

2023 RMH BC/Yukon Boundary Bay Race						
Overall Finish List						
November 05, 2023						
Marathon						
Place	Name	City	Bib No	Age Group	Chip Time	Gun Time
1	Ryo Wakasugi	vancouver BC	5411	1 M 30-39	2:39:42.9	2:39:51.3
2	Luis Melendez	Windsor ON	1361	1 M 20-29	2:41:47.1	2:41:48.7
3	Vincent Pagot	Chilliwack BC	1375	2 M 30-39	2:52:13.4	2:52:15.6
4	Mackenzie Brush	CALGARY AB AB	1265	3 M 30-39	2:54:33.3	2:54:35.5
5	Jordan Abney	Delta BC	5400	1 M 40-49	2:58:22.7	2:58:25.1
6	Joel Illman	Coquitlam BC	1324	2 M 20-29	3:00:22.0	3:00:37.1
7	Peter Mpala	CarCross YT	1365	4 M 30-39	3:02:10.1	3:02:11.7
8	Dylan Macleod	North Vancouver BC	1354	2 M 40-49	3:04:32.9	3:04:34.9
9	Tyler Nelson	Bellingham WA	1367	5 M 30-39	3:05:53.5	3:05:59.4
10	tyler mansinho	New Westminster BC	84	6 M 30-39	3:08:45.4	3:08:48.7
11	Alex Vanneste	Vernon BC	1429	7 M 30-39	3:14:57.2	3:15:06.5
12	Nick Shepherd	Vancouver BC	1407	8 M 30-39	3:15:34.2	3:15:38.5
13	Simon Pinsky	Vancouver BC	1383	9 M 30-39	3:15:44.5	3:15:54.4
14	Denis Chai	Coquitlam BC	5418	3 M 40-49	3:19:19.9	3:19:24.8
15	Daniel Rasmussen	Chilliwack BC	1388	4 M 40-49	3:19:59.0	3:20:02.1
16	Jack Yin *Charity BIB	Burnaby BC	126	5 M 40-49	3:20:09.4	3:20:15.7
17	Drew Nicholson	Surrey BC	1370	10 M 30-39	3:21:20.0	3:21:21.5
18	Manuel Munoz Arana	Vancouver BC	5424	6 M 40-49	3:21:37.9	3:22:45.3
19	Joshua Baron	Langley BC	1254	3 M 20-29	3:21:49.2	3:21:51.9
20	Ryan Roberts	burnaby BC	1394	4 M 20-29	3:21:51.1	3:21:56.6
21	Luis Alberto Nieto Salvador	Vancouver BC	1371	11 M 30-39	3:25:09.4	3:25:32.8
22	Matt Brackley	Mission BC	1261	7 M 40-49	3:25:14.2	3:25:43.0
23	Kyu Choi	west kelowna BC	5422	8 M 40-49	3:25:14.6	3:25:17.7
24	Andrii Kobliuk	Abotsford BC	5420	12 M 30-39	3:25:35.2	3:25:42.9
25	Sean Collins	New Westminster BC	1283	13 M 30-39	3:28:57.7	3:29:25.4
26	Jake Ball	Surrey BC	5413	5 M 20-29	3:29:01.8	3:32:46.8
27	Cameron ryder	Vancouver BC	73	6 M 20-29	3:29:34.6	3:29:41.6
28	Sean Celli	Black Diamond WA	51	1 M 50-59	3:29:55.8	3:30:01.5
29	Colin Stange	Victoria BC	49	9 M 40-49	3:32:03.0	3:32:36.2
30	Jordan Sauser	Vancouver BC	1403	7 M 20-29	3:33:42.2	3:33:45.9
31	Michael Guenter	Vancouver BC	44	10 M 40-49	3:33:58.2	3:34:28.7
32	Ben Mackay	Calgary AB	1352	8 M 20-29	3:34:24.7	3:34:50.1
33	Matthis Vogel	Surrey BC	5421	14 M 30-39	3:34:52.0	3:35:08.9
34	Savannah Holmes	Kelowna BC	1320	1 F 20-29	3:36:13.3	3:36:24.0
35	Robert Horacsek	Maple Ridge BC	1322	2 M 50-59	3:36:51.6	3:37:24.8
36	Connor Taiji	Victoria BC	1421	15 M 30-39	3:37:31.2	3:37:34.0
37	Caoileann Carty	Vancouver BC	1274	9 M 20-29	3:37:49.4	3:38:07.0
38	Matt Gill	Richmond BC	1309	10 M 20-29	3:38:23.3	3:38:25.2
39	xiao liu	North Vancouver BC	88	11 M 40-49	3:39:15.2	3:39:29.5
40	Paul Hawthorne	Vernon BC	38	16 M 30-39	3:39:28.7	3:39:53.1
41	Barry Berg	Vancouver BC	1256	3 M 50-59	3:40:10.3	3:40:26.6
42	BHUPINDER UPPAL	Surrey BC	5410	4 M 50-59	3:40:28.1	3:40:37.7
43	Jonathan Delivuk	New Westminster BC	1292	11 M 20-29	3:40:44.2	3:40:48.3
44	Taylor McGregor	Vancouver BC	1358	1 F 30-39	3:41:31.3	3:41:53.6
45	Mia Douglas	Langley BC	1296	1 F 50-59	3:43:30.1	3:43:45.2

46	Diane Butler	Langley BC	1266	1 F 40-49	3:43:36.3	3:43:51.3
47	Matthias Unger	North Vancouver BC	1426	12 M 20-29	3:44:36.1	3:45:16.7
48	Cameron York	Vancouver BC	5412	13 M 20-29	3:44:47.6	3:44:49.8
49	Kam Fai Ken So	Richmond BC	1413	12 M 40-49	3:46:22.8	3:46:29.1
50	Justin McIntyre	Toronto ON	1359	14 M 20-29	3:48:42.4	3:49:22.6
51	Donald Khay	North Vancouver BC	1337	13 M 40-49	3:48:45.5	3:49:14.9
52	Brandon Wood	Whitesburg GA	1440	17 M 30-39	3:48:55.1	3:49:15.5
53	Ben Sader	Strathmore AB	1401	5 M 50-59	3:49:19.9	3:49:31.8
54	Jeremy Hrebeniuk	Vancouver BC	81	18 M 30-39	3:50:05.2	4:14:45.9
55	Mykhailo Delegan	Vancouver BC	1291	19 M 30-39	3:50:12.7	3:50:26.9
56	Andrew MacLeod	Langley BC	1353	14 M 40-49	3:50:33.6	3:51:09.0
57	Tim Stielow	Delta BC	80	6 M 50-59	3:51:27.6	3:51:53.2
58	anthony ryder	Vancouver BC	72	7 M 50-59	3:52:03.4	3:52:10.6
59	Wesly banh	Burnaby BC	1252	20 M 30-39	3:52:42.7	3:52:47.4
60	Derek Siebert	Maple Valley WA	1408	15 M 40-49	3:52:45.0	3:53:04.0
61	Niki Chapman	Victoria BC	5402	2 F 40-49	3:53:07.2	3:53:25.4
62	Bryce Danek	Langley BC	1288	21 M 30-39	3:53:10.6	3:53:13.2
63	Rodrigo Simidu	Surrey BC	1409	16 M 40-49	3:53:24.8	3:53:34.2
64	AI LIU	Burnaby BC	1347	2 F 50-59	3:53:37.1	3:54:59.9
65	Chloe Bank	Kelowna BC	1253	2 F 20-29	3:53:42.6	3:54:00.3
66	Joanne Bach	Maple Ridge BC	1250	3 F 50-59	3:54:04.6	3:54:19.8
67	Conrad Olson	Vancouver BC	41	17 M 40-49	3:54:30.5	3:54:50.9
68	Tony Markin	Langley BC	1356	8 M 50-59	3:54:56.5	3:55:12.2
69	Barry Sonnefeld	Maple Ridge BC	1414	9 M 50-59	3:55:29.6	3:55:44.5
70	Todd Corrie	Vancouver BC	1285	15 M 20-29	3:55:31.9	3:55:38.7
71	Peter Celler	North Vancouver BC	1276	18 M 40-49	3:56:05.4	3:56:17.6
72	Piero Piero	Vancouver BC	1382	22 M 30-39	3:56:14.7	3:56:48.1
73	Kassandra Roy	Oliver BC	1399	3 F 20-29	3:56:18.1	3:56:55.6
74	Basel Alnashashibi	Vancouver BC	1246	16 M 20-29	3:56:32.3	3:56:58.5
75	Whitney Zaparyniuk	Cochrane AB	1442	3 F 40-49	3:56:39.8	3:57:01.7
76	Kevin Frisk	North vancouver BC	1304	17 M 20-29	3:56:59.1	3:57:41.0
77	Sarah Rath	Vancouver BC	1389	4 F 20-29	3:57:04.0	3:57:10.4
78	Nicole Warren	Vancouver BC	1434	2 F 30-39	3:57:04.2	3:57:10.7
79	Matthew Ryder	Vancouver BC	74	18 M 20-29	3:57:08.8	3:57:16.2
80	Patrick Ngew	Vancouver BC	1369	10 M 50-59	3:57:22.6	3:57:47.7
81	Chelsea Scheffel	Burnaby BC	1404	5 F 20-29	3:58:03.2	3:58:19.5
82	Jonathan Lebon	North Vancouver BC	1344	23 M 30-39	3:58:51.7	3:59:11.7
83	Nat Reventar	Vancouver BC	1392	19 M 40-49	3:59:01.8	3:59:12.0
84	Andrew Stewart	Oliver BC	1419	24 M 30-39	4:00:46.1	4:01:23.6
85	Patricia Macduff	Vancouver BC	1351	4 F 40-49	4:01:16.5	4:01:45.9
86	Tao Wang	Bellevue WA	1433	20 M 40-49	4:01:18.6	4:01:51.6
87	David Ross	North Vancouver BC	1397	19 M 20-29	4:02:10.6	4:02:41.2
88	Courtney Odell	Delta BRITISH CO	5425	3 F 30-39	4:02:25.7	4:09:36.8
89	Michaela Gerrard	Lake Country BC	42	4 F 30-39	4:02:39.4	4:02:55.0
90	Holly Grahm	Lake Country BC	1311	5 F 30-39	4:02:47.5	4:02:58.7
91	Spencer Bourne	Burnaby BC	1260	25 M 30-39	4:03:19.0	4:03:43.2
92	Lorleen Langhorn	Vancouver BC	1342	5 F 40-49	4:03:31.0	4:03:52.5
93	Graham Hindson	Vancouver BC	1317	21 M 40-49	4:05:14.4	4:05:28.4
94	Lisa Demers	Vancouver BC	1293	6 F 30-39	4:06:41.4	4:06:52.6
95	Matthew La Rocque	Langley BC	1339	20 M 20-29	4:06:44.0	4:07:24.4
96	Bo Chew	Burnaby BC	1279	1 M 60-69	4:07:06.4	4:07:19.1

