

	2014 LLS Vancouver Historic Half						
	Overall Finish List						
	November 30, 2014						
Half Marathon							
Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
1	Unknown Partic. 4343	4343		1 M 0-19		1:16:23.0	1:21:25.0
2	Nadine Capolongo	848	45	1 F 40-49		1:16:38.1	1:17:00.4
3	Ryan Twa	1103	40	1 M 40-49		1:17:53.2	1:18:00.1
4	Paul Mcnamara	1021	33	1 M 30-39		1:18:44.8	1:18:46.3
5	Stephen Ptucha	1055	42	2 M 40-49		1:23:00.7	1:23:02.6
6	Eduardo Torres	1100	43	3 M 40-49		1:25:13.4	1:25:16.3
7	Sabrina Wilkie	1125	29	1 F 20-29		1:25:42.7	1:25:48.9
8	Padraic Beades	817	30	2 M 30-39		1:25:43.6	1:25:47.1
9	Jon Williams	1127	44	4 M 40-49		1:26:29.5	1:26:31.7
10	Marti Riemer	1062	45	2 F 40-49		1:26:39.6	1:26:41.7
11	Kristian Stevens	1086	30	3 M 30-39		1:27:39.3	1:28:08.0
12	Ben Wills	1129	30	4 M 30-39		1:27:43.1	1:28:14.6
13	Joerg Winter	1130	32	5 M 30-39		1:28:03.7	1:28:08.4
14	Grant Ewert	891	31	6 M 30-39		1:28:23.1	1:28:26.0
15	Philip Finlayson	896	39	7 M 30-39		1:28:37.7	1:29:58.2
16	Libor Stros	1143	26	1 M 20-29		1:29:01.1	1:29:40.7
17	Tim Forde	1168	32	8 M 30-39		1:29:47.3	1:29:51.4
18	Lawrence Bau	816	28	2 M 20-29		1:30:19.7	1:30:52.5
19	Francis Lynn	999	40	5 M 40-49		1:30:32.6	1:30:37.4
20	Siobhan Clement	865	44	3 F 40-49		1:30:38.8	1:30:57.1
21	Corey Wong	1132	59	1 M 50-59		1:30:38.9	1:30:51.8
22	Michael Lane	1142	56	2 M 50-59		1:31:57.6	1:31:59.3
23	Cillian Collins	866	31	9 M 30-39		1:32:20.1	1:32:22.2
24	Mark Topacio	1099	35	10 M 30-39		1:32:41.7	1:32:45.9
25	Keith Schlottman	1074	50	3 M 50-59		1:33:12.1	1:33:15.9
26	Shokofeh Motlagh	1032	32	1 F 30-39		1:33:12.4	1:33:16.0
27	Martin Arrigan	812	35	11 M 30-39		1:33:29.2	1:33:31.3
28	Patrick Stancombe	1084	32	12 M 30-39		1:33:42.1	1:33:57.9
29	Wayne Gaudet	908	58	4 M 50-59		1:33:50.1	1:33:55.7
30	Anica Wong	1133	28	2 F 20-29		1:33:55.1	1:34:08.2
31	Rick Horstman	940	40	6 M 40-49		1:35:06.8	1:35:12.9
32	Susan Gelinas	909	36	2 F 30-39		1:36:25.2	1:36:29.2
33	Kayleen Willms	1128	28	3 F 20-29		1:36:27.6	1:36:31.4
34	Walter Scott	1076	50	5 M 50-59		1:36:32.3	1:36:45.8
35	Tanya Belrose	821	24	4 F 20-29		1:36:39.1	1:36:50.9
36	Steven Kravitz	972	46	7 M 40-49		1:37:27.7	1:37:56.1
37	Carolyn Bennett	823	37	3 F 30-39		1:37:46.9	1:37:52.1
38	Ronan Hegarty	928	42	8 M 40-49		1:38:38.5	1:38:57.2
39	Shane Budzinski	839	26	3 M 20-29		1:39:31.4	1:39:40.3
40	Shawn Grzybowicz	921	34	13 M 30-39		1:39:32.7	1:39:35.1
41	Paul Farrow	894	58	6 M 50-59		1:39:38.4	1:39:52.0
42	Patrick Lewis	990	55	7 M 50-59		1:39:45.1	1:39:58.7
43	Nicole Poon	1051	30	4 F 30-39		1:40:05.9	1:45:18.2
44	Grace Chong	856	30	5 F 30-39		1:40:05.9	1:45:18.1
45	Maan Almarghalani	806	25	4 M 20-29		1:40:15.8	1:40:24.1

46	Andy Christensen	859	52	8 M 50-59	1:40:43.0	1:40:59.4
47	William Lamb	977	43	9 M 40-49	1:40:47.4	1:40:54.1
48	Dylan Macleod	1001	40	10 M 40-49	1:40:55.2	1:41:07.4
49	Robin Merriott	1026	63	1 M 60-69	1:41:14.8	1:41:21.9
50	Lindi Porter	1160	42	4 F 40-49	1:41:21.0	1:41:35.7
51	Cynthia Walker	1117	44	5 F 40-49	1:41:22.6	1:41:24.4
52	Warren Hill	935	48	11 M 40-49	1:41:23.8	1:41:27.0
53	Richard Maisel	1006	47	12 M 40-49	1:41:26.5	1:41:38.1
54	Arnaud Besseyre	830	31	14 M 30-39	1:41:31.4	1:42:36.3
55	Sarah Gregg	918	25	5 F 20-29	1:41:34.3	1:41:52.4
56	Kevin Meisner	1022	45	13 M 40-49	1:41:47.9	1:42:53.1
57	Claire Haddock	1165	27	6 F 20-29	1:41:58.4	1:42:03.6
58	Michael Greene	915	46	14 M 40-49	1:42:48.5	1:42:51.7
59	Damian Leverton	988	48	15 M 40-49	1:43:06.5	1:43:09.8
60	Joel Thom	1094	24	5 M 20-29	1:43:15.0	1:43:55.9
61	Tilman von der Linde	1116	55	9 M 50-59	1:43:22.0	1:43:30.1
62	Oisin Moran	1029	34	15 M 30-39	1:43:58.1	1:45:08.3
63	Joannes Brinkhof	836	59	10 M 50-59	1:44:19.8	1:44:34.0
64	Lindsay Russell-Smith	1068	34	6 F 30-39	1:44:24.2	1:44:55.6
65	Kirk Wolstenholme	1131	31	16 M 30-39	1:44:29.3	1:44:39.5
66	Paul Cripps	1153	44	16 M 40-49	1:44:32.7	1:44:45.5
67	Trine Butler	843	35	7 F 30-39	1:44:43.2	1:44:56.6
68	Karen Bond	834	44	6 F 40-49	1:44:53.5	1:44:58.2
69	Emily Clark	864	24	7 F 20-29	1:44:55.8	1:45:19.8
70	Karim Mahedi	1004	35	17 M 30-39	1:44:56.3	1:45:02.5
71	Sandra Louie	1147	50	1 F 50-59	1:44:59.6	1:45:04.0
72	JULIO FLOREZ	900	46	17 M 40-49	1:45:12.1	1:45:17.8
73	NIKI HURST	941	30	8 F 30-39	1:45:15.0	1:45:28.6
74	Becky Fellows	895	27	8 F 20-29	1:45:28.4	1:45:45.9
75	Dan Tsang	1174	38	18 M 30-39	1:45:35.1	1:47:02.6
76	Stephen Fletcher	899	42	18 M 40-49	1:45:59.3	1:46:10.8
77	Shanda Hill	934	32	9 F 30-39	1:46:02.4	1:46:06.3
78	Reg K. Chow	857	52	11 M 50-59	1:46:03.7	1:46:11.7
79	Vanessa MacRae	1002	27	9 F 20-29	1:46:05.5	1:46:33.6
80	Daniella Adams	802	25	10 F 20-29	1:46:05.6	1:46:33.5
81	Suretha Swart	1162	44	7 F 40-49	1:46:13.8	1:46:17.2
