9
36	Stuart Ockelford	6621	3 M 50-59	1:37:42.7	1:44:19.0
37	Charlie Loo	6574	10 M 40-49	1:37:50.8	1:44:05.8
38	Alison Hunt	8296	3 F 20-29	1:38:44.3	1:45:03.7
39	Theo Paul	6635	11 M 20-29	1:38:45.4	1:45:03.6
40	Kevin O'Shea	8317	11 M 30-39	1:38:51.0	1:45:22.1
41	Dave Burroughs	6423	11 M 40-49	1:38:51.3	1:44:59.1
42	Jon Wescott	8330	4 M 50-59	1:38:57.8	1:45:21.7
43	Natalia Wazny	6712	4 F 20-29	1:38:58.4	1:45:14.0
44	Tom O'Haire	6624	12 M 30-39	1:39:16.1	1:45:46.8

45	Edward Hall	6515	5 M 50-59	1:39:38.9	1:46:07.0
46	Joe Kelly	6543	6 M 50-59	1:39:42.2	1:46:12.2
47	Matthew Knarston	6551	13 M 30-39	1:39:50.2	1:46:51.8
48	Conor Gormley	6501	12 M 20-29	1:39:51.9	1:46:24.6
49	Ciaran Murphy	6611	13 M 20-29	1:39:52.1	1:46:24.5
50	Gregory Knoblauch	8303	5 F 20-29	1:40:08.0	1:46:37.1
51	Barry Morton	6607	7 M 50-59	1:40:21.7	1:46:31.2
52	Michal Stehlik	6682	14 M 20-29	1:40:32.8	1:46:48.3
53	Roxanne Belair	8280	6 F 20-29	1:40:33.5	1:46:59.8
54	Ben Carr	6428	14 M 30-39	1:40:42.9	1:47:18.1
55	Tara Wallace	6706	1 F 40-49	1:40:51.7	1:47:30.9
56	Christopher Gulinao	6508	15 M 30-39	1:41:13.4	1:47:30.6
57	Paige Taylor	6689	3 F 30-39	1:41:34.9	1:48:02.3
58	Lindsey Freeman	6483	2 F 40-49	1:42:44.0	1:49:06.3
59	Chris Varin	8328	16 M 30-39	1:42:55.7	1:49:18.8
60	Jason Fluckiger	6478	12 M 40-49	1:42:58.4	1:49:40.8
61	Anna Stott	6683	4 F 30-39	1:43:08.6	1:49:19.4
62	Eoin McLoughlin	6595	15 M 20-29	1:43:10.6	1:50:02.6
63	Matthis Vogel	6704	17 M 30-39	1:43:18.8	1:49:42.0
64	Emily Slager	8323	5 F 30-39	1:43:22.2	1:50:15.2
65	Fernando Maul Beckert	6586	18 M 30-39	1:43:25.5	1:50:58.0
66	Conor Clancy	6440	16 M 20-29	1:43:35.2	1:50:40.3
67	Sara Schmidt	6655	6 F 30-39	1:44:29.1	1:51:23.0
68	Zak O'Gorman	8316	17 M 20-29	1:44:41.3	1:51:54.0
69	Cillian O'Donnell	6622	18 M 20-29	1:44:47.5	1:51:52.6
70	Sara McCracken	6589	1 F 50-59	1:44:57.1	1:51:17.9
71	Laura Hately	6521	2 F 50-59	1:44:57.4	1:51:18.3
72	Sharla Mawhinney	6587	3 F 40-49	1:45:05.0	1:51:16.5
73	Josh Kraubner	8304	19 M 30-39	1:45:07.7	1:51:16.1
74	Micah Hooge	8295	20 M 30-39	1:45:07.9	1:51:15.7
75	Mia Douglas	6462	3 F 50-59	1:45:09.9	1:51:41.3
76	Robert Bonas	6415	8 M 50-59	1:45:16.4	1:51:27.9
77	Richael Brocone	8391	7 F 20-29	1:45:36.5	1:51:48.8
78	Murray Goodkey	6500	9 M 50-59	1:45:36.9	1:51:51.0
79	PENGNIAN LI	8306	1 F 60-69	1:45:54.3	1:52:21.9
80	Diane Butler	6425	4 F 40-49	1:46:10.5	1:52:42.4
81	Ronan Deane	6456	13 M 40-49	1:46:10.5	1:53:01.6
82	Brian Miller	6599	14 M 40-49	1:46:15.7	1:52:52.5
83	Hannah Sweeney	6685	8 F 20-29	1:46:20.2	1:52:57.9
84	Matthieu Legault	6566	19 M 20-29	1:46:56.5	1:53:22.2
85	Sean Tilstra	6695	21 M 30-39	1:47:14.8	1:53:24.9
86	Eddie Gleeson	6497	22 M 30-39	1:47:17.1	1:53:48.2
87	Guy Basran	6409	1 M 60-69	1:47:25.1	1:53:47.8
88	Hanson Le	8305	20 M 20-29	1:47:26.3	1:54:13.3
89	Orsy Szabo	8382	5 F 40-49	1:47:36.8	1:53:46.7
90	Gary Dale	6451	2 M 60-69	1:48:03.1	1:55:00.8
91	Markus Hubrich	6530	23 M 30-39	1:48:13.0	1:54:54.3
92	Pat Madderom	6581	24 M 30-39	1:48:13.5	1:54:35.4
93	Bianca Drumea	6465	9 F 20-29	1:48:14.5	1:54:54.6
94	James Rupert	6651	3 M 60-69	1:48:26.2	1:55:25.4
95	Peter Campion	6427	10 M 50-59	1:48:50.3	1:55:18.3

96	Nicholas Gerritsen	6491	21 M 20-29	1:49:07.0	1:55:40.2
97	Kiran Gurm	6509	7 F 30-39	1:49:08.8	1:55:46.5
98	Danny Chen	8395	25 M 30-39	1:49:18.1	1:56:09.8
99	Jim Davie	6452	26 M 30-39	1:49:38.1	1:56:01.4
100	Elizabeth Funk	6486	10 F 20-29	1:49:48.6	1:57:04.2
101	Jonathan Peacock	6636	11 M 50-59	1:50:12.3	1:56:43.5
102	Owen Chen	6435	22 M 20-29	1:50:17.2	1:56:40.6
103	Francesca Rainbow	6643	11 F 20-29	1:50:18.8	1:56:34.9
104	Eric Beauregard	6411	15 M 40-49	1:50:34.4	1:57:17.1
105	Ashley Barnes	6404	8 F 30-39	1:50:41.0	1:57:06.5
106	Kyle Van Ek	6700	23 M 20-29	1:50:42.2	1:57:03.3
107	Donal Duncan	6467	16 M 40-49	1:50:43.0	1:56:59.1
108	Dianne Kaltenegger	8299	2 F 60-69	1:50:53.1	1:57:13.1
109	Merve Fattah	6475	12 F 20-29	1:50:56.2	1:58:10.0
110	Nima Eslamloo	6472	27 M 30-39	1:51:01.1	1:57:44.9
111	Lydia Taylor	6688	1 F 1-19	1:51:02.6	1:57:14.7
112	Conor Kilbane	8302	24 M 20-29	1:51:04.7	1:57:04.7
113	Ášna O'Keane	6625	13 F 20-29	1:51:20.6	1:57:58.1
114	SIMON SHIU	6666	4 M 60-69	1:51:25.0	1:57:36.7
115	Alyssa Shull	6667	14 F 20-29	1:51:36.0	1:58:25.8
116	Di Jiang	8297	4 F 50-59	1:51:46.7	1:58:20.9
117	Tim Lambton	6559	17 M 40-49	1:51:47.5	1:58:34.7
118	Salvador Moran	8314	18 M 40-49	1:51:50.2	1:58:19.5
119	Olivia Williams	6721	15 F 20-29	1:52:00.1	1:58:10.3