97	Matthew Lamb	Qualicum Beach BC	1341	22 M 40-49	4:07:42.2	4:08:04.7
98	David Gardner	Ferndale WA	1306	26 M 30-39	4:07:43.4	4:07:43.4
99	Katherine Edwards	Squamish BC	1299	6 F 40-49	4:07:53.0	4:08:06.3
100	Jesse MacNeil	Langley Twp BC	43	27 M 30-39	4:08:38.0	4:08:47.0
101	Kiana Olafson	Cultus Lake BC	1373	6 F 20-29	4:08:43.9	4:09:04.3
102	Alex LaForge	Pitt Meadows BC	1340	21 M 20-29	4:09:05.8	4:09:16.0
103	Rouyeen Rouyani	North Vancouver BC	1398	22 M 20-29	4:09:14.9	4:09:29.6
104	Angelo Biatingo	Burnaby BC	5415	28 M 30-39	4:10:11.7	4:10:45.9
105	Derek Slykerman	Port Coquitlam BC	1412	11 M 50-59	4:10:16.9	4:10:30.8
106	Brenton Sutherland	Port Hood NS	1420	23 M 20-29	4:10:27.5	4:10:58.1
107	Jaime Stanvick	Osoyoos BC	1415	7 F 40-49	4:10:46.8	4:10:54.8
108	Blake Burns	Delta BC	54	29 M 30-39	4:12:00.2	4:12:28.5
109	keldon olmstead	Delta BC	1374	24 M 20-29	4:12:00.9	4:12:13.5
110	Alisa Dallen	Calgary AB	1287	7 F 30-39	4:12:38.0	4:13:01.1
111	Ray Xie	Vancouver BC	1441	23 M 40-49	4:12:57.8	4:14:16.2
112	Dong Baik Kim	Burnaby BC	40	12 M 50-59	4:13:08.9	4:13:43.5
113	Simon Kajzerek	Surrey BC	1331	25 M 20-29	4:13:47.3	4:14:19.5
114	Heather McNeill	Langley BC	77	8 F 40-49	4:13:48.1	4:14:02.4
115	Scott Renouf	Sooke SK	1391	30 M 30-39	4:14:24.1	4:14:33.4
116	Derek Lee	Burnaby BC	1345	13 M 50-59	4:15:08.0	4:15:11.6
117	Harnoor Singh	Surrey BC	1410	26 M 20-29	4:15:23.4	4:15:40.7
118	Keane Luong	Vancouver BC	1350	27 M 20-29	4:15:40.7	4:15:53.9
119	David Crerar	North Vancouver BC	5416	14 M 50-59	4:16:23.6	4:16:29.0
120	Pamela Jones	Broomfield CO	1327	1 F 60-69	4:16:39.7	4:16:52.5
121	Darren Parcels	Victoria BC	5408	28 M 20-29	4:16:56.7	4:17:18.6
122	Sam Day	Port Moody BC	1290	29 M 20-29	4:18:36.8	4:18:56.3
123	Matthias Goossen	Abbotsford BC	1310	31 M 30-39	4:19:22.6	4:19:49.0
124	Michael Chiang	Richmond BC	1280	24 M 40-49	4:19:29.5	4:19:34.1
125	Frances Hoffman	Calgary AB	87	8 F 30-39	4:20:33.1	4:20:58.0
126	Mihyun Jung	Coquitlam BC	1329	9 F 40-49	4:20:33.6	4:21:32.7
127	Rudolf Koessler	Vancouver BC	1338	25 M 40-49	4:20:52.6	4:21:10.7
128	Ashley MacNeil	Langley BC	1355	9 F 30-39	4:22:31.5	4:22:40.5
129	Rhonda Gignac	Surrey BC	1308	4 F 50-59	4:22:51.9	4:23:07.5
130	Spencer Loft	Surrey BC	1348	30 M 20-29	4:23:41.2	4:24:12.1
131	Eric Ryan	Vancouver BC	5409	31 M 20-29	4:24:27.0	4:25:03.3
132	Heather Gale	Aldergrove BC	1305	10 F 40-49	4:24:32.3	4:24:45.6
133	Tori Thistlethwaite	Langley BC	1424	10 F 30-39	4:24:56.5	4:25:02.6
134	Ashley Jordison	Port Coquitlam BC	1328	11 F 30-39	4:25:00.6	4:25:17.7
135	Sean Meier	Langley Twp BC	1360	32 M 30-39	4:25:39.9	4:25:45.1
136	ryan riggs	burnaby BC	1393	32 M 20-29	4:25:52.8	4:25:52.8
137	Callum Lehingrat	Vancouver BC	1346	33 M 20-29	4:25:57.7	4:26:21.8
138	Therese Weir	Edmonton AB	1436	5 F 50-59	4:26:01.0	4:26:28.4
139	Rick Cooney	Sechelt BC	1284	2 M 60-69	4:26:32.5	4:26:49.4
140	Bennett Skilling	Langley Township BC	1411	34 M 20-29	4:28:04.2	4:28:28.7
141	Daniel Holliday	Vancouver BC	5404	26 M 40-49	4:28:26.3	4:29:06.3
142	Clayton Bristow	Chilliwack BC	1262	35 M 20-29	4:28:55.5	4:29:25.8
143	Dan Cook	Abbotsford BC	45	3 M 60-69	4:28:57.6	4:29:14.1
144	Jennifer Pobran	Port Moody BC	1384	11 F 40-49	4:29:53.3	4:30:21.3
145	Colby Owen	Surrey BC	78	36 M 20-29	4:29:56.5	4:30:29.0
146	Emma Eady	Vancouver BC	5423	12 F 30-39	4:30:05.1	4:33:32.2
147	Harrison Peers	White Rock BC	1379	37 M 20-29	4:30:24.3	4:30:45.2

148	Alan Burns	Vancouver BC	5414	27 M 40-49	4:31:06.1	4:42:14.3
149	jordyn field	Surrey BC	1301	38 M 20-29	4:31:26.2	4:32:09.0
150	Daesung Pyeon	Delta BC	1387	33 M 30-39	4:31:31.8	4:35:10.7
151	Scott Sebelsky	Camano WA	1405	4 M 60-69	4:32:03.6	4:32:20.9
152	Neill Kleinveldt	RICHMOND BC	85	15 M 50-59	4:32:26.8	4:32:46.2
153	Leanne Carroll	Vancouver BC	1271	13 F 30-39	4:33:08.0	4:33:29.5
154	Colton Van Camp	Vancouver BC	1427	39 M 20-29	4:33:22.9	4:33:30.1
155	Ivana Bilic	Richmond BC	5401	14 F 30-39	4:33:58.3	4:34:05.9
156	Sam Biffart	West Kelowna BC	1257	40 M 20-29	4:34:21.9	4:34:50.1
157	Wade Kennedy	Port Coquitlam BC	1335	28 M 40-49	4:34:22.3	4:34:47.0
158	Adam Anonuevo	North Vancouver BC	1248	34 M 30-39	4:34:29.9	4:35:01.1
159	Christie Reside	Vancouver BC	82	12 F 40-49	4:34:46.5	4:35:18.1
160	Clair Carter	Vancouver BC	1272	15 F 30-39	4:35:56.5	4:36:08.1
161	Kristen Hofman	Langley Twp BC	1318	16 F 30-39	4:36:59.9	4:37:00.0
162	Daniel Maccallum	Kingston ON	5417	41 M 20-29	4:37:09.5	4:37:21.3
163	Hannah Esopenko	Prince George BC	1300	7 F 20-29	4:37:12.1	4:37:27.0
164	Zachery Muise	Kelowna BC	1366	42 M 20-29	4:37:12.6	4:37:27.2
165	Stefanie Kappel	Vancouver BC	1332	6 F 50-59	4:37:17.7	4:37:27.0
166	Marc Dubord	Penticton BC	1297	5 M 60-69	4:37:19.0	4:37:49.0
167	Leonard Taylor	Surrey BC	1422	29 M 40-49	4:37:31.3	4:37:55.8
168	Sam Shek Chiu Tsui	Vancouver BC	1425	6 M 60-69	4:37:54.1	4:38:29.1
169	Alesha Hendricks	kamloops BC	1315	17 F 30-39	4:38:15.0	4:38:44.5
170	Eric Fong	Burnaby BC	1303	43 M 20-29	4:38:31.3	4:38:36.3
171	Chris Seto	Vancouver BC	1406	16 M 50-59	4:39:22.2	4:39:22.3
172	James Tevlin	Vancouver BC	1423	44 M 20-29	4:39:22.7	4:39:43.0
173	Matthew Wall	Surrey BC	1431	30 M 40-49	4:39:23.1	4:39:57.8
174	Dustin Wyrick	Gig Harbor WA	1439	31 M 40-49	4:39:43.5	4:40:10.0
175	Mark Holland	North Vancouver BC	1319	32 M 40-49	4:39:46.5	4:40:46.5
176	Sam Castillo	Seattle WA	1275	35 M 30-39	4:39:57.6	4:40:11.5
177	Clint Gaspard	Kamloops BC	1307	33 M 40-49	4:41:49.8	4:42:04.9
178	Cameron Nepinak	Winnipeg MB	91	45 M 20-29	4:42:24.4	4:42:32.5
179	Ying Chu Mok	Port Coquitlam BC	1363	17 M 50-59	4:42:37.2	4:42:50.3
180	Maryam Sanaz Davoodi	Vancouver BC	1289	18 F 30-39	4:43:42.7	4:43:42.7
181	Megan Mateo	Vancouver BC	52	19 F 30-39	4:44:22.1	4:44:47.7
182	Eric Carriere	Richmond BC	1270	18 M 50-59	4:45:25.5	4:45:46.3
183	Anna Prockiw	Edmonton AB	1386	13 F 40-49	4:45:56.4	4:46:19.7
184	Michael Chartier	Surrey BC	1278	36 M 30-39	4:46:19.8	4:50:22.0
185	solomon ammanuel	Langley BC	1247	7 M 60-69	4:48:10.3	4:48:26.7
186	Ryan Stevenson	St. Albert AB	1417	34 M 40-49	4:48:27.5	4:48:51.5
187	chris wilkinson	Van anda BC	1438	37 M 30-39	4:48:53.1	4:49:04.4
188	Leslie Courchesne	Port Moody BC	1286	7 F 50-59	4:49:44.4	4:50:24.0
189	Luke Jackiw	Regina SK	1325	35 M 40-49	4:49:50.8	4:50:21.1
190	Eswaraiah Bhun	Maple Ridge BC	90	38 M 30-39	4:50:29.0	4:51:08.5
191	KIM WILSON	DELTA BC	5419	2 F 60-69	4:50:33.6	4:50:53.2
192	Kris Carter	Vancouver BC	1273	36 M 40-49	4:50:39.5	4:51:11.6
193	Elizabeth Waterman	North Vancouver BC	1435	14 F 40-49	4:51:34.1	4:51:55.6
194	Darryl Loo	Fort McMurray AB	1349	39 M 30-39	4:52:17.5	4:52:57.7
195	Brian Zimmerman	Coquitlam BC	1443	46 M 20-29	4:52:54.7	4:53:08.0
196	Ashley van der Pouw Kraan	Maple Ridge BC	1428	20 F 30-39	4:53:47.9	4:54:14.6
197	Lexi Keeler	Maple Ridge BC	1333	8 F 20-29	4:53:48.0	4:54:14.6
198	Lauralee Campbell	Chilliwack BC	1268	15 F 40-49	4:54:26.7	5:04:26.7

