

Fort Langley Historic 5K, 10K & Half					
Overall Finish List					
February 20, 2022					
Half Marathon					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Jenny Quilty	1235	1 F 30-39	1:21:29.2	1:21:30.0
2	Roby Cesa	1150	1 M 30-39	1:22:11.3	1:22:13.4
3	Ed HOLMES	1173	2 M 30-39	1:24:56.4	1:24:58.4
4	Jordan Brett	1145	1 M 20-29	1:25:17.2	1:25:18.7
5	Ryan Weed	1269	3 M 30-39	1:26:25.5	1:26:29.7
6	Greg Kilvert	1183	4 M 30-39	1:26:39.5	1:26:40.3
7	Jamie Arsenault	1136	5 M 30-39	1:26:49.5	1:26:52.9
8	Jordan Goertz	1165	6 M 30-39	1:27:17.4	1:27:19.7
9	Aaron Strutt	1251	7 M 30-39	1:28:09.9	1:28:30.2
10	Brandon Mewhort	1207	8 M 30-39	1:28:55.5	1:28:56.8
11	Darrel Martens	1198	1 M 50-59	1:29:01.1	1:29:03.5
12	Kelly Challinor	1151	1 F 20-29	1:29:54.8	1:30:03.6
13	Nathan Lynn	1195	2 M 20-29	1:32:22.0	1:32:27.4
14	Stephane Gaudreau	1280	1 M 40-49	1:33:12.0	1:33:14.7
15	Colin Chan	1152	2 M 40-49	1:34:33.1	1:34:55.1
16	Jeremy Doyle	1156	9 M 30-39	1:35:00.6	1:35:03.7
17	Ryan Kastning	1180	10 M 30-39	1:35:07.6	1:35:11.3
18	Vadim Suraev	1252	2 M 50-59	1:37:03.3	1:37:08.5
19	Tim Stielow	1249	3 M 40-49	1:37:30.8	1:37:35.4
20	Bryce Hamilton	1170	11 M 30-39	1:38:53.9	1:39:02.5
21	Nathan Patel	1228	3 M 20-29	1:38:56.5	1:39:02.8
22	NEIL MINA	1210	4 M 40-49	1:39:59.4	1:40:17.7
23	Travis Gingerich	1164	12 M 30-39	1:40:07.1	1:40:14.2
24	Susan Bogle	1140	1 F 50-59	1:41:02.2	1:41:11.8
25	Jochem Moerman	1214	13 M 30-39	1:41:05.5	1:41:25.4
26	Jonathan Peacock	1229	3 M 50-59	1:42:07.6	1:42:15.2
27	Lisa Rossetto	1238	1 F 40-49	1:42:24.2	1:42:26.3
28	Tomas Trujillo	1260	14 M 30-39	1:42:37.7	1:42:47.9
29	Ryan Coleman	1154	4 M 20-29	1:43:03.4	1:43:22.2
30	Samantha Withenshaw	1276	2 F 30-39	1:43:22.4	1:43:32.0
31	Niki Jacques	1177	2 F 40-49	1:43:36.2	1:43:38.1
32	Mike Meade	1205	5 M 40-49	1:44:01.8	1:44:10.1
33	Rachel Johnston	1179	3 F 40-49	1:44:21.4	1:44:26.5
34	S Kimura	1184	2 F 50-59	1:44:32.0	1:44:46.9
35	Lloyd Johnston	1178	6 M 40-49	1:45:18.2	1:45:29.9
36	Frank Schneckeburger	1242	1 M 60-69	1:45:22.7	1:45:39.3
37	Thomas Mckibbin	1204	15 M 30-39	1:45:53.8	1:46:01.6
38	Vanessa Pintea	1230	3 F 30-39	1:46:09.6	1:46:21.1
39	Marleau Brown	1146	2 F 20-29	1:46:35.6	1:46:36.9
40	tyler brown	1147	7 M 40-49	1:47:29.5	1:47:42.9