120	Garrett Buckley	6422	12 M 50-59	1:52:04.6	1:58:50.3
121	Vanessa Arroba	6396	16 F 20-29	1:52:06.9	1:58:16.4
122	Yona Berger	6413	2 F 1-19	1:52:07.1	1:58:31.7
123	Julia Adams	6392	17 F 20-29	1:52:37.3	1:59:47.1
124	Mateja Trajkoski	6698	25 M 20-29	1:52:38.1	1:59:02.4
125	Rachel Shanner	6663	18 F 20-29	1:52:41.4	1:59:00.5
126	Ross Laird	6558	13 M 50-59	1:52:43.3	1:59:49.0
127	Gabriel Bauman	6410	19 M 40-49	1:52:43.7	1:59:39.1
128	Colin King	6548	5 M 60-69	1:52:45.5	1:59:04.1
129	Erik Joy	6540	26 M 20-29	1:52:51.6	1:59:57.7
130	Eric Zhou	6734	14 M 50-59	1:53:00.3	1:59:13.3
131	Russ Bashaw	6407	28 M 30-39	1:53:07.7	1:59:54.0
132	Bradley McGillawee	6591	20 M 40-49	1:53:12.3	1:59:56.0
133	JAMIE MCKINNON	6592	29 M 30-39	1:53:14.9	1:59:56.2
134	mark Boyter	6417	6 M 60-69	1:53:19.8	2:00:18.2
135	Michael Ryan	8321	30 M 30-39	1:53:29.9	2:00:31.1
136	Brendan Kelly	8301	31 M 30-39	1:54:02.5	2:00:23.6
137	Catherine O'Sullivan	6626	19 F 20-29	1:54:15.0	2:01:17.9
138	Ana Kalyta	8300	20 F 20-29	1:54:29.6	2:00:48.5
139	Anna Siuchnicka	6671	9 F 30-39	1:54:38.0	2:01:41.2
140	Paula Clark	6441	10 F 30-39	1:54:45.7	2:01:26.7
141	John Forster	6481	32 M 30-39	1:54:48.7	2:01:51.4
142	Ginette Miller	6600	5 F 50-59	1:54:55.2	2:01:24.7
143	Josh Pap	6629	27 M 20-29	1:55:25.0	2:02:39.4
144	Dan Cook	8394	7 M 60-69	1:55:42.7	2:02:27.8
145	Patti Schmidt	6656	3 F 60-69	1:55:43.1	2:02:27.8
146	Connie Thai	6691	6 F 50-59	1:55:50.8	2:02:59.3

147	Niamh Buckley	6421	21 F 20-29	1:56:10.8	2:02:43.1
148	Marie-Christine Boyer	8283	11 F 30-39	1:56:11.4	2:02:56.7
149	Jamie Westell	6716	33 M 30-39	1:56:14.7	2:03:08.3
150	David Slager	8324	34 M 30-39	1:56:17.2	2:03:13.1
151	Joel Giffen	6494	35 M 30-39	1:56:26.0	2:03:06.9
152	Wade Kennedy	6544	21 M 40-49	1:56:31.0	2:03:35.7
153	oscar lin	6568	22 M 40-49	1:56:38.7	2:02:50.9
154	Lynda Earls	8291	22 F 20-29	1:56:51.7	2:03:31.2
155	Jeff Oakley	6618	36 M 30-39	1:57:33.7	2:04:11.9
156	Jeremy Doucet	6461	23 M 40-49	1:57:43.6	2:04:19.9
157	Burkhard Forrer	6480	15 M 50-59	1:58:14.0	2:04:26.0
158	Vignesh Reguramalingam	6645	37 M 30-39	1:58:22.0	2:04:44.4
159	Jenna McConnell	6588	23 F 20-29	1:58:37.2	2:05:16.1
160	Michelle Fitzpatrick	8293	24 F 20-29	1:58:37.6	2:05:16.3
161	Alexandra Tonnel	6697	12 F 30-39	1:59:36.8	2:06:17.2
162	Kevin Pistone	6640	16 M 50-59	1:59:48.5	2:06:07.9
163	Peter Millerd	6602	24 M 40-49	2:00:56.5	2:08:06.9
164	Jenn Collins	6443	13 F 30-39	2:01:04.0	2:07:49.7
165	Stephen Doyle	8289	38 M 30-39	2:01:09.8	2:07:38.5
166	Diane Miller	6601	7 F 50-59	2:01:16.3	2:07:47.5
167	Jennifer Lee	6564	25 F 20-29	2:01:44.3	2:08:07.3
168	Bryce Wiebe	6719	28 M 20-29	2:02:13.1	2:09:33.2
169	Saud Lingawi	6571	29 M 20-29	2:02:42.9	2:09:37.3
170	Aaron Bensch	6412	39 M 30-39	2:02:47.3	2:09:49.5
171	Peter VanGenderen	8384	8 M 60-69	2:02:54.1	2:09:51.6
172	Eduard Gutierrez	6510	17 M 50-59	2:03:08.9	2:09:27.5
173	Meghan Woods	6728	26 F 20-29	2:03:09.2	2:10:18.3
174	Sunha Rachael Kang	6541	6 F 40-49	2:03:21.7	2:09:57.6
175	Brendan Wood	6727	40 M 30-39	2:03:26.3	2:10:00.2
176	Hileray Kilback	6547	8 F 50-59	2:03:34.5	2:09:48.0
177	Ian Kew	6546	9 M 60-69	2:03:36.4	2:09:48.8
178	Kim Jones	8298	7 F 40-49	2:03:49.4	2:10:37.3
179	Ines Zabala	6732	27 F 20-29	2:04:05.1	2:10:15.5
180	Laura Hill	6525	14 F 30-39	2:04:37.3	2:11:50.7
181	Micah Hill	6524	41 M 30-39	2:04:37.3	2:11:50.5
182	Andy Ma	6578	30 M 20-29	2:04:48.2	2:11:52.2
183	Fernando Seriosa	6661	18 M 50-59	2:04:56.2	2:12:00.7
184	Alicia Soon	6678	9 F 50-59	2:05:00.2	2:11:48.0
185	Jose Centeno	6432	25 M 40-49	2:05:19.7	2:11:50.9
186	Jeremy Takada Balden	6686	26 M 40-49	2:05:43.2	2:12:50.9
187	AKI IIZUKA	6533	27 M 40-49	2:05:43.4	2:12:51.1
188	Rachelle Tilden	6694	15 F 30-39	2:05:43.4	2:12:24.1
189	Pedro Fraccarolli Neto	6482	42 M 30-39	2:05:49.8	2:13:22.0
190	Laura Murphy	6610	28 F 20-29	2:06:17.1	2:13:15.9
191	Mark Rankin	6644	10 M 60-69	2:06:17.4	2:12:31.5
192	NEIL MINA	6603	28 M 40-49	2:06:17.6	2:12:31.8
193	William Schratz	6657	31 M 20-29	2:06:24.4	2:13:00.6
194	Rodolfo Davila	6453	32 M 20-29	2:06:25.0	2:13:43.5
195	Suzanne Ellis	8292	16 F 30-39	2:06:28.5	2:12:46.4
196	Dominique Larouche	6562	17 F 30-39	2:06:28.5	2:12:54.2
197	Mark Waldron-Hyden	6705	33 M 20-29	2:06:49.4	2:14:12.9

198	Julien Guillemette-Cloutier	6507	43 M 30-39	2:06:55.3	2:13:21.4
199	Kyle Kuramoto	6554	44 M 30-39	2:07:09.7	2:13:54.5
200	Kelsey Birth	8281	8 F 40-49	2:07:20.3	2:14:36.0