199	Mark Krabben	Kelowna BC	79	47 M 20-29	4:54:43.9	4:55:02.8
200	Vanessa Chand	Surrey BC	1277	21 F 30-39	4:55:04.2	4:55:24.5
201	Emma Black	Vancouver BC	1258	16 F 40-49	4:56:46.1	4:57:30.1
202	Brandon Price	Abbotsford BC	1385	48 M 20-29	4:58:08.5	4:58:43.8
203	Erin Derbyshire-Sheriff	Coquitlam BC	1294	17 F 40-49	4:58:54.8	4:59:23.2
204	Alice Lam	North Vancouver BC	5407	3 F 60-69	4:59:56.8	4:59:56.8
205	Ryan Dunn	North Vancouver BC	1298	19 M 50-59	5:00:10.2	5:00:31.7
206	Christina Collins	Calgary AB	1282	22 F 30-39	5:07:27.4	5:07:50.3
207	Brenna Wheatley	Coquitlam BC	1437	18 F 40-49	5:11:01.6	5:11:30.1
208	Cheyenne Brouwer	Victoria BC	1263	9 F 20-29	5:16:13.6	5:20:19.6
209	Janet Green	Courtenay BC	83	1 F 70-79	5:17:10.9	5:17:30.1
210	Ivan Bogomolov	New Westminster BC	1259	40 M 30-39	5:18:08.8	5:18:08.8
211	Ian Kew	North Vancouver BC	1336	8 M 60-69	5:21:41.0	5:21:45.9
212	Steven Fiust	Kelowna BC	1302	49 M 20-29	5:26:01.1	5:26:20.0
213	Michael Berry	Vancouver BC	39	37 M 40-49	5:58:56.9	5:59:31.0
214	Laurel Zwodeski	Pitt Meadows BC	1444	8 F 50-59	6:03:29.1	6:04:08.0
215	Mervyn Leong	Burnaby BC	86	20 M 50-59	6:06:39.4	6:07:17.0
216	Maneesha Kaul	Delta BC	5405	23 F 30-39	6:32:38.5	6:33:15.0
Marathon Relay						
Place	Name	City	Bib No	Age Group	Chip Time	Gun Time
1	Russ Esau	Abbotsford BC	1210	1 M 1-99	3:01:32.9	3:01:36.7
2	Devon Seagrave	Port Moody BC	1194	2 M 1-99	3:05:45.0	3:06:10.6
3	Dani Thune	Port Moody BC	5443	3 F 1-99	3:22:01.2	3:22:20.0
4	Lorraine Delaney	Port Moody BC	1242	4 F 1-99	3:34:11.3	3:34:19.0
5	Laura Gaspard	Delta BC	1222	5 F 1-99	3:40:13.3	3:40:45.0
6	Kamla Olson	Surrey BC	5439	6 F 1-99	3:40:17.5	3:41:00.0
7	Chris Lawson	Mission BC	1198	7 M 1-99	3:48:44.8	3:48:48.6
8	Neil Rushton	Victoria BC	1214	8 M 1-99	3:49:30.3	3:49:53.9
9	Jason van den Hoven	Langley BC	1206	9 M 1-99	3:53:46.1	3:54:01.7
10	Brandy Hughes	North Vancouver BC	1218	10 F 1-99	3:55:06.0	3:55:25.4
11	Gail Ooi	Vancouver BC	1190	11 F 1-99	4:10:28.3	4:10:34.2
12	Karolin Heinze	Vancouver BC	1234	12 F 1-99	4:21:52.7	4:22:33.1
13	Kieran Fleming	Delta BC	1202	13 M 1-99	4:23:16.2	4:23:18.3
14	Carmen Pop	COQUITLAM BC	1226	14 F 1-99	4:50:02.1	4:50:33.5
15	Justin Campbell	Chilliwack BC	1186	15 M 1-99	4:54:26.7	5:04:26.7
16	Winnie Wong	Vancouver BC	1230	16 F 1-99	5:09:53.3	5:13:48.9
Half Marathon						
Place	Name	City	Bib No	Age Group	Chip Time	Gun Time
1	Andrew Giassa	Saskatoon SK	3428	1 M 30-39	1:18:53.6	1:21:54.0
2	Jason Connelly	Dundas ON	3386	1 M 20-29	1:21:20.0	1:24:21.6
3	Taylor Lehwald	Surrey BC	3483	2 M 30-39	1:22:57.4	1:25:58.0
4	McKenna Jackson	Sarnia ON	3458	1 F 20-29	1:25:14.2	1:28:15.7
5	Herman Alagao	New Westminster BC	3334	1 M 50-59	1:26:10.2	1:29:19.0
6	BERTRAND LE CORRE	Vancouver BC	3481	3 M 30-39	1:26:18.5	1:29:21.6
7	Rennard Cheung	Hong Kong	3381	2 M 20-29	1:28:52.8	1:32:06.2
8	Neil Yarmoshuk	Surrey BC	3637	2 M 50-59	1:30:39.6	1:33:40.3
9	Adrian Cagampan	New Westminster BC	93	3 M 20-29	1:31:05.5	1:34:15.9
10	Hannah Cherniawsky	Vancouver BC	3379	1 F 30-39	1:31:45.1	1:34:44.1
11	Ryan Brodie	Victoria BC	3367	1 M 40-49	1:32:38.9	1:36:05.2

12	Aneil Parashar	Vancouver BC	5500	4 M 30-39	1:33:12.9	1:37:49.8
13	Julian Edmond	Surrey BC	3406	5 M 30-39	1:34:15.5	1:37:49.2
14	Angus White	Edinburgh MIDLOTHIAN	5484	6 M 30-39	1:34:35.2	1:38:20.5
15	Leah Vlassis	Victoria BC	3623	2 F 20-29	1:35:08.1	1:38:14.1
16	Vincent Minicucci	Vancouver BC	1362	7 M 30-39	1:35:52.7	1:39:02.6
17	Leif Erion	Vancouver BC	3413	8 M 30-39	1:36:32.4	1:39:45.9
18	Mike Johnson	Kelowna BC	3467	4 M 20-29	1:36:55.0	1:39:56.4
19	Kenneth Dobb	Chetwynd BC	66	5 M 20-29	1:37:27.2	1:40:49.3
20	Theo Paul	North Vancouver BC	1378	6 M 20-29	1:37:47.0	1:38:15.1
21	Tyler Stiem	Vancouver BC	3596	2 M 40-49	1:38:41.6	1:42:24.3
22	Dora Velazquez	Surrey BC	3620	1 F 40-49	1:38:46.9	1:41:47.8
23	Joseph Bradley	Toronto ON	3365	7 M 20-29	1:39:01.9	1:42:16.9
24	Ryan Thompson	Vancouver BC	3608	8 M 20-29	1:39:05.5	1:42:52.0
25	Giovanni Godoy	Port Moody BC	3433	9 M 30-39	1:39:08.7	1:42:22.7
26	Logan Manning	Squamish BC	3507	10 M 30-39	1:39:23.3	1:42:28.5
27	Darren Suderman	Surrey BC	3599	11 M 30-39	1:39:29.3	1:42:36.1
28	Jane Howsham	Maple Ridge BC	3454	2 F 40-49	1:39:39.2	1:43:27.7
29	Justine Clift	Vancouver BC	5494	2 F 30-39	1:40:11.4	1:43:14.5
30	Peadar O Beirn	Vancouver BC	106	9 M 20-29	1:40:22.9	1:44:08.9
31	Dan Balback	Abbotsford BC	3348	3 M 40-49	1:40:55.6	1:44:01.8
32	Brent Frayne	North Vancouver BC	3423	12 M 30-39	1:41:07.6	1:44:24.5
33	Julie Gagnon	Vancouver BC	3426	3 F 40-49	1:41:08.0	1:46:20.7
34	David Vasquez	West Vancouver BC	3619	4 M 40-49	1:41:22.6	1:44:44.0
35	Jordan Berard	Lethbridge AB	3356	3 F 20-29	1:41:44.6	1:44:58.0
36	Jaiden Brown	Surrey BC	108	10 M 20-29	1:42:10.4	1:45:40.9
37	Trevor Hird	North Vancouver BC	3449	5 M 40-49	1:42:30.0	1:45:59.2
38	Derek Hymel	Bellevue WA	5492	6 M 40-49	1:42:41.8	1:46:01.0
39	Jamie Daniel	Victoria BC	3396	4 F 20-29	1:43:21.8	1:46:30.2
40	Mandy Day	Surrey BC	5472	3 F 30-39	1:44:16.6	1:47:42.5
41	Philip Molloy	Brentwood Bay BC	3529	7 M 40-49	1:44:21.3	1:48:03.7
42	Catherine Giles	Surrey BC	3430	1 F 50-59	1:44:45.9	1:47:50.1
43	Stephen Melendy	Surrey BC	65	8 M 40-49	1:44:54.5	1:48:16.3
44	Kaitlyn Cooper	San Diego CA	3390	4 F 30-39	1:45:20.3	1:48:30.2
45	Chris Hoag	Vancouver BC	3450	9 M 40-49	1:45:38.3	1:48:43.3
46	Silas Kwok	Vancouver BC	3475	11 M 20-29	1:46:39.8	1:50:19.1
47	Johanna Smith	Whitehorse YT	3593	4 F 40-49	1:46:42.3	1:49:48.3
48	Neve Haber	Richmond BC	3444	1 F 1-19	1:46:48.7	1:49:55.9
49	Lindsay Andrew	Garibaldi Highlands BC	3338	5 F 40-49	1:46:53.3	1:50:01.8
50	Colin Gibling	Vancouver BC	3429	13 M 30-39	1:47:16.1	1:50:48.4
51	Kale Pride	Port Coquitlam BC	5481	3 M 50-59	1:47:19.9	1:50:30.2
52	Benjamin Senior	VANCOUVER BC	3584	14 M 30-39	1:47:22.3	1:50:55.2
53	Byron Ruvalcaba	Surrey BC	3573	12 M 20-29	1:47:40.8	1:51:24.6
54	Duncan Magnus	Surrey BC	3505	10 M 40-49	1:48:06.2	1:51:35.0
55	Matthew Li	Port Coquitlam BC	3488	11 M 40-49	1:48:12.7	1:51:18.8
56	Eric Jones	Vancouver BC	109	15 M 30-39	1:48:17.2	1:51:29.6
57	Kristena Back	Surrey BC	3346	6 F 40-49	1:48:19.8	1:51:40.3
58	David Martlew	North Vancouver BC	104	13 M 20-29	1:48:31.0	1:52:00.9
59	Eric Zhou	Coquitlam BC	3643	1 M 60-69	1:48:55.2	1:51:58.1
60	Tom Kroc	Vancouver BC	3472	16 M 30-39	1:48:57.3	1:52:11.6
61	Brittany Erin	Osoyoos BC	3412	5 F 30-39	1:49:19.1	1:52:20.5
62	Tyler Jennens	New Westminister BC	3461	14 M 20-29	1:49:24.3	1:52:57.4

63	Peter Champion	Richmond BC	5468	4 M 50-59	1:49:55.3	1:53:09.3
64	Guy Basran	Maple Ridge BC	3352	2 M 60-69	1:49:56.1	1:53:06.0
65	Amanda Morrison	Kelowna BC	3531	7 F 40-49	1:50:11.7	1:53:22.6
66	Anmoaldeep Romana	Regina SK	3567	15 M 20-29	1:50:45.4	1:54:18.6
67	SIMON SHIU	Coquitlam BC	3589	3 M 60-69	1:50:50.4	1:53:52.9
68	Tate Morton	Langley BC	3534	5 M 50-59	1:50:59.6	1:54:15.9
69	Mark Allan	Vancouver BC	3335	17 M 30-39	1:51:12.0	1:54:39.6
70	Evan Lawrence	new westminster BC	3479	16 M 20-29	1:51:21.1	1:54:51.2
71	Jared Woolhether	Coquitlam BC	3636	17 M 20-29	1:51:21.1	1:54:29.8
72	Vanessa Marie	Sechelt BC	3511	8 F 40-49	1:51:37.5	1:54:59.7
73	Jonathan Peacock	VANCOUVER BC	5480	6 M 50-59	1:51:56.2	1:55:22.1
74	Thomas Chorney	Kelowna BC	5490	18 M 30-39	1:52:03.2	1:55:17.4
75	Samuel MacKinnon	New Westminister BC	3502	19 M 30-39	1:52:09.9	1:55:41.9
76	Alexandra Rothenberg	North Vancouver BC	3569	6 F 30-39	1:52:11.0	1:55:45.5
77	Minaëlle Green	Vancouver BC	3439	5 F 20-29	1:52:18.4	1:55:58.4
78	Jonathon Melnyk	Kelowna BC	3522	20 M 30-39	1:52:19.2	1:55:34.0
79	Tristan Winfield	Tsawwassen BC	3634	12 M 40-49	1:52:19.3	1:55:40.3
80	Benjamin Ekroth	Richmond BC	3408	21 M 30-39	1:52:24.5	1:55:33.8
81	Colleen Angell	Bright ON	3339	7 F 30-39	1:52:26.7	1:56:04.9
82	Miao Lu	Vancouver BC	3493	22 M 30-39	1:52:29.0	1:56:10.4
83	Martin Talbot	Montreal QC	5491	7 M 50-59	1:52:44.9	1:56:21.6
84	Brielle Ouellet-Beaucaire	Burnaby BC	3545	6 F 20-29	1:52:52.3	1:55:59.1
85	Trevor Mannella	North Vancouver BC	3506	23 M 30-39	1:53:19.5	1:56:49.4
86	Dylan Flach	Vancouver BC	3417	7 F 20-29	1:53:21.5	1:56:58.4
87	Darryl Greenough	Surrey BC	3440	18 M 20-29	1:53:35.1	1:57:03.0
88	Owen Grannary	Delta BC	3437	19 M 20-29	1:53:42.9	1:56:47.5
89	Griffin Marsh	Vancouver BC	3513	20 M 20-29	1:53:44.6	1:56:59.7
90	Mehdi S	Vancouver BC	3575	24 M 30-39	1:53:44.8	1:56:59.7
91	Eoin O'Flynn	New Westminister BC	1372	13 M 40-49	1:54:06.4	1:57:09.1
92	Jack O'Donovan	Vancouver BC	3540	21 M 20-29	1:54:16.1	1:57:22.3
93	Lijing Ren	Surrey BC	3559	8 F 30-39	1:54:18.1	1:57:35.2
94	Yin Yuan	West Vancouver BC	3638	9 F 40-49	1:54:19.5	1:57:37.1
95	Meghan Erbes	Victoria BC	3411	8 F 20-29	1:54:24.9	1:57:33.8
96	Zaoxing Zhang	Coquitlam BC	3641	25 M 30-39	1:54:26.9	1:58:03.3
97	Wendi-Lee Punchak	Vancouver BC	3553	9 F 20-29	1:54:33.9	1:57:45.8
98	Yan Wing Lui	Coquitlam BC	3495	4 M 60-69	1:54:45.4	1:57:48.6
99	Wreibern Espiritu	Delta BC	99	22 M 20-29	1:54:59.2	1:58:12.2
100	Chelsea Murphy	Lake country BC	3537	10 F 20-29	1:55:05.1	1:58:18.5
101	John Downs	Lake country BC	3402	26 M 30-39	1:55:09.4	1:58:23.2
102	Garth Lester	Vancouver BC	3484	23 M 20-29	1:55:10.8	1:58:18.8
103	James Zaitsoff	Delta BC	3639	14 M 40-49	1:55:16.5	1:58:25.7
104	Steve Duddy	White Rock BC	5473	15 M 40-49	1:55:18.0	1:58:38.0
105	Jacky Tran	Burnaby BC	3615	27 M 30-39	1:55:21.8	1:58:43.0
106	Nickolas Culver	Nanaimo BC	3392	24 M 20-29	1:55:39.0	1:58:57.0
107	Ariane Fecteau	North Vancouver BC	3416	11 F 20-29	1:55:45.0	1:59:14.5
108	Ami Turner	North Vancouver BC	3617	12 F 20-29	1:55:58.7	1:59:27.7
109	Jana Hofmann	Lottstetten BADEN-WÜRT	3452	9 F 30-39	1:56:05.6	1:59:29.4
110	Serena Seraphim	Vancouver BC	3585	13 F 20-29	1:56:09.4	1:59:50.3
111	David Ramsay	Vancouver BC	3556	28 M 30-39	1:56:13.6	2:06:16.0
112	Ryan Olsen	Delta BC	5487	16 M 40-49	1:56:19.9	1:59:38.4
113	Nathan Jennings	Richmond BC	3462	17 M 40-49	1:56:20.9	1:59:36.0