41	Wyatt Anton	1135	16 M 30-39	1:48:20.8	1:48:29.9
42	Ross McInroy	1203	5 M 20-29	1:48:34.3	1:48:46.9
43	Natalie Stiles	1250	4 F 40-49	1:48:44.6	1:48:56.2
44	Mike Walkey	1267	4 M 50-59	1:48:52.5	1:49:14.9
45	Stephanie Lum	1194	4 F 30-39	1:49:44.0	1:49:47.9

46	Jason Marshall	1279	17 M 30-39	1:49:53.6	1:49:57.7
47	Lisa Puri	1234	5 F 40-49	1:50:22.4	1:50:31.9
48	Derek Keen	1181	18 M 30-39	1:50:31.5	1:50:34.1
49	Ramiro Munoz	1219	5 M 50-59	1:50:33.3	1:50:38.1
50	Rory Morgan	1216	6 M 50-59	1:50:35.3	1:50:48.6
51	Marcos Valdes	1263	19 M 30-39	1:50:45.1	1:50:56.5
52	Rebeka Mercy	1206	3 F 20-29	1:50:55.2	1:51:17.7
53	justin marchand	1196	7 M 50-59	1:50:56.1	1:51:11.3
54	Matthew La Rocque	1189	6 M 20-29	1:50:59.3	1:51:19.6
55	Silverio Diaz	1155	8 M 50-59	1:50:59.5	1:51:07.5
56	Jennie Aikman	1134	6 F 40-49	1:50:59.8	1:51:07.3
57	Liz Naccarato	1220	5 F 30-39	1:51:28.7	1:51:41.8
58	Dustin McColl	1201	20 M 30-39	1:51:57.7	1:52:02.6
59	Joel Spakowski	1245	8 M 40-49	1:52:12.9	1:52:26.1
60	Jenn Wegman	1270	4 F 20-29	1:52:33.2	1:52:41.4
61	Jayson Linde	1191	1 M 1-19	1:53:05.7	1:53:10.8
62	Dan Splinter	1246	2 M 60-69	1:53:34.8	1:53:46.1
63	James Najman	1282	7 M 20-29	1:53:39.6	1:53:57.8
64	Alister Haberfield	1167	21 M 30-39	1:53:44.8	1:54:08.5
65	Kassandra (Kass Kirlik	1185	5 F 20-29	1:54:47.0	1:55:06.1
66	Adam Tuck	1261	9 M 40-49	1:54:47.2	1:54:56.6
67	Danker Koliijn	1187	22 M 30-39	1:56:02.3	1:56:25.9
68	Alicia Van Dyk	1264	6 F 30-39	1:56:06.5	1:56:27.4
69	Elizabeth Robinson	1237	7 F 30-39	1:56:08.0	1:56:16.7
70	Wendy Marshall	1197	3 F 50-59	1:56:20.8	1:56:32.8
71	Sapphire Harpin	1171	8 F 30-39	1:56:47.6	1:57:03.4
72	Rod Castillo	1149	9 M 50-59	1:56:48.0	1:56:55.9
73	Matthew Sauer	1241	23 M 30-39	1:57:25.0	1:57:34.5
74	Bethany West	1273	6 F 20-29	1:57:31.6	1:57:47.6
75	Wes Linde	1192	10 M 40-49	1:58:03.7	1:58:08.3
76	Andrea Dyck	1157	9 F 30-39	1:58:30.4	1:58:32.3
77	Kevin Pistone	1231	10 M 50-59	1:58:50.9	1:59:00.0
78	Sarah Pugsley	1233	10 F 30-39	1:59:01.6	1:59:15.3
79	Sydney Bradford	1144	7 F 20-29	1:59:02.0	1:59:15.6
80	Manpreet Bains	1137	8 F 20-29	2:00:03.7	2:00:14.0
81	Clark Thomson	1255	11 M 40-49	2:00:10.4	2:00:27.5
82	Kai Chung Ng	1223	11 M 50-59	2:00:21.7	2:00:37.7