82	Mary-Louise Farnan	893	55	2 F 50-59	1:46:29.7	1:46:34.6
83	Amy Hoey	1150	31	10 F 30-39	1:47:10.7	1:47:15.7
84	Luca Raffaello	1057	33	19 M 30-39	1:47:13.5	1:47:24.6
85	Melanie Courtot	870	37	11 F 30-39	1:47:18.5	1:47:28.2
86	Jeffrey Jukes	951	31	20 M 30-39	1:47:54.8	1:48:10.9
87	Miguelito Cruz	872	45	19 M 40-49	1:48:00.0	1:48:32.5
88	Bruce Gerry	910	53	12 M 50-59	1:48:00.7	1:48:50.2
89	Chris McCluskie	1017	26	6 M 20-29	1:48:31.4	1:49:36.2
90	David Bell	819	51	13 M 50-59	1:48:51.4	1:49:41.6
91	Michelle McGuire	1020	40	8 F 40-49	1:49:41.0	1:51:00.8
92	Stephen Chung	860	54	14 M 50-59	1:50:03.3	1:50:16.1
93	Paul Cormack	868	31	21 M 30-39	1:50:13.7	1:50:30.6
94	Dana Wareing	1121	39	12 F 30-39	1:50:18.8	1:50:33.3
95	Dave Berg	827	48	20 M 40-49	1:50:26.2	1:51:29.0
96	Nadia Ancona	807	38	13 F 30-39	1:50:50.7	1:51:03.2
97	Cathy Griffen	920	42	9 F 40-49	1:51:17.8	1:52:02.4

98	Jessica Reid	1059	32	14 F 30-39	1:51:29.4	1:52:15.2
99	Courtney Campbell	845	30	15 F 30-39	1:51:32.1	1:51:35.7
100	Byron Drinkle	884	39	22 M 30-39	1:51:34.1	1:52:21.1
101	Margot Marshall	1009	50	3 F 50-59	1:51:42.7	1:51:56.6
102	Kathy Gregg	919	55	4 F 50-59	1:51:54.8	1:52:13.2
103	Nigel Reading	1167	60	2 M 60-69	1:51:58.2	1:52:08.1
104	Javier Campos	847	31	23 M 30-39	1:52:01.6	1:53:47.5
105	Dan Merrick	1025	60	3 M 60-69	1:52:08.5	1:53:13.2
106	Chuck Holmstrom	937	55	15 M 50-59	1:52:26.6	1:53:28.9
107	Noelle von Beckmann	1115	32	16 F 30-39	1:52:40.5	1:53:16.9
108	Judy Nakashima	1166	52	5 F 50-59	1:52:44.5	1:52:54.1
109	Nicole Fuginski	905	24	11 F 20-29	1:52:57.1	1:54:21.1
110	Alireza Beittoei	818	63	4 M 60-69	1:53:29.6	1:53:58.7
111	Baron Kho	967	41	21 M 40-49	1:53:31.3	1:53:56.2
112	Amanda Richmond	1061	34	17 F 30-39	1:53:37.6	1:54:09.8
113	Antoine Gariepy	906	32	24 M 30-39	1:53:39.6	1:54:10.5
114	Jane Chabot	851	40	10 F 40-49	1:53:49.9	1:53:55.8
115	Colin King	968	56	16 M 50-59	1:54:14.5	1:54:22.6
116	Gillian Steele	1085	24	12 F 20-29	1:54:34.4	1:54:57.0
117	Gail Chung	861	49	11 F 40-49	1:54:40.8	1:54:53.7
118	Michelle Hatt	927	26	13 F 20-29	1:54:45.3	1:54:52.5
119	Jas Sandhu	1071	33	25 M 30-39	1:54:51.1	1:56:07.8
120	Matt Leemet	985	22	7 M 20-29	1:54:55.2	2:23:32.2
121	Josh Nelson	1163	43	22 M 40-49	1:55:04.4	1:56:48.1
122	Peter van Diepen	1108	60	5 M 60-69	1:55:14.8	1:56:27.1
123	Jordan Palk	1042	18	2 M 0-19	1:55:31.3	1:56:22.7
124	Tom Tao	1092	45	23 M 40-49	1:55:32.8	1:57:18.9
125	Sean Melia	1024	57	17 M 50-59	1:55:36.1	1:55:55.6
126	Monica Murphy	1034	50	6 F 50-59	1:55:36.5	1:55:55.7
127	Carlos Lopez	996	34	26 M 30-39	1:55:38.9	1:56:42.7
128	Rachel Johnston	948	42	12 F 40-49	1:55:39.2	1:55:51.1
129	Lila Herzog	933	27	14 F 20-29	1:55:41.8	1:56:12.1
130	Thomas Treloar	1101	26	8 M 20-29	1:55:53.0	1:57:40.5
131	Lindi Porter	1053	42	13 F 40-49	1:55:53.2	1:57:40.5
132	Bruce Johnson	947	75	1 M 70-79	1:56:13.8	1:56:22.3
133	Meghan Hobbs	936	28	15 F 20-29	1:56:16.8	1:56:33.8
134	Adam Myles	1159	27	9 M 20-29	1:56:17.4	1:56:34.0
135	Tim Schaab	1158	25	10 M 20-29	1:56:29.5	1:57:35.0
136	Marie-Christine Jean-Tremblay	944	24	16 F 20-29	1:56:55.2	1:56:58.7
137	Monica Zack	1140	49	14 F 40-49	1:56:57.7	1:57:21.1
138	Vivian Lee	983	46	15 F 40-49	1:57:05.6	1:57:20.4
139	Lilac Milne	1028	29	17 F 20-29	1:57:11.0	1:57:21.5
140	Catherine Loiacono	995	36	18 F 30-39	1:57:25.8	1:58:39.1
141	Henri-Paul Sicsic	1077	62	6 M 60-69	1:57:28.3	1:57:33.6
142	Ryan Visscher	1113	36	27 M 30-39	1:57:29.1	1:58:44.7
143	Brian Benson	824	53	18 M 50-59	1:57:42.8	1:59:01.2
144	Rene Boddeveld	832	47	24 M 40-49	1:57:52.3	1:58:27.2
145	Sydney Firsching	897	18	1 F 0-19	1:58:09.8	1:59:24.8
146	Robin O'Neill	1175	41	16 F 40-49	1:58:14.8	1:59:15.0
147	Julie Cummings	875	42	17 F 40-49	1:58:15.0	1:59:14.9
148	Jeff Frank	1180	45	25 M 40-49	1:58:17.6	1:59:48.9
149	Christina Dahlqvist	877	52	7 F 50-59	1:58:37.5	1:58:47.9

150	Madeleine Butcher	842	20	18 F 20-29	1:58:58.8	1:59:09.0
151	Kevin Park	1045	53	19 M 50-59	1:59:07.9	1:59:14.1
152	David Knowles	970	37	28 M 30-39	1:59:32.8	2:00:12.5
153	Gerry Jorssen	950	47	26 M 40-49	2:00:00.9	2:00:08.9
154	tjerk de gruijter	1176	29	11 M 20-29	2:00:03.7	2:00:13.1
155	Lois Evans	890	52	8 F 50-59	2:00:08.5	2:00:17.6
156	Gaelle Thomas	1095	29	19 F 20-29	2:00:18.8	2:00:30.0
157	Neil Brown	1148	50	20 M 50-59	2:00:21.4	2:02:07.0
158	Anne Docherty	882	53	9 F 50-59	2:00:25.0	2:00:54.7
159	Kevin Kuhn	974	28	12 M 20-29	2:00:27.5	2:00:48.9
160	Haley Epp	889	27	20 F 20-29	2:00:28.0	2:00:37.4
161	Sarah Greenwood	916	39	19 F 30-39	2:00:28.2	2:01:32.6
162	Alix Arthur	813	33	20 F 30-39	2:00:34.3	2:01:43.6
163	Doug Donaldson	883	57	21 M 50-59	2:00:43.0	2:01:12.7
164	Bao Phan	1049	43	27 M 40-49	2:00:48.5	2:01:21.8