114	Meghann Rogers	Vancouver BC	3566	10 F 30-39	1:56:34.4	2:00:04.7
115	Xia Li	North Vancouver BC	3487	10 F 40-49	1:56:41.0	1:59:58.9
116	Brittany Baldock	North Vancouver BC	5499	11 F 30-39	1:56:43.1	2:00:18.5
117	Yin-Chuen Kwok	Vancouver BC	5478	29 M 30-39	1:56:56.0	2:00:33.7
118	Jingyu DONG	Richmond BC	1295	8 M 50-59	1:56:59.0	1:57:33.9
119	Joey Couture	Calgary AB	107	30 M 30-39	1:57:06.5	2:00:33.6
120	Claire Beldi	Kelowna BC	3355	14 F 20-29	1:57:18.8	2:00:33.0
121	Ryan Burbidge	Seattle WA	3371	31 M 30-39	1:57:38.3	2:04:44.4
122	Alex Reavley	Vancouver BC	3558	32 M 30-39	1:57:58.6	2:04:08.0
123	Josepha Griffin Parry	Vancouver BC	3441	33 M 30-39	1:58:00.2	2:04:09.6
124	Brandon Semilla	Surrey BC	3583	25 M 20-29	1:58:01.8	2:01:39.7
125	Marie Chapman	Prince George BC	3376	1 F 60-69	1:58:42.2	2:02:01.3
126	Jiang Gu	West Vancouver BC	3443	9 M 50-59	1:58:48.4	2:02:05.9
127	Stuart Pierce	Surrey BC	1381	26 M 20-29	1:59:06.3	1:59:38.5
128	Crystal Huscroft	Kamloops BC	3456	11 F 40-49	1:59:11.2	2:02:22.9
129	Mandy MacIver	New Westminister BC	3501	2 F 50-59	1:59:20.7	2:02:28.9
130	Hailey Lonsdale	Summerland BC	3490	15 F 20-29	1:59:28.8	2:02:48.2
131	Rachel Moser	Whitehorse YT	3535	12 F 40-49	1:59:30.7	2:02:42.2
132	Kerry Mittleman	Langley BC	3526	5 M 60-69	1:59:32.6	2:02:50.1
133	Raymond Kwan	Vancouver BC	5477	10 M 50-59	1:59:36.1	2:02:44.5
134	Bill Mell	Highlands Ranch CO	3521	11 M 50-59	1:59:38.2	2:08:53.0
135	Chris Ocampo	Surrey BC	3542	27 M 20-29	1:59:38.7	2:03:49.2
136	Maya Quealey	VICTORIA BC	3554	16 F 20-29	1:59:50.1	2:03:20.1
137	Andrei Tent	Pitt Meadows BC	3604	28 M 20-29	2:00:08.1	2:03:08.7
138	Gloria Pidor	Surrey BC	3550	12 F 30-39	2:00:12.7	2:03:38.8
139	Calvin Castagner	New Westminister BC	3374	34 M 30-39	2:00:16.4	2:03:57.7
140	Ryan Hamed	Port Moody BC	3445	29 M 20-29	2:00:26.9	2:03:51.2
141	Roger Antoniazzi	Surrey BC	3340	6 M 60-69	2:00:54.6	2:04:14.0
142	Gilda Gan	New Westminister BC	3427	3 F 50-59	2:01:15.5	2:04:52.1
143	Kyra King	Penticton BC	3470	17 F 20-29	2:01:20.3	2:04:45.7
144	Houston Pendree	Penticton BC	3547	13 F 30-39	2:01:20.5	2:04:45.9
145	Kevin Masse	Vancouver BC	3514	18 M 40-49	2:01:24.5	2:05:05.0
146	Joanna Kirk	Vancouver BC	5485	14 F 30-39	2:01:26.7	2:04:38.0
147	Catherine Loo	Burnaby BC	3491	15 F 30-39	2:01:37.3	2:11:50.3
148	Jimena Torres	Vancouver BC	3613	18 F 20-29	2:01:37.8	2:05:07.3
149	George Rozitis	Vancouver BC	3570	30 M 20-29	2:01:50.4	2:05:11.6
150	Christopher Rozitis	Vancouver BC	57	7 M 60-69	2:01:50.5	2:05:11.9
151	Shalana Morton	North Vancouver BC	3533	16 F 30-39	2:01:59.1	2:07:48.8
152	Wian Van Jaarsveld	Port Coquitlam BC	3618	31 M 20-29	2:02:05.9	2:05:35.7
153	Emily Bloomfield	Port Moody BC	3359	13 F 40-49	2:02:07.0	2:05:31.7
154	Ashley Forbes	North Vancouver BC	3420	17 F 30-39	2:02:11.4	2:05:44.3
155	Joe Salter	North Vancouver BC	3578	19 M 40-49	2:02:12.1	2:05:44.3
156	Hannah Chon	Maple Ridge BC	5496	19 F 20-29	2:02:50.0	2:05:59.7
157	James Bogert	New Westminister BC	3360	32 M 20-29	2:03:28.6	2:07:00.6
158	Kennedy Cresswell	Vancouver BC	3391	20 F 20-29	2:03:36.2	2:07:17.9
159	Noah Giommi	Vancouver BC	3431	33 M 20-29	2:03:36.2	2:07:17.8
160	Lil Broderick	Kitchener ON	3366	21 F 20-29	2:03:37.1	2:06:53.6
161	Danielle Nakhleh	Delta BC	3539	14 F 40-49	2:03:57.6	2:07:15.4
162	Jess Baldwin	Maple Ridge BC	3351	22 F 20-29	2:04:02.3	2:07:09.9
163	Joanne Esterhuizen	North Vancouver BC	61	15 F 40-49	2:04:05.5	2:07:17.0
164	Shelley Bignaut	North Vancouver BC	3358	16 F 40-49	2:04:05.8	2:07:17.0

165	Katrina Watson	Calgary AB	3626	17 F 40-49	2:04:24.2	2:08:03.1
166	Erin Lawrence	Surrey BC	3478	18 F 30-39	2:04:37.5	2:11:11.5
167	Amanda Zhu	North Vancouver BC	5437	4 F 50-59	2:04:42.3	2:08:00.3
168	Dave Cecil	Highlands Ranch CO	5469	20 M 40-49	2:04:52.3	2:14:06.9
169	Caroline Richardson	Vancouver BC	3562	23 F 20-29	2:04:54.1	2:08:34.2
170	Simon Collinson	Surrey BC	3385	35 M 30-39	2:05:00.2	2:08:27.8
171	Denise Blanchette	Prince George BC	3357	5 F 50-59	2:05:12.6	2:08:32.4
172	Elizabeth Kroeker	Langley BC	3473	19 F 30-39	2:06:13.9	2:09:26.5
173	Brian Egge	Maple Ridge BC	3407	36 M 30-39	2:06:37.4	2:09:47.7
174	Melanie Chalmers	Surrey BC	3375	18 F 40-49	2:06:38.0	2:09:57.8
175	Chad Ramsay	Leduc AB	3555	37 M 30-39	2:06:54.4	2:10:32.7
176	Stefanie Gladders	Vancouver BC	3432	20 F 30-39	2:06:54.5	2:10:32.9
177	Amber Chirico	Burnaby BC	3382	21 F 30-39	2:06:58.9	2:14:29.7
178	Kanik Sem	Issaquah WA	3582	38 M 30-39	2:07:41.0	2:11:29.5
179	Joanne MacTaggart	Surrey BC	3503	6 F 50-59	2:07:45.2	2:10:52.4
180	Maddison Zapach	Vancouver BC	3640	24 F 20-29	2:07:45.6	2:11:32.8
181	Helena Liegmann	Kelowna BC	3489	25 F 20-29	2:07:46.0	2:11:33.1
182	Karen Gray	Burnaby BC	3438	19 F 40-49	2:08:06.9	2:15:37.0
183	Bryce Miller	Delta BC	3525	21 M 40-49	2:08:12.1	2:11:45.7
184	BEIXI WANG	Vancouver BC	5483	26 F 20-29	2:08:22.2	2:14:33.7
185	Laura MacDonald	Maple Ridge BC	3500	22 F 30-39	2:08:29.9	2:11:55.3
186	Wesley Chenne	Surrey BC	3378	39 M 30-39	2:08:54.0	2:25:07.8
187	Precidia Tom	Richmond BC	3612	23 F 30-39	2:08:54.1	2:25:07.8
188	Eric Ross	New Westminster BC	3568	40 M 30-39	2:09:04.8	2:12:45.7
189	Anna Parainfi	Coquitlam BC	3546	24 F 30-39	2:09:25.7	2:16:54.2
190	karla thomas	Vancouver BC	3605	20 F 40-49	2:09:35.8	2:13:19.3
191	Desirae Villanueva	Surrey BC	3621	27 F 20-29	2:09:45.2	2:13:31.8
192	Niall Cummins	Delta BC	5471	34 M 20-29	2:09:57.1	2:13:01.3
193	Kim Jones	North Vancouver BC	5495	21 F 40-49	2:10:00.6	2:13:31.4
194	Kimberley Pickett	Delta BC	3549	22 F 40-49	2:10:03.2	2:13:14.1
195	Adrian Pidor	Surrey BC	3551	41 M 30-39	2:10:07.8	2:13:34.1
196	Jon Beaulieu	Port Moody BC	3354	42 M 30-39	2:10:29.2	2:13:49.2
197	Tom Hoang	Burnaby BC	3451	43 M 30-39	2:10:41.0	2:13:45.0
198	Trevor Do	Burnaby BC	3400	44 M 30-39	2:10:42.2	2:13:46.0
199	Jason Hughes	Coquitlam BC	3455	45 M 30-39	2:10:45.5	2:14:02.1
200	Tricia Clough	Port Moody BC	5470	7 F 50-59	2:10:52.2	2:13:58.0
201	Stephanie Naqvi	Port Moody BC	5479	23 F 40-49	2:10:52.4	2:13:58.0
202	Lena Karweg	Vancouver BC	5476	28 F 20-29	2:10:53.7	2:14:48.0
203	Christian White	Surrey BC	3631	22 M 40-49	2:10:59.3	2:14:30.6
204	Mansun Lui	Coquitlam BC	3496	23 M 40-49	2:11:01.3	2:14:13.2
205	Helen Bell	Victoria BC	5467	2 F 60-69	2:11:35.0	2:14:42.1
206	Brittany Deegan	Seattle WA	3398	25 F 30-39	2:11:40.4	2:18:44.3
207	Ceilidh Rochon	Ottawa ON	3565	26 F 30-39	2:11:59.6	2:15:28.9
208	Chelsea Balbosa	Coquitlam BC	3349	27 F 30-39	2:12:03.8	2:15:22.7
209	Steven Wang	Burnaby BC	3625	46 M 30-39	2:12:07.9	2:22:17.8
210	Keith Hannah	Sylvan Lake AB	3446	8 M 60-69	2:12:19.1	2:16:02.7
211	Claire Cook	Langley Twp BC	3389	29 F 20-29	2:12:34.9	2:15:39.7
212	Louise Stoddart	Vancouver BC	3597	28 F 30-39	2:12:52.0	2:19:02.1
213	Mitchell Mohan	Vancouver BC	3528	35 M 20-29	2:13:18.6	2:16:48.4
214	Declan Forbes	Delta BC	3421	36 M 20-29	2:13:32.1	2:16:37.2
215	Linus Murphy	Calgary AB	3536	9 M 60-69	2:14:10.9	2:17:42.7