201	Stephanie Rose	6649	18 F 30-39	2:07:26.0	2:13:42.8
202	Colin Meldrum	8311	19 M 50-59	2:07:35.0	2:14:41.5
203	Christina Ritchey	6646	9 F 40-49	2:07:35.9	2:14:51.6
204	Daniel Luevano Alonso	6577	45 M 30-39	2:07:38.1	2:14:21.6
205	DIEGO DAVILA AYANZ	6454	46 M 30-39	2:07:41.5	2:13:51.2
206	Yuliia Shandyba	6662	29 F 20-29	2:08:11.3	2:14:54.5
207	Sophie Ryan	8322	30 F 20-29	2:08:15.5	2:14:55.1
208	Ron Mapue	6585	34 M 20-29	2:08:19.9	2:15:20.8
209	Carmen Nadrau	6613	10 F 50-59	2:08:30.7	2:14:52.2
210	Michelle Donaldson	6460	19 F 30-39	2:08:45.7	2:15:46.1
211	Martin Sherwood	6665	20 M 50-59	2:08:56.3	2:15:16.9
212	Jenn Cameron	6426	20 F 30-39	2:09:17.1	2:15:57.5
213	Chase Basanti	6406	35 M 20-29	2:09:46.2	2:15:56.0
214	Svetlana West	6715	10 F 40-49	2:09:50.2	2:16:53.6
215	Lois Evans	8381	4 F 60-69	2:10:11.0	2:17:07.4
216	Keith Metcalfe	6597	29 M 40-49	2:10:41.7	2:17:27.9
217	judith metcalfe	6596	11 F 40-49	2:10:42.6	2:17:27.7
218	Susan Burrows	6424	5 F 60-69	2:10:59.7	2:17:52.8
219	Max Friesen	6484	47 M 30-39	2:11:05.0	2:18:05.0
220	Nicole Foreman	6479	31 F 20-29	2:11:09.4	2:18:14.1
221	Aman Basra	6408	21 F 30-39	2:11:16.5	2:17:36.8
222	Dave Horsfield	6527	11 M 60-69	2:11:20.6	2:18:02.6
223	Les Pereira	6638	12 M 60-69	2:11:24.5	2:18:22.3
224	Case Den Oudsten	8334	13 M 60-69	2:11:32.9	2:15:44.7
225	Perrin Lindelauf	6569	30 M 40-49	2:12:05.2	2:19:13.7
226	Hailey Brinn Edgington	6469	32 F 20-29	2:12:12.1	2:18:53.8
227	Janet Green	6505	6 F 60-69	2:12:25.2	2:19:15.2
228	Stephanie Pigginn	6639	33 F 20-29	2:12:36.5	2:19:52.3
229	Scott Hare	6519	21 M 50-59	2:12:36.6	2:19:31.5
230	Erin Broughton	6420	22 F 30-39	2:12:46.6	2:19:44.4
231	Dave Manhas	8310	36 M 20-29	2:13:04.4	2:19:48.8
232	Nicole McLeod	6594	23 F 30-39	2:13:15.4	2:19:43.1
233	Carmen Wolfe	6726	34 F 20-29	2:13:25.2	2:19:35.7
234	Sherry Gottlieb	6503	11 F 50-59	2:13:26.2	2:20:15.8
235	Lisa Hamar	6516	12 F 50-59	2:13:45.6	2:20:06.6
236	Anju Chhokar	6436	35 F 20-29	2:13:49.4	2:20:40.2
237	Gillian Glass	6496	24 F 30-39	2:14:04.2	2:20:58.9
238	Engilla Loo	6575	12 F 40-49	2:14:18.7	2:21:45.2
239	Bernard Topic	8326	48 M 30-39	2:14:19.2	2:30:32.5
240	Lydia Wang	6708	25 F 30-39	2:14:35.8	2:21:33.0
241	Natasha Barrow	6405	26 F 30-39	2:14:38.8	2:21:57.2
242	Lea Liang	8307	13 F 50-59	2:14:55.3	2:21:29.2
243	Bronwyn Carradine	8285	36 F 20-29	2:15:19.7	2:21:49.8
244	Colin Tunnicliffe	6699	49 M 30-39	2:15:37.5	2:22:25.8
245	MALIA VICKERS	6702	27 F 30-39	2:15:58.3	2:22:56.6
246	Tabitha Abel	6391	1 F 70-79	2:16:02.6	2:22:45.8
247	Cherie Yip	6731	37 F 20-29	2:16:24.6	2:23:33.8
248	Anton Loewen	6573	37 M 20-29	2:16:47.1	2:23:36.6

249	Joshua Field	6477	38 M 20-29	2:17:57.8	2:24:58.2
250	Ronnie Lee	6563	39 M 20-29	2:18:03.4	2:25:14.9
251	David Mix	6605	31 M 40-49	2:18:04.4	2:25:11.9
252	Erica Ryland	6652	28 F 30-39	2:18:45.3	2:25:56.1
253	Chloe Moore	6606	38 F 20-29	2:19:20.5	2:26:33.1
254	missy nowakowski	6617	14 F 50-59	2:19:22.7	2:26:40.4
255	Nicholas Driedger	6464	50 M 30-39	2:19:23.2	2:26:40.3
256	Shannon Shum	6668	13 F 40-49	2:19:38.0	2:27:00.9
257	Martin Gostelow	6502	1 M 70-79	2:20:37.4	2:27:13.1
258	Kyle Higginson	8400	51 M 30-39	2:21:04.0	2:31:13.6
259	Richard Gibbs	6493	14 M 60-69	2:21:15.4	2:28:03.7
260	Danuta Tomasz	6696	7 F 60-69	2:21:26.3	2:28:19.9
261	Holly Harrington	6520	39 F 20-29	2:21:31.0	2:28:00.3
262	Gillian Wark	6710	15 F 50-59	2:21:52.1	2:28:21.9
263	Paul Chamberlain	6433	52 M 30-39	2:22:04.9	2:29:28.0
264	Grant Parnell	6631	22 M 50-59	2:22:44.9	2:30:09.5
265	Alina Kunitzskaya	6553	40 F 20-29	2:22:59.0	2:29:17.2
266	Alexandra Scott	6658	29 F 30-39	2:24:07.8	2:30:34.6
267	Veronique Duchesne	6466	30 F 30-39	2:24:07.8	2:30:34.1
268	Claire Sivley	6672	31 F 30-39	2:24:11.8	2:31:21.5
269	Norman Heu	6523	23 M 50-59	2:24:54.8	2:32:01.5
270	Donna Kerr	6545	16 F 50-59	2:25:31.2	2:32:33.3
271	Shixin Song	6676	24 M 50-59	2:25:59.6	2:32:45.6
272	Yihong Wang	6709	17 F 50-59	2:25:59.7	2:32:45.9
273	Michele Lee	6565	14 F 40-49	2:26:02.4	2:32:59.5
274	Julian Tang	6687	32 M 40-49	2:29:02.5	2:36:19.2
275	Andreanne Drouin	8290	41 F 20-29	2:30:08.4	2:37:19.1
276	Francisco Almaguer	6394	25 M 50-59	2:30:10.9	2:37:36.8
277	Dalene Visser	6703	32 F 30-39	2:30:58.5	2:37:37.6
278	Leona Atkinson	6400	15 F 40-49	2:31:11.8	2:38:08.8
279	Chu Fong Koh	6552	53 M 30-39	2:31:12.4	2:37:37.7
280	Branka Gataric	6488	18 F 50-59	2:31:43.5	2:38:03.6
281	Grant Hooper	6526	40 M 20-29	2:32:09.1	2:39:11.6
282	Sophia Alana	6393	42 F 20-29	2:32:09.4	2:39:11.8