83	Michelle Neveklovska	1221	7 F 40-49	2:00:39.4	2:00:58.2
84	Hannah Treacy	1257	9 F 20-29	2:00:44.8	2:00:53.7
85	Clement Ling	1193	12 M 40-49	2:01:05.5	2:01:21.4
86	June Iwagami-Pausche	1176	8 F 40-49	2:01:23.2	2:01:37.5
87	Mathew Gill	1163	24 M 30-39	2:01:27.5	2:01:33.9
88	Lisa Hamar	1169	4 F 50-59	2:01:32.2	2:01:48.5
89	Kris Emmons	1159	25 M 30-39	2:01:46.2	2:01:52.4
90	Andrew Hale	1168	26 M 30-39	2:02:24.0	2:02:30.8
91	Shawn Santo	1239	12 M 50-59	2:04:11.6	2:04:33.3
92	Thomas Middelveen	1208	13 M 50-59	2:04:24.2	2:04:38.5
93	Alyssa Beaumont	1138	10 F 20-29	2:04:42.4	2:04:58.8
94	Amanda Travis	1256	11 F 20-29	2:04:42.5	2:04:58.9
95	Logan Boudot	1142	2 M 1-19	2:05:07.5	2:05:27.6
96	Janine Astles	1286	11 F 30-39	2:05:45.8	2:05:55.9

97	Andrew Feely	1161	27 M 30-39	2:06:07.6	2:06:21.8
98	Vernon Boudot	1143	13 M 40-49	2:06:29.9	2:06:50.5
99	Mark Rankin	1236	3 M 60-69	2:06:37.9	2:06:56.5
100	KIM WILSON	1275	1 F 60-69	2:08:48.3	2:09:04.1
101	Adam Pascas	1227	28 M 30-39	2:09:15.3	2:09:23.4
102	Kathleen Splinter	1247	12 F 30-39	2:09:28.3	2:09:39.1
103	Angela Hama	1281	13 F 30-39	2:09:28.6	2:09:39.3
104	Sean Mulligan	1218	14 M 50-59	2:09:42.4	2:09:59.5
105	Nancy Noble	1224	5 F 50-59	2:09:58.0	2:10:10.5
106	Nima Farzaneh	1160	29 M 30-39	2:10:02.8	2:10:15.2
107	Shivam Miglani	1209	8 M 20-29	2:10:44.5	2:11:01.2
108	Candace Larson	1190	6 F 50-59	2:11:04.1	2:11:15.0
109	Nicole Hutton	1175	14 F 30-39	2:12:01.9	2:12:15.8
110	Roxie Koohgoli	1188	12 F 20-29	2:14:15.7	2:14:38.0
111	Grant Parnell	1225	4 M 60-69	2:16:19.6	2:16:25.3
112	Eric Heath	1172	14 M 40-49	2:16:43.4	2:16:49.3
113	Agnes benna	1139	1 F 70-79	2:17:06.9	2:17:28.1
114	Kate Chan	1283	15 F 30-39	2:17:12.5	2:17:24.7
115	Sara Wadge	1266	7 F 50-59	2:19:26.8	2:19:31.8
116	Melanie Elander	1158	9 F 40-49	2:20:06.1	2:21:55.1
117	Julia Mitchell	1212	13 F 20-29	2:20:08.1	2:20:26.4
118	Laurie Troke	1259	30 M 30-39	2:20:09.3	2:20:26.7
119	Holly Mitchell	1211	14 F 20-29	2:20:10.1	2:20:28.0
120	Mark Watson	1268	15 M 40-49	2:21:35.9	2:21:39.2
121	Beverley Thomson	1254	10 F 40-49	2:21:42.9	2:21:59.9
122	Avril Shepherd	1243	11 F 40-49	2:23:21.8	2:23:29.3
123	Douglas Booth	1141	16 M 40-49	2:23:21.8	2:23:29.3
124	Erin Tuck	1262	12 F 40-49	2:24:34.2	2:24:45.9