216	Millie Foakes	Vancouver BC	3418	29 F 30-39	2:14:26.5	2:19:37.0
217	Camilla Enns	Kelowna BC	3410	30 F 20-29	2:14:47.3	2:18:21.9
218	Susie Johnson	Galiano Island BC	3466	24 F 40-49	2:14:58.4	2:18:17.2
219	Jamie Tait	Pilot Butte SK	3602	25 F 40-49	2:15:13.0	2:19:12.5
220	Laura Barnes	Halfmoon Bay BC	5466	26 F 40-49	2:15:19.5	2:18:42.5
221	James Enns	Vancouver BC	5474	10 M 60-69	2:15:25.8	2:18:58.9
222	Juana Darras	Calgary AB	3397	27 F 40-49	2:15:41.6	2:19:20.4
223	Dylan Markley	Vancouver BC	3512	47 M 30-39	2:16:00.2	2:19:45.6
224	Alexandra Davis	White Rock BC	95	30 F 30-39	2:16:08.9	2:19:51.3
225	Karsten Cheng	Burnaby BC	3377	48 M 30-39	2:16:28.1	2:20:03.2
226	Elizabeth Hagearty	Seattle WA	5475	31 F 20-29	2:17:09.3	2:20:53.6
227	Chelsea Morrison	Langley BC	3532	31 F 30-39	2:17:45.6	2:20:53.2
228	Kylie Kumar	Langley Twp BC	3474	32 F 30-39	2:17:47.8	2:24:27.2
229	Naomi Baker	Vancouver BC	3347	33 F 30-39	2:17:52.6	2:23:02.9
230	Alvin Bonifacio	Richmond BC	67	49 M 30-39	2:18:01.6	2:21:46.2
231	Amber Golosky	Fort McMurray AB	3434	34 F 30-39	2:18:11.3	2:21:46.9
232	Bryan Mansinho	Burnaby BC	3508	50 M 30-39	2:18:13.6	2:21:17.9
233	Meaghan Spithoff	Roberts Creek BC	58	28 F 40-49	2:18:17.7	2:21:42.3
234	Daniel Howsham	Maple Ridge BC	3453	24 M 40-49	2:18:54.6	2:22:42.6
235	Jennifer Kiunke	Vancouver BC	3471	35 F 30-39	2:19:08.1	2:22:28.6
236	Mike Doyle	Surrey BC	3403	25 M 40-49	2:19:08.4	2:22:24.6
237	Montana Hauser	Burnaby BC	3448	32 F 20-29	2:19:28.3	2:22:53.5
238	Emelie Johnson	Tsawwassen BC	3465	36 F 30-39	2:19:36.5	2:24:17.8
239	Emma Sullivan	Victoria BC	5482	33 F 20-29	2:19:38.6	2:22:45.3
240	Chris Hardy	Tsawwassen BC	3447	12 M 50-59	2:19:46.7	2:22:59.8
241	Tanja Cvekic	Delta BC	3394	37 F 30-39	2:19:46.9	2:23:00.0
242	Amira Jensen	Kamloops BC	3463	34 F 20-29	2:20:02.2	2:23:40.5
243	Jessica Lovnicki	Vancouver BC	3492	35 F 20-29	2:20:06.2	2:23:10.4
244	Lynne Dueck	Vancouver BC	5493	3 F 60-69	2:20:14.1	2:23:22.7
245	Kesia Watt	Langley Twp BC	3627	2 F 1-19	2:20:18.1	2:23:42.5
246	Cody Rutledge	Langley BC	3572	26 M 40-49	2:20:42.3	2:23:57.5
247	Avory Lai	Richmond Hill ON	3476	36 F 20-29	2:22:04.4	2:25:44.1
248	David Fong	Burnaby BC	3419	13 M 50-59	2:22:04.7	2:25:12.4
249	Noah TOmbe	Hildergrrove BC	5488	37 M 20-29	2:23:03.8	2:26:19.4
250	Miho Friesen	Langley BC	3424	37 F 20-29	2:23:30.0	2:26:47.0
251	Randelle Church	Delta BC	94	38 F 30-39	2:23:46.3	2:27:32.8
252	Katie Walsh	Vancouver BC	3624	38 F 20-29	2:23:49.4	2:27:18.8
253	Kay McGregor	Delta BC	3516	39 F 30-39	2:23:53.6	2:27:06.6
254	Calvin Sandhu	New West BC	5498	38 M 20-29	2:24:10.9	2:27:23.0
255	Karen Michelson	Lake Forest Park WA	3523	40 F 30-39	2:24:16.5	2:31:20.8
256	NITISH SEM	Langley BC	3581	51 M 30-39	2:25:04.7	2:28:53.9
257	Paul Reynolds	Vancouver BC	3561	14 M 50-59	2:25:06.9	2:28:38.4
258	olivia reynolds	Vancouver BC	3560	39 F 20-29	2:25:06.9	2:28:38.3
259	Taylor Vlanich	Fruitvale BC	3622	41 F 30-39	2:25:37.7	2:29:17.4
260	Calvin Wong	Vancouver BC	3635	52 M 30-39	2:25:40.1	2:29:18.0
261	Lisa Aho	Coquitlam BC	12	8 F 50-59	2:26:31.1	2:32:17.4
262	Erica Beard	Delta BC	3353	42 F 30-39	2:26:34.8	2:30:21.3
263	Pierce Dunne	New Westminster BC	3404	53 M 30-39	2:26:36.0	2:29:59.3
264	Trudy Baba	Gibsons BC	59	1 F 70-79	2:27:15.8	2:30:41.0
265	GEORGIANA PETRARU	Burnaby BC	3548	43 F 30-39	2:27:18.4	2:30:54.4
266	Kevin Taylor	Langley BC	3603	15 M 50-59	2:27:33.8	2:32:33.3

267	Danielle Dobson	Prince George BC	100	29 F 40-49	2:28:21.3	2:31:49.2
268	Samantha Anderson	Victoria BC	3337	40 F 20-29	2:28:24.0	2:32:04.5
269	Jerry Fengwei Zhang	Delta BC	3642	39 M 20-29	2:28:39.2	2:32:15.4
270	Becky Thompson	Vancouver BC	3607	44 F 30-39	2:30:07.4	2:36:16.7
271	Kim Ransom	Langley BC	3557	30 F 40-49	2:31:07.9	2:34:42.8
272	Kendra Luckow	North Vancouver BC	3494	41 F 20-29	2:31:37.7	2:35:13.0
273	Sara G Dixon	New Westminster BC	5489	9 F 50-59	2:33:00.5	2:36:51.0
274	Jeanette Lewis	HalfmoonBay BC	3485	31 F 40-49	2:33:18.3	2:36:41.3
275	Christine Lyons	BURNABY BC	3498	32 F 40-49	2:33:32.3	2:36:55.9
276	Morena Mejia	Burnaby BC	5497	33 F 40-49	2:34:04.7	2:37:06.8
277	Brandon Bottrill	Surrey BC	3362	54 M 30-39	2:34:25.9	2:44:39.6
278	jessica Sandberg	Delta BC	3579	42 F 20-29	2:34:45.7	2:38:17.0
279	Liz Jericho	Langley BC	3464	2 F 70-79	2:36:19.1	2:39:47.4
280	Victoria van Gogh	Delta BC	102	45 F 30-39	2:37:54.0	2:41:40.5
281	Karen Faryna	Delta BC	3415	34 F 40-49	2:38:37.3	2:41:56.0
282	Donald Cherniawsky	Edmonton AB	3380	11 M 60-69	2:38:47.0	2:42:13.7
283	Simon Tremblay	Langley BC	3616	40 M 20-29	2:38:59.0	2:42:32.9
284	Izabela Szelest	Penticton BC	3601	35 F 40-49	2:39:51.8	2:43:26.1
285	Thalya Anzheta	Vancouver BC	3341	43 F 20-29	2:40:00.5	2:46:04.1
286	Christie Styffe	Osoyoos BC	3598	46 F 30-39	2:40:45.4	2:44:22.4
287	Jenni Sheppard	Vancouver BC	3587	36 F 40-49	2:40:46.4	2:44:15.3
288	Tim Dang	Burnaby BC	3395	55 M 30-39	2:41:05.0	2:44:26.6
289	Jocelyn Coimbre	Seattle WA	3384	37 F 40-49	2:41:08.3	2:48:14.7
290	Maisie Ryan	Vancouver BC	3574	44 F 20-29	2:41:44.4	2:45:24.1
291	Rick Swinson	Whitby ON	3600	16 M 50-59	2:41:44.5	2:45:24.2
292	Misae Sakaguchi	Surrey BC	3577	38 F 40-49	2:42:59.4	2:46:43.2
293	Valeria Torres	Vancouver BC	3614	45 F 20-29	2:43:55.8	2:47:24.9
294	Junyu Chen	Vancouver BC	75	56 M 30-39	2:45:37.3	2:45:42.6
295	Kayla Margawang	Burnaby BC	3510	46 F 20-29	2:45:40.2	2:49:04.4
296	emma cairnie	Langley BC	3373	47 F 20-29	2:48:11.0	2:51:22.5
297	Taryn Roberts	Coquitlam BC	3563	39 F 40-49	2:48:25.1	2:52:51.5
298	Kerry Werry	Coquitlam BC	3628	12 M 60-69	2:49:30.6	2:52:43.8
299	Julie WERRY	Coquitlam BC	3629	10 F 50-59	2:49:31.3	2:52:43.8
300	Ramanpreet Sadhra	Surrey BC	3576	47 F 30-39	2:49:57.4	3:00:09.3
301	Molleen Shilliday	White Rock BC	3588	40 F 40-49	2:50:52.7	2:54:25.5
302	Mei-ling Wiedmeyer	Vancouver BC	3632	41 F 40-49	2:52:48.3	2:57:49.0
303	Rita McCracken	Vancouver BC	3515	11 F 50-59	2:52:49.2	2:57:49.0
304	Erin Bunting	Vancouver BC	3370	48 F 30-39	2:52:50.7	3:01:54.1
305	Janice Thomas	Coquitlam BC	3606	49 F 30-39	2:54:12.9	2:57:50.2
306	Alison Obrecht	Delta BC	3541	12 F 50-59	3:02:12.7	3:06:02.3
307	Shalini Singh	Surrey BC	3591	50 F 30-39	3:03:54.7	3:07:00.4
308	Carlo Michetti	Delta BC	3524	17 M 50-59	3:05:26.6	3:09:17.5
309	Kalpana Karadkhedkar	Vancouver BC	5486	13 F 50-59	3:07:41.8	3:10:58.0
310	Michael MacDonald	White Rock BC	3499	27 M 40-49	3:07:52.4	3:08:28.5
311	Emily Empey	Surrey BC	3409	48 F 20-29	3:08:06.1	3:11:32.2
312	Maria Khachfi	Coquitlam BC	3468	51 F 30-39	3:21:08.4	3:24:43.0
10K						
Place	Name	City	Bib No	Age Group	Chip Time	Gun Time
1	Ryan Boulter	Burnaby BC	4585	1 M 40-49	38:26.0	44:26.2
2	Matt MacMillan	Delta BC	4686	2 M 40-49	41:54.5	48:26.2