165	Michelle Lampreau	978	19	2 F 0-19	2:01:02.5	2:02:15.4
166	Matthew Reeves	1058	28	13 M 20-29	2:01:51.4	2:02:57.9
167	Andrea Sum	1157	36	21 F 30-39	2:01:54.1	2:03:17.1
168	Marylene Croteau	871	35	22 F 30-39	2:01:54.2	2:03:17.2
169	Jaime Denouden	879	27	21 F 20-29	2:01:54.5	2:02:53.3
170	Carrie Horachek	939	39	23 F 30-39	2:02:12.1	2:03:27.1
171	Erica Booth	1161	30	24 F 30-39	2:02:26.9	2:02:31.7
172	Nan Maung	1014	28	22 F 20-29	2:02:32.1	2:02:50.2
173	Joy Logie	994	37	25 F 30-39	2:02:33.0	2:02:47.6
174	Brigita Verbanic	1110	47	18 F 40-49	2:02:33.1	2:02:51.5
175	Michael Allan	805	61	7 M 60-69	2:02:37.8	2:03:03.1
176	Linda Bentley	825	63	1 F 60-69	2:02:50.2	2:02:54.7
177	Geoff Grace	912	35	29 M 30-39	2:02:50.9	2:03:34.2
178	Robyn Leuty	987	30	26 F 30-39	2:02:55.0	2:03:11.4
179	Penny Christensen	858	53	10 F 50-59	2:02:55.8	2:03:14.0
180	Jennifer Chutter	862	40	19 F 40-49	2:02:58.7	2:03:07.3
181	Connor Mahannah	1003	24	14 M 20-29	2:03:01.9	2:04:24.1
182	Becky Kiselbach	969	38	27 F 30-39	2:03:02.6	2:04:24.2
183	Jason Oakford	1039	35	30 M 30-39	2:03:31.6	2:04:36.2
184	Farida Kemp	963	48	20 F 40-49	2:03:37.8	2:04:22.2
185	Kirsten Munro	1033	23	23 F 20-29	2:03:37.9	2:04:41.7
186	Lorne Yawney	1138	49	28 M 40-49	2:03:43.7	2:03:57.9
187	Bob Comartin	867	47	29 M 40-49	2:04:18.9	2:05:11.8
188	Jose Centeno	850	34	31 M 30-39	2:04:33.4	2:05:47.7
189	Nafeesa Karim	959	33	28 F 30-39	2:04:43.6	2:05:01.3
190	Britt Walton	1118	40	21 F 40-49	2:05:00.2	2:05:15.0
191	Patrina Lo	993	31	29 F 30-39	2:05:03.1	2:05:09.5
192	Alicia Soon	1164	44	22 F 40-49	2:05:08.1	2:05:25.1
193	Jen Chepil	854	25	24 F 20-29	2:05:35.6	2:06:04.2
194	Gavin McDonald	1018	39	32 M 30-39	2:06:07.2	2:06:19.6
195	Loredana Moretti	1170	48	23 F 40-49	2:06:18.3	2:06:27.3
196	Ian Campbell	846	44	30 M 40-49	2:06:37.3	2:07:53.2
197	Pamela McClements	1016	32	30 F 30-39	2:06:43.0	2:06:55.4
198	Stephen Yee	1139	62	8 M 60-69	2:06:54.6	2:07:17.4
199	Bruce Fitzpatrick	1172	49	31 M 40-49	2:07:00.4	2:08:06.5
200	Blessy Tam	1091	28	25 F 20-29	2:07:01.8	2:08:56.8
201	Michael Taylor	1093	39	33 M 30-39	2:07:13.5	2:08:36.4

202	Thera Martens	1011	34	31 F 30-39	2:07:14.4	2:07:53.4
203	Marek Majka	1007	37	34 M 30-39	2:07:16.1	2:08:05.0
204	Elizabeth Hafner	922	25	26 F 20-29	2:07:43.5	2:08:43.0
205	Michelle O'Carroll	1040	29	27 F 20-29	2:07:45.5	2:08:20.8
206	Erica Rizzo	1063	25	28 F 20-29	2:07:52.8	2:08:33.7
207	Kerry Swan	1089	48	24 F 40-49	2:07:55.6	2:08:24.6
208	Richard MacLachlan	1178	43	32 M 40-49	2:08:37.3	2:09:04.6
209	Brianne Hemingway	931	27	29 F 20-29	2:08:37.8	2:08:53.6
210	Eddy Mejlholm	1023	36	35 M 30-39	2:08:42.0	2:09:28.3
211	Megan Kennedy	965	30	32 F 30-39	2:09:00.2	2:09:25.1
212	Mary Toews	1098	26	30 F 20-29	2:09:04.6	2:09:25.7
213	Katie Schiebler	1073	31	33 F 30-39	2:09:32.7	2:10:41.7
214	Benjamin Vining	1112	33	36 M 30-39	2:09:42.3	2:10:30.8
215	Nicole Lewis	989	30	34 F 30-39	2:09:44.7	2:10:16.5
216	Kulwinder Khaira	966	61	9 M 60-69	2:09:52.6	2:10:36.5
217	Zoe Sinnott	1079	25	31 F 20-29	2:09:56.7	2:10:20.3
218	Leah Berry	828	32	35 F 30-39	2:10:14.5	2:12:00.6
219	Markus Heinrichs	930	51	22 M 50-59	2:10:14.9	2:10:36.0
220	Kim MacLeod	1000	45	25 F 40-49	2:10:33.2	2:10:54.7
221	Martin Gostelow	911	62	10 M 60-69	2:10:39.3	2:11:09.9
222	Siobhan Barry	814	18	3 F 0-19	2:10:41.9	2:11:22.6
223	Jennica Garnett	907	26	32 F 20-29	2:11:13.8	2:11:20.7
224	YEN FRANCIS	903	36	36 F 30-39	2:11:14.7	2:11:34.7
225	Greg Lane	979	50	23 M 50-59	2:11:21.5	2:11:48.8
226	Paula C Lamb	976	45	26 F 40-49	2:11:52.4	2:11:59.2
227	Ashley Chandra	853	24	33 F 20-29	2:12:15.5	2:12:42.1
228	Elizabeth Harris	926	38	37 F 30-39	2:12:46.9	2:12:57.9
229	Jessica Bouchard	835	24	34 F 20-29	2:13:06.6	2:13:32.1
230	Ashley Kuczynski	973	30	38 F 30-39	2:13:27.8	2:14:09.6
231	John Hannay	924	42	33 M 40-49	2:14:10.3	2:14:37.2
232	Sandi Yang	1137	42	27 F 40-49	2:14:10.3	2:14:37.2
233	Jennifer D'Agnolo	876	40	28 F 40-49	2:14:11.0	2:14:50.7
234	Tim Pettigrew	1048	55	24 M 50-59	2:14:29.7	2:14:45.3
235	Bryan Wilkinson	1126	44	34 M 40-49	2:15:39.6	2:15:51.4
236	Catherine Brown	838	49	29 F 40-49	2:15:39.7	2:16:04.0
237	CORY STANCOMBE	1083	31	39 F 30-39	2:15:40.3	2:15:55.5
238	Paula North	1037	62	2 F 60-69	2:16:03.6	2:16:18.8
239	Patrick Fowler	902	46	35 M 40-49	2:16:36.7	2:17:27.4
240	John Bellefeuille	820	42	36 M 40-49	2:16:43.0	2:17:33.1
241	Sarah Grayman	913	35	40 F 30-39	2:17:15.6	2:18:22.8
242	Vanessa Gauthier	1173	44	37 M 40-49	2:17:17.9	2:17:48.8
243	Irene Greenberg	914	60	3 F 60-69	2:17:22.6	2:18:37.2
244	Kj Hamilton	923	60	11 M 60-69	2:17:25.6	2:18:37.2
245	Terri Jones	949	34	41 F 30-39	2:17:50.8	2:18:11.2