283	Riya Chak	8286	43 F 20-29	2:32:13.9	2:39:16.9
284	ANAIS PELLIN	6637	33 F 30-39	2:32:35.8	2:39:50.6
285	Michael Haephrati	6512	26 M 50-59	2:33:56.1	2:40:11.9
286	LaDonn Goodkey	6499	19 F 50-59	2:34:12.4	2:41:18.5
287	Dawn Feng	6476	16 F 40-49	2:34:53.6	2:41:16.3
288	Tracey Wiebe	6718	20 F 50-59	2:34:59.7	2:42:20.0
289	Pretty Soelaiman	6675	17 F 40-49	2:35:04.9	2:41:55.6
290	Fedia Oueslati	6627	34 F 30-39	2:36:17.4	2:42:48.7
291	Draze Gataric	6489	15 M 60-69	2:37:02.2	2:43:21.3
292	Sophie Chan	6434	18 F 40-49	2:37:49.3	2:44:41.6
293	Nicolette Brady	6419	35 F 30-39	2:40:01.9	2:46:18.9
294	Phil Harbridge	6517	16 M 60-69	2:40:02.5	2:46:19.2
295	Sundeeep Lail	6557	19 F 40-49	2:40:29.3	2:46:40.2
296	Andrew Gray	6504	33 M 40-49	2:41:13.1	2:48:13.2
297	Patrick Hsieh	6528	54 M 30-39	2:43:21.6	2:50:25.5
298	Kapil Sharma	6664	55 M 30-39	2:44:33.0	2:51:45.1
299	Alyssa Strohschein	6684	36 F 30-39	2:45:26.9	2:52:36.0

300	Lindsey Day	6455	37 F 30-39	2:46:03.6	2:52:33.3
301	Kevin Liu	6572	56 M 30-39	2:47:34.8	2:54:26.6
302	Suzanna Michener	8312	38 F 30-39	2:53:43.6	3:01:06.3
303	Anthony Soo	6677	2 M 70-79	2:55:16.5	3:03:43.8
304	Rebecca Hubbs	6529	44 F 20-29	2:58:33.5	3:04:48.4
10K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Alexandre Banks	1582	1 M 20-29	33:51.2	36:51.2
2	Carlos Ruiz	8362	1 M 40-49	34:12.0	37:19.5
3	Jean Garnier	1640	1 M 1-19	36:55.1	40:01.2
4	Jordan Ellis	1622	1 M 30-39	37:07.1	40:14.1
5	Alexandre Kervarec	8344	2 M 30-39	37:13.9	40:20.3
6	Kim Bennett	8397	1 F 30-39	37:24.5	40:24.5
7	Mitchael Hamer	1657	3 M 30-39	37:33.7	40:41.6
8	Jeremy Gourd	1644	4 M 30-39	37:42.5	40:48.4
9	Jeremy Obert	1758	2 M 40-49	37:56.5	41:06.2
10	Unknown Partic. 1776	1776	1 M 0- 0	39:38.9	42:46.5
11	Sunil Sharma	1799	3 M 40-49	39:48.9	43:00.2
12	Ryan Boulter	1599	4 M 40-49	40:06.8	43:14.3
13	Alan Wang	1843	2 M 20-29	40:19.6	43:19.6
14	Kailyn Domican	1621	5 M 30-39	40:43.1	43:54.9
15	Thierry Joffre	1677	5 M 40-49	40:58.9	44:11.5
16	Graziano Fronteddu	8339	6 M 40-49	41:05.5	44:15.7
17	Dmytro Demchuk	1620	3 M 20-29	41:09.1	44:18.8
18	Jacob MacLean	1727	4 M 20-29	41:12.7	44:23.4
19	Ciaran Lawler	1705	6 M 30-39	41:43.9	44:55.5
20	Jamie Burke	1596	7 M 30-39	42:08.6	45:18.9
21	Paul Baigts	1581	5 M 20-29	42:25.7	45:35.9
22	Marc Lapointe	8347	7 M 40-49	43:00.8	46:39.4
23	Isabel Siu-Zmuidzinas	1804	1 F 20-29	43:13.9	46:30.2
24	Paul Tiberghien	1825	6 M 20-29	43:21.5	47:01.6
25	JILL OLSON	8356	1 F 40-49	43:22.6	46:33.0
26	Stephanie Palmer	1764	2 F 30-39	44:06.4	47:14.6
27	Jennifer Peverelle	1772	3 F 30-39	44:42.8	47:58.2
28	Lorne Deutsch	8335	1 M 50-59	45:00.5	48:15.7
29	Fiona Mac Nally	1721	2 F 20-29	45:07.4	48:30.9
30	Olivia Zishiri	8368	2 F 40-49	45:27.6	48:42.6
31	Doug Grimes	8342	1 M 60-69	45:29.5	48:38.6
32	David David	1613	8 M 30-39	45:38.0	48:49.0
33	Julie Christine Marchand	8350	3 F 40-49	46:11.8	49:50.0
34	Chelsea Wedel	1849	4 F 30-39	46:19.3	49:38.9
35	Michael Fraser	1634	2 M 1-19	46:25.4	49:44.7
36	Byron Wang	1844	7 M 20-29	46:42.0	49:48.7
37	Michael Jaworski	1675	8 M 20-29	46:43.6	50:15.8
38	Tarik Tazi Saoud	6690	8 M 40-49	47:05.0	50:18.3
39	Kylie Hopkins	1669	3 F 20-29	47:05.1	50:22.2
40	Lindsay Spear	1806	1 F 1-19	47:13.9	50:20.3
41	Dominik Stoll	1810	2 M 50-59	47:14.5	50:26.8
42	Emily Beirnes	1584	4 F 20-29	47:15.4	50:37.2
43	Sebastian Fiedler	1632	9 M 30-39	47:19.8	50:31.9

44	Jeng Cheung	1604	9 M 20-29	47:21.1	50:28.5
45	Zachary Cho	8333	10 M 30-39	47:34.3	50:49.2
46	Alfredo Lopez Sherman	1716	11 M 30-39	47:39.5	51:09.9
47	shahrzad Rahim	8359	5 F 30-39	47:49.5	50:58.4
48	Robbie Hannon	1659	12 M 30-39	47:53.1	51:35.0
49	Megan Holt	1668	6 F 30-39	47:57.8	51:38.0
50	Meaghan Grant	1646	5 F 20-29	47:59.4	51:41.4
51	Kate Pendergast	1767	7 F 30-39	48:00.5	51:41.9
52	Emma Green	1647	8 F 30-39	48:01.6	51:23.8
53	Stembile Chibebe-gough	1605	4 F 40-49	48:09.0	51:27.6
54	Kathy Steegstra	1808	1 F 60-69	48:12.4	51:54.3
55	Celia Munoz	1749	9 F 30-39	48:16.5	51:38.0
56	Connie Ma	8349	6 F 20-29	48:18.8	52:30.3
57	Francesca De Cotiis	1617	7 F 20-29	48:42.2	51:57.2
58	Angela Ruthven	1792	10 F 30-39	48:44.2	52:15.9
59	Kara Hsia	1671	11 F 30-39	48:55.3	52:38.6
60	Caitlin McKewan	8351	12 F 30-39	48:57.7	52:24.9
61	Claire Lambert	8346	5 F 40-49	49:01.2	52:17.8
62	Jinan Kuang	1696	3 M 50-59	49:04.2	52:36.9
63	Danielle Bradley	1593	1 F 50-59	49:04.9	52:47.3
64	Ian Koenigsfest	1688	4 M 50-59	49:06.5	52:23.6