125	James Porter	1232	3 M 1-19	2:25:38.3	2:25:42.9
126	Aaron Chou	1153	31 M 30-39	2:27:48.1	2:28:03.4
127	Martin Gostelow	1166	5 M 60-69	2:28:39.0	2:28:56.8
128	Flannery May	1200	16 F 30-39	2:30:32.0	2:30:43.3
129	Debra Wright	1277	2 F 60-69	2:30:32.4	2:30:46.2
130	Denise Werry	1272	13 F 40-49	2:30:32.7	2:30:47.7
131	Iryna Modales	1213	17 F 30-39	2:37:04.2	2:37:19.3
132	Rose Meldrum	1284	3 F 60-69	2:39:27.9	2:39:40.3
133	Lani Vetter	1265	8 F 50-59	2:40:39.1	2:40:55.0
134	Emma Kliever	1186	18 F 30-39	2:53:29.5	2:53:35.5
135	Andrea Smeenk	1244	9 F 50-59	2:58:12.0	2:58:21.0
136	Joseph Tan	1253	15 M 50-59	2:58:50.5	2:59:14.3
137	Monika Stahlstrom	1248	19 F 30-39	3:01:28.1	3:01:42.2
10K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Bryce Lehmann	3368	1 M 1-19	38:29.4	41:56.2
2	Matt Graham	3339	1 M 40-49	40:17.0	43:45.7
3	Duane Foley	3330	2 M 40-49	41:51.9	45:19.4
4	Erin Nestmann	3389	1 F 30-39	41:59.8	45:26.8
5	Matthew Pollard	3398	3 M 40-49	42:05.6	45:34.1
6	Jacob Dixon	3437	1 M 30-39	43:53.7	47:20.6
7	Kyle Giesbrecht	3335	2 M 30-39	44:09.9	47:37.2

8	Bryan Stolth	3422	1 M 50-59	44:48.8	48:17.1
9	Kevin Heinze	3342	2 M 50-59	45:54.9	49:22.6
10	Colin Brander	3315	1 M 60-69	47:14.6	50:43.1
11	James Lising	3370	1 M 20-29	47:42.3	51:11.6
12	Jastej Luddu	3371	2 M 20-29	47:56.9	51:36.7
13	Lara Duke	3326	1 F 40-49	48:10.1	51:45.3
14	Lee Wood	3433	4 M 40-49	48:13.5	51:47.8
15	Meloyd Quinones	3403	5 M 40-49	48:16.5	51:47.2
16	Katherine Stefankiewicz	3419	2 F 30-39	48:22.8	51:52.9
17	Kelly Sartorius	3409	2 F 40-49	48:26.9	52:02.7
18	Paul Nowakowski	3390	3 M 30-39	48:39.2	52:09.4
19	Fiona Ives	3352	1 F 50-59	49:35.9	53:04.2
20	Fenn Stewart	3420	3 F 30-39	49:53.2	53:33.2
21	Tyler Oskam	3392	4 M 30-39	51:02.7	54:32.1
22	Joon Heo	3346	5 M 30-39	51:38.9	55:20.9
23	Jenna Graham	3338	1 F 1-19	51:55.0	55:29.6
24	Liz Outhit	3393	1 F 20-29	52:30.2	56:15.4
25	Ileana Graham	3337	3 F 40-49	53:34.8	57:09.2
26	Anvar Amangoulov	3307	6 M 40-49	53:42.0	57:19.3
27	Michelle Lehmann	3369	4 F 40-49	53:59.7	57:30.9
28	Pavel KukuliaÄ	3359	6 M 30-39	54:53.7	58:39.1
29	Elaine Landsiedel	3362	1 F 60-69	54:59.3	58:28.3
30	Nadine Mross	1217	4 F 30-39	55:10.2	58:55.3
31	Shawn PROKOPETZ	3401	2 M 60-69	55:23.8	58:53.6