246	Lisa Jewell	945	45	30 F 40-49	2:17:51.4	2:18:11.2
247	Kerry Vital	1114	29	35 F 20-29	2:18:05.8	2:18:25.7
248	Kenny Stevens	1169	49	38 M 40-49	2:18:32.7	2:18:39.1
249	Ennas Abdussalam	801	23	36 F 20-29	2:19:17.6	2:19:41.3
250	Anna Olejarczyk	1041	31	42 F 30-39	2:19:29.7	2:19:53.7
251	Chelsea Robinson-Sharman	1064	31	43 F 30-39	2:19:37.8	2:19:47.3
252	Adriene Pratt	1054	34	44 F 30-39	2:20:01.7	2:21:40.8
253	Denise Villarreal	1111	31	45 F 30-39	2:20:09.5	2:21:57.8

254	Mabel Tong	1149	55	11 F 50-59	2:20:34.9	2:20:48.8
255	Donna Heine	929	47	31 F 40-49	2:21:00.2	2:21:57.3
256	Suzanne James	943	56	12 F 50-59	2:21:06.5	2:22:00.3
257	Margaret Wardhaugh	1120	23	37 F 20-29	2:21:10.6	2:22:21.9
258	Stefanie Henders	932	45	32 F 40-49	2:21:33.5	2:22:30.6
259	John Leung	986	64	12 M 60-69	2:21:42.2	2:22:05.4
260	Pamela Kambo	955	30	46 F 30-39	2:21:46.8	2:22:37.3
261	Sukhi Kambo	954	31	47 F 30-39	2:21:46.8	2:22:37.2
262	Cathy Nurmi	1038	47	33 F 40-49	2:22:24.3	2:23:19.2
263	Don Pateman	1046	67	13 M 60-69	2:22:34.9	2:23:54.4
264	Claire Suchy	1088	39	48 F 30-39	2:23:37.6	2:24:37.5
265	Areet Kaila	953	32	49 F 30-39	2:23:54.4	2:24:25.1
266	Vivian Cheung	855	21	38 F 20-29	2:23:55.1	2:24:26.2
267	Alexander Harmsen	925	22	15 M 20-29	2:23:55.4	2:24:26.2
268	Sharon Russell	1067	51	13 F 50-59	2:24:04.8	2:24:29.6
269	Tun Zan Maung	1015	57	25 M 50-59	2:24:30.3	2:24:49.0
270	Amberly Gregerson	917	28	39 F 20-29	2:24:49.8	2:25:07.4
271	Janis Allan	804	60	4 F 60-69	2:25:49.7	2:26:15.0
272	Monica Antonides	810	44	34 F 40-49	2:26:07.7	2:26:28.6
273	Krista Drost	885	39	50 F 30-39	2:26:07.9	2:26:28.8
274	Jennifer Courtemanche	869	26	40 F 20-29	2:27:50.8	2:28:12.5
275	Alice Fox	1156	46	35 F 40-49	2:28:08.8	2:29:42.5
276	Judy Thorne	1096	49	36 F 40-49	2:28:52.3	2:29:26.1
277	Gabriela Stoian	1087	44	37 F 40-49	2:29:03.3	2:29:18.2
278	Anna-Lisa Ciccocioppo	863	41	38 F 40-49	2:29:13.7	2:29:38.1
279	Stuart Grundison	1145	54	26 M 50-59	2:29:27.6	2:30:23.5
280	George Power	1144	51	27 M 50-59	2:29:27.8	2:30:23.2
281	Aaron Tsang	1102	28	16 M 20-29	2:29:52.7	2:30:26.6
282	Cabree Van Beest	1106	33	51 F 30-39	2:30:08.8	2:31:44.0
283	Abby Antal	809	59	14 F 50-59	2:30:19.6	2:31:12.8
284	Joanna Karasinska	957	40	39 F 40-49	2:31:07.6	2:32:05.7
285	Robin Watson	1122	40	39 M 40-49	2:31:31.7	2:32:05.1
286	Patricia Louie	1152	34	52 F 30-39	2:31:33.7	2:31:56.2
287	Gerardina Trasolini	1151	41	40 F 40-49	2:31:33.8	2:31:56.0
288	Krystal Souza	1080	29	41 F 20-29	2:31:39.0	2:32:15.6
289	Paul Todd	1097	30	37 M 30-39	2:31:58.6	2:32:20.5
290	Lucy Wells	1123	32	53 F 30-39	2:31:58.9	2:32:20.8
291	Audrey Cook	1155	66	5 F 60-69	2:32:42.9	2:32:55.1
292	Tanya Nair	1035	21	42 F 20-29	2:34:41.1	2:35:12.5
293	Kyle Derkaeh	1177	27	43 F 20-29	2:34:53.9	2:35:37.2
294	Douglas Kavanagh	961	46	40 M 40-49	2:35:36.9	2:36:38.6
295	Terri Kavanagh	960	51	15 F 50-59	2:35:36.9	2:36:38.5
296	Claudia Bullington	840	48	41 F 40-49	2:35:58.9	2:37:06.7
297	Joanna van der Berg	1107	28	44 F 20-29	2:40:01.2	2:41:15.2
298	Courtney Moran	1030	19	4 F 0-19	2:40:01.7	2:40:43.3
299	Sheena Jacqueline	942	27	45 F 20-29	2:41:55.8	2:43:06.4
300	Debra Kato	1146	52	16 F 50-59	2:42:46.8	2:43:16.7
301	Jennifer Wood	1135	39	54 F 30-39	2:43:24.9	2:43:57.0
302	Laura Lindstrom	991	44	42 F 40-49	2:44:11.9	2:44:23.4
303	Catherine Mosher	1031	46	43 F 40-49	2:44:12.0	2:44:23.5
304	Suzanne Rice	1060	42	44 F 40-49	2:44:41.4	2:45:33.4
305	Stephanie Berg	826	38	55 F 30-39	2:44:42.3	2:45:34.3

306	Kevin Hopson	938	52	28 M 50-59	2:48:19.5	2:49:12.3
307	Angela Fairbank	892	54	17 F 50-59	2:52:15.1	2:52:20.0
308	Sylwia Piekielecka	1050	35	56 F 30-39	2:54:03.0	2:55:01.3
309	Claire Woodbridge	1136	28	46 F 20-29	2:54:43.7	2:55:52.0
310	Eiko Sakamoto	1171	74	1 F 70-79	2:54:53.9	2:55:59.0
311	Frank Pan	1043	63	14 M 60-69	2:55:39.1	2:56:56.0
312	Anne Martin	1013	53	18 F 50-59	2:56:39.7	2:58:06.9
313	Peter Martin	1012	57	29 M 50-59	2:56:40.1	2:58:07.2
314	Amy Rogerson	1065	36	57 F 30-39	2:56:58.5	2:57:06.5
315	Coni Ulmer	1104	28	47 F 20-29	2:57:24.4	2:58:38.6
316	Jessica Kennedy	964	29	48 F 20-29	2:57:28.1	2:58:38.7
317	Michelle Cameron	844	41	45 F 40-49	3:03:21.1	3:04:32.5
318	Brooke Abbey	800	34	58 F 30-39	3:08:10.3	3:09:17.2
319	Kristey Cruz	873	25	49 F 20-29	3:24:36.9	3:24:47.1
320	Steven Laszcz	981	57	30 M 50-59	3:28:09.0	3:29:24.8
Half Relay						
Place	Name	Bib No	Age	Age Group Place	Chip Time	Gun Time
1	LL Cool Ai	1208	54	1 M 1-99	1:48:34.9	1:49:53.6
2	Parker says Go!	1200	41	2 M 1-99	2:03:21.7	2:04:39.4
10KM						
Place	Name	Bib No	Age	Age Group Place	Chip Time	Gun Time
1	Man Kong Chan	4339	40	1 M 40-49	40:53.1	45:24.7
2	Erin Ready	4230	24	1 F 20-29	41:27.9	46:14.3
