

2019 WECHCPC Vancouver Historic Half					
Overall Finish List					
November 24, 2019					
Half					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Ryan Thoreson	1703	1 M 30-39	1:16:26.1	1:16:29.4
2	Drew Nicholson	1599	2 M 30-39	1:17:25.6	1:17:25.6
3	Hans Zimmerling	1751	3 M 30-39	1:17:27.9	1:17:29.5
4	Roby Cesa	5029	1 M 20-29	1:20:42.1	1:20:44.4
5	Shawn Exley	1401	4 M 30-39	1:21:11.0	1:21:13.5
6	Tyler Chapman	1339	5 M 30-39	1:21:47.5	1:21:50.5
7	Dylan Macleod	1552	1 M 40-49	1:22:12.5	1:22:12.5
8	Scott Rainone	1640	6 M 30-39	1:22:46.8	1:22:48.4
9	Isaac Holloway	1459	7 M 30-39	1:23:11.7	1:23:14.8
10	Ninderjit Dhaliwal	1372	2 M 40-49	1:25:48.3	1:25:58.2
11	Alex Posatskiy	5030	8 M 30-39	1:26:29.4	1:26:29.4
12	Samuel Lazar	1524	3 M 40-49	1:26:42.8	1:26:48.4
13	Connor Bevington	1308	2 M 20-29	1:26:13.7	1:27:11.3
14	Yanqing Gao	1422	9 M 30-39	1:27:16.7	1:27:16.7
15	Scott Vandenbrink	1719	10 M 30-39	1:28:21.0	1:28:25.1
16	Matthew Doyle	1380	4 M 40-49	1:29:07.2	1:29:07.2
17	Alicia Kelahear	1489	1 F 30-39	1:29:05.2	1:29:10.1
18	NEIL MINA	1581	5 M 40-49	1:29:17.2	1:29:21.1
19	Jake Goose	1434	3 M 20-29	1:29:15.2	1:29:31.2
20	Marc Ballard	1292	11 M 30-39	1:29:53.1	1:29:53.1
21	Darcy Tingala	1705	6 M 40-49	1:29:54.4	1:29:54.4
22	Erin Nestmann	1595	2 F 30-39	1:29:50.6	1:30:17.7
23	Michael Liu	1540	7 M 40-49	1:30:31.1	1:30:44.8
24	Liam Durnin	1390	1 M 1-19	1:30:50.7	1:30:50.7
25	Paul-Emmanuel Roghi	1656	8 M 40-49	1:30:49.4	1:30:57.3
26	Dora Velazquez	5038	1 F 40-49	1:31:09.8	1:31:12.1
27	Ibin Paulo Ardila	5010	2 M 1-19	1:31:00.0	1:31:14.4
28	Adam Doogan-Smith	1378	12 M 30-39	1:31:42.6	1:31:42.6
29	Alex Akeroyd	1275	4 M 20-29	1:31:51.5	1:31:53.6
30	Brandon Hillis	1453	13 M 30-39	1:32:00.0	1:32:00.0
31	McKenzie Summers	1694	1 F 20-29	1:32:21.2	1:32:32.4
32	Matt Kownacki	1508	5 M 20-29	1:32:29.1	1:32:34.0
33	Simon Pinsky	1626	6 M 20-29	1:33:26.7	1:33:26.7
34	Greg McCunn	1565	1 M 50-59	1:33:09.2	1:33:30.9
35	Reza Honarpisheh	1461	14 M 30-39	1:33:50.9	1:34:00.0
36	Kelly Vogt	1724	2 M 50-59	1:33:57.4	1:34:03.6
37	Brendan Torpy	5002	7 M 20-29	1:34:05.0	1:34:44.4
38	Amanda Downs	1379	3 F 30-39	1:34:38.6	1:34:50.9
39	Peter O' Malley	1607	8 M 20-29	1:34:47.7	1:34:54.6
40	Mikey Frank	4997	9 M 20-29	1:35:09.9	1:35:09.9
41	Christopher Renema	1648	10 M 20-29	1:35:13.1	1:35:13.1
42	Jinping Sun	1695	2 F 40-49	1:35:40.3	1:35:50.5
43	Nathaniel Quarrell	1635	11 M 20-29	1:35:56.8	1:36:00.3
44	Mihail Larin	5017	9 M 40-49	1:35:57.6	1:36:07.4
45	David Vandenberg	1717	3 M 50-59	1:36:17.0	1:36:22.3
46	Kim Hall	1448	4 F 30-39	1:36:22.9	1:36:25.0

47	Marc Fontaine	1411	1 M 60-69	1:36:34.4	1:36:34.4
48	Allan Mock	1553	4 M 50-59	1:36:15.1	1:36:34.5
49	Darby Bosco	1318	2 F 20-29	1:36:14.0	1:36:39.5
50	Nima Eslamloo	1398	15 M 30-39	1:36:46.6	1:36:46.6
51	Kevin Erickson	1395	10 M 40-49	1:36:37.7	1:37:04.2
52	Eric Jones	1480	12 M 20-29	1:37:01.6	1:37:14.4
53	Steven Mousseau	1589	16 M 30-39	1:37:16.5	1:37:16.5
54	James Fraser	5037	13 M 20-29	1:37:13.6	1:37:18.0
55	Steve Powers	1628	5 M 50-59	1:37:26.5	1:37:26.5
56	Shogo Okubo	1610	14 M 20-29	1:36:48.0	1:37:34.4
57	Jacqueline Lang	1518	3 F 20-29	1:37:41.9	1:37:45.8
58	BIYUN DONG	1377	3 F 40-49	1:37:49.4	1:37:49.4
59	Tom Cheuk	1342	17 M 30-39	1:37:51.4	1:37:56.7
60	Rob Reid	1645	18 M 30-39	1:37:46.9	1:37:58.6
61	Greg Kidd	1498	19 M 30-39	1:37:58.9	1:37:58.9
62	Lindsay Roberts	1654	5 F 30-39	1:37:49.8	1:38:03.7
63	Shane Finn	1408	15 M 20-29	1:37:31.3	1:38:24.2
64	Broder Hinrichsen	1455	6 M 50-59	1:38:15.6	1:38:41.0
65	Alex GU	1443	20 M 30-39	1:38:45.0	1:38:55.3
66	Sara Christopher	1345	4 F 20-29	1:38:56.9	1:39:30.5
67	Wei Renema	1750	11 M 40-49	1:39:31.8	1:39:43.3
68	Stuart Kerby	1491	21 M 30-39	1:39:49.6	1:39:49.6
69	Surjit Dhesi	1373	2 M 60-69	1:39:59.7	1:39:59.7
70	Christina Howard	5008	5 F 20-29	1:40:03.3	1:40:03.3
71	Megan Fretter	1418	6 F 30-39	1:39:02.3	1:40:07.5
72	Joanne Hoekstra	1457	4 F 40-49	1:40:21.6	1:40:30.7
73	Catriana MacKinnon	1551	6 F 20-29	1:40:25.7	1:40:36.0
74	Merissa Feraco	1407	7 F 30-39	1:40:35.0	1:40:44.6
75	Wendy Phillips	1624	5 F 40-49	1:40:48.9	1:40:56.3
76	Avery Bramadat	1323	7 F 20-29	1:40:47.3	1:40:59.8
77	Fawn Vaitkus Vaitkus	1714	1 F 50-59	1:40:44.0	1:41:08.2
78	Shane Dixon	1375	16 M 20-29	1:40:49.2	1:41:16.0
79	Jean-Paul Beran	5011	12 M 40-49	1:40:50.0	1:41:27.8
80	Megan Netting	1597	8 F 30-39	1:40:53.6	1:41:33.3
81	Andreas Geissner	1426	22 M 30-39	1:41:07.6	1:41:35.6
82	Rhonda Dyce	1392	6 F 40-49	1:41:07.0	1:41:44.3
83	Brian Merriman	1575	17 M 20-29	1:41:50.0	1:41:50.0
84	Karly Butterfield	1331	8 F 20-29	1:40:37.0	1:41:55.9
85	Tom Duffy	1386	23 M 30-39	1:41:27.0	1:41:57.1
86	Kevin Washbrook	1730	7 M 50-59	1:41:30.9	1:42:07.8
87	Karl Lindgren-Streicher	1538	13 M 40-49	1:41:17.5	1:42:09.7
88	Chelsea Kenmuir	1490	9 F 30-39	1:41:29.7	1:42:34.1
89	Alex Cosh	1356	18 M 20-29	1:42:52.1	1:42:52.1
90	Jonah Lazar	1523	3 M 1-19	1:42:53.3	1:42:53.3
91	Craig Rinald	1653	8 M 50-59	1:43:00.5	1:43:00.5
92	Julie Clarke	1347	7 F 40-49	1:43:00.9	1:43:04.2
93	Shelby Friesen	1420	19 M 20-29	1:42:51.3	1:43:12.1
94	Dave Sheppard	1677	20 M 20-29	1:43:16.4	1:43:16.4
95	Norman Blain	1310	24 M 30-39	1:42:44.6	1:43:19.9
96	Jeremy Backun	1286	25 M 30-39	1:44:00.4	1:44:17.7
97	Jack Yee	1746	26 M 30-39	1:44:25.0	1:44:25.0
98	Anne Wozney	1743	9 F 20-29	1:44:06.2	1:44:33.8