32	Ellen Hayhoe	3341	2 F 20-29	55:45.5	59:20.1
33	Christine Clay	3324	5 F 40-49	55:58.8	59:34.8
34	Kate Amangoulova	3308	6 F 40-49	56:10.9	59:48.0
35	Melinda Arcari	3310	5 F 30-39	56:34.5	1:00:16.6
36	NEIL MCGUIGAN	3378	7 M 40-49	57:17.4	1:00:52.7
37	Joel MacDonald	3372	8 M 40-49	57:23.2	1:01:05.1
38	Arturo Munoz	3385	7 M 30-39	57:55.3	1:01:27.9
39	Mirella Kaczor	3354	7 F 40-49	58:05.3	1:01:40.4
40	Brett McAvoy	3376	3 M 50-59	58:27.1	1:02:11.5
41	Ken sayer	3410	9 M 40-49	58:53.5	1:02:35.8
42	Brian Butler	3318	8 M 30-39	59:15.7	1:03:03.0
43	Pamela Lee	3367	8 F 40-49	59:20.9	1:02:57.5
44	Brad Richert	3405	9 M 30-39	1:01:02.2	1:04:40.1
45	Kevin Keil	3356	10 M 40-49	1:01:07.7	1:04:52.8
46	Priya Ghuman	3333	3 F 20-29	1:02:17.0	1:05:54.7
47	Amanda Ebbett	3327	6 F 30-39	1:02:24.1	1:06:02.0
48	Krista McLaughlin	3379	7 F 30-39	1:02:35.0	1:06:07.3
49	Susan Taylor	3436	2 F 50-59	1:02:36.5	1:06:18.1
50	Brie Hemingway	3343	8 F 30-39	1:02:56.9	1:06:44.0
51	Karyn Howieson	3350	9 F 40-49	1:03:22.9	1:06:56.8
52	Nongnapa Naparat	3387	10 F 40-49	1:03:31.4	1:07:05.4
53	Neil Schasny	3411	11 M 40-49	1:03:58.0	1:07:46.6
54	Leanna Sergerie	3412	11 F 40-49	1:04:04.7	1:07:33.2
55	Ruth Hickin	3347	9 F 30-39	1:04:06.0	1:07:40.0
56	Melissa Stiksmma	3421	10 F 30-39	1:04:06.5	1:07:40.0
57	Sandra Yallop	3434	3 F 50-59	1:04:06.6	1:07:40.3
58	Karla Mills	3382	12 F 40-49	1:04:19.2	1:07:53.6

59	Cindy Lavallee	3366	13 F 40-49	1:04:19.4	1:07:53.8
60	Meghan Lappan	3364	4 F 20-29	1:04:43.3	1:08:18.5
61	Ian Pratt	3400	12 M 40-49	1:05:02.2	1:08:35.9
62	Chia lun amy Chung	3323	11 F 30-39	1:05:45.2	1:09:16.7
63	Ellen Challinor	3322	4 F 50-59	1:06:08.9	1:09:38.1
64	Kurtis Sinclair	3414	3 M 20-29	1:06:20.6	1:09:51.8
65	Sabrina Amato	3309	5 F 20-29	1:06:28.2	1:09:59.6
66	Deanne Corbett	3325	12 F 30-39	1:06:44.4	1:10:29.2
67	Bonnie McAvoy	3375	5 F 50-59	1:07:34.0	1:11:18.4
68	Christie Wengranowski	3430	14 F 40-49	1:07:51.9	1:11:39.9
69	Eve Ojea	3391	15 F 40-49	1:08:38.7	1:12:12.4
70	Shelly Foster	3331	6 F 50-59	1:09:46.2	1:13:22.5
71	RICHARD Hicks	3348	4 M 50-59	1:09:51.0	1:13:32.6
72	Tammy Thiery	3424	7 F 50-59	1:09:51.4	1:13:32.5
73	Stephanie Bowkett	3313	13 F 30-39	1:10:50.2	1:14:36.8
74	Aneesha Narang	3388	6 F 20-29	1:11:52.1	1:15:29.4