3	Michelle (Shell Heneghan	4108	28	2 F 20-29	41:34.0	46:06.0
4	Kevin Oldknow	4213	41	2 M 40-49	43:17.9	47:52.4
5	Gavin Murray	4205	30	1 M 30-39	43:22.6	47:58.9
6	Morgan Power	4225	26	1 M 20-29	43:40.4	48:27.3
7	Taylor McIntosh	4190	17	1 F 0-19	44:53.6	49:42.6
8	Mark Schellenberg	4249	35	2 M 30-39	45:09.6	49:44.9
9	Scott Stewart	4270	64	1 M 60-69	45:10.5	49:46.1
10	Emma McCrudden	4184	29	3 F 20-29	45:23.6	50:08.6
11	Pascal Bessette	4348	38	3 M 30-39	45:30.2	50:04.3
12	Pascal Bessette	829	38	4 M 30-39	45:31.0	50:05.3
13	Michel Corno	4059	57	1 M 50-59	45:40.1	50:14.5
14	Kuo-Chin Shih	4257	24	4 F 20-29	45:50.7	50:22.5
15	Lawrence Cheng	4055	31	5 M 30-39	46:40.2	51:19.4
16	Jim Bovard	4031	54	2 M 50-59	46:50.7	51:23.3
17	Annie Starzynski	4268	38	1 F 30-39	46:51.8	51:30.5
18	Brad Harris	4104	35	6 M 30-39	46:57.9	52:11.5
19	Marie-Josée Cossette	4060	52	1 F 50-59	47:27.9	52:01.1
20	Makena Marshall	4176	13	2 F 0-19	47:29.6	52:03.0
21	Martin German	4089	47	3 M 40-49	49:17.9	54:17.7
22	Lilly Parsons	4349	29	5 F 20-29	49:42.1	54:19.8
23	JOSE ENRIQUE DE LA TORRE ROMAN	4066	31	7 M 30-39	49:43.5	54:55.2
24	Kristin Walton	4345	25	6 F 20-29	49:50.3	55:02.6
25	Kreig Yeh	4300	19	1 M 0-19	50:52.1	55:41.6
26	Karen Niven	4344	24	7 F 20-29	51:03.2	56:15.7
27	Tarcisio Michel Garcia	4309	34	8 M 30-39	51:10.9	51:53.4
28	Neil Ambrose	4007	50	3 M 50-59	51:44.1	56:48.5
29	Roger Antoniazzi	4009	54	4 M 50-59	52:32.9	57:13.6

30	Wesley Lennon	4156	26	2 M 20-29	52:47.9	52:47.9
31	Pilar Wong	4294	25	8 F 20-29	52:52.8	57:38.5
32	Christophe Labrune	4316	38	9 M 30-39	53:00.8	57:56.2
33	Jeremy Papp	4217	34	10 M 30-39	53:18.2	58:27.6
34	Mark Pashley	4219	41	4 M 40-49	53:25.9	58:10.3
35	Rachel Sullivan	4272	31	2 F 30-39	53:28.0	58:39.1
36	Sandy McCrimmon	4183	46	1 F 40-49	53:30.9	58:30.3
37	David Allman	4006	54	5 M 50-59	53:38.6	58:28.9
38	Yuki Carter	4050	26	9 F 20-29	53:49.5	58:30.9
39	Mathew Zielinski	4307	30	11 M 30-39	53:52.3	58:41.3
40	Jeffrey Ferrier	4081	41	5 M 40-49	53:56.1	58:55.0
41	Walt Hawrysh	4106	36	12 M 30-39	54:14.9	59:00.0
42	Tania Beaupit	4022	36	3 F 30-39	54:27.7	59:09.3
43	Steve Barta	4019	46	6 M 40-49	54:33.0	1:04:05.9
44	Dylan Runkel	4243	23	3 M 20-29	54:39.1	59:47.9
45	Luis Polanco	4224	49	7 M 40-49	54:53.8	59:56.9
46	Louise Wheeler	4292	57	2 F 50-59	55:06.5	59:51.0
47	Scott Logie	4162	37	13 M 30-39	55:09.8	59:55.1
48	Craig Lukie	4332	42	8 M 40-49	55:16.1	1:00:17.4
49	Sarah Creel	4062	31	4 F 30-39	55:17.5	1:00:11.2
50	Emily Schaller	4248	34	5 F 30-39	55:35.1	1:00:08.9
51	Drew Wallin	4286	29	4 M 20-29	55:45.5	1:00:34.7
52	Maddie Fache	4077	28	10 F 20-29	56:02.7	1:00:39.8
53	Alex Kahng	4318	52	6 M 50-59	56:02.9	1:00:42.6
54	Christine Balkwill	4013	46	2 F 40-49	56:12.0	1:00:46.0
55	Sarah McNeil	4192	34	6 F 30-39	56:15.1	1:00:59.7
56	Mina Kawabe	4126	28	11 F 20-29	56:17.1	1:01:18.5
57	Trevor Key	4134	40	9 M 40-49	56:18.8	1:01:14.4
58	Ian Rokeby	4240	56	7 M 50-59	56:24.6	1:01:34.4
59	Bruce Young	4303	57	8 M 50-59	56:25.7	1:01:30.8
60	Darryl Griffiths	4099	45	10 M 40-49	56:27.6	1:01:24.3
61	Michael Cheung	4057	32	14 M 30-39	56:32.1	1:01:41.9
62	Sean Douglas	4070	44	11 M 40-49	56:33.0	1:01:24.5
63	Gene Crowley	4312	56	9 M 50-59	56:44.6	1:01:26.2
64	Paul Bouchard	4030	50	10 M 50-59	57:04.9	1:01:39.2
65	Allison Tanner	4276	25	12 F 20-29	57:05.6	1:01:56.7
66	Jessica Reagh	4231	29	13 F 20-29	57:13.6	1:01:51.3
67	Jason Tan	4273	22	5 M 20-29	57:13.7	1:02:00.3
68	Jeffrey Bacha	4011	46	12 M 40-49	57:21.0	1:02:35.5
69	Eve Grenon-Lafontaine	4097	33	7 F 30-39	57:28.7	1:02:31.3
70	Barbara Roseboom	4241	59	3 F 50-59	57:30.3	1:02:33.9
71	Kat Duda	4072	37	8 F 30-39	57:31.4	1:02:16.1
72	Erin Nelson	4207	33	9 F 30-39	57:35.7	1:02:20.4
73	Todd Mavor	4179	46	13 M 40-49	57:54.1	1:02:51.3
74	Donna Lee	4152	44	3 F 40-49	57:57.3	1:02:29.9
75	Erica McArthur	4180	35	10 F 30-39	57:58.3	1:02:48.4
76	STEPHANIE RENKERS	4235	17	3 F 0-19	58:17.0	1:03:23.7
77	Ronald Yatco	4299	31	15 M 30-39	58:31.2	1:03:36.1
78	Emma Farrell	4078	22	14 F 20-29	58:32.0	1:03:12.4
79	Andy Caswell	4313	55	11 M 50-59	58:44.3	1:03:26.0
80	Chad Buckle	4044	41	14 M 40-49	58:44.5	1:03:36.9
81	KATE HELLIWELL	4107	31	11 F 30-39	58:48.6	1:03:38.1

82	Murray Fox	4084	58	12 M 50-59	58:54.9	1:03:30.6
83	Gloria Burke	4045	15	4 F 0-19	58:55.4	1:03:29.0
84	Natalie Jacobs	4120	29	15 F 20-29	59:17.1	1:03:57.0
85	Ruth Scowcroft	4254	53	4 F 50-59	59:21.1	1:04:12.3
86	Jennifer Radcliffe	4228	45	4 F 40-49	59:21.1	1:03:56.5
87	Ingrid Barnes	4018	54	5 F 50-59	59:22.7	1:04:14.3
88	Blair Hirtle	4112	43	15 M 40-49	59:43.3	1:04:52.3
89	Rosanne Mackenzie	4165	55	6 F 50-59	59:45.4	1:04:52.8
90	Timo Schmid	4250	37	16 M 30-39	59:55.3	1:04:43.1
91	Peggy Brown	4041	48	5 F 40-49	59:55.4	1:05:05.0