65	Rhonda Niquidet	1754	6 F 40-49	49:07.6	52:27.8
66	Anthony Cauchy	6431	13 M 30-39	49:22.4	56:17.8
67	Ella Hanni	8390	7 F 40-49	49:23.1	52:35.0
68	Mike Perkins	1769	5 M 50-59	49:28.7	52:44.8
69	Molly McGillis	1738	13 F 30-39	49:45.6	53:27.1
70	Shingo Shimizu	1800	9 M 40-49	49:51.2	53:09.5
71	Troy Chong	1607	10 M 20-29	49:51.7	53:00.0
72	Alison Rhodes	1784	2 F 50-59	49:52.6	52:52.6
73	Larry Lee	8348	14 M 30-39	50:00.6	53:25.6
74	Scott MacDonald	1722	15 M 30-39	50:05.5	53:44.6
75	Nagisa Fukuoka	1637	14 F 30-39	50:09.0	53:31.9
76	Michelle Brander	1594	8 F 40-49	50:10.3	53:19.3
77	Josh Toy	1829	11 M 20-29	50:12.2	53:43.0
78	Trevor Kouyoumjian	1693	16 M 30-39	50:27.2	54:05.1
79	Ellen Sigurdson	1802	8 F 20-29	50:43.6	53:50.0
80	Taylor Hahn	1652	17 M 30-39	50:52.2	54:13.0
81	Ian Harrison	1660	18 M 30-39	51:19.8	54:34.9
82	David Sigurdson	1803	9 F 20-29	51:28.9	54:35.5
83	rigout theo	1822	12 M 20-29	51:32.8	54:45.5
84	Nitai Weinberg	1851	13 M 20-29	51:37.6	55:17.8
85	Haruka Higo	1665	10 F 20-29	51:37.9	55:18.0
86	Brett Templeman	1821	10 M 40-49	51:38.4	55:25.4
87	Negar Amini	1575	15 F 30-39	51:55.7	55:05.4
88	Brock Fabbro	1629	19 M 30-39	51:56.4	55:35.9
89	Heather Gale	8340	9 F 40-49	52:03.8	55:45.5
90	Jen Ni Chearuil	1751	11 F 20-29	52:31.2	55:58.1
91	Steven Rainsford	8360	20 M 30-39	52:32.8	55:50.4
92	Lydia Ma	8396	12 F 20-29	52:37.1	55:45.1
93	Mandy MacIver	6579	3 F 50-59	53:03.8	56:40.3
94	Bryan Hall	1655	6 M 50-59	53:15.5	56:48.9

95	Melody Weng	1852	13 F 20-29	53:19.7	56:27.5
96	Saffrin Granby	1645	14 F 20-29	53:21.8	56:53.7
97	Shannon Burton	1597	10 F 40-49	53:27.9	57:18.7
98	Suzanne Boyd	1592	11 F 40-49	53:28.5	56:52.4
99	Natalie Cook	8369	15 F 20-29	53:43.6	57:11.2
100	Don Saint	1794	7 M 50-59	53:52.0	57:31.4
101	Emilie Wang	1841	16 F 20-29	54:01.8	57:10.8
102	Cristian Fernandez Moya	1630	14 M 20-29	54:07.8	57:53.9
103	Jorge Chinchilla	1606	11 M 40-49	54:09.8	57:54.8
104	Sally Lamberton	1701	17 F 20-29	54:11.1	57:29.7
105	Lance Lamberton	1702	15 M 20-29	54:11.9	57:30.7
106	Ryan Chin	6438	12 M 40-49	54:20.4	57:38.4
107	Rafaela Chin	6437	12 F 40-49	54:20.5	57:38.3
108	Alexander Lurye	1719	13 M 40-49	54:20.6	58:20.6
109	Sylvie Comartin	1609	4 F 50-59	54:28.5	58:38.4
110	Ignacio Mart�n Esteban	1735	16 M 20-29	54:30.5	58:17.3
111	Mackensie Lintz	1715	16 F 30-39	54:43.2	58:25.5
112	Zeynab Nosrati	1755	17 F 30-39	54:43.5	57:53.5
113	Mairi Spence	1807	18 F 30-39	54:43.7	58:25.4
114	Jean-Philippe Schall	1797	8 M 50-59	54:46.0	58:07.2
115	Joey Victorino	1835	17 M 20-29	54:55.2	58:26.6
116	Esther Mavambu	3330	18 F 20-29	55:03.7	58:14.9
117	Adam Picotte	1774	14 M 40-49	55:04.9	58:19.0
118	Lisa Picotte-Li	1775	19 F 30-39	55:04.9	58:19.0
119	Salomon Kahan	1678	9 M 50-59	55:23.9	58:39.1
120	David Ha	1651	10 M 50-59	55:24.3	58:39.2
121	Marie Perkins	1770	13 F 40-49	55:24.9	58:40.7
122	Jack Kraft	1695	11 M 50-59	55:28.5	58:47.7
123	Michelle Marchesini	1734	14 F 40-49	55:47.2	59:45.3
124	Alison Green	1648	15 F 40-49	55:49.6	59:37.7
125	maddie ongena	1760	19 F 20-29	55:50.5	59:14.5
126	Amanda Koning	1692	16 F 40-49	55:50.6	59:06.4
127	Tamara Waugh	1847	17 F 40-49	55:59.7	59:26.5
128	Patrick J Whalen	1854	2 M 60-69	56:02.9	59:41.6
129	Susan Webster	1848	2 F 60-69	56:17.8	59:55.4
130	Pier-Maude Lachance	1697	20 F 30-39	56:26.4	59:47.4
131	Kim Richmond	1786	18 F 40-49	56:29.4	59:49.8
132	Anita Wetzler	1853	21 F 30-39	56:32.7	1:00:08.2
133	Luis Hernandez	1662	21 M 30-39	56:32.7	1:00:08.2
134	Yuha Kobayakawa	1686	20 F 20-29	56:33.9	59:56.8
135	Ana Lucia Nunez Uriostegui	1756	19 F 40-49	56:48.0	1:00:22.1
136	Jon Reynolds	1783	15 M 40-49	56:56.2	1:00:46.7
137	Jiayi Li	1714	21 F 20-29	57:02.3	1:00:10.5
138	Judy Lee	1709	5 F 50-59	57:30.2	1:01:15.3
139	Deanne Millington	1745	22 F 30-39	57:32.0	1:01:21.2
140	Summer Zhang	8366	22 F 20-29	57:35.0	1:01:10.7
141	Timo Hess	1663	16 M 40-49	57:39.7	1:01:41.4
142	Bob Comartin	1608	12 M 50-59	57:53.2	1:02:03.4
143	Lucile Barcat	8379	23 F 30-39	57:57.0	1:02:08.8
144	Breanne Gregg	1649	24 F 30-39	57:57.2	1:02:08.6
145	Nicole Davis	1615	20 F 40-49	58:18.6	1:01:40.8

146	Katie Cooper-Smith	1610	23 F 20-29	58:24.2	1:02:27.8
147	Hendrien Agostini	1572	21 F 40-49	58:36.0	1:02:02.5
148	Emily Seeton	1798	22 F 40-49	58:38.3	1:02:13.0
149	Lorinda Stoneman	1811	25 F 30-39	58:38.6	1:02:13.0
150	David Borja	1590	18 M 20-29	58:40.5	1:01:53.1
151	Soumia Abboub	1570	26 F 30-39	58:44.5	1:02:21.2
152	Mandi Geheran	1641	6 F 50-59	58:47.6	1:02:40.8