99	Stefanie Novakowski	1606	10 F 20-29	1:44:21.8	1:44:36.5
100	Paul Mathias	4991	3 M 60-69	1:44:53.1	1:45:14.1
101	Georgia McClelland	1564	11 F 20-29	1:45:25.6	1:45:25.6
102	Dave Cretelli	1360	9 M 50-59	1:45:18.8	1:45:38.9
103	Omid Najafi	1593	27 M 30-39	1:45:38.8	1:45:52.0
104	Josh Loewen	1542	14 M 40-49	1:45:18.6	1:46:14.8
105	Dwayne Jordan	1483	15 M 40-49	1:45:00.2	1:46:25.0
106	Brent Strilive	1690	10 M 50-59	1:46:56.6	1:46:56.6
107	Anna Verspoor	1722	10 F 30-39	1:46:41.3	1:47:18.8
108	Richard Lacelle	1512	21 M 20-29	1:46:47.2	1:47:19.2
109	Lexie Bergen	1307	12 F 20-29	1:47:28.1	1:47:28.1
110	Baron Kho	4993	16 M 40-49	1:46:52.8	1:47:33.5
111	Rob Derry	5026	17 M 40-49	1:47:27.3	1:47:40.7
112	Edwin Garbutt	1423	28 M 30-39	1:47:35.5	1:47:44.0
113	James Raposo	4994	11 M 50-59	1:46:57.1	1:47:45.2
114	Matthys Van Emmenis	1716	29 M 30-39	1:47:18.2	1:47:52.6
115	Jenna Hamza	1450	13 F 20-29	1:47:54.2	1:47:54.2
116	Leah Duffield	1385	14 F 20-29	1:47:49.3	1:48:00.4
117	Marcus Barnettson	1298	30 M 30-39	1:47:12.4	1:48:03.9
118	Nadine Smith	1684	11 F 30-39	1:47:37.6	1:48:04.6
119	Erin Keats	1487	18 M 40-49	1:47:48.5	1:48:30.5
120	Jose Gimenez	1431	12 M 50-59	1:47:35.2	1:48:38.4
121	Tova Wolinsky	1740	8 F 40-49	1:48:09.3	1:48:44.8
122	Ken Tam	1700	13 M 50-59	1:48:26.9	1:48:45.0
123	Graeme Ness	1594	22 M 20-29	1:48:15.0	1:48:50.0
124	Mark Shorter	1679	4 M 60-69	1:48:48.3	1:48:55.7
125	Ben Macadam	1547	23 M 20-29	1:48:39.4	1:49:00.0
126	Aleksandra Sagan	1664	12 F 30-39	1:48:51.8	1:49:02.6
127	Annie Littlewood	1539	1 F 60-69	1:48:49.4	1:49:09.7
128	John Kelly	5000	24 M 20-29	1:48:18.5	1:49:10.4
129	Jarrett Gillies	1429	19 M 40-49	1:48:37.0	1:49:15.5
130	Kevin Quinlan	1639	31 M 30-39	1:48:23.6	1:49:18.5
131	Candice Seagull	1674	15 F 20-29	1:49:12.3	1:49:25.4
132	Lucas Lazzaroni	1525	4 M 1-19	1:49:20.1	1:49:25.9
133	Eric Contreras	1352	14 M 50-59	1:49:13.0	1:49:26.2
134	Brooklyn Gerber	1427	1 F 1-19	1:49:14.2	1:49:28.0
135	Andrea VandenEnden	1720	9 F 40-49	1:49:03.8	1:49:32.4
136	Helmy Nijzink	1602	2 F 50-59	1:49:34.8	1:49:34.8
137	Eric Lin	1536	32 M 30-39	1:49:37.0	1:49:43.9
138	Sebastien Roy-Foster	1660	25 M 20-29	1:49:20.2	1:50:02.3
139	Sarah Ribarits	1649	13 F 30-39	1:48:53.8	1:50:03.7
140	Marjorie Delorme	1369	16 F 20-29	1:49:39.8	1:50:08.4
141	Thandi Fletcher	1409	14 F 30-39	1:50:01.9	1:50:15.9
142	Karlie LeClaire	1526	17 F 20-29	1:49:42.8	1:50:22.4
143	Ryan Cocker	1349	33 M 30-39	1:50:56.9	1:50:56.9
144	Alison Quinlan	1637	15 F 30-39	1:51:13.0	1:51:13.0
145	Johann Ruwet	1663	26 M 20-29	1:51:06.7	1:51:20.3
146	Keith Ketchum	1495	5 M 60-69	1:50:36.3	1:51:31.6
147	Emilie Fantuz	1404	16 F 30-39	1:50:50.2	1:51:48.7
148	QUINN JORDAN-KNOX	1484	20 M 40-49	1:51:34.7	1:51:50.3
149	Michael Fantuz	1405	21 M 40-49	1:50:52.3	1:51:51.5
150	Kim Ngo	3090	18 F 20-29	1:51:09.3	1:51:51.6

151	Owen Doyle	1381	27 M 20-29	1:51:00.2	1:51:52.2
152	Macadam Joathan	4992	28 M 20-29	1:51:54.9	1:51:54.9
153	Chris (Yifeng) Li	1532	29 M 20-29	1:50:48.0	1:52:00.6
154	Melissa Zollinger	1752	10 F 40-49	1:50:23.3	1:52:13.5
155	Jen French	1417	17 F 30-39	1:52:16.0	1:52:16.0
156	Ken Cheung	1343	22 M 40-49	1:51:23.2	1:52:16.6
157	Eric Carriere	5004	15 M 50-59	1:52:22.0	1:52:22.0
158	Anne-Marie McGinn	1567	3 F 50-59	1:52:09.9	1:52:24.3
159	Wilson Mo	1582	16 M 50-59	1:52:27.9	1:52:27.9
160	Catherine Courteau	1357	19 F 20-29	1:52:03.2	1:52:31.0
161	Natalie Bourdon	1319	11 F 40-49	1:51:44.7	1:52:33.6
162	Katia Guerrier	1445	18 F 30-39	1:52:26.8	1:52:35.7
163	Thomas Middelveen	1579	17 M 50-59	1:52:44.3	1:52:44.3
164	Scott Knull	1506	18 M 50-59	1:51:31.8	1:52:48.0
165	Judah Knull	1504	5 M 1-19	1:51:34.0	1:52:50.7
166	Kristina Borthistle	1317	19 F 30-39	1:52:52.5	1:52:52.5
167	Alix Land	1517	20 F 30-39	1:51:32.2	1:52:52.8
168	Wanda Cormier	1355	12 F 40-49	1:52:58.7	1:52:58.7
169	Jim McLean	1570	6 M 60-69	1:52:45.0	1:53:16.2
170	Andrew Nelson	5023	30 M 20-29	1:53:08.9	1:53:44.7
171	Pankaj Agarwal	1273	19 M 50-59	1:54:15.8	1:54:15.8
172	Bryan Baker	1289	34 M 30-39	1:54:33.5	1:54:33.5
173	Yihong Wang	1729	4 F 50-59	1:54:26.5	1:54:37.7
174	Rory Morgan	1586	23 M 40-49	1:54:15.3	1:54:41.7
175	Amanda Tsang	1709	20 F 20-29	1:53:59.6	1:54:54.2
176	Vignesh Reguramalingam	1644	35 M 30-39	1:54:34.8	1:55:04.9
177	Tyler Fairbrother	1402	31 M 20-29	1:55:06.2	1:55:06.2
178	Shelley Garries	1424	13 F 40-49	1:54:29.5	1:55:15.6
179	Maggie Liang	1535	14 F 40-49	1:54:44.6	1:55:19.5
180	Ceri Richards	1650	21 F 20-29	1:54:50.3	1:55:36.1
181	Monica Murphy	5015	5 F 50-59	1:55:13.2	1:55:44.9
182	Lili Bantourakis	1293	15 F 40-49	1:55:47.8	1:55:47.8
183	Kristina Vaculik	1712	22 F 20-29	1:54:41.2	1:55:52.8
184	Sue Perell	1619	16 F 40-49	1:55:16.1	1:56:01.8
185	Geoff North	1604	36 M 30-39	1:54:55.3	1:56:07.7
186	Ryan Dergousoff	1371	24 M 40-49	1:56:12.9	1:56:12.9
187	Effie Christidi	1344	23 F 20-29	1:56:02.9	1:56:20.5
188	Erin Propas	1632	21 F 30-39	1:55:43.8	1:56:22.7
189	Misha Durston	1391	37 M 30-39	1:55:18.7	1:56:23.9
190	Katerina Suchy	1692	24 F 20-29	1:56:11.1	1:56:25.1
191	Rick Horita	1462	7 M 60-69	1:56:28.4	1:56:50.8
192	Louisa Cole	1350	17 F 40-49	1:56:16.6	1:57:04.6
193	Lit Onrubia	1611	25 M 40-49	1:56:04.2	1:57:05.8
194	Sara Huber	1465	25 F 20-29	1:56:39.4	1:57:11.5
195	Andrew Pham	1621	32 M 20-29	1:56:26.5	1:57:16.2
196	Melissa Molvik	1583	22 F 30-39	1:56:54.2	1:57:18.5
197	Marika De Paul	1367	26 F 20-29	1:56:50.9	1:57:33.4
198	Gursharan Bajwa	1288	20 M 50-59	1:57:36.7	1:57:46.2
199	Trevor Schmidt	1670	26 M 40-49	1:57:46.4	1:57:46.4
200	Dan Wyper	1744	38 M 30-39	1:57:09.5	1:57:46.6
201	Gordon Wyper	1745	8 M 60-69	1:57:09.6	1:57:46.7
202	Lu Wei	1731	18 F 40-49	1:56:45.0	1:57:51.8