92	Anna Mcdonnell Dowling	4188	25	16 F 20-29	1:00:02.2	1:04:42.5
93	Duncan McTaggart	4194	50	13 M 50-59	1:00:03.7	1:04:39.3
94	Randy King	4139	49	16 M 40-49	1:00:28.1	1:05:30.9
95	RAFAEL BERTOCO	4024	23	6 M 20-29	1:00:29.1	1:05:42.0
96	NUALA ROCHFORT	4238	45	6 F 40-49	1:00:39.0	1:05:17.2
97	Jeff Banow	4014	36	17 M 30-39	1:00:43.5	1:05:30.5
98	Greg Legault	4154	38	18 M 30-39	1:00:46.9	1:05:46.0
99	Trevor Sowa	4267	34	19 M 30-39	1:00:47.4	1:05:46.0
100	Dave Cunningham	4063	45	17 M 40-49	1:00:50.1	1:06:01.8
101	Shawn Leblanc	4150	40	18 M 40-49	1:01:02.8	1:01:28.3
102	Gloria Simpson	4258	34	12 F 30-39	1:01:05.2	1:05:55.2
103	Tara Lemna	4155	22	17 F 20-29	1:01:17.7	1:01:45.2
104	Rebecca Hartshorn	4105	27	18 F 20-29	1:01:20.9	1:05:58.4
105	John Reay	4317	52	14 M 50-59	1:01:31.6	1:06:17.9
106	Pamela Hollingworth	4113	35	13 F 30-39	1:01:40.7	1:06:16.4
107	Clare Hauer	4337	51	7 F 50-59	1:01:43.5	1:06:50.0
108	Nick Goulet	4094	34	20 M 30-39	1:01:44.3	1:06:47.9
109	Lyndsey Goulet	4093	32	14 F 30-39	1:01:45.0	1:06:48.9
110	Sarah Jurgens	4124	27	19 F 20-29	1:01:47.6	1:06:41.8
111	Shan Siddiqui	4328	30	21 M 30-39	1:01:47.9	1:06:25.7
112	Alexandra Martin	4178	17	5 F 0-19	1:02:03.1	1:06:41.5
113	Samantha Martin	4177	22	20 F 20-29	1:02:03.2	1:06:41.4
114	Melissa Badger	4012	25	21 F 20-29	1:02:05.8	1:07:00.6
115	HAILEE RENKERS	4234	20	22 F 20-29	1:02:10.7	1:07:17.8
116	Shawn Bissell	4029	36	22 M 30-39	1:02:13.0	1:07:19.8
117	Melissa Chelsberg	4054	30	15 F 30-39	1:02:24.0	1:07:02.8
118	Erika Scigliano	4319	53	8 F 50-59	1:02:28.4	1:07:15.0
119	MARTIN SEDLACEK	4255	38	23 M 30-39	1:02:37.2	1:07:57.1
120	Lindsey Pagnucco	4308	56	9 F 50-59	1:02:38.5	1:07:14.7
121	Robert Higgins	4322	52	15 M 50-59	1:02:40.1	1:03:45.1
122	John Moran	4200	71	1 M 70-79	1:02:55.4	1:07:31.8
123	Veronique Bessette	4026	35	16 F 30-39	1:02:59.6	1:07:46.5
124	Kirsten Kohler	4140	33	17 F 30-39	1:03:10.9	1:07:59.7
125	Taylor McBeth	4181	23	23 F 20-29	1:03:15.3	1:07:58.6
126	Charles Wang	4287	68	2 M 60-69	1:03:16.6	1:07:53.7
127	Catherine Sainte-Marie	4244	38	18 F 30-39	1:03:20.3	1:08:07.5
128	Alexa Jordens	4122	25	24 F 20-29	1:03:37.2	1:08:27.4
129	Brenda Sanders	4246	50	10 F 50-59	1:03:40.7	1:08:40.9
130	Dawn Mooney	4199	34	19 F 30-39	1:03:44.6	1:08:47.1
131	Elsa Brink	4038	31	20 F 30-39	1:03:51.7	1:08:59.1
132	SHANNON SMYTH	4264	34	21 F 30-39	1:03:57.5	1:08:42.1
133	Jason Mah	4168	38	24 M 30-39	1:04:00.6	1:08:58.8

134	Melissa Mah	4169	32	22 F 30-39	1:04:01.3	1:08:58.9
135	Harold Tarbell	4277	57	16 M 50-59	1:04:03.9	1:08:39.2
136	Elizabeth Keithley	4128	26	25 F 20-29	1:04:12.6	1:09:05.0
137	Sarah Bull	4335	30	23 F 30-39	1:04:20.7	1:09:15.0
138	Beverley Oneil	4215	49	7 F 40-49	1:04:21.5	1:08:56.3
139	Nicole Kennedy	4132	38	24 F 30-39	1:04:23.0	1:09:08.8
140	Bennett Hilley	4111	30	25 F 30-39	1:04:24.9	1:09:15.9
141	Laura O'Neill	4310	25	26 F 20-29	1:04:25.5	1:09:31.1
142	Miquel Marin	4174	39	25 M 30-39	1:04:30.2	1:09:07.0
143	Mia Olsson	4214	36	26 F 30-39	1:04:30.7	1:09:07.3
144	Anna Bruder	4043	19	6 F 0-19	1:04:32.7	1:09:18.9
145	Laura Leckie	4151	30	27 F 30-39	1:04:43.3	1:09:44.8
146	Michael King	4137	37	26 M 30-39	1:04:48.6	1:09:57.9
147	Christina King	4136	35	28 F 30-39	1:04:49.4	1:09:58.3
148	Stephanie Williams	4336	41	8 F 40-49	1:04:58.8	1:10:05.4
149	Jennifer Scott	4253	35	29 F 30-39	1:05:05.0	1:09:59.7
150	Natasha Alikova	4005	29	27 F 20-29	1:05:16.3	1:09:49.6
151	Tina Nelson	4208	35	30 F 30-39	1:05:21.5	1:10:39.4
152	Joel Nelson	4209	35	27 M 30-39	1:05:21.6	1:10:39.7
153	Julia Langton	4146	30	31 F 30-39	1:05:39.4	1:10:41.4
154	Helena Tse	4283	38	32 F 30-39	1:05:44.9	1:10:22.5
155	Harald Snik	4265	50	17 M 50-59	1:05:56.5	1:10:50.3
156	Michelle Lauwers	4147	33	33 F 30-39	1:06:11.9	1:11:22.9
157	Jennifer Sinden	4259	35	34 F 30-39	1:06:12.1	1:11:23.1
158	Susan Verbeke	4284	28	28 F 20-29	1:06:14.0	1:11:12.2
159	Rose Bender	4023	47	9 F 40-49	1:06:26.8	1:11:21.0
160	Jennifer Keith	4127	39	35 F 30-39	1:06:26.8	1:11:21.1
161	Jason Tang	4274	13	2 M 0-19	1:06:27.0	1:11:15.6
162	Marc Barlo	4016	24	7 M 20-29	1:06:28.6	1:11:38.8
163	Pavel Koplík	4142	37	28 M 30-39	1:06:30.1	1:11:50.9
164	Andrea Rendall	4232	25	29 F 20-29	1:06:40.3	1:11:25.3
165	Terri Kennedy	4131	32	36 F 30-39	1:06:42.4	1:11:39.8
166	Kristin Dueck	4074	34	37 F 30-39	1:06:43.0	1:11:40.0
167	Wayne Dueck	4073	33	29 M 30-39	1:06:44.5	1:11:42.7
168	Evy Troch	4281	28	30 F 20-29	1:06:46.5	1:11:46.5
169	Ryan Lauwers	4148	37	30 M 30-39	1:06:50.8	1:12:02.2
170	Russ Weeks	4289	35	31 M 30-39	1:06:56.8	1:11:38.3
171	Doug Dwyer	4075	40	19 M 40-49	1:07:15.1	1:12:30.5
172	Rose Wood	4295	61	1 F 60-69	1:07:16.0	1:12:11.9