3	Kenny Bjornstad	Abbotsford BC	4578	3 M 40-49	42:57.8	48:57.8
4	Ariel Jose	Abbotsford BC	4654	1 F 1-19	43:09.8	49:09.6
5	Geoff Pakiam	West Vancouver BC	9	4 M 40-49	44:00.3	50:04.8
6	Kevin Heinze	Mission BC	4642	1 M 50-59	44:47.2	50:47.6
7	Brian Way	Vancouver BC	5545	5 M 40-49	44:58.4	51:01.1
8	Harry Crerar	North Vancouver BC	5548	1 M 20-29	46:01.6	52:18.4
9	Lisa Yarmoshuk	Surrey BC	4761	1 F 50-59	46:05.5	52:06.4
10	Samuel Martineau	Whitehorse YT	4690	1 M 30-39	46:09.0	52:18.6
11	Jennifer Kits	Langley BC	5522	1 F 20-29	46:27.3	52:28.2
12	Nathan Ling	Coquitlam BC	4679	2 M 20-29	48:02.7	54:07.9
13	Patrick Grygorczuk	Surrey BC	4635	2 M 30-39	48:08.4	54:27.1
14	Ryan Le Grice	Surrey BC	4672	6 M 40-49	49:24.2	55:28.2
15	Michael Binning	Vancouver BC	4576	3 M 30-39	49:51.2	56:43.5
16	Lily Tolhurst	Vancouver BC	5564	1 F 0-0	50:03.3	1:01:32.6
17	Keith Tolhurst	Vancouver BC	5563	1 M 0-0	50:03.5	1:01:32.6
18	Kristin Swihart	Lethbridge AB	5558	1 F 40-49	50:03.9	56:10.2
19	Levi Halladay	White Rock BC	5518	1 M 1-19	50:09.3	56:34.0
20	Marnie Giblin	North Vancouver BC	4630	2 F 40-49	50:48.8	56:50.6
21	Matthew Neufeld	Delta BC	5532	2 M 1-19	51:02.6	57:23.2
22	Chris Trudel	Tsawwassen BC	5544	2 M 50-59	51:07.0	57:28.0
23	Nathan Nottingham	New Westminster BC	4710	7 M 40-49	52:05.4	58:57.2
24	Mike Simpson	Delta BC	4743	4 M 30-39	52:32.1	58:50.3
25	Patrick Ni	Coquitlam BC	4709	3 M 50-59	52:32.6	59:32.1
26	Marc Ballard	North Vancouver BC	5554	8 M 40-49	53:07.8	59:59.6
27	REBECCA LOYO MAYO	Lions Bay BC	4680	1 F 30-39	53:17.4	59:20.2
28	Ashley Burgess	Vancouver BC	4590	2 F 30-39	53:51.5	1:00:02.6
29	Andrew Laing	Surrey BC	4669	5 M 30-39	53:54.1	1:00:11.7
30	Alia Kallo	Delta BC	5520	3 F 30-39	54:02.5	1:00:17.7
31	Abby Wang	Delta BC	5553	3 F 40-49	54:10.3	1:00:15.0
32	Kent Hartshorn	Surrey BC	4639	1 M 60-69	54:14.7	1:00:50.8
33	David Lutman	North Vancouver BC	5524	3 M 20-29	54:15.6	1:00:19.8
34	Mitch Ellis	New Westminster BC	4617	9 M 40-49	54:22.0	1:01:13.4
35	Megan Tilbury	Abbotsford BC	5561	4 F 40-49	54:30.0	1:00:36.1
36	Marie Blair	Port Moody BC	4580	1 F 60-69	54:31.3	1:00:33.9
37	Kyna Reisdorf	Langley Twp BC	4730	2 F 50-59	54:37.2	1:00:44.4
38	Calen Khouri	Burnaby BC	4657	3 M 1-19	54:38.6	1:00:55.9
39	Thomas Poda	Ladner BC	4720	6 M 30-39	54:41.8	1:05:46.0
40	Ben Liva	Pitt Meadows BC	5523	10 M 40-49	54:44.0	1:01:20.7
41	Chris Tilbury	Abbotsford BC	5560	11 M 40-49	54:50.7	1:00:57.1
42	Bianca Magdangal	Richmond BC	5525	2 F 20-29	54:52.5	1:00:57.9
43	Marie-Geo Sato	Vancouver BC	5539	3 F 20-29	54:52.6	1:00:57.9
44	Samantha Andison	Vancouver BC	5510	4 F 20-29	54:56.5	1:01:00.6
45	Matt Stephenson	Regina SK	3595	7 M 30-39	55:00.0	1:01:30.2
46	Bob Deeks	Whistler BC	118	2 M 60-69	55:06.5	1:01:37.9
47	Marie-Anne Prevost	Whistler BC	117	3 F 50-59	55:19.9	1:01:51.6
48	DeeDee Ryan	Vancouver BC	4735	4 F 30-39	55:28.2	1:01:41.2
49	Jim Brassat	Surrey BC	4587	12 M 40-49	55:28.2	1:01:41.2
50	Tabitha Dorn	Issaquah WA	4612	5 F 20-29	55:31.0	1:01:39.2
51	Johnny Cheong	Osoyoos BC	4597	8 M 30-39	55:37.7	1:01:44.1
52	Kyla Townsend	VANCOUVER BC	5543	5 F 30-39	55:42.2	1:02:23.2
53	Sasha Brunke	Surrey BC	4589	2 F 1-19	55:42.2	1:02:02.1

54	Julia Burgess	Vancouver BC	4591	6 F 30-39	55:45.0	1:04:32.3
55	Daniel Cooke	Coquitlam BC	4603	4 M 20-29	55:50.8	1:02:10.1
56	Suki Aujla	Surrey BC	4570	5 F 40-49	55:52.1	1:02:25.2
57	Melanie Hennessey	Port Moody BC	5552	6 F 40-49	55:53.2	1:01:57.6
58	NIDHI Mysuria	Vancouver BC	4707	7 F 30-39	55:54.9	1:02:07.9
59	Dave Probyn	Tsawwassen BC	4722	3 M 60-69	56:09.4	1:02:20.7
60	Mark Rankin	Surrey BC	4726	4 M 60-69	56:22.5	1:02:32.2
61	NEIL MINA	SURREY BC	4699	13 M 40-49	56:23.2	1:02:32.8
62	Sarah McIntosh	Delta BC	4695	8 F 30-39	56:56.5	1:06:21.9
63	Sarah McIntosh	Richmond BC	4694	7 F 40-49	57:02.4	1:03:07.8
64	Kevan McIntosh	Richmond BC	2493	4 M 50-59	57:05.1	1:06:31.6
65	Sukhpal Dulay	Richmond BC	4614	4 F 50-59	57:05.6	1:03:13.9
66	Karen Wighton	Richmond BC	4757	8 F 40-49	57:07.5	1:06:31.2
67	Katie Luehmann	Vancouver BC	4682	9 F 30-39	57:11.4	1:03:31.9
68	Rachel Gysbers	Vancouver BC	4636	10 F 30-39	57:14.6	1:03:35.2
69	Glenn Van As	North Vancouver BC	4753	5 M 60-69	57:16.7	1:03:17.7
70	Jordan Ferdinands	Surrey BC	4621	9 M 30-39	57:22.9	1:03:26.5
71	Tavish Lew	Delta BC	4676	14 M 40-49	57:23.2	1:03:27.0
72	katharine wigzell	Surrey BC	4758	5 F 50-59	57:25.7	1:03:50.6
73	Clare Morrison	Burnaby BC	4701	6 F 50-59	57:32.0	1:03:46.7
74	Nagisa Fukuoka	Port Moody BC	4628	11 F 30-39	57:38.7	1:03:46.0
75	Aimee Rai	Burnaby BC	4724	9 F 40-49	57:39.4	1:04:13.6
76	Esther Breriere	Langley BC	5550	6 F 20-29	57:55.5	1:04:22.2
77	Fernanda Pizzolatto	New Westminster BC	4719	12 F 30-39	57:58.5	1:08:18.7
78	Steven Carreiro	Surrey BC	4592	15 M 40-49	58:00.0	1:04:26.4
79	geshia flores	Port Coquitlam BC	4625	10 F 40-49	58:00.9	1:07:26.2
80	Sean Boczulak	Vancouver BC	4581	5 M 20-29	58:11.6	1:21:26.3
81	Lisa Hamar	Chilliwack BC	4638	7 F 50-59	58:12.4	1:04:33.5
82	Stella Fehr	North Vancouver BC	4620	3 F 1-19	58:14.8	1:04:37.4
83	Fred Matta	Port Moody BC	5527	16 M 40-49	58:18.0	1:05:04.9
84	Matthew Hofman	Coquitlam BC	4647	10 M 30-39	58:37.3	1:05:06.7
85	Jerome Zhou	West vancouver BC	4763	17 M 40-49	58:40.3	1:02:33.8
86	Yuha Kobayakawa	Richmond BC	4663	7 F 20-29	58:42.4	1:04:49.7
87	Josh Singh	Vancouver BC	4745	11 M 30-39	59:03.5	1:05:32.3
88	Wojtal Dominika	Windsor ON	5547	8 F 20-29	59:16.3	1:05:35.3
89	Kristina Pearson	West Kelowna BC	4717	13 F 30-39	59:27.4	1:05:42.4
90	Kristal Maxim	New Westminster BC	4691	14 F 30-39	59:34.4	1:05:48.7
91	Japhet Jemina	Richmond BC	5519	6 M 20-29	59:39.1	1:05:48.1
92	Justine Mallou	Richmond BC	5526	15 F 30-39	59:39.3	1:05:48.0
93	Stephen Khouri	Burnaby BC	4659	18 M 40-49	59:51.2	1:06:09.8
94	May Zhuang	Westvancouver BC	4764	11 F 40-49	1:00:16.7	1:04:10.6
95	Kristina Ohrn	Vancouver BC	4711	16 F 30-39	1:00:20.8	1:06:35.4
96	Perry Cook	Burnaby BC	4602	5 M 50-59	1:00:48.2	1:07:00.3
97	YOON GU SEOK	Burnaby BC	4738	6 M 50-59	1:00:57.1	1:08:13.3
98	Laine Tadey	North Vancouver BC	5541	9 F 20-29	1:01:00.8	1:07:17.5
99	Amar Johal	Vancouver BC	4652	12 F 40-49	1:01:16.9	1:07:25.4
100	Catalin-Gabriel Clapon	Vancouver BC	4600	19 M 40-49	1:01:17.2	1:12:39.3
101	Cathy Lehwald	Surrey BC	4675	2 F 60-69	1:01:27.2	1:07:32.1
102	Liz Graham	Surrey BC	5517	8 F 50-59	1:01:33.5	1:07:40.7
103	Racheal Sedgley	Surrey BC	5540	13 F 40-49	1:01:33.8	1:07:40.9
104	Gavin Myers	Vancouver BC	3538	12 M 30-39	1:01:45.8	1:08:10.9