203	Natalie Godfrey	1432	19 F 40-49	1:56:43.7	1:57:57.2
204	Jared Hulme	1466	27 M 40-49	1:57:41.6	1:57:59.9
205	Andrew Passas	1616	39 M 30-39	1:57:35.5	1:58:01.5
206	Mark Melvin	1574	33 M 20-29	1:57:44.6	1:58:06.9
207	Dale Jones	1479	21 M 50-59	1:57:39.5	1:58:20.4
208	David Jackson	1471	40 M 30-39	1:57:46.8	1:58:28.5
209	Jack Balabanov	1291	34 M 20-29	1:58:13.6	1:58:34.9
210	Liv Macdonald	1549	2 F 1-19	1:57:43.6	1:58:34.9
211	Crayton Macdonald	1548	28 M 40-49	1:57:44.9	1:58:35.7
212	Ben Labidi	1511	22 M 50-59	1:58:04.2	1:58:42.4
213	Jennifer Kerwick	1493	23 F 30-39	1:58:49.1	1:58:49.1
214	Fidel Castro	2939	29 M 40-49	1:57:45.5	1:58:57.7
215	SHARON DAVISON	1366	20 F 40-49	1:58:45.0	1:59:02.1
216	Ian Kew	1496	9 M 60-69	1:58:58.8	1:59:02.5
217	Fi Yung	1747	24 F 30-39	1:58:12.9	1:59:07.7
218	Ed Wilson	1738	10 M 60-69	1:58:36.3	1:59:36.5
219	Lisa Aho	1274	6 F 50-59	1:59:16.9	1:59:49.9
220	Ramona Toth	1707	25 F 30-39	1:59:19.9	1:59:54.1
221	Janet Green	5007	2 F 60-69	1:59:10.4	2:00:10.1
222	James Frandsen	1416	35 M 20-29	1:59:40.2	2:00:12.7
223	Judy Wilson	1739	3 F 60-69	2:00:18.8	2:00:18.8
224	Daniel Brady	1322	41 M 30-39	1:59:58.4	2:00:25.5
225	Steve Arns	1284	42 M 30-39	2:00:35.7	2:00:35.7
226	Annie Liang	1534	27 F 20-29	2:00:00.1	2:00:38.3
227	Elizabeth Lopez	1543	28 F 20-29	2:00:12.1	2:00:49.4
228	Tadhg O'Leary	1612	30 M 40-49	2:00:13.8	2:01:06.2
229	Helen Vallianatos	1715	7 F 50-59	2:00:22.6	2:01:08.9
230	Jennifer Crawford	1359	26 F 30-39	2:00:36.2	2:01:10.6
231	Robert Dean Marshall	1559	31 M 40-49	2:01:24.2	2:01:24.2
232	Tim Waet	1554	23 M 50-59	2:00:36.1	2:01:30.4
233	Karen Benson	1306	21 F 40-49	2:00:28.3	2:01:37.2
234	Ramiro Munoz	1590	24 M 50-59	2:00:50.6	2:01:39.6
235	Heather Domereckyj	1376	27 F 30-39	2:01:24.6	2:01:41.7
236	Angie Crowdy	1361	22 F 40-49	2:01:10.3	2:01:59.9
237	Jason Oakford	1609	32 M 40-49	2:02:07.3	2:02:07.3
238	Matthew Reeves	1643	43 M 30-39	2:01:24.8	2:02:21.6
239	Cate Preston	1629	28 F 30-39	2:02:38.2	2:02:38.2
240	Kim Jones	1481	23 F 40-49	2:02:16.9	2:03:10.6
241	Grace Jackson	1472	29 F 30-39	2:02:39.0	2:03:20.5
242	Dean Dube	1384	25 M 50-59	2:02:13.7	2:03:28.1
243	Jennifer Murphy	1591	30 F 30-39	2:02:05.2	2:03:34.2
244	Meaghan Spithoff	5032	24 F 40-49	2:03:21.8	2:03:45.2
245	Jacques Siegrist	1680	11 M 60-69	2:03:38.5	2:04:02.3
246	Shelley Wei	1732	25 F 40-49	2:03:31.4	2:04:20.0
247	Dawn Feng	1406	26 F 40-49	2:03:57.4	2:04:28.4
248	Azalea Lehdorff	1529	31 F 30-39	2:04:04.4	2:04:34.6
249	Carime Quezada	1636	32 F 30-39	2:03:43.3	2:04:41.6
250	Nicholas Phelan	1623	44 M 30-39	2:03:46.6	2:04:54.7
251	Emily Phelan	1622	29 F 20-29	2:03:46.5	2:04:54.8
252	Scott Vandenberg	1718	33 M 40-49	2:04:04.7	2:05:00.9
253	Raj Khatkar	1497	27 F 40-49	2:04:52.1	2:05:03.6
254	Brenden Strilive	1689	36 M 20-29	2:04:35.9	2:05:03.8