75	Raquel Badillo	3311	7 F 20-29	1:12:06.6	1:15:54.2
76	Anna Pinote	3397	16 F 40-49	1:12:22.7	1:16:03.8
77	Angela Sosnoski	3416	8 F 50-59	1:12:55.8	1:16:40.3
78	Caroline McLean	3380	14 F 30-39	1:13:09.4	1:16:52.7
79	Debra Kato	3355	9 F 50-59	1:14:27.8	1:18:35.4
80	Shamsher Ghuman	3334	4 M 20-29	1:14:38.6	1:18:16.4
81	Krystin Boyce	3314	15 F 30-39	1:15:29.9	1:19:11.3
82	Barry Monkman	3383	3 M 60-69	1:15:33.5	1:19:12.5
83	Donna Horstman	3349	1 F 70-79	1:16:42.3	1:20:22.5
84	Leanne Carey	3320	10 F 50-59	1:17:08.1	1:20:54.5
85	Hilda Wiebe	3432	2 F 60-69	1:18:07.5	1:21:48.0
86	Rebecca Kliszat	3357	8 F 20-29	1:19:16.2	1:22:52.2
87	Katherine Purdey	3402	9 F 20-29	1:19:17.0	1:22:53.0
88	Alison Reeves	3404	17 F 40-49	1:20:35.5	1:24:14.6
89	Deanna Walton	3428	16 F 30-39	1:21:33.0	1:25:19.4
90	Cathy Carlassara	3321	17 F 30-39	1:23:14.8	1:26:51.5
91	Dominique Miller	3381	18 F 30-39	1:24:28.8	1:28:11.6
92	Heather Peterson	3396	18 F 40-49	1:25:58.5	1:29:45.7
93	Galvin Brower	3316	4 M 60-69	1:28:33.1	1:32:22.4
94	Verner Sorensen	3415	1 M 80-89	1:30:03.7	1:33:45.5
95	John Busch	3317	5 M 50-59	1:33:59.3	1:37:32.7
96	Kuljinder Roopra	3406	13 M 40-49	1:34:00.1	1:37:32.6
97	Melita Staley	3418	19 F 30-39	1:34:00.7	1:37:33.4
98	Glen Shippit	3413	6 M 50-59	1:34:00.8	1:37:32.4
99	Hayden Willems	3435	7 M 50-59	1:34:02.6	1:37:33.9
100	Sukhjinder Takhar	3423	10 M 30-39	1:34:02.9	1:37:33.8
101	Leanna Turcotte	3426	19 F 40-49	1:37:18.5	1:40:57.7
102	Rachael Hay	3340	20 F 30-39	1:37:18.9	1:40:58.3
5K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Dayton Bath	5440	1 M 20-29	16:37.0	23:02.8
2	Caleb Graham	5368	1 M 1-19	16:44.7	23:10.4
3	Yemane Mulugeta	3384	2 M 1-19	17:04.7	20:32.1
4	Nick Garbuz	5367	2 M 20-29	18:11.1	24:37.0

5	Markus Toolsie-Worsnup	5427	3 M 1-19	19:19.5	25:45.9
6	Henry Nestmann	5399	4 M 1-19	19:50.8	26:16.8
7	Luke Graham	5369	5 M 1-19	22:10.8	28:37.8
8	Marla Brown	5349	1 F 20-29	22:43.5	29:11.6
9	Kyle Dhanani	5360	1 M 30-39	23:03.3	29:45.3
10	Pierre Chan	5352	1 M 40-49	23:06.4	29:34.1
11	Logan Hall	5371	6 M 1-19	23:31.4	30:04.6
12	Jackson Nestmann	5400	7 M 1-19	24:15.5	30:41.6
13	Brianna Kwan	5382	1 F 1-19	24:16.3	30:44.6
14	Daniel Sims	5415	2 M 40-49	24:35.8	31:07.2