153	Miranda Tsuyuki	1833	24 F 20-29	58:54.2	1:02:26.5
154	Eric Zhang	8367	13 M 50-59	58:55.7	1:02:31.5
155	Sarah Walsh	1840	25 F 20-29	59:02.2	1:02:42.1
156	Peggy Lam	1700	27 F 30-39	59:04.7	1:03:02.0
157	AJ Omura	1759	22 M 30-39	59:05.5	1:03:02.3
158	Rosie Laird	1698	26 F 20-29	59:12.9	1:02:19.7
159	Kate Bonnell	1589	27 F 20-29	59:27.5	1:02:51.8
160	Ashley Hooge	8343	28 F 30-39	59:56.3	1:03:05.1
161	Kayla Kraubner	8345	29 F 30-39	59:56.7	1:03:05.9
162	Fergus Cairns	1598	17 M 40-49	1:00:03.6	1:03:52.5
163	Tisha Gangopadhyay	1639	23 F 40-49	1:00:29.8	1:04:24.0
164	Suzanne Enderton	1624	24 F 40-49	1:00:30.3	1:04:23.7
165	Bronwyn Wilkinson	1855	7 F 50-59	1:00:33.0	1:03:59.0
166	Rob Gough	1643	14 M 50-59	1:00:33.0	1:03:59.2
167	Steve Ralph	1780	23 M 30-39	1:00:35.7	1:04:11.0
168	Gordon Prugh	1778	19 M 20-29	1:00:43.7	1:04:46.9
169	Aly Kassim-Lakha	1681	3 M 60-69	1:01:05.3	1:04:51.8
170	Gayle Stoodley	1812	8 F 50-59	1:01:09.6	1:04:09.6
171	Sandra Yallop	1862	9 F 50-59	1:01:16.3	1:04:34.4
172	Dennis Tarr	1818	4 M 60-69	1:01:26.0	1:04:33.7
173	Jaclyn Bacon	1580	30 F 30-39	1:01:27.7	1:04:59.3
174	Shannon O'Keefe	1757	28 F 20-29	1:01:50.2	1:05:21.6
175	Abigail Kent	1683	29 F 20-29	1:01:54.5	1:05:49.1
176	Tara Tait	1816	25 F 40-49	1:01:59.7	1:06:10.2
177	Brenda Tomicki	1828	10 F 50-59	1:02:07.4	1:06:10.1
178	Lisa Treutler	1832	31 F 30-39	1:02:14.0	1:05:21.4
179	julia ewonus	1628	30 F 20-29	1:02:14.2	1:05:21.4
180	Henk Kampman	1679	15 M 50-59	1:02:23.6	1:06:23.5
181	Sharon Davison	1616	11 F 50-59	1:02:23.7	1:06:23.4
182	Oscar Ordonez	1761	24 M 30-39	1:02:30.4	1:06:04.7
183	Johanna Stein	1809	26 F 40-49	1:02:55.0	1:06:35.7
184	Christy Peters	1771	27 F 40-49	1:03:00.4	1:07:16.2
185	Carilynn Siemens	1801	28 F 40-49	1:03:01.6	1:07:16.3
186	Yuriko Quintero	1779	32 F 30-39	1:03:06.3	1:06:41.6
187	Maria Adey	1571	33 F 30-39	1:03:22.2	1:06:37.8
188	Evie Ockelford	8376	31 F 20-29	1:03:22.7	1:07:18.3
189	Olivia Tong	8392	34 F 30-39	1:03:25.1	1:06:33.4
190	Carolyn Hicks	1664	32 F 20-29	1:03:28.9	1:07:23.7
191	Laura Faccione	3293	29 F 40-49	1:03:31.1	1:07:16.7
192	Melissa Sturko	1813	12 F 50-59	1:03:38.0	1:07:05.1
193	Melissa Theriault	1823	33 F 20-29	1:03:39.1	1:07:01.3
194	Gillian Winckler	1859	3 F 60-69	1:03:44.0	1:07:09.1
195	Yahiro Maharaj	1731	3 M 1-19	1:03:49.7	1:07:43.7
196	Damien Maharaj	1730	16 M 50-59	1:03:49.8	1:07:43.7

197	Karina Moena	1747	35 F 30-39	1:04:01.1	1:08:07.4
198	Mike Archibald	1578	18 M 40-49	1:04:06.7	1:07:31.2
199	Shannon Sabeau	1793	30 F 40-49	1:04:09.3	1:07:39.4
200	Shane Fiddler	1631	19 M 40-49	1:04:09.3	1:07:39.3
201	Sophie Blanchet	1587	36 F 30-39	1:04:11.1	1:07:32.2
202	Karina Leon Matos	1713	34 F 20-29	1:04:19.4	1:08:32.2
203	Katherine Antle	1577	37 F 30-39	1:04:30.0	1:08:19.4
204	Chantelle Chan	1602	38 F 30-39	1:04:30.1	1:08:19.6
205	Kirsty Kraft	1694	13 F 50-59	1:04:30.2	1:07:49.3
206	giuseppe carenini	8331	17 M 50-59	1:04:34.6	1:11:10.3
207	Athina Vazeos	1834	39 F 30-39	1:04:44.6	1:08:01.3
208	John Reay	8319	5 M 60-69	1:04:59.9	1:08:36.3
209	crisrina conati	8288	14 F 50-59	1:05:08.3	1:11:43.5
210	Saadeea Islam	1672	31 F 40-49	1:05:08.6	1:09:36.8
211	Gladys Vogstad	1836	15 F 50-59	1:05:10.3	1:09:14.4
212	Nicholas Montpetit	1748	20 M 40-49	1:05:10.8	1:09:36.8
213	Jeff Vogstad	1837	18 M 50-59	1:05:11.1	1:09:15.3
214	Regina Miller	1744	32 F 40-49	1:05:12.7	1:09:04.5
215	David Emmett	1623	25 M 30-39	1:05:18.2	1:08:55.2
216	Matthew Wilkinson	1856	20 M 20-29	1:05:28.0	1:08:54.8
217	Mabel Fong	8294	4 F 60-69	1:05:32.7	1:09:09.0
218	Dawn Irmischer	6534	16 F 50-59	1:05:44.5	1:09:06.8
219	Alison Ivan	1673	17 F 50-59	1:05:47.2	1:10:01.6
220	Evelina Loukadakou	1717	35 F 20-29	1:05:51.3	1:09:19.1
221	Kerry Horgan	1670	33 F 40-49	1:06:03.4	1:10:04.3
222	Christina Smith	1805	40 F 30-39	1:06:03.9	1:10:04.4
223	Matthew Holbrook	1667	19 M 50-59	1:06:04.1	1:09:33.3
224	Catharine Winstanley	1860	34 F 40-49	1:06:04.4	1:10:32.2
225	Chontelle Wilson	1858	35 F 40-49	1:06:04.4	1:09:33.8
226	Marija Mesic	1742	36 F 40-49	1:06:31.1	1:10:08.8
227	Karen Lehner	1712	18 F 50-59	1:06:36.5	1:10:17.0
228	Jin Soo Roh	6648	21 M 20-29	1:06:47.3	1:09:47.3
229	Charlotte Haluke	1656	37 F 40-49	1:06:55.9	1:10:34.7
230	Dave MacNeil	1728	20 M 50-59	1:07:03.8	1:11:17.8
231	Marc Maravillas	1733	4 M 1-19	1:07:12.9	1:11:13.9
232	John Tait	1815	21 M 50-59	1:07:13.9	1:11:23.9
233	Angela Aloc	1574	36 F 20-29	1:07:17.3	1:10:46.0
234	Martin Rissley	1787	6 M 60-69	1:07:31.6	1:11:03.1