255	Steffani Grondin	1441	30 F 20-29	2:04:04.9	2:05:12.1
256	Ella Meyer	1578	31 F 20-29	2:04:05.6	2:05:12.9
257	Gordon Cooper	1354	45 M 30-39	2:05:14.0	2:05:32.8
258	Sofia Wahaj	1726	28 F 40-49	2:04:49.2	2:05:37.6
259	Peter Schofield	5016	26 M 50-59	2:05:43.1	2:05:43.1
260	Samantha Ross	1657	32 F 20-29	2:04:51.4	2:05:59.1
261	Victor Padilla	1613	46 M 30-39	2:05:18.3	2:06:16.7
262	Ken Evans	1400	1 M 70-99	2:05:23.1	2:06:24.1
263	Lawrence Bennett	1305	27 M 50-59	2:06:25.5	2:06:32.1
264	Serena Lam	1515	33 F 30-39	2:05:36.4	2:06:51.9
265	Allison Noury	5022	33 F 20-29	2:06:16.6	2:06:53.2
266	Lynne Hou	1463	8 F 50-59	2:07:02.2	2:07:02.2
267	Nic Mosoiu	1588	28 M 50-59	2:06:48.1	2:07:04.4
268	Ryan Bekar	1304	34 M 40-49	2:07:06.6	2:07:06.6
269	Cory Barnetson	1295	37 M 20-29	2:06:15.3	2:07:07.4
270	Colleen Walters	1728	9 F 50-59	2:06:34.7	2:07:13.6
271	Lauren Rietchel	1651	34 F 20-29	2:06:50.1	2:07:47.7
272	Katica Krakan	1509	10 F 50-59	2:07:43.5	2:08:07.2
273	Daniel Johnson	1478	38 M 20-29	2:07:54.7	2:08:28.2
274	Nikolai Zverev	1753	47 M 30-39	2:08:06.6	2:08:30.9
275	Jeanette Bartle	1299	11 F 50-59	2:08:32.5	2:08:56.9
276	Katie Baker	1290	34 F 30-39	2:08:10.4	2:09:01.9
277	Michael Bean	1301	39 M 20-29	2:09:07.5	2:09:07.5
278	Virginia Fournier	4995	35 F 30-39	2:09:06.6	2:09:11.6
279	Georgia Laird	1514	36 F 30-39	2:08:17.5	2:09:12.4
280	Cassie Deane	1368	37 F 30-39	2:10:05.3	2:10:05.3
281	Alex Chau	1340	29 M 50-59	2:09:35.1	2:10:08.4
282	Alina Kunitskaya	1510	35 F 20-29	2:10:13.8	2:10:17.4
283	Jerusha Dunsmore	1388	29 F 40-49	2:09:40.2	2:10:49.1
284	Shannon James	1474	38 F 30-39	2:10:08.2	2:10:57.2
285	Michael McCarthy	1563	48 M 30-39	2:10:07.0	2:11:11.7
286	Olivia Knull	1505	36 F 20-29	2:10:01.3	2:11:17.3
287	Rebecca Shook	1678	30 F 40-49	2:09:30.1	2:11:18.3
288	Erica Scheurkogel	1669	39 F 30-39	2:10:43.2	2:11:46.4
289	Philip Reilly	1647	35 M 40-49	2:11:25.5	2:12:04.6
290	Nuala Rochfort	1655	12 F 50-59	2:11:35.6	2:12:17.0
291	Eric Cheuk	1341	6 M 1-19	2:12:21.8	2:12:27.3
292	Heidi Knull	1503	31 F 40-49	2:12:38.0	2:12:38.0
293	Luciana Darling	1365	37 F 20-29	2:12:20.7	2:12:54.0
294	Martin Gostelow	1436	12 M 60-69	2:12:56.3	2:12:56.3
295	Dennis Quinlan	1638	13 M 60-69	2:12:28.3	2:13:28.3
296	Judith Metcalfe	1576	32 F 40-49	2:12:59.3	2:13:38.7
297	Evgeny Vinnik	1723	49 M 30-39	2:13:16.8	2:13:44.7
298	Mike Mankwald	1555	30 M 50-59	2:12:43.2	2:13:47.2
299	Duncan Barnetson	1296	31 M 50-59	2:13:04.7	2:13:56.7
300	Corina Strilive	1691	13 F 50-59	2:13:34.0	2:14:01.2
301	Victor Lai	1513	50 M 30-39	2:13:49.0	2:14:08.3
302	Mark Rowell	1659	32 M 50-59	2:13:12.3	2:14:09.7
303	YOSELIN FRANCO	1415	33 F 40-49	2:14:03.1	2:14:12.4
304	Laurie Kidd	1499	14 M 60-69	2:13:13.3	2:14:16.2
305	Catherine Mitchell	5019	40 F 30-39	2:13:23.1	2:14:21.5
306	Candice Samson	1666	41 F 30-39	2:14:19.4	2:14:50.4

307	Sherry Sharma	1676	14 F 50-59	2:14:41.2	2:15:01.3
308	Jen Swanston	1697	34 F 40-49	2:14:09.7	2:15:05.8
309	Beverly Whitcutt	1734	35 F 40-49	2:14:38.4	2:15:21.4
310	Sabrina Blok	1313	42 F 30-39	2:14:39.2	2:15:23.7
311	Terri-Lynn Gifford	1428	43 F 30-39	2:15:25.4	2:15:25.4
312	Sina Khamenehi	5006	51 M 30-39	2:16:13.2	2:16:13.2
313	Tonie Beharrell	1303	36 F 40-49	2:15:43.9	2:16:19.6
314	Alyssa Gaudette	1425	38 F 20-29	2:15:34.3	2:16:20.0
315	Clare Protheroe	1634	44 F 30-39	2:16:53.8	2:17:08.3
316	Pamela Lee	1528	37 F 40-49	2:17:11.3	2:17:11.3
317	Tim Colebourn	1351	33 M 50-59	2:16:30.2	2:17:20.0
318	Samantha Kilner	1500	45 F 30-39	2:15:40.3	2:17:21.9
319	Tim Lambton	1516	36 M 40-49	2:16:53.6	2:17:53.8
320	Ethel Mae Caballero	1332	39 F 20-29	2:18:36.1	2:18:47.8
321	Erin Lee	1527	38 F 40-49	2:18:18.5	2:18:57.4
322	Paul Lore	1545	52 M 30-39	2:18:31.0	2:19:02.0
323	Derrick Penner	1618	34 M 50-59	2:18:26.0	2:19:15.8
324	Carol Mcguire	5040	15 F 50-59	2:18:25.6	2:19:23.0
325	Sara Wadge	1725	39 F 40-49	2:18:26.6	2:19:23.9
326	Stacey Daniels	5042	46 F 30-39	2:19:19.5	2:20:16.3
327	Kraig Daniels	5043	53 M 30-39	2:19:16.0	2:20:17.1
328	Priscilla Dakers	1364	16 F 50-59	2:19:57.9	2:20:18.8
329	Katie Slanina	1683	47 F 30-39	2:19:30.8	2:21:09.1
330	Cheryl Thorpe	1704	40 F 40-49	2:20:51.4	2:21:11.3
331	Michelle Schribertschnig	1672	41 F 40-49	2:20:42.5	2:21:12.6
332	Krista Hulme	1467	48 F 30-39	2:21:09.2	2:21:32.0
333	Tammy Thompson	1702	17 F 50-59	2:14:15.2	2:21:33.6
334	Marta Holvik	1460	49 F 30-39	2:21:13.5	2:21:36.0
335	Mabel Fong	1410	4 F 60-69	2:20:54.6	2:21:39.0
336	Elisa Regina Pilger Machado	1625	18 F 50-59	2:21:46.7	2:22:06.1
337	Leif Royle	1661	37 M 40-49	2:21:19.5	2:22:14.4
338	Gurdeep Singh	1681	35 M 50-59	2:22:53.2	2:23:00.8
339	Ashly Kissman	1501	50 F 30-39	2:23:02.1	2:24:08.3
340	Stephen Leung	1530	54 M 30-39	2:17:30.9	2:24:16.9
341	Matthew MacIsaac	5018	38 M 40-49	2:22:34.8	2:24:21.3
342	Julia MacIsaac	1550	42 F 40-49	2:22:34.6	2:24:21.3
343	John Reay	5005	36 M 50-59	2:24:12.4	2:24:56.8
344	Ashleene Bradbury	1321	51 F 30-39	2:23:54.3	2:25:07.2
345	India Wiebe	1736	40 F 20-29	2:23:54.6	2:25:07.7
346	Marmie Matias	1561	19 F 50-59	2:25:43.5	2:25:51.6
347	Linda Burnside	1329	20 F 50-59	2:25:34.3	2:26:09.1
348	Ankie Carswell	1334	43 F 40-49	2:26:33.4	2:26:59.6
349	Denise Gsponer	1442	21 F 50-59	2:26:33.9	2:26:59.6
350	Linda Whitelaw	1735	5 F 60-69	2:26:38.8	2:27:29.1
351	Edmund JOR	1482	15 M 60-69	2:27:05.8	2:27:40.0
352	Lauren Plair	5036	41 F 20-29	2:28:10.0	2:28:10.0
353	AJ Dergousoff	1370	44 F 40-49	2:29:09.3	2:29:21.7
354	Karen Blake	1311	22 F 50-59	2:29:29.3	2:29:55.4
355	Karen Larsen	1520	6 F 60-69	2:29:29.5	2:29:55.9
356	Frédéric Sitterlé	1682	39 M 40-49	2:29:24.8	2:30:39.6
357	Cristina Keirstead	1488	52 F 30-39	2:30:22.3	2:30:52.7
358	Anne Buhler	1326	53 F 30-39	2:30:32.6	2:31:35.7