105	Balbir Chohan	Surrey BC	5512	1 M 70-79	1:02:06.9	1:08:25.6
106	John O'Brien	Surrey BC	5551	6 M 60-69	1:02:12.3	1:09:41.2
107	Kate Orchard	Anmore BC	4713	14 F 40-49	1:02:17.6	1:08:28.2
108	Emily Klimchuk	Surrey BC	4660	17 F 30-39	1:02:21.0	1:08:42.7
109	Ann Lee	Metro Vancouver BC	4674	9 F 50-59	1:02:26.0	1:08:50.3
110	Peter Donaldson	Surrey BC	4611	7 M 60-69	1:02:45.7	1:09:10.3
111	James O'Hara	Surrey BC	5534	7 M 20-29	1:02:48.6	1:09:05.8
112	haleh magnus	Surrey BC	3504	15 F 40-49	1:02:49.5	1:06:18.4
113	Kristine Fiala	Maple Ridge BC	4622	10 F 50-59	1:02:50.4	1:09:05.3
114	Dan Parcels	Victoria BC	5536	13 M 30-39	1:02:59.7	1:09:38.2
115	Lee Seefeldt	Alvin TX	4737	11 F 50-59	1:03:01.8	1:11:26.7
116	Robert Carreiro	Surrey BC	5562	7 M 50-59	1:03:02.6	1:09:29.0
117	Brodie Simpkins	Richmond BC	4742	8 M 20-29	1:03:03.7	1:09:30.7
118	Mike Reeves	Surrey BC	4729	20 M 40-49	1:03:19.1	1:09:54.0
119	Connor Green	Langley BC	5549	9 M 20-29	1:03:21.4	1:09:24.5
120	Jessie Green	Langley BC	4633	10 F 20-29	1:03:21.5	1:09:24.5
121	Maria Driver	Victoria BC	4613	18 F 30-39	1:03:22.7	1:09:28.2
122	Lucas Khouri	Burnaby BC	4658	4 M 1-19	1:03:39.4	1:09:57.6
123	Loretta Janz	Vancouver BC	4650	12 F 50-59	1:03:43.0	1:09:57.2
124	Chris Chan	Delta BC	4595	8 M 50-59	1:03:46.6	1:10:31.9
125	Veronique Bois	Vancouver BC	4582	19 F 30-39	1:03:54.8	1:10:17.1
126	Sarah THORNE	ABBOTSFORD BC	97	20 F 30-39	1:04:10.1	1:10:56.4
127	Samantha Paul	Victoria BC	4716	21 F 30-39	1:04:10.5	1:10:11.8
128	Rambo Snyder	Vancouver BC	4747	14 M 30-39	1:04:29.7	1:10:57.9
129	Kaitlyn Fox	Vancouver BC	4626	22 F 30-39	1:04:29.7	1:10:57.6
130	Christine Libby	Delta BC	4678	23 F 30-39	1:04:42.3	1:10:49.8
131	Emily Ellis	Delta BC	4616	24 F 30-39	1:04:50.8	1:11:22.2
132	Christina Kumar	New Westminster BC	4666	25 F 30-39	1:04:51.5	1:11:05.7
133	Nadine Nutbrown	ABBOTSFORD BC	63	3 F 60-69	1:04:54.5	1:11:41.0
134	Nicole Kosmyinka	Delta BC	121	4 F 60-69	1:04:54.8	1:11:41.2
135	Leah Chapman	Delta BC	4596	16 F 40-49	1:04:57.5	1:11:00.4
136	Jillian Lucas	Surrey BC	4681	11 F 20-29	1:05:17.2	1:11:39.2
137	Gil Jas		5556	17 F 40-49	1:05:18.6	1:11:17.6
138	Harald Bosshart	Vancouver BC	4584	8 M 60-69	1:05:31.4	1:11:54.3
139	Lea Betsworth	Surrey BC	4575	26 F 30-39	1:05:33.7	1:12:19.8
140	Christiane Hodson	Surrey BC	4645	18 F 40-49	1:05:35.8	1:11:55.6
141	Allison Hawkins	Tsawwassen BC	4640	27 F 30-39	1:05:42.5	1:12:11.9
142	Tiffany Cherry	Delta BC	4598	19 F 40-49	1:05:51.0	1:12:11.0
143	Morris Labelle	Howick QC	4667	9 M 60-69	1:06:15.9	1:12:39.2
144	Shelley Olafson	Cultus Lake BC	4712	13 F 50-59	1:06:32.2	1:12:53.9
145	Shanthy Jabarayah		5557	20 F 40-49	1:06:43.2	1:12:42.2
146	Bonnie McAvoy	Chilliwack BC	4692	14 F 50-59	1:07:05.1	1:13:28.0
147	Charlotte Goldenberg	Roberts Creek BC	5516	15 F 50-59	1:07:19.0	1:13:28.1
148	Emma Fleeton	Vancouver BC	4623	21 F 40-49	1:07:21.6	1:13:37.0
149	Kathryn Pierce	Garibaldi Highlands BC	4718	28 F 30-39	1:08:01.5	1:14:28.7
150	Nicole Lagura	Surrey BC	4668	12 F 20-29	1:08:07.5	1:14:07.7
151	Harman Dhanoa	Richmond BC	4610	22 F 40-49	1:08:09.2	1:14:16.9
152	Loree Tadey	North Vancouver BC	4750	16 F 50-59	1:08:10.5	1:14:26.7
153	Iqbal Malhi	Surrey BC	4687	23 F 40-49	1:08:36.6	1:15:12.2
154	Kate Williamson	Vancouver BC	4759	24 F 40-49	1:08:44.4	1:15:39.6
155	Navdeep Dhaliwal	Langley BC	4609	10 M 20-29	1:08:46.0	1:18:54.0

156	Meghan Doll	Port Coquitlam BC	5514	29 F 30-39	1:08:55.3	1:15:38.9
157	Olga Broschova	North Vancouver BC	4588	25 F 40-49	1:09:17.6	1:16:08.4
158	Shane Meister	North Vancouver BC	4698	9 M 50-59	1:09:18.8	1:16:08.3
159	Vaughn Hodson	Surrey BC	4646	21 M 40-49	1:09:21.4	1:15:41.6
160	Reshena Puri	New Westminster BC	4723	26 F 40-49	1:09:34.7	1:16:10.0
161	Deanne Corbett	Surrey BC	4604	30 F 30-39	1:09:48.0	1:16:26.0
162	Os Osman	Enfield ENFIELD	4714	10 M 50-59	1:09:56.8	1:16:00.5
163	Taija Caya	Langley BC	4593	31 F 30-39	1:10:29.7	1:17:56.5
164	Nancy George	Delta BC	114	27 F 40-49	1:10:38.8	1:16:41.0
165	Ryan George	Delta BC	113	11 M 50-59	1:10:40.9	1:16:42.6
166	Rosemary Fleming	Surrey BC	4624	5 F 60-69	1:10:41.3	1:16:54.5
167	Hillary York	Vancouver BC	5546	32 F 30-39	1:10:43.7	1:19:14.7
168	Marcel Frentiu	Coquitlam BC	119	12 M 50-59	1:11:07.9	1:17:16.4
169	Crystal Li	Vancouver BC	5565	33 F 30-39	1:11:25.5	1:18:40.3
170	Karmen Gill	Langley BC	5515	13 F 20-29	1:11:28.9	1:18:13.2
171	Pam Probyn	Delta BC	4721	17 F 50-59	1:11:33.7	1:17:58.4
172	Samantha Munns	Tsawwassen BC	4705	34 F 30-39	1:11:34.8	1:17:45.1
173	Karie Hawthorne	Langley BC	4641	28 F 40-49	1:12:18.4	1:18:37.2
174	Andrea Grice	Langley BC	4634	29 F 40-49	1:12:18.7	1:18:37.2
175	Jennifer Kools	Langley BC	4664	30 F 40-49	1:12:18.9	1:18:36.9
176	Samantha Corbeil-Nelson	Surrey BC	5513	14 F 20-29	1:12:45.7	1:19:10.5
177	Elisa Rodrigues	Burnaby BC	4733	35 F 30-39	1:12:55.9	1:19:36.7
178	Rabia Sidhu	Delta BC	4741	36 F 30-39	1:13:01.8	1:20:06.9
179	Randeep Dhaliwal	Langley BC	4608	11 M 20-29	1:13:10.3	1:23:18.1
180	Danielle Jorgensen	Delta BC	4653	31 F 40-49	1:13:23.9	1:19:37.8
181	Ikjot Rai	Vancouver BC	4725	37 F 30-39	1:13:51.4	1:20:04.2
182	Rod Robertson	Vancouver BC	4732	10 M 60-69	1:13:56.6	1:20:12.8
183	Margaret Robertson	Gambier Island BC	4731	18 F 50-59	1:13:58.9	1:20:12.5
184	Kathy Knudson	Delta BC	4661	6 F 60-69	1:14:03.0	1:20:19.4
185	Dave Knudson	Delta BC	4662	11 M 60-69	1:14:03.1	1:20:19.4
186	Randy Neufoldt	Surrey BC	5559	12 M 60-69	1:14:18.9	1:20:49.2
187	Michelle Pride	Port Coquitlam BC	5537	19 F 50-59	1:14:47.2	1:21:08.7
188	Roxanne Soliven	Coquitlam BC	4748	15 F 20-29	1:14:52.3	1:25:41.3
189	David Sevdianishvili	Surrey BC	5566	15 M 30-39	1:14:52.4	1:25:41.7
190	Cassidy Kennedy	Whistler BC	4656	38 F 30-39	1:15:03.9	1:21:31.2
191	Brenda Sierpina	Surrey BC	111	32 F 40-49	1:15:10.3	1:21:44.4
192	Natalie Gagnon	Richmond BC	4629	39 F 30-39	1:15:32.3	1:21:43.1
193	Clyde Rong	Richmond BC	4734	16 M 30-39	1:15:32.9	1:21:43.9
194	Praiya Rasmidatta	Vancouver BC	4728	16 F 20-29	1:15:38.7	1:22:32.0
195	Karen Kovach	Vancouver BC	4665	20 F 50-59	1:15:40.5	1:22:33.7
196	Mao Akagi	White Rock BC	4567	17 F 20-29	1:15:52.6	1:22:26.0
197	Tal Wiczorek	White Rock BC	4756	12 M 20-29	1:15:52.7	1:22:26.1
198	Natalia Comte	West Vancouver BC	4601	4 F 1-19	1:15:54.6	1:21:56.7
199	Ana Suarez	West Vancouver BC	4749	40 F 30-39	1:15:55.4	1:21:57.5
200	Iknoor Atwal	Surrey BC	4569	18 F 20-29	1:16:14.5	1:26:24.3
201	Kevin Enstedt	New Westminster BC	4618	13 M 20-29	1:16:15.3	1:22:56.9
202	Riya Chak	Vancouver BC	4594	41 F 30-39	1:16:23.6	1:22:49.5
203	Hayley Halladay	Surrey BC	4637	42 F 30-39	1:16:46.0	1:23:13.5
204	Sydney Turner	White Rock BC	4752	43 F 30-39	1:16:51.8	1:23:17.3
205	Manvinder Bains	Surrey BC	4571	44 F 30-39	1:17:36.0	1:26:40.0
206	Pamela Blackmon	Surrey BC	4579	7 F 60-69	1:18:05.8	1:24:36.6

207	Lauren Dun	Brier WA	4615	45 F 30-39	1:20:31.0	1:26:50.5
208	Megan Holland	Maple ridge BC	4648	33 F 40-49	1:20:49.2	1:27:27.3
209	Brittany Enstedt	New Westminster BC	4619	19 F 20-29	1:20:50.8	1:27:33.3
210	Namrita Dhaliwal	Kelowna BC	4606	46 F 30-39	1:21:49.2	1:28:12.6
211	James Andrew	Garibaldi Highlands BC	4568	13 M 50-59	1:22:08.1	1:28:45.0
212	Billie Jeanne Sinclair	Burnaby BC	4744	47 F 30-39	1:22:15.8	1:30:53.5
213	Kelley Young	Coquitlam BC	4762	34 F 40-49	1:22:19.8	1:29:29.8
214	Steven Beishuizen	Port Coquitlam BC	4574	22 M 40-49	1:22:59.5	1:29:30.6
215	Krista Ranta	Delta BC	4727	35 F 40-49	1:22:59.8	1:29:25.8
216	Nav Dhaliwal	Delta BC	4607	36 F 40-49	1:23:07.7	1:29:34.1
217	Jessie Momrath	Burnaby BC	4700	37 F 40-49	1:23:14.4	1:29:53.0
218	Diane Wolf	Vancouver BC	4760	20 F 20-29	1:23:22.0	1:30:06.5
219	Tonya Ho	Maple Ridge BC	4644	48 F 30-39	1:24:01.1	1:30:38.5
220	Evelynn Ioannidis		5555	8 F 60-69	1:24:39.6	1:30:38.6
221	Cecilia Taylor	Surrey BC	5542	9 F 60-69	1:25:12.7	1:34:21.5
222	Julie Cormier	Delta BC	4605	10 F 60-69	1:25:13.1	1:34:21.8
223	Danna Mckenzie	Port Coquitlam BC	4696	38 F 40-49	1:26:04.1	1:32:34.6
224	Lindsay Parcels	Calgary AB	5535	13 M 60-69	1:29:13.9	1:35:55.3
225	Gail Hickey	North delta BC	4643	39 F 40-49	1:32:34.9	1:39:20.7
226	Genevieve Friesen	Surrey BC	4627	40 F 40-49	1:32:35.0	1:39:21.2
227	Leanne Booth	Surrey BC	4583	11 F 60-69	1:35:22.2	1:45:14.9
228	Bonnie Keith	Pasadena TX	4655	12 F 60-69	1:36:36.0	1:44:58.6
229	Ryan Morwick	Coquitlam BC	4702	17 M 30-39	1:37:41.3	1:44:25.5
230	Amanda Morwick	Coquitlam BC	4703	49 F 30-39	1:37:41.5	1:44:25.6
231	Lindsay Jackiw	Regina SK	4649	41 F 40-49	1:39:11.7	1:45:59.2
232	Anita Beishuizen	Port Coquitlam BC	4573	42 F 40-49	1:46:09.4	1:52:39.7
233	BettyAnn Chorpita	Surrey BC	4599	1 F 70-79	1:49:08.8	1:59:09.7
234	Sheila McCrea	Langley BC	4693	2 F 70-79	1:49:08.8	1:59:09.6
235	Rosemary Sciberras	Chilliwack BC	4736	50 F 30-39	2:04:00.4	2:10:45.9
5K						
Place	Name	City	Bib No	Age Group	Chip Time	Gun Time
1	Kelly Keats	Vancouver BC	2475	1 M 1-19	19:04.0	28:04.8
2	Brandon Figueroa	New westminster BC	2458	1 M 20-29	19:08.6	28:09.2
3	Faisal Al-Assadi	Vancouver BC	2430	2 M 20-29	19:43.8	28:44.9
4	Caelan McPherson	Delta BC	2496	2 M 1-19	20:41.9	29:43.6
5	Ashley Windsor	Port Coquitlam BC	5599	1 F 20-29	20:43.5	29:44.4
6	Pierre Chan	Vancouver BC	16	1 M 40-49	21:07.1	30:08.6
7	Joanna Maclean	vancouver BC	2485	1 F 40-49	21:38.9	31:04.5
8	Brendan Wong	Burnaby BC	2528	2 M 40-49	21:39.6	31:04.5
9	Edward Hollinshead	Port Coquitlam BC	2468	1 M 30-39	21:42.9	30:45.4
10	Erin Keats	Vancouver BC	2476	3 M 40-49	21:46.1	30:47.4
11	Adrienne Roos	North Vancouver BC	2512	1 F 30-39	22:24.1	31:48.7
12	Greg McPherson	Delta BC	2495	1 M 50-59	23:14.3	32:16.4
13	Malcolm Lindquist	Victoria BC	5587	3 M 1-19	23:14.4	32:15.4
14	Michelle Edwards	Langley BC	2455	2 F 30-39	24:16.3	33:17.7
15	Matthew Kutarna	Langley BC	2482	2 M 30-39	25:23.0	34:39.3
16	Edmond Yeung	Burnaby BC	2529	3 M 30-39	25:33.6	34:51.1
17	Jessica Lau	Vancouver BC	5585	3 F 30-39	25:58.7	35:25.3
18	Jesse Tock	New Westminster BC	2519	4 M 40-49	26:08.1	35:10.4
19	Zachary Kaltenbacher	Delta BC	2472	4 M 1-19	26:54.8	36:00.1