235	Amy Fox	8338	38 F 40-49	1:07:42.0	1:11:44.8
236	Stan Kolbin	1691	21 M 40-49	1:07:51.3	1:11:20.1
237	Juliette Thibault	1824	37 F 20-29	1:09:06.3	1:12:26.5
238	Ella Meyer	1743	38 F 20-29	1:09:06.5	1:12:26.6
239	Loraine Schellenberg	8363	5 F 60-69	1:09:12.2	1:13:29.8
240	Agnes Wei	8399	19 F 50-59	1:09:12.4	1:13:05.7
241	Corinne Tillyer	1826	20 F 50-59	1:09:21.4	1:13:30.9
242	Ryan Bejerea	1585	26 M 30-39	1:09:22.8	1:12:40.3
243	Jennifer D'Agnolo	1612	39 F 40-49	1:09:41.6	1:13:40.4
244	Julie Nickel	1752	41 F 30-39	1:10:19.9	1:13:33.0
245	Alex Black	8380	39 F 20-29	1:10:23.2	1:13:49.9
246	Caitlin McLeod	6593	42 F 30-39	1:10:39.8	1:14:17.0
247	Diane Thiessen	6692	6 F 60-69	1:10:42.6	1:14:20.2

248	Annie Estriplet	1625	43 F 30-39	1:11:00.8	1:14:19.5
249	Beth Hanlon	1658	44 F 30-39	1:11:05.8	1:14:29.2
250	Tiziana Gloanec	1642	21 F 50-59	1:11:32.8	1:15:18.0
251	Lora Delorme	1619	40 F 40-49	1:11:33.0	1:15:17.9
252	Linda Smith	6673	7 F 60-69	1:12:03.1	1:19:03.9
253	Sara Del Castillo	1618	45 F 30-39	1:12:06.1	1:15:31.8
254	Marie Blair	8282	8 F 60-69	1:12:06.5	1:19:04.9
255	Marilyn Andersen	1576	22 F 50-59	1:12:17.5	1:16:27.4
256	Amanda Templeman	1820	41 F 40-49	1:12:31.7	1:16:20.0
257	Jackie McFarlane	1737	23 F 50-59	1:12:50.2	1:16:52.8
258	Michelle Ewers	1626	24 F 50-59	1:13:08.4	1:17:13.5
259	Krista Francescini	1633	46 F 30-39	1:13:15.9	1:16:28.9
260	Dave Ewers	1627	22 M 50-59	1:13:55.6	1:16:55.6
261	Alexis Tremblay	1830	27 M 30-39	1:15:02.6	1:18:25.5
262	Annemarie Senekal	8364	42 F 40-49	1:15:57.7	1:19:27.0
263	Keelan Lavers	1704	28 M 30-39	1:16:16.3	1:19:47.3
264	Tara Williams	1857	47 F 30-39	1:16:26.4	1:19:56.8
265	Esther Asimo	6397	48 F 30-39	1:17:21.7	1:21:08.9
266	Kim Tom	1827	9 F 60-69	1:17:30.4	1:21:21.8
267	Della Lowe	1718	43 F 40-49	1:17:41.0	1:21:32.6
268	Sharon Chahal	1601	44 F 40-49	1:17:50.1	1:21:47.9
269	Jane Freeman	1635	25 F 50-59	1:18:15.4	1:21:59.5
270	Zineb Kobi	1687	45 F 40-49	1:18:36.1	1:22:01.4
271	Ana Cristina Jimenez Ibanez	1676	49 F 30-39	1:19:05.5	1:23:11.5
272	Genevieve Jackson	1674	26 F 50-59	1:19:06.4	1:22:47.3
273	Demetrios Manoloudis	1732	1 M 80-89	1:19:06.6	1:25:59.0
274	Tore Ruben	1791	2 F 1-19	1:19:06.6	1:25:59.0
275	Cassia Ruben	1790	3 F 1-19	1:19:07.1	1:25:58.9
276	Joanna Cheng	1603	46 F 40-49	1:20:17.9	1:24:17.0
277	Leyla Park	3346	40 F 20-29	1:20:39.9	1:23:50.9
278	(Jessy) crystal Arnold	1579	47 F 40-49	1:20:48.9	1:24:27.0
279	Ines Cavasin Burton	8385	10 F 60-69	1:23:38.4	1:27:23.1
280	Michelle Yeung	1863	48 F 40-49	1:25:22.1	1:28:52.3
281	Renee Lam	1699	41 F 20-29	1:25:59.3	1:29:23.6
282	Tara Phaneuf	1773	49 F 40-49	1:26:39.5	1:30:47.7
283	Julie Kim	1685	50 F 40-49	1:28:38.4	1:32:47.7
284	Brayden Ward	1845	22 M 20-29	1:30:10.6	1:33:44.1
285	Anu Ward	1846	51 F 40-49	1:30:11.5	1:33:44.4
286	Jonathan Koh	1690	5 M 1-19	1:30:17.5	1:33:32.0
287	Chu Shin Koh	1689	22 M 40-49	1:30:17.7	1:33:32.5
288	Heidi Kilham	1684	27 F 50-59	1:32:16.8	1:35:55.3
289	Jennifer Hall	1654	52 F 40-49	1:44:25.1	1:48:40.2
290	Laura Mackie	1725	50 F 30-39	1:44:25.7	1:48:40.1
291	Kelly Fong	8337	7 M 60-69	3:04:55.2	3:04:55.2
5K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Enrique Pedroso	3349	1 M 20-29	18:29.2	18:31.2
2	Devin Hentschel	3308	2 M 20-29	19:11.7	19:13.7
3	Hilary Spires	3360	1 F 30-39	20:00.3	20:01.7
4	Delilah Topic	8389	1 F 40-49	21:23.4	21:24.5

5	Leo Gong	3304	1 M 1-19	22:07.0	22:09.5
6	Daniel Buschert	3270	1 M 40-49	22:41.9	22:45.9
7	Jerome Carretas	3272	3 M 20-29	22:45.0	22:53.5
8	Bradly Gazzola	3302	4 M 20-29	22:48.3	22:56.4
9	Colin Brander	3267	1 M 60-69	23:10.1	23:17.0
10	Tim Small	3359	5 M 20-29	23:19.7	23:23.6
11	Joel Webster	8365	1 M 30-39	23:29.9	23:49.9
12	Craig Wilson	3383	1 M 50-59	23:45.8	24:10.9
13	Trevor Dummer	3291	2 M 50-59	23:50.5	23:58.6
14	Joan Butticci	3271	1 F 50-59	24:22.3	24:27.2
15	Ann Walters	3377	2 F 50-59	24:30.4	24:32.6
16	Daniel Jenkins	3312	2 M 30-39	24:34.4	24:42.7
17	Kim Magi	3325	2 F 30-39	25:22.5	25:29.0
18	John Doerksen	3289	1 M 70-79	25:50.9	25:53.6
19	Matteo Bifulco	3263	6 M 20-29	26:09.6	26:24.9
20	Justin Kaiser	8372	3 M 30-39	26:11.2	26:23.2
21	Emma Seto	3356	1 F 1-19	26:20.7	26:23.7
22	Amrit Tiwana	3365	3 M 50-59	26:31.2	26:46.0
23	Rory Milner	3333	2 M 1-19	26:41.7	26:43.1
24	Susan Font	3295	2 F 40-49	26:57.7	27:12.9
25	Ian Ngai	3341	3 M 1-19	27:00.8	27:03.9
26	Alfred Ngai	3340	2 M 40-49	27:01.0	27:04.7
27	Clare Morrison	3335	3 F 50-59	27:18.5	27:40.3