359	Keith Arns	1283	16 M 60-69	2:30:31.6	2:31:42.9
360	Brian Gregory	1439	17 M 60-69	2:31:58.9	2:32:14.7
361	Rozalind Bolduc	1314	42 F 20-29	2:30:56.4	2:32:35.9
362	Christine Haggarty	1447	43 F 20-29	2:32:58.6	2:33:15.5
363	Kevin Martin	1560	55 M 30-39	2:32:58.5	2:33:15.6
364	Colleen Hinkkala	1454	54 F 30-39	2:32:58.9	2:33:15.9
365	Savannah Soenen	1685	44 F 20-29	2:33:52.7	2:35:07.2
366	Michal Israel	1470	45 F 40-49	2:34:08.9	2:35:23.0
367	Gaynor Levin	1531	23 F 50-59	2:35:23.3	2:35:23.3
368	Mercedes Schneider	1671	45 F 20-29	2:35:23.5	2:36:09.3
369	Neale Monkhouse	1584	18 M 60-69	2:35:22.3	2:36:56.8
370	Annie Rilkoﬀ	1652	46 F 20-29	2:37:12.4	2:37:29.5
371	Tennille Jenner	1475	46 F 40-49	2:36:36.2	2:38:16.3
372	Laurie Jacques	1473	24 F 50-59	2:35:35.6	2:38:26.9
373	Harpreet Bains	1287	47 F 40-49	2:35:36.8	2:38:28.0
374	Megan Furois	1421	47 F 20-29	2:39:26.2	2:40:19.7
375	Christine Pretto	1630	48 F 40-49	2:39:54.3	2:40:42.7
376	Jennifer Begg	1302	49 F 40-49	2:39:55.1	2:40:42.7
377	Maria Castro	1337	50 F 40-49	2:44:19.5	2:44:34.5
378	Tabitha Mann	1556	48 F 20-29	2:43:55.7	2:44:34.7
379	Lacey Marshall	1558	55 F 30-39	2:46:15.4	2:47:00.8
380	Mel Buhler	1327	19 M 60-69	2:49:41.8	2:49:41.8
381	Shelly Thompson	1701	25 F 50-59	2:50:29.3	2:51:16.9
382	Karen Blackmur	1309	26 F 50-59	2:50:29.3	2:51:17.1
383	Agnes Chang	1338	56 F 30-39	2:52:50.8	2:53:57.3
384	Ambar Morgan	1585	57 F 30-39	2:54:06.6	2:55:47.5
385	Linda Clarke Harter	1348	49 F 20-29	2:58:03.0	2:58:32.7
386	Darlene Rowell	1658	58 F 30-39	2:58:54.2	2:59:17.3
387	Varune Rohan Ramnarine	1641	56 M 30-39	3:21:39.6	3:26:06.0
10K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Steve Havas	4996	1 M 40-49	35:12.0	35:13.6
2	Takanori Kano	1486	1 M 20-29	37:10.4	37:10.4
3	Dmitry Babenko	2909	2 M 40-49	37:10.7	37:12.6
4	Paul Ellis	2970	3 M 40-49	38:24.0	38:28.2
5	Robert Slater	3140	1 M 50-59	38:42.9	38:44.3
6	Alex Otero	5028	2 M 20-29	38:57.0	39:26.8
7	Tamasin Reno	3118	1 F 30-39	39:31.4	39:33.1
8	Tasha Gandevia	2987	2 F 30-39	36:40.6	39:58.0
9	Flavie Pelletier	3106	1 F 20-29	40:22.3	40:22.3
10	Peter Van Dyke	4998	2 M 50-59	40:07.3	40:24.5
11	James Blair	2921	4 M 40-49	40:39.6	40:42.0
12	Clif Ng	3089	3 M 50-59	41:03.3	41:16.7
13	Muhammed Salem	3128	1 M 30-39	42:45.3	43:00.4
14	Doug Evans	2973	4 M 50-59	43:01.3	43:03.6
15	Jordan Ellis	1393	2 M 30-39	42:19.4	43:05.8
16	Jason Anderson	1278	3 M 20-29	43:05.9	43:10.9
17	Jacob Solly	3143	4 M 20-29	43:36.0	43:51.8
18	Jack Chiu	2945	3 M 30-39	43:37.0	43:53.8
19	Benny Tam	3154	5 M 40-49	43:52.8	43:55.5
20	Rodolfo Espinosa Bravo	2972	6 M 40-49	44:19.6	44:22.8

21	Kyle Giesbrecht	2991	4 M 30-39	45:12.0	45:12.0
22	Doug Grimes	5009	5 M 50-59	45:33.2	45:37.0
23	Jim Peacock	3105	1 M 60-69	45:31.7	45:40.3
24	Mark Germani	2990	5 M 30-39	45:39.3	45:56.3
25	Michelle Rosser	3125	2 F 20-29	45:59.7	46:20.0
26	Jason Fraser	2982	7 M 40-49	46:32.6	46:32.6
27	David Beaudry	2914	8 M 40-49	46:27.4	46:33.7
28	Grant Moeckel	3073	9 M 40-49	46:17.0	46:34.8
29	Jennifer Peverelle	3107	3 F 20-29	46:12.8	46:51.4
30	Brian DeVries	2963	6 M 30-39	46:55.7	47:06.0
31	Nicholas Thomson	5041	5 M 20-29	47:22.6	47:33.6
32	Anna Stott	3149	3 F 30-39	47:23.1	47:35.7
33	James Walker	3172	6 M 50-59	47:47.9	47:52.5
34	Fiona Luo	3044	4 F 20-29	47:47.7	47:58.5
35	Cindy Lapointe	3029	1 F 40-49	47:42.2	48:00.8
36	Trevor Dummer	2966	7 M 50-59	48:38.5	48:38.5
37	ELLEN MARIANO	3053	2 F 40-49	48:40.3	48:53.0
38	Scott Mac Donald	3045	7 M 30-39	48:44.9	48:56.3
39	Gary Murphy	3083	8 M 30-39	48:38.4	49:01.9
40	Radyrick Canicula	2937	6 M 20-29	49:06.4	49:06.4
41	Karina Loewen	3041	3 F 40-49	48:41.5	49:15.5
42	Abu Bakr al-Baghdadi	5034	7 M 20-29	49:17.2	49:17.2
43	Kim Sorensen	3145	1 F 50-59	49:20.0	49:20.0
44	Megan Holt	3010	4 F 30-39	48:36.7	49:29.3
45	Heather Gale	2984	4 F 40-49	49:13.7	49:32.3
46	Samantha Solly	3144	5 F 30-39	49:17.9	49:35.3
47	Juliet Burnham	2931	5 F 20-29	49:20.8	49:37.5
48	Nicolas Williams	1737	8 M 20-29	49:07.2	49:42.0
49	Anna Trinh	3163	5 F 40-49	49:40.7	49:50.3
50	Chelsea Wedel	3175	6 F 30-39	49:32.5	49:52.9
51	Patrick Ngew	1598	10 M 40-49	50:01.6	50:01.6
52	Chelsea Watt	3173	7 F 30-39	50:06.0	50:06.0
53	Greg Hasler	3000	9 M 30-39	50:12.8	50:25.3
54	Eudora Koh	3022	8 F 30-39	50:25.6	50:32.7
55	Alex Floyd	2979	9 M 20-29	50:11.9	50:35.8
56	Douglas Germani	2989	2 M 60-69	50:38.9	50:55.4
57	Marie Bennie	2917	9 F 30-39	47:39.9	51:00.1
58	Renada Walstrom	1727	6 F 40-49	51:05.6	51:14.6
59	Andrew Egloff	2967	11 M 40-49	50:54.5	51:17.9
60	Leo Chan	2942	1 M 1-19	51:08.6	51:24.2
61	Avril Shepherd	3134	7 F 40-49	51:44.4	51:54.9
62	Logan Turner	3166	10 M 20-29	51:19.5	51:59.5
63	Rina Toteda	3160	8 F 40-49	51:57.7	52:01.5
64	Florian Clacer	2947	6 F 20-29	51:24.5	52:11.2
65	Kathleen Biberdorf	2918	10 F 30-39	52:20.7	52:20.7
66	Kathy Steegstra	3148	2 F 50-59	52:00.6	52:31.3
67	Nathan DeVries	2964	10 M 30-39	52:38.6	52:38.6
68	Erica Li	3034	11 F 30-39	52:02.0	52:50.0
69	Gerry Churchill	1346	11 M 20-29	52:42.8	52:52.3
70	Pablo Arellano	2905	11 M 30-39	52:47.5	53:15.4
71	Jess Loraas	3042	12 F 30-39	52:56.0	53:20.4
72	Leah Siegel	3136	7 F 20-29	52:42.6	53:22.6