15	Greg Giles	3336	1 M 60-69	25:12.0	25:12.0
16	Jessica Vink	5431	1 F 30-39	25:57.5	32:28.1
17	Diane Miller	5439	1 F 50-59	26:24.9	32:57.2
18	Simon Jappy-Loker	5375	2 M 60-69	26:27.2	32:59.2
19	Barry Klassen	5379	3 M 60-69	26:47.9	33:15.7
20	Matteo Bifulco	5340	3 M 20-29	26:49.1	33:22.9
21	Krista Rasmussen	5357	1 F 0- 0	27:26.7	33:53.1
22	Jenni Culbert	5356	2 F 50-59	27:40.3	34:07.0
23	Hans-Christian Mross	5396	2 M 30-39	28:00.0	34:29.6
24	Julianne Bittante	5342	2 F 20-29	28:04.7	34:42.9
25	Danny Braaten	5346	3 M 30-39	28:10.2	34:47.7
26	Sheri Hall	5372	1 F 40-49	28:28.9	35:02.3
27	Ryan Wood	5436	4 M 30-39	28:56.9	35:28.7
28	Suzanne Konlup	5381	3 F 50-59	29:46.8	36:19.9
29	Ariana Church	5354	3 F 20-29	29:52.2	36:24.7
30	Quentin MacColl	5390	8 M 1-19	30:12.8	36:44.3
31	H Elise Reeh	5408	1 F 60-69	31:00.0	37:27.2
32	Terry Russell	5411	1 M 70-79	31:34.3	38:03.5
33	Laura Tymoschuk	5430	2 F 30-39	31:35.5	38:18.0
34	Amrit Bhurji	5337	4 F 20-29	32:09.2	38:53.1
35	Jenny MacColl	5389	2 F 40-49	32:38.2	39:09.9
36	Brenda Wong	5434	4 F 50-59	32:46.0	39:16.4
37	Teofilo Dias	5361	1 M 50-59	32:49.9	39:19.1
38	Connor McCreadie	5391	4 M 20-29	32:51.5	39:25.9
39	Ashley Windsor	5433	5 F 20-29	32:51.6	39:25.9
40	Nate Persoon	5404	5 M 20-29	32:58.2	39:37.3
41	Gurdev Bhurji	5338	3 F 30-39	33:06.6	39:50.8
42	Carly Strandt	5423	4 F 30-39	33:13.4	39:56.6
43	Phi Truong	5429	2 M 70-79	33:24.6	40:06.3
44	(Jessy) crystal Arnold	5335	3 F 40-49	33:25.8	39:59.9
45	Scott Stables	5421	5 M 30-39	33:37.9	40:13.6
46	Charlie Stables	5420	9 M 1-19	33:38.7	40:14.2
47	Linda Mross	5397	2 F 60-69	33:48.0	40:17.4
48	Hazel Callaway	5350	4 F 40-49	33:57.0	40:39.7
49	Lori Miller	5392	5 F 50-59	34:05.3	40:33.5
50	Tracy Stables	5422	5 F 40-49	34:05.3	40:40.8
51	Leah Rosetti	5443	5 F 30-39	34:21.1	40:52.7
52	Tony Banning	5442	3 M 40-49	34:49.0	41:20.5
53	Katie Loewen	5388	6 F 30-39	34:53.7	41:23.8
54	Nandi Schmidt	5413	6 F 50-59	35:34.6	42:03.3
55	wendy kwiatkoski	5383	7 F 50-59	35:35.9	42:03.9

56	Mary-Ann Roberts	5410	7 F 30-39	35:55.9	42:29.5
57	Elisa Bittante	5341	6 F 20-29	36:09.6	42:48.6
58	Melia Swinkels-Santo	5425	2 F 1-19	36:45.7	43:22.0
59	Aaron Koning	5380	4 M 40-49	36:45.9	43:30.9
60	Amy Swinkels	5424	6 F 40-49	36:46.9	43:22.8