28	Karrina Xie	3387	1 F 20-29	27:36.2	27:36.2
29	Sarah Helms	1661	3 F 30-39	27:53.7	28:10.6
30	Shane Zhang	3390	4 M 1-19	27:58.6	28:19.2
31	Maya Zelembaba	3389	2 F 20-29	28:14.9	28:25.7
32	Nada Gataric	3301	4 F 50-59	28:34.5	28:40.5
33	Bridget Latka	3319	3 F 20-29	28:39.8	28:56.2
34	Sarah Viala	3372	4 F 30-39	28:43.8	29:03.7
35	Jim Sandor	3354	2 M 60-69	28:44.8	28:44.8
36	Adhar Sharma	3358	4 M 30-39	28:45.0	29:04.3
37	Bride Leahey	3321	3 F 40-49	28:54.9	29:17.2
38	Ellis Chappells Dummer	3274	5 M 1-19	29:03.1	29:11.2
39	Lethi Nelson	3337	4 F 40-49	29:22.6	29:25.2
40	Nickol Tschenscher	3368	5 F 30-39	29:36.7	30:09.1
41	Ricardo Kuipers	3317	5 M 30-39	29:36.8	30:09.7
42	Jen Trento	1831	6 F 30-39	29:45.5	30:19.6
43	Keira Fraser	3298	2 F 1-19	29:48.2	29:55.7
44	Elaine Wedel	3380	1 F 60-69	29:48.3	29:55.4
45	Vaibhav Shankar	3357	6 M 30-39	30:12.4	30:27.4
46	Tina Rancourt	3353	7 F 30-39	30:49.6	31:14.6
47	Karen Wang	1842	8 F 30-39	31:17.1	31:41.6
48	Maral Pourghiasian	3352	5 F 40-49	31:29.4	31:45.3
49	Jayda Mangat	8373	4 F 20-29	31:29.9	31:36.5
50	Ali Taleb	3363	7 M 30-39	31:32.5	31:49.0
51	Stephanie Blanchard	3264	6 F 40-49	31:57.2	37:16.4
52	Emma Fleeton	3294	7 F 40-49	32:10.2	32:33.5
53	Angelos Papadimitropoulos	3345	8 M 30-39	32:14.4	32:42.7
54	Ashlyn Abbott	3258	5 F 20-29	32:15.6	32:43.4
55	Nancy Macdonald	1724	5 F 50-59	32:15.7	32:35.2

56	Carsten Davids	3282	4 M 50-59	32:20.5	32:25.5
57	Emma Tully	3369	8 F 40-49	32:20.7	32:25.7
58	Alex Martens	3328	7 M 20-29	32:38.8	32:54.0
59	Kara Wahlstrom	3375	9 F 30-39	32:39.8	32:54.4
60	Jessica Breuls	3268	6 F 20-29	32:50.3	33:08.1
61	So Jeong Bae	3262	7 F 20-29	32:58.6	33:02.6
62	Connor McCreadie	3332	8 M 20-29	33:10.6	33:15.5
63	Ashley Windsor	3384	8 F 20-29	33:12.6	33:17.2
64	Harry Mangat	8374	5 M 50-59	33:12.8	33:19.5
65	Tom New	3338	9 M 30-39	33:21.1	33:29.7
66	Abid Amin	3260	3 M 40-49	33:24.2	33:34.6
67	Eve Ojea	3342	9 F 40-49	33:27.6	33:47.2
68	Jessica Brummell	3269	10 F 40-49	33:56.2	34:19.8
69	Maryse Seguin	3355	9 F 20-29	34:36.1	34:57.5
70	Francis Penacerrada	3350	10 F 20-29	35:15.2	35:26.4
71	Ritesh Tota	3366	11 F 20-29	35:30.0	36:00.1
72	Andrea Anabel Estrada Mejia	3292	10 F 30-39	36:33.3	36:46.8
73	Maria Jose Navarro Cobos	3336	11 F 30-39	36:35.2	36:47.8
74	Genevieve Harrison	3307	12 F 30-39	36:46.3	36:55.8
75	Jane Desbarats	3285	6 F 50-59	37:03.9	37:18.0
76	Zenitta Kassim-Lakha	3315	7 F 50-59	37:14.9	37:39.3
77	Guilherme Albernaz	1573	10 M 30-39	37:15.0	37:38.7
78	Thitichaya Tabthaworn	3362	12 F 20-29	37:16.0	37:39.1
79	Sally Yu	3388	13 F 30-39	37:21.0	37:27.0
80	Thomas Doyle	8371	11 M 30-39	38:33.8	38:45.5
81	Heather Chappells	3273	8 F 50-59	38:46.1	38:54.6
82	Justin Wico	3382	12 M 30-39	38:59.3	39:06.7
83	Denia Pavlatou	3348	13 F 20-29	39:02.1	39:49.3
84	Kylie Morgan	3334	14 F 30-39	39:09.5	39:40.7
85	Anissa Fuller	3299	14 F 20-29	39:12.6	39:25.7
86	Andrew Fuller	3300	4 M 40-49	39:13.0	39:26.1
87	Cecilia Vulama	3374	1 F 70-79	39:25.9	39:43.4
88	Loreena Alfonso	3259	15 F 20-29	39:30.9	39:37.7
89	Renee King	3316	3 F 1-19	39:58.0	39:58.0
90	Jianan Wang	3378	16 F 20-29	40:01.3	40:07.3
91	Rachel Dilk	3286	15 F 30-39	40:49.8	40:59.6
92	Adriana Huertas Alcala	3310	17 F 20-29	40:50.2	41:05.9
93	Finn Walker	3376	6 M 1-19	40:50.4	40:59.6
94	Kathryn Donnelly	3290	2 F 60-69	40:54.6	41:13.8
95	madisen wood	3386	16 F 30-39	41:36.4	42:02.7
96	Timothy Dayley	3284	13 M 30-39	41:37.3	42:03.3
97	Dalini Maharaj	3326	17 F 30-39	41:50.6	42:06.7
98	Brenda Lee	3324	11 F 40-49	43:07.4	43:25.8
99	Amanda Madderom	1729	12 F 40-49	43:08.5	43:39.5
100	Debra Kato	1682	3 F 60-69	43:27.0	43:49.9
101	Helen Heu	3309	13 F 40-49	43:27.2	43:49.4
102	Tracy Foreman	3296	4 F 60-69	44:08.7	44:26.1
103	Melissa Goddard	3303	18 F 30-39	44:33.4	44:43.4
104	Lidia Cyr	3279	14 F 40-49	45:19.1	54:08.3
105	Carelle Cloete	3276	19 F 30-39	46:06.4	46:20.3
106	Stefania Vougadi	3373	20 F 30-39	46:27.4	46:58.3

107	Justine Charrier	3275	21 F 30-39	46:49.2	46:56.3
108	Sara Pon	3351	22 F 30-39	47:17.9	47:47.2
109	Sandra Davies	3283	1 F 80-89	53:09.9	53:40.3
110	Shayan Tabrizi	3361	9 M 20-29	53:55.4	57:42.3
111	Crisanta Isidro	3311	15 F 40-49	55:38.6	56:15.3
112	Tabitha Watmore	3379	16 F 40-49	55:39.0	56:15.3
113	Yok Yong Ng	3339	5 F 60-69	58:12.3	58:35.8
114	Monica Danielson	3280	9 F 50-59	1:02:01.7	1:02:14.7
115	Tony Danielson	3281	3 M 60-69	1:02:01.8	1:02:15.3
116	Harry Ockelford	8375	10 M 20-29	1:03:22.2	1:07:17.7