20	Jason Jones	Delta BC	2471	2 M 50-59	26:55.7	36:06.3
21	Andie Hale	Surrey BC	2464	4 M 30-39	26:56.6	46:49.5
22	Patrick Walsh	Barrie ON	2525	3 M 20-29	27:12.3	36:17.2
23	Calla Abbott	Langley BC	2428	2 F 20-29	27:27.3	36:58.3
24	Karen Sierpina	Surrey BC	2516	1 F 50-59	27:29.5	36:30.8
25	Daniel Jenkins	Port Moody BC	124	5 M 30-39	27:36.0	36:43.0
26	Dean McCullough	Delta BC	2492	1 M 60-69	27:37.9	36:59.1
27	Charlie Fletcher	Vancouver BC	125	4 F 30-39	28:57.3	38:04.1
28	Anna Visscher	Langley BC	2524	1 F 1-19	29:00.9	38:07.7
29	Jordan Wesley Moore	Vancouver BC	103	6 M 30-39	29:21.8	38:32.8
30	Scott Adams	Littleton CO	5572	5 M 40-49	29:30.5	39:08.3
31	Katie Visscher	Langley BC	2523	2 F 40-49	29:41.5	38:48.3
32	Bride Leahey	Vancouver BC	5601	3 F 40-49	29:42.7	39:00.0
33	Jason McLaren	Vancouver BC	2494	6 M 40-49	29:45.5	39:17.9
34	Warner Blom	Delta BC	5575	3 M 50-59	29:47.8	38:54.0
35	Rachel Reilly	Surrey BC	2510	5 F 30-39	29:56.1	39:07.0
36	Jennifer Allen	West Kelowna BC	2431	2 F 50-59	30:02.1	39:24.8
37	Emily Calder	Whiterock BC	2442	3 F 20-29	30:12.7	39:13.8
38	Ryan Lee	Coquitlam BC	5586	4 M 20-29	30:37.5	40:14.3
39	Angela Schweers	Langley BC	71	3 F 50-59	30:44.2	39:55.0
40	Devon Matson	Delta BC	5588	4 F 20-29	30:47.5	39:56.2
41	Jackie MacDonald	Langley BC	4685	4 F 40-49	31:03.1	37:45.6
42	Renee Iaci	Delta BC	2470	4 F 50-59	31:14.7	40:22.7
43	Anna Latinovic	Toronto ON	5592	5 F 20-29	31:15.9	40:20.0
44	Scott Graham	Surrey BC	2463	7 M 40-49	31:26.0	40:37.6
45	Paul Sullivan	Tsawwassen BC	5598	4 M 50-59	31:39.3	38:31.5
46	Jim Sandor	North Vancouver BC	2513	2 M 60-69	31:58.3	41:01.9
47	Norma Mah	Delta BC	2486	5 F 50-59	31:59.6	41:22.7
48	Andreas Tan	Langley BC	2518	7 M 30-39	32:03.9	41:35.5
49	Michelle Kent	Delta BC	2477	5 F 40-49	32:05.5	41:21.7
50	Susan Edmondson	Surrey BC	5	6 F 50-59	32:09.3	41:51.1
51	Christy Murtagh	Surrey BC	2499	7 F 50-59	32:43.2	42:15.6
52	Amy Koldyke	Highlands Ranch CO	2481	8 F 50-59	33:25.4	43:03.7
53	Jacqueline Yeo	Port Coquitlam BC	5594	9 F 50-59	33:40.0	43:17.6
54	Dorothy Angell	Howick QC	2432	1 F 70-79	33:40.5	42:46.9
55	Leslie Forbes	Delta BC	2460	10 F 50-59	33:50.5	43:10.3
56	Dan Scarr	Delta BC	2514	3 M 60-69	34:02.9	43:27.1
57	Jessica Brummell	Vancouver BC	2440	6 F 40-49	34:07.6	43:25.4
58	Sylvia McCullough	Delta BC	2491	1 F 60-69	34:30.2	43:52.8
59	Shelley Lee	Delta BC	2483	2 F 60-69	34:38.3	44:01.5
60	Grant Vegsund	Burnaby BC	5595	5 M 50-59	34:40.8	44:16.8
61	Colton Heard	Coquitlam BC	5581	5 M 20-29	34:42.5	44:18.8
62	Jennifer Nicholls	Burnaby BC	2501	11 F 50-59	35:01.8	44:27.7
63	Brette Barreiros	Langley BC	2434	7 F 40-49	35:03.8	44:09.5
64	Lisa Latondress	Maple Ridge BC	5584	8 F 40-49	35:24.8	44:52.1
65	Annie Chang	Seattle WA	2444	6 F 30-39	35:41.0	45:01.4
66	Mellissa Choi	Burnaby BC	2445	9 F 40-49	35:41.6	44:59.6
67	Devon Edmundson	Saanichton BC	2453	10 F 40-49	35:52.9	44:57.0
68	Eadie Kaltenbacher	Delta BC	2473	11 F 40-49	36:23.4	45:36.5
69	Sydney Pearson	Surrey BC	2504	6 F 20-29	36:27.6	45:41.0
70	Jazmine Mayugba	Barrie ON	2489	7 F 20-29	36:42.5	45:47.3

71	Michelle Ward	surrey BC	5591	7 F 30-39	36:48.3	46:04.1
72	Christine Klukas	Delta BC	2479	3 F 60-69	37:29.5	46:51.6
73	David Balfour	Vancouver BC	2433	8 M 30-39	37:48.5	46:58.9
74	Sarah Birkbeck	Port Moody BC	2437	8 F 20-29	38:38.6	58:33.4
75	Carly Suderman	Surrey BC	2517	8 F 30-39	38:44.4	47:50.1
76	Pamela Bean	Delta BC	2435	12 F 40-49	39:08.8	48:14.2
77	Kylie Morgan	Port Moody BC	5530	9 F 30-39	39:26.4	50:13.3
78	Hadia Cooper	Vancouver BC	2448	10 F 30-39	39:53.4	49:17.4
79	Brian Koldyke	Highlands Ranch CO	2480	6 M 50-59	39:59.1	49:39.6
80	Shawn Kent	Delta BC	2478	8 M 40-49	40:00.2	49:16.8
81	Vicky Chungtuyco	Lacey WA	2446	12 F 50-59	40:46.8	49:49.5
82	Pat Hayward	Victoria BC	5580	4 F 60-69	41:02.8	50:37.9
83	Kory Berikoff	Surrey BC	2436	6 M 20-29	41:11.5	50:18.1
84	Tiffany Gilkerson	VANCOUVER BC	2462	9 F 20-29	41:11.9	50:18.2
85	Kevin Dobb	Nanaimo BC	5579	4 M 60-69	41:43.2	50:58.0
86	Vanessa Puray	Tsawwassen BC	2508	11 F 30-39	42:09.0	51:37.9
87	Rene Christophe Puray	Tsawwassen BC	2507	9 M 30-39	42:09.8	51:38.1
88	Kathryn Donnelly	Surrey BC	2451	5 F 60-69	43:07.2	52:17.5
89	Trish Jones	Surrey BC	5582	13 F 50-59	43:38.0	53:10.9
90	Heather Matson	Delta BC	2488	14 F 50-59	43:38.9	52:49.0
91	Anshul Bhatnagar	Tsawwassen BC	5593	10 M 30-39	45:53.5	54:57.6
92	Suzanne Torjek	Port Coquitlam BC	2520	6 F 60-69	45:56.7	55:31.0
93	Shana Pratt	Burnaby BC	30	15 F 50-59	45:58.1	55:32.0
94	Shana Pratt	Burnaby BC	2505	16 F 50-59	45:58.3	55:32.2
95	Erin Bissell	North Vancouver BC	2438	13 F 40-49	46:52.8	56:11.0
96	Heather Newman	Surrey BC	2500	14 F 40-49	47:34.4	56:50.0
97	Debra Kato	Vancouver BC	2474	7 F 60-69	47:51.3	56:51.3
98	John Forbes	Delta BC	2461	7 M 50-59	47:55.7	57:16.1
99	Dawn Fitzpatrick	DELTA BC	2459	17 F 50-59	48:03.4	57:13.1
100	Johanna Hemenway	Surrey BC	2466	15 F 40-49	48:53.3	58:13.0
101	Nicole Cecil	Highlands Ranch CO	5576	18 F 50-59	49:03.2	58:53.2
102	Allison Adams	Littleton CO	5573	16 F 40-49	49:03.9	58:53.8
103	Jennifer Mell	Highlands Ranch CO	2497	17 F 40-49	49:03.9	58:52.9
104	Rheanna Halliday	Delta BC	2465	18 F 40-49	50:15.0	59:30.7
105	Kathy McCrae	Abbotsford BC	2490	19 F 50-59	52:55.6	1:02:26.1
106	Laura Henham	Aldergrove BC	2467	19 F 40-49	52:56.2	1:02:26.5
107	Lou Bosshart	Vancouver BC	2439	20 F 50-59	54:42.7	1:03:46.1
108	Yvette Lucas	Surrey BC	2484	21 F 50-59	54:56.3	1:03:59.8
109	Ken Dobb	Chetwynd BC	5578	8 M 50-59	56:05.6	1:05:20.8
110	Bacilia Cia Ramirez	Vancouver BC	2509	12 F 30-39	56:55.4	1:06:34.2
111	Carol Wilson	Surrey BC	122	22 F 50-59	58:06.1	1:07:25.4
112	Gregory Urquhart	Lacey WA	2521	9 M 40-49	1:03:08.3	1:12:31.0
113	Sarah Urquhart	Lacey WA	2522	20 F 40-49	1:03:09.0	1:12:31.2
114	Kaia Dobb	Delta BC	5596	7 M 20-29	1:10:31.1	1:19:39.2
115	Hannah Matson	Delta BC	5597	2 F 1-19	1:10:31.1	1:19:39.3
116	Cathy Price	Langley BC	31	2 F 70-79	1:13:52.4	1:23:28.2