73	Emily Ewens	2974	13 F 30-39	52:59.3	53:28.0
74	Carla Havlena	3003	9 F 40-49	53:14.6	53:35.7
75	Glen Susans	1696	12 M 30-39	53:35.1	53:38.6
76	Meagan Mainville	3048	14 F 30-39	53:42.4	53:42.4
77	Martina Bell	2915	10 F 40-49	53:22.4	53:53.5
78	Sherry Rosser	3126	3 F 50-59	53:42.9	54:04.1
79	Renee Adam	2900	11 F 40-49	50:53.7	54:21.5
80	Linda Nguyen	3091	8 F 20-29	53:43.5	54:23.5
81	Carol Roberts	3123	1 F 60-69	54:17.3	54:30.0
82	Jessica Weeres	3176	15 F 30-39	53:30.1	54:33.1
83	Julia Yong Ya Cook	1353	12 F 40-49	54:22.0	54:36.8
84	Shane Murphy	1592	13 M 30-39	54:31.0	54:54.5
85	Natalie Hasler	3001	16 F 30-39	54:48.7	55:01.6
86	Ingrid Barnes	2911	4 F 50-59	55:12.5	55:24.7
87	Garth Borthistle	2927	8 M 50-59	54:53.9	55:25.4
88	Christie McMillan	3068	17 F 30-39	54:56.1	55:29.3
89	Mike Arns	5003	14 M 30-39	55:26.4	55:35.5
90	Alex Chee Yu Yeung	3181	15 M 30-39	55:30.4	55:42.0
91	Rachel White	3179	9 F 20-29	55:04.8	55:43.8
92	Danielle Maneely	3049	13 F 40-49	55:02.4	55:44.3
93	Nikita May	3058	10 F 20-29	55:11.2	55:46.4
94	Mason Yip	3182	12 M 20-29	55:48.0	55:48.0
95	Shae-Lynn Pearson	1617	11 F 20-29	55:51.4	55:51.4
96	Hala Nugent	3096	14 F 40-49	55:26.7	55:56.5
97	Michelle Rinald	3119	5 F 50-59	55:37.7	56:02.8
98	Sandra Jakab	3014	6 F 50-59	56:04.3	56:04.3
99	Samantha Egloff	2968	15 F 40-49	55:47.7	56:11.2
100	Elaine Wedel	5013	7 F 50-59	56:12.0	56:12.0
101	Cynthia Ayotte	2908	12 F 20-29	56:17.9	56:27.1
102	Lora Delorme	2962	16 F 40-49	54:56.3	56:32.6
103	Ainara Sainz	3127	13 F 20-29	56:34.9	56:34.9
104	Montana Hauser	3002	14 F 20-29	56:29.1	56:42.2
105	Mairi Spence	3146	18 F 30-39	55:59.3	56:51.2
106	Sarah Falk	2976	15 F 20-29	56:39.5	56:53.2
107	Amanda LaMarre	3027	19 F 30-39	56:53.3	56:53.3
108	Andrew Van der leek	3169	3 M 60-69	56:31.8	56:58.8
109	Sydney Lansdowne	1519	20 F 30-39	56:53.0	57:01.1
110	Fergus Cairns	2935	16 M 30-39	56:39.0	57:08.8
111	Andrea Muzzin	3084	16 F 20-29	57:04.9	57:12.2
112	Dawn Mooney	3075	21 F 30-39	56:38.6	57:12.5
113	Ruphina Muir	3081	17 F 20-29	57:07.4	57:14.4
114	Krista Mueller	3080	22 F 30-39	57:07.5	57:14.6
115	Prabhu Ramasamy	5027	12 M 40-49	56:51.1	57:20.6
116	Stephen Brown	2930	9 M 50-59	57:22.9	57:43.1
117	Emily Laing	3026	23 F 30-39	58:09.3	58:09.3
118	Camille Niemi	3093	17 F 40-49	57:50.6	58:14.6
119	Matt Goriak	2997	17 M 30-39	58:10.8	58:17.5
120	Jarad Niemi	3094	13 M 40-49	57:54.9	58:18.9
121	Cindi Saj	1665	24 F 30-39	58:20.2	58:27.0
122	Loni Nickel	3092	18 F 20-29	58:25.4	58:38.5
123	Wendy Francis	2981	2 F 60-69	58:43.2	58:55.2
124	Chris McLeod	5020	14 M 40-49	58:32.3	58:56.5

125	Megan Livesey	3040	19 F 20-29	58:32.2	58:57.3
126	Laila Lee	3030	18 F 40-49	58:38.8	59:15.1
127	Cristin McCambridge	3059	20 F 20-29	59:25.8	59:25.8
128	Sarah Mawji	3057	21 F 20-29	59:23.9	59:28.6
129	Negar Amini	2904	25 F 30-39	59:30.9	59:38.4
130	Matthew Holbrook	1458	15 M 40-49	59:14.0	59:38.8
131	David Hernandez	3007	18 M 30-39	59:25.9	59:47.3
132	Krista McLaughlin	3066	26 F 30-39	1:00:28.9	1:00:34.1
133	Natasha McGowan	3062	22 F 20-29	1:01:01.8	1:01:05.5
134	Charlotte Cronin	2952	23 F 20-29	1:00:35.7	1:01:07.3
135	Gary Poon	5044	4 M 60-69	1:00:12.5	1:01:08.0
136	Sherry Sim	3138	8 F 50-59	1:00:30.0	1:01:13.6
137	Rosie Ketchum	3020	3 F 60-69	1:00:42.1	1:01:18.4
138	Grace Greenwood	2999	24 F 20-29	1:00:42.6	1:01:21.7
139	Peter Osuchowski	3101	5 M 60-69	1:01:01.5	1:01:35.8
140	Joanna Blazkowska	2922	27 F 30-39	1:00:49.7	1:01:42.7
141	Urszula Fabbro	2975	9 F 50-59	1:01:44.6	1:01:44.6
142	Kabir Mathur	3056	19 M 30-39	1:01:12.7	1:01:53.0
143	Liz Thompson	3159	10 F 50-59	1:01:21.1	1:01:53.5
144	Sean Churchill	2946	13 M 20-29	1:02:05.6	1:02:15.0
145	Hwiwon Bak	2910	25 F 20-29	1:02:18.9	1:02:18.9
146	Victoria Mawhinney	1562	11 F 50-59	1:02:19.3	1:02:19.3
147	Julie Nelson	3088	12 F 50-59	1:02:06.8	1:02:21.2
148	RADU AGACHE	2901	10 M 50-59	1:01:09.3	1:02:27.1
149	Bahar Najafi	3085	28 F 30-39	1:02:08.0	1:02:36.2
150	Joe Racanelli	3112	11 M 50-59	1:01:49.7	1:02:38.6
151	Alex Eng	5001	20 M 30-39	1:02:12.6	1:02:43.1
152	Jeremy Atkins	2907	16 M 40-49	1:02:13.5	1:02:53.2
153	Cortnee Billon	2919	19 F 40-49	1:02:23.1	1:03:06.7
154	Leah Meloche	3070	13 F 50-59	1:01:39.5	1:03:15.1
155	Lauren Henderson	3005	29 F 30-39	1:02:33.3	1:03:17.6
156	Brad Belo	2916	17 M 40-49	1:02:23.5	1:03:18.6
157	Dana Marom	3054	20 F 40-49	1:02:28.4	1:03:22.8
158	Eve Ojea	3097	30 F 30-39	1:02:58.5	1:03:25.5
159	Megan Human	3012	26 F 20-29	1:02:31.9	1:03:32.1
160	Alyssa Shook	3135	21 F 40-49	1:02:32.8	1:03:33.9
161	Dana Olwan	3099	31 F 30-39	1:03:54.2	1:03:54.2
162	Shirley Hewko	3008	14 F 50-59	1:03:19.1	1:04:08.2
163	Spencer Cadlick	2934	21 M 30-39	1:04:23.1	1:04:23.1
164	Torey Swindells	3152	27 F 20-29	1:04:04.0	1:04:23.2
165	Keith Metcalfe	1577	18 M 40-49	59:59.7	1:04:41.1
166	Keren Fansekar	2977	32 F 30-39	1:04:38.8	1:04:47.2
167	Alannah Blackweir	2920	28 F 20-29	1:05:12.5	1:05:12.5
168	Kylie Morgan	3079	33 F 30-39	1:04:02.4	1:05:16.4
169	Yvette Drews	1383	22 F 40-49	1:03:44.5	1:05:19.3
170	Steven Zemenchik	3184	14 M 20-29	1:04:28.4	1:05:21.1
171	Caitlin Mckenzie	3064	29 F 20-29	1:04:29.3	1:05:21.3
172	Paola Campos	2936	22 M 30-39	1:05:24.6	1:05:38.1
173	Wilma Nederend	3087	15 F 50-59	1:04:52.0	1:05:39.6
174	Michelle Cuomo	1362	30 F 20-29	1:05:33.9	1:06:10.0
175	Janelle Van Dop	3170	34 F 30-39	1:06:09.0	1:06:14.7
176	Stanislav Kolbin	3023	19 M 40-49	1:05:20.2	1:06:17.6