173	Siobhan Key	4133	36	38 F 30-39	1:07:51.9	1:12:47.1
174	Tracey Friesen	4086	48	10 F 40-49	1:08:14.8	1:12:49.1
175	Kevin Zack	4305	61	3 M 60-69	1:08:16.0	1:13:20.9
176	Linda MacLeod	4166	25	31 F 20-29	1:08:16.3	1:12:55.3
177	Veronika Skarlandtova	4260	37	39 F 30-39	1:08:18.0	1:13:38.4
178	Laura Curry	4064	24	32 F 20-29	1:08:19.8	1:13:17.5
179	Rosie Lange	4145	27	33 F 20-29	1:08:20.3	1:13:02.4
180	Kaylee Goodison	4092	27	34 F 20-29	1:08:20.4	1:13:02.4
181	Veronika Lobodzinski	4161	27	35 F 20-29	1:08:32.7	1:13:23.5
182	Mary Merraro	4196	31	40 F 30-39	1:08:37.1	1:13:15.3
183	Jane McCutcheon	4185	67	2 F 60-69	1:09:34.4	1:14:30.6
184	Marlissa Frank	4085	22	36 F 20-29	1:09:34.4	1:10:02.3
185	Amy Little	4159	23	37 F 20-29	1:09:37.8	1:10:04.5

186	Nikki Butterfield	4047	32	41 F 30-39	1:09:43.3	1:14:29.5
187	Rachel Adilman	4004	23	38 F 20-29	1:09:51.8	1:14:37.2
188	Isabelle Hertz	4110	24	39 F 20-29	1:09:51.8	1:14:37.2
189	Tracey Hudson	4116	48	11 F 40-49	1:09:55.7	1:14:55.4
190	Cathy Gray	4096	60	3 F 60-69	1:10:06.0	1:14:58.3
191	Kevin Woolliams	4347	44	20 M 40-49	1:10:07.1	1:15:22.7
192	Douglas Brecknell	4034	44	21 M 40-49	1:10:07.8	1:15:22.4
193	Elizabeth Jacobs	4119	41	12 F 40-49	1:10:11.4	1:15:06.6
194	Leah Plomp	4223	33	42 F 30-39	1:10:25.0	1:15:03.8
195	Anita Junttila	4123	43	13 F 40-49	1:10:27.8	1:15:23.3
196	Eve Ojea	4212	34	43 F 30-39	1:10:47.9	1:15:30.7
197	Terri-Lee Seeley	4256	58	11 F 50-59	1:11:02.6	1:16:04.9
198	Christine Parry	4218	49	14 F 40-49	1:11:10.0	1:15:53.2
199	Anna Brown	4040	36	44 F 30-39	1:11:41.3	1:16:49.6
200	Shelly Muir	4203	32	45 F 30-39	1:11:42.4	1:16:39.7
201	Randy Cowan	4061	52	18 M 50-59	1:12:00.9	1:17:18.3
202	Montanna Mosher	4201	16	7 F 0-19	1:12:01.4	1:17:19.2
203	TIFFANY LUNA	4163	28	40 F 20-29	1:12:13.6	1:17:03.3
204	Abigail Arnold	4010	20	41 F 20-29	1:12:28.1	1:17:28.9
205	Cee-Jay Trociuk	4282	19	8 F 0-19	1:12:28.2	1:17:29.0
206	Joanne Bright	4037	62	4 F 60-69	1:12:29.7	1:17:15.6
207	Julia Bright	4036	33	46 F 30-39	1:12:29.9	1:17:15.8
208	Christina Fernandes	4080	31	47 F 30-39	1:12:30.5	1:12:57.4
209	Maureen Pepin	4222	50	12 F 50-59	1:12:41.0	1:17:40.7
210	Kiran Basran	4020	28	42 F 20-29	1:12:45.1	1:13:12.6
211	James Fourmic	4341	33	32 M 30-39	1:13:02.8	1:17:36.3
212	Jess Vandemaker	4340	32	48 F 30-39	1:13:03.5	1:17:36.6
213	Kat Sorfleet	4266	28	43 F 20-29	1:13:04.2	1:17:36.7
214	Diana Vazquez	4329	26	44 F 20-29	1:13:04.8	1:17:37.0
215	Jennifer Yung	4342	43	15 F 40-49	1:13:06.2	1:17:45.7
216	Brittany Trenkel	4280	21	45 F 20-29	1:13:09.7	1:17:42.1
217	Darcey Besemer	4025	35	49 F 30-39	1:13:30.7	1:18:03.3
218	Tanis Sawkins	4247	49	16 F 40-49	1:13:36.0	1:18:48.9
219	Wilma Nederend	4206	53	13 F 50-59	1:13:36.0	1:18:49.0
220	Armando Elias	4076	34	33 M 30-39	1:13:40.0	1:14:27.2
221	John L. Young	4301	69	4 M 60-69	1:13:54.2	1:18:48.0
222	Joan S. Young	4302	65	5 F 60-69	1:13:54.9	1:18:47.8
223	Scott Lennox	4157	29	8 M 20-29	1:14:10.4	1:19:29.9
224	John Rhodes	4236	44	22 M 40-49	1:14:33.5	1:19:25.1
225	Alicia Brubacher	4042	25	46 F 20-29	1:15:09.6	1:20:08.6
226	Julie Makranyi	4170	44	17 F 40-49	1:15:18.3	1:20:27.0
227	Bradley Ross	4242	40	23 M 40-49	1:15:31.3	1:20:46.8
228	Alison Birdsall	4028	43	18 F 40-49	1:15:31.4	1:20:27.6
229	Astrid Gradlmiller	4095	28	47 F 20-29	1:15:31.9	1:20:27.8
230	Jane Wong	4324	41	19 F 40-49	1:15:38.6	1:20:15.7
231	Virginia Banh	4325	41	20 F 40-49	1:15:39.1	1:20:16.1
232	Shelley Killion	4135	40	21 F 40-49	1:15:53.5	1:20:33.4
233	Deena Devereaux	4067	45	22 F 40-49	1:15:54.6	1:20:35.5
234	Julie Yu	4304	43	23 F 40-49	1:15:59.1	1:20:39.4
235	Joanne Howitz	4115	46	24 F 40-49	1:16:11.0	1:21:22.9
236	Laura Malley	4171	48	25 F 40-49	1:16:31.7	1:21:04.9
237	Patrick McCarthy	4182	48	24 M 40-49	1:16:40.1	1:21:15.3

238	Tracey Bilodeau	4027	46	26 F 40-49	1:16:40.2	1:21:15.3
239	JULIE RENKERS	4233	45	27 F 40-49	1:16:43.9	1:21:51.6
240	Theresa Weeks	4288	44	28 F 40-49	1:17:04.0	1:21:44.8
241	Leanne Fawcett	4079	47	29 F 40-49	1:17:13.5	1:22:20.2
242	Mary Munro	4204	46	30 F 40-49	1:17:13.9	1:22:21.2
243	Kim Jackson	4118	54	14 F 50-59	1:18:22.0	1:23:06.2
244	Carolina Lizama	4160	30	50 F 30-39	1:18:24.4	1:23:34.5
245	Judith Bowersox	4333	76	1 F 70-79	1:18:35.9	1:23:41.4
246	Chelsey Namura	4326	36	51 F 30-39	1:19:26.7	1:24:19.9
247	Violet Holmes	4114	78	2 F 70-79	1:19:26.7	1:19:50.4
248	Lori Breen	4035	60	6 F 60-69	1:19:39.2	1:24:38.4
249	Ed McPhillamey	4193	45	25 M 40-49	1:20:17.1	1:25:30.6
250	Cheri Brochu	4039	42	31 F 40-49	1:20:17.3	1:25:30.5
251	Jessica Wallace	4285	35	52 F 30-39	1:20:24.6	1:25:43.5
252	Scot Stewart	4269	38	34 M 30-39	1:20:24.8	1:25:43.6
253	Nancy Squair	4323	52	15 F 50-59	1:20:38.4	1:25:26.0