61	Veronica Enair	5445	8 F 30-39	36:48.9	43:20.1
62	Pamela Lloyd Bergeron	5386	7 F 40-49	37:20.5	44:01.8
63	Zachary Kaltenbacher	5378	10 M 1-19	37:26.5	44:07.7
64	Eadie Kaltenbacher	5377	8 F 40-49	37:43.3	44:25.2
65	Leticia Guzman	5370	9 F 30-39	37:44.3	44:30.8
66	Kathryn Donnelly	5362	3 F 60-69	38:30.3	45:04.5
67	Josh Fotheringham	5364	9 F 40-49	38:35.4	45:12.3
68	Lisa Bolour	5345	10 F 30-39	38:46.3	45:17.2
69	Helena Skrepnik	5416	10 F 40-49	39:33.0	46:15.1
70	John Roberts	5409	6 M 30-39	40:00.1	46:32.9
71	Agata Zasada	5437	11 F 30-39	40:21.2	47:10.9
72	Maxime Spakowski	3417	11 F 40-49	40:21.5	47:12.3
73	Gurjinder Bhurji	5339	8 F 50-59	40:59.1	47:43.4
74	Erin Milne	5393	12 F 30-39	41:30.6	48:13.6
75	Justine Charrier	5353	13 F 30-39	41:34.6	48:21.1
76	Nicola Blockley	5344	7 F 20-29	42:03.8	48:48.7
77	Julie Loewen	5387	4 F 60-69	42:22.3	48:53.1
78	Amara Davies	5359	14 F 30-39	42:56.7	49:28.8
79	cecil Wagner	5432	7 M 30-39	47:22.0	54:00.8
80	cristina schneiter	5414	12 F 40-49	47:22.5	54:00.8
81	Walter Block	5343	1 M 80-89	47:54.8	54:31.7
82	Richard Hutton	5373	4 M 60-69	48:54.2	55:41.0
83	Susan Hutton	5374	9 F 50-59	48:55.3	55:41.3
84	Tara Darling	5358	13 F 40-49	49:40.3	56:23.2
85	Michelle Carne	5351	15 F 30-39	52:36.3	59:10.7
86	Joe Lappan	5384	5 M 60-69	52:36.3	59:11.1
87	Shelly OMeara	5403	5 F 60-69	52:36.5	59:10.5
88	Kylie Morgan	5395	16 F 30-39	52:57.2	59:46.5
89	Charlene Morgan	5446	6 F 60-69	52:57.4	59:47.0
90	Yolanda Smith	5417	14 F 40-49	57:08.0	1:03:47.6
91	Sally Frost	5366	1 F 80-89	57:42.9	1:04:34.0
92	Al Frost	5365	2 M 80-89	57:43.2	1:04:34.0
93	Erlinda Wood	5435	1 F 70-79	57:52.2	1:04:37.9
94	Susan OBrien	5401	2 F 70-79	57:56.7	1:04:34.8
95	Lily Spratt	5419	3 F 70-79	1:02:55.0	1:09:36.3
96	Darlene Fehr	5441	2 F 0- 0	1:02:57.6	1:09:43.1
97	Jack Nazaroff	5398	3 M 70-79	1:02:59.7	1:09:43.0
98	Myken Brooks	5348	15 F 40-49	1:03:12.4	1:09:52.9
99	Tuyen Du	5363	7 F 60-69	1:03:14.5	1:09:55.9
100	Dale Attrell	5336	1 M 0- 0	1:03:15.3	1:09:55.6
101	Loretta Solomon	5418	4 F 70-79	1:03:15.4	1:09:53.3
102	Florence Johnston	5376	5 F 70-79	1:03:20.2	1:10:01.3
103	Prado Ojea	5402	6 F 70-79	1:04:17.6	1:11:05.8
104	Ger-Ann Powell	5406	8 F 20-29	1:04:19.0	1:11:04.9