177	Terri Gillis	1430	16 F 50-59	1:04:58.1	1:06:18.8
178	Shania Prasad	3110	31 F 20-29	1:06:22.8	1:06:32.8
179	Christina Veloso	3171	17 F 50-59	1:05:59.7	1:06:32.9
180	Juan Jaramillo	3015	15 M 20-29	1:06:23.9	1:06:33.2
181	Karen Fran	2980	18 F 50-59	1:06:23.2	1:06:50.7
182	Brenda Carmichael	2938	19 F 50-59	1:06:50.8	1:06:50.8
183	Allison Kesler	3019	35 F 30-39	1:06:16.7	1:07:00.3
184	Christine Guenther	1444	36 F 30-39	1:06:49.5	1:07:06.7
185	Thalia Schmid	3130	1 F 1-19	1:06:31.7	1:07:16.0
186	Yvonne Ehrenholz	2969	32 F 20-29	1:06:54.8	1:07:33.1
187	Jamie Higgins	1452	23 F 40-49	1:06:55.3	1:07:37.1
188	Michelle Minhas	3072	37 F 30-39	1:06:54.6	1:07:37.2
189	Laurie Lemanski	3033	24 F 40-49	1:07:39.7	1:07:39.7
190	Alexandria Mercier	3071	38 F 30-39	1:07:39.0	1:07:45.7
191	Kassidie Cornell	2951	33 F 20-29	1:07:39.9	1:07:48.1
192	Katerina Sipalova	3139	34 F 20-29	1:07:27.2	1:07:48.2
193	Candice Lipski	3037	35 F 20-29	1:07:40.6	1:07:48.5
194	Erin Van der Lee	3168	39 F 30-39	1:07:52.1	1:07:52.1
195	Maddie Vaughan	5024	36 F 20-29	1:06:41.9	1:07:53.9
196	Erin Sandford	5025	40 F 30-39	1:07:56.4	1:07:56.4
197	Luisa Schroeter	5033	41 F 30-39	1:07:56.1	1:08:12.5
198	Mariah Dear	2960	37 F 20-29	1:07:27.0	1:08:14.2
199	Leann Parker	3104	20 F 50-59	1:08:16.7	1:08:16.7
200	Judy Chappell	2944	21 F 50-59	1:08:16.2	1:08:23.8
201	Shanna Olson	3098	42 F 30-39	1:08:45.9	1:08:50.6
202	Tiziana Gloanec	2995	22 F 50-59	1:07:44.4	1:09:21.3
203	Gurpreet Buttar	2932	23 M 30-39	59:06.9	1:09:40.4
204	Elise Tam	3155	38 F 20-29	1:08:47.1	1:09:41.9
205	Youssef Zamani	3183	24 M 30-39	1:08:53.0	1:09:54.8
206	Valerie Dahl	2955	23 F 50-59	1:10:06.3	1:10:21.8
207	Tracey MacKenzie	3046	25 F 40-49	1:09:41.5	1:10:26.1
208	Kian Jiwa	3017	2 M 1-19	1:09:51.7	1:10:45.3
209	Morgan Donahue	2965	39 F 20-29	1:10:19.6	1:10:46.6
210	Amelia Gillies	2992	40 F 20-29	1:10:20.4	1:10:47.0
211	Lucy Rae	3114	2 F 1-19	1:10:55.0	1:10:55.0
212	Kate Moore	3077	43 F 30-39	1:10:44.1	1:10:59.0
213	Sandhya Gamage	2986	24 F 50-59	1:10:42.9	1:11:05.7
214	Della Lowe	3043	44 F 30-39	1:10:36.1	1:11:06.2
215	Katia Bastos	1300	25 F 50-59	1:10:45.9	1:11:11.2
216	Giano Sudiono	3151	16 M 20-29	1:10:51.4	1:11:14.3
217	Christa Hoy	3011	45 F 30-39	1:10:41.1	1:11:15.9
218	Lisa Stalham	3147	26 F 40-49	1:10:59.8	1:11:37.6
219	Anna Pinote	3109	27 F 40-49	1:11:12.5	1:11:54.3
220	Zongzhe Li	3035	17 M 20-29	1:11:47.7	1:13:12.3
221	Yingzhou Liu	1541	41 F 20-29	1:11:57.6	1:13:22.7
222	Christina Stoutenburg	3150	46 F 30-39	1:12:33.3	1:13:26.9
223	Duncan Scorgie	3132	18 M 20-29	1:12:39.5	1:13:34.9
224	Cherrell Tetrault	5035	26 F 50-59	1:12:53.6	1:13:40.6
225	Mina Khatam	3021	27 F 50-59	1:13:33.4	1:14:06.1
226	Marianne Bloudoff	2924	28 F 40-49	1:13:30.5	1:14:15.5
227	Ali Duke	1387	29 F 40-49	1:14:43.0	1:14:48.6
228	Donna Kramell	3024	4 F 60-69	1:14:12.0	1:14:48.7

229	Lynette Arntsen	2906	28 F 50-59	1:14:27.6	1:15:06.1
230	Bonnie Bordignon	2926	29 F 50-59	1:14:27.6	1:15:06.1
231	Sonia Erichsen	2971	30 F 40-49	1:14:12.6	1:15:09.1
232	Samantha Mee	3069	47 F 30-39	1:15:27.5	1:15:34.9
233	Kaylee Soh	3142	42 F 20-29	1:15:28.1	1:15:34.9
234	Carol Mooney	3074	5 F 60-69	1:14:54.8	1:15:38.7
235	Sheri Racanelli	3113	30 F 50-59	1:14:56.2	1:15:45.7
236	Maria Osuchowski	3100	48 F 30-39	1:16:16.4	1:16:38.5
237	Sonia Woodman	1741	31 F 40-49	1:16:22.9	1:17:01.2
238	Jennifer Raworth	3117	32 F 40-49	1:16:45.4	1:17:23.7
239	Franco Chan	2941	19 M 20-29	1:17:37.9	1:18:17.7
240	Shawn McGillivray	3061	20 M 20-29	1:01:24.9	1:18:19.5
241	Courtney Booth	2925	49 F 30-39	1:18:00.1	1:18:28.2
242	David Swinford	3153	1 M 70-99	1:18:54.1	1:19:32.8
243	Dave Robbins	3121	12 M 50-59	1:19:13.0	1:20:05.9
244	Sarah Robbins	3122	3 F 1-19	1:19:13.4	1:20:06.2
245	Jane Tufnail	3165	6 F 60-69	1:20:04.2	1:20:31.5
246	Stephanie Gorgichuk	2996	43 F 20-29	1:03:37.4	1:20:36.3
247	Marie Rivard	3120	31 F 50-59	1:20:40.0	1:20:58.1
248	Brandy Currie	2954	33 F 40-49	1:20:58.7	1:20:58.7
249	Marijana Palmieri	3102	32 F 50-59	1:20:24.5	1:21:14.9
250	Mercedes Valles	3167	44 F 20-29	1:21:41.3	1:21:41.3
251	Brooke Wedel	3174	50 F 30-39	1:22:17.6	1:22:38.6
252	Laura Mackie	3047	51 F 30-39	1:22:18.0	1:22:39.3
253	Bahia Bonn	1316	34 F 40-49	1:22:15.7	1:23:28.2
254	Lindsay Hillwalker	3009	52 F 30-39	1:23:56.2	1:24:47.2
255	Trang Pham	3108	35 F 40-49	1:26:28.5	1:26:54.0
256	Susan Pretorius	3111	7 F 60-69	1:29:57.2	1:30:19.4
257	Cory Strain	1688	36 F 40-49	1:30:16.7	1:30:32.9
258	Nancy Cochrane	2949	37 F 40-49	1:30:00.6	1:31:00.8
259	Heidi Rampfl	3116	53 F 30-39	1:30:01.3	1:31:01.0
260	Carmelo De Luca	2959	13 M 50-59	1:30:25.0	1:31:15.2
261	Sandra Davies	2957	1 F 70-99	1:32:00.0	1:32:36.4
262	FRANK PAN	3103	6 M 60-69	1:22:04.0	1:35:32.2
263	Sydney Lines	3036	54 F 30-39	1:35:42.7	1:36:42.7
264	Apollo Catevatis	2940	20 M 40-49	1:37:41.0	1:38:35.1
265	Leslie White	3178	8 F 60-69	1:40:19.3	1:40:40.5
266	Lauryn Lantela	3028	55 F 30-39	1:58:09.0	1:59:01.0
267	Jillian Mann	3050	38 F 40-49	1:58:09.6	1:59:01.7
268	Patricia Vadala	1713	56 F 30-39	2:13:55.3	2:14:01.2
5K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Errol Chen	5031	1 M 30-39	18:03.5	18:05.0
2	Alix Mino	5014	1 M 1-19	18:54.3	18:54.3
3	Wai Teng Chow	6475	1 M 20-29	19:50.7	19:50.7
4	Yu hei Tse	6532	2 M 20-29	20:19.0	20:19.0
5	Xiangyang Zhang	6554	1 M 50-59	20:59.5	21:01.4
6	Greg Canning	6470	2 M 30-39	22:34.6	22:39.2
7	Henry Nestmann	6513	2 M 1-19	22:46.9	22:48.6
8	Mark Young	6549	2 M 50-59	23:19.9	23:22.0
9	Vivian Fung	6488	1 F 20-29	23:59.7	24:02.9

10	Chris Perger	6517	3 M 30-39	24:06.2	24:06.2
11	Adam Greyell	6490	3 M 1-19	25:14.9	25:14.9
12	Jon Greyell	6491	1 M 40-49	25:11.3	25:15.2
13	Lehua Zhang	6552	4 M 1-19	25:43.0	25:45.0
14	Gary Boun	6464	4 M 30-39	25:55.6	26:02.2
15	Jesse Jennings	6497	5 M 30-39	28:22.6	28:36.7
16	Laina Rodney	6524	1 F 30-39	28:44.5	28:46.5
17	TracyLyn Tardiff	6530	1 F 40-49	28:51.3	29:02.3
18	Shannon Yuill	6550	2 F 30-39	29:09.9	29:19.0
19	Tanya Cunningham	2953	3 F 30-39	29:06.5	29:22.1
20	Carolynne Wilks-Perger	6540	4 F 30-39	29:23.1	29:27.0
21	Elmer Ayala	6460	2 M 40-49	30:04.3	30:20.7
22	Xiang Zhang	6553	5 M 1-19	30:24.5	30:27.8
23	Vytas Vaitkus	6535	3 M 50-59	30:46.1	30:46.1
24	Shennie Yang	3180	2 F 20-29	30:49.8	30:54.8
25	Luciane Breginski	6465	5 F 30-39	30:43.8	30:57.2
26	Alex Babenko	5039	6 M 1-19	31:03.2	31:03.2
27	Amanda Robertson	6520	6 F 30-39	30:44.3	31:08.0
28	Ian Robertson	6521	3 M 40-49	30:45.4	31:08.8
29	Lucy Bell	6463	1 F 60-69	31:09.2	31:15.0
30	Rooiana Alizada	2902	3 F 20-29	31:41.4	31:45.5
31	Cassandra Fulgham	6487	7 F 30-39	31:45.7	31:51.7
32	Ellis Chappells Dummer	6473	7 M 1-19	31:49.5	31:58.8
33	Ramona Trifoi	3162	1 F 50-59	32:12.0	32:36.2
34	Heather Chappells	6472	2 F 50-59	33:00.9	33:00.9
35	Keith Turner	6533	1 M 60-69	32:58.8	33:03.4
36	Suzanne Sly	3141	2 F 40-49	33:15.7	33:22.1
37	Gord Kurenoff	6501	2 M 60-69	33:14.5	33:36.7
38	Paula Turrie	6534	3 F 40-49	33:36.8	33:47.0
39	Paul Donahue	5021	3 M 60-69	33:48.5	33:56.3
40	Kevin Henry	3006	6 M 30-39	34:10.2	34:22.7
41	Cecilia Vulama	6536	2 F 60-69	34:28.7	34:31.3
42	AMY XU	6546	1 F 1-19	34:32.4	34:35.2
43	Bill Mytilineos	6512	4 M 40-49	34:25.6	34:46.1
44	Liping Ma	6507	4 F 40-49	34:57.8	34:57.8
45	Mairi Girvan	6489	4 F 20-29	34:42.9	35:03.2
46	Sarah Fee	6481	8 F 30-39	34:45.4	35:04.7
47	Jing Li Li	6506	5 F 40-49	34:50.5	35:27.9
48	Jean Hoeft	6492	6 F 40-49	35:25.1	35:34.9
49	Jessica Yet	6548	5 F 20-29	35:25.4	35:37.0
50	Ines Cavasin Burton	6471	3 F 50-59	35:26.9	35:39.5
51	Judith Trainor	3161	7 F 40-49	35:36.8	35:43.2
52	Lisa Latondress	6503	9 F 30-39	35:23.4	35:44.8
53	Shawn Leblanc	6505	5 M 40-49	35:24.4	35:45.5
54	Naveed Abdalkhani	6458	8 M 1-19	35:53.5	36:07.2
55	Arman Abdalkhani	6457	6 M 40-49	35:56.0	36:09.8
56	Simone MacIsaac	6508	2 F 1-19	35:56.5	36:09.9
57	Kayziah Masih	6510	6 F 20-29	35:46.3	36:10.9
58	Angela Lacerda	6502	10 F 30-39	37:08.8	37:23.0
59	Kathryn Donnelly	6480	3 F 60-69	37:30.1	37:37.8
60	Grace Craig	6476	3 F 1-19	37:31.8	37:39.0
61	Shaun Craig	6478	7 M 40-49	37:31.7	37:40.0

62	Steven Figures	2978	8 M 40-49	37:32.8	37:44.7
63	Eugenia Kolsanoff	6500	1 F 70-99	37:44.2	37:49.7
64	Jenny Tardiff	6529	8 F 40-49	37:32.7	37:50.7
65	Steve WOO	6542	9 M 40-49	37:50.6	38:13.4
66	Kathryn McGregor	3063	9 F 40-49	38:16.8	38:26.5
67	Suzanne Torjek	6531	4 F 50-59	38:42.4	38:56.6
68	Jayden WOO	6541	9 M 1-19	38:46.2	39:10.3
69	Adriana Grajales	2998	11 F 30-39	39:28.3	39:33.0
70	Shana Pratt	6518	5 F 50-59	39:38.0	39:38.0
71	Samantha Aird	6459	12 F 30-39	39:41.6	39:53.0
72	Nicole Craig	6477	10 F 40-49	40:07.5	40:15.4
73	Jane Freeman	6486	11 F 40-49	40:11.2	40:24.5
74	Rachel Weekes	6539	13 F 30-39	40:57.4	41:08.0
75	Jeanette LeBlanc	6504	14 F 30-39	40:54.6	41:14.8
76	Andy ZHANG	6551	10 M 1-19	41:24.7	41:24.7
77	Elisa Rolston	6525	12 F 40-49	40:59.6	41:26.3
78	Shannon Campbell	6469	6 F 50-59	41:16.2	41:33.1
79	Yolanda Smith	6528	13 F 40-49	42:41.5	43:04.1
80	Walter Block	2923	1 M 70-99	42:54.1	43:07.2
81	Joanna Wates	6537	15 F 30-39	44:01.6	44:16.0
82	Emily Rodney	6523	16 F 30-39	45:14.9	45:18.9
83	Serena Caine	6468	17 F 30-39	47:10.7	47:42.9
84	Carrie O'Bray	6514	7 F 50-59	47:14.8	47:47.0
85	Annette Thompson	3158	7 F 20-29	47:26.2	47:50.6
86	Cynthia Parkin	6515	4 F 60-69	47:33.5	48:03.0
87	Tara Darling	6479	18 F 30-39	47:57.3	48:12.6
88	Heather Prime	6519	8 F 50-59	48:57.8	49:18.5
89	Sandi Hildebrant	5012	2 F 70-99	50:35.7	50:48.0
90	Colleen Marshall	6509	5 F 60-69	50:57.0	51:25.5
91	Glenna Mitchell	6511	9 F 50-59	51:05.3	51:27.0
92	Steve Fischer	6484	4 M 50-59	51:48.9	51:58.3
93	Leanne Fischer	6483	14 F 40-49	51:49.3	51:59.8
94	Aleisha Woodman	6543	4 F 1-19	52:53.2	53:12.5
95	Brendan Woodman	6544	3 M 20-29	52:59.4	53:19.9
96	Michael Woodman	6545	5 M 50-59	53:00.4	53:20.7
97	Ayden Jiwa	6499	11 M 1-19	55:46.3	55:49.8
98	Ashif Jiwa	6498	6 M 50-59	55:52.1	55:52.1