254	Jennifer Mccutcheon	4186	34	53 F 30-39	1:21:18.5	1:26:20.5
255	Kathy Werner	4290	58	16 F 50-59	1:21:40.9	1:26:49.3
256	Nordina Newton	4210	50	17 F 50-59	1:22:04.0	1:26:48.1
257	Carla Hanson	4102	34	54 F 30-39	1:22:05.4	1:27:07.4
258	Graham Malley	4172	56	19 M 50-59	1:22:09.5	1:26:42.8
259	Trish Jones	4121	49	32 F 40-49	1:22:18.1	1:27:02.2
260	Diana Ospina	4216	39	55 F 30-39	1:23:03.2	1:27:49.6
261	Ibrahim Kamar	4125	37	35 M 30-39	1:23:34.6	1:23:34.6
262	Angelina Robinson	4350	43	33 F 40-49	1:23:49.1	1:29:04.8
263	Traci Kruisselbrink	4143	35	56 F 30-39	1:23:50.1	1:29:06.0
264	Caroline Paulicelli	4220	56	18 F 50-59	1:24:18.8	1:28:58.4
265	Lisa Mah	4167	39	57 F 30-39	1:24:19.5	1:29:17.2
266	Pamela Marissen	4175	47	34 F 40-49	1:24:40.2	1:29:17.8
267	Edette Gagné	4338	49	35 F 40-49	1:24:48.7	1:29:47.0
268	Barbara Drake	4071	43	36 F 40-49	1:24:57.6	1:30:04.0
269	Joanna Cheng	4056	41	37 F 40-49	1:27:24.4	1:32:13.0
270	Janis McGladrey	4189	54	19 F 50-59	1:28:08.3	1:33:11.1
271	Lorri Paquette	4331	43	38 F 40-49	1:28:32.7	1:33:12.3
272	Hollie Griffin	4098	35	58 F 30-39	1:28:47.8	1:33:31.7
273	Heather McDonald	4187	59	20 F 50-59	1:31:08.9	1:36:01.9
274	Kasey Bayne	4021	32	59 F 30-39	1:31:15.2	1:36:16.0
275	Stanley Kwok	4320	36	36 M 30-39	1:31:15.4	1:36:15.9
276	Saiqa Mohammed	4321	39	60 F 30-39	1:33:27.8	1:38:10.2
277	Fern Angus	4008	54	21 F 50-59	1:34:40.6	1:39:49.1
278	Roberta Rochon	4239	54	22 F 50-59	1:35:14.2	1:40:02.0
279	Rebecca Keithley	4130	21	48 F 20-29	1:37:44.1	1:42:36.8
280	Kevin Keithley	4129	53	23 F 50-59	1:37:44.9	1:42:38.2
281	Brittany Pratico	4226	29	49 F 20-29	1:39:46.9	1:44:46.4
282	Kelly Hargrove	4103	36	61 F 30-39	1:41:42.1	1:46:32.7
283	Tonia Penner	4221	37	62 F 30-39	1:41:43.1	1:46:33.3
284	Dustin Sproat	4334	33	37 M 30-39	1:51:29.4	1:52:15.4
285	Triona King	4138	40	39 F 40-49	1:59:45.0	2:04:42.6
286	Daisy Rajarathgm	1141	0	9 F 0-19	2:55:57.6	2:56:07.2
5K						
Place	Name	Bib No	Age	Age Group Place	Chip Time	Gun Time

1	Yuki Fukushima	5841	29	1 M 20-29	18:36.7	26:38.5
2	Angel Serrato Solis	5812	32	1 M 30-39	19:39.8	27:40.8
3	Gordon Flett	5763	54	1 M 50-59	21:49.0	29:50.5
4	Roy Lee	5840	37	2 M 30-39	22:15.2	30:17.6
5	Bernard Topic	5837	22	2 M 20-29	22:30.2	30:40.4
6	Joshua Maisel	5782	15	1 M 0-19	23:13.8	31:15.9
7	Bethany Tait	5819	28	1 F 20-29	23:16.0	31:18.2
8	Kaitlyn Block	5742	24	2 F 20-29	23:16.8	31:18.5
9	Keiko Ayuba	5842	33	1 F 30-39	23:28.4	31:30.7
10	Raquel Martinez	5785	24	3 F 20-29	23:28.8	31:30.5
11	Craig Premack	5806	55	2 M 50-59	23:34.7	31:36.4
12	Greg Faber	5762	45	1 M 40-49	23:49.3	31:51.7
13	Sam Bennett	5740	11	2 M 0-19	25:55.6	34:03.2
14	Malcolm Carey	5747	11	3 M 0-19	25:55.7	34:03.2
15	Alana OConnell	5850	54	1 F 50-59	26:49.6	34:52.2
16	Alex Aslani	5736	29	3 M 20-29	27:50.2	35:54.4
17	Colin Kwok	5778	9	4 M 0-19	29:17.1	37:24.2
18	Cyrus Navabi	5794	25	4 M 20-29	29:24.2	37:26.3
19	Ariana Fotinakis	5839	25	4 F 20-29	29:37.9	37:39.3
20	Cassidy Anderson	5734	8	1 F 0-19	31:02.6	39:10.9
21	Tyler Chen	5750	9	5 M 0-19	31:04.4	39:11.0
22	Deborah Chan-Yan	5748	39	2 F 30-39	31:11.6	39:19.9
23	Donamarie Lukie	5838	39	3 F 30-39	31:14.8	39:19.4
24	Melanie Ellery	5845	51	2 F 50-59	31:26.1	39:33.0
25	Ahmed Wasfy	5828	27	5 M 20-29	32:26.3	40:39.6
26	Carley Peters	5803	13	2 F 0-19	32:32.1	40:35.8
27	Christina Peters	5802	44	1 F 40-49	34:09.1	42:13.0
28	Fojan Shabrang	5813	24	5 F 20-29	34:17.5	42:26.4
29	Yana Kuzmenko	5777	17	3 F 0-19	34:37.1	42:52.3
30	Emma Van Os	5824	21	6 F 20-29	34:49.6	42:52.7
31	Brenden Tibbitts	5820	24	6 M 20-29	34:50.1	42:53.1
32	Keith Turner	5823	60	1 M 60-69	34:51.6	43:00.7
33	Emily Szabo	5818	22	7 F 20-29	36:35.4	44:41.0
34	Levi Soper	5814	9	6 M 0-19	36:38.8	44:46.3
35	Carolyn Campbell	5745	29	8 F 20-29	36:52.7	45:08.6
36	Lisa Latondress	5779	32	4 F 30-39	36:54.3	45:01.5
37	Kathleen Pennykid	5801	32	5 F 30-39	36:57.2	44:59.9
38	Jenna Dales	5756	20	9 F 20-29	37:06.9	45:10.8
39	Kathy Potter	5805	49	2 F 40-49	37:25.6	45:34.7
40	Christine Wolstenholme	5833	27	10 F 20-29	37:29.1	45:32.5
41	Lillian Aspinall	5737	26	11 F 20-29	37:29.1	45:32.6
42	Diana Bennett	5739	44	3 F 40-49	37:33.0	45:42.0
43	Larry Gillstrom	5766	59	3 M 50-59	37:35.6	45:45.3
44	Ayman Zein	5835	26	7 M 20-29	37:49.9	46:03.3
45	Karen Greenwood	5767	42	4 F 40-49	37:51.1	45:56.5
46	Vivek Menon	5789	42	2 M 40-49	38:05.2	46:18.5
47	Pat Cleans	5853	58	3 F 50-59	38:06.1	46:26.1
48	Barb Wolfe	5852	59	4 F 50-59	38:06.4	46:26.4
49	Gloria Zhang	5836	49	5 F 40-49	38:13.6	46:20.7
50	Will Taylor	5843	8	7 M 0-19	38:13.9	46:17.1
51	Linda Hilts	5769	66	1 F 60-69	38:14.0	46:20.7
52	Grace Moran	5791	66	2 F 60-69	38:14.2	46:20.6

53	Christine Logger	5844	40	6 F 40-49	38:14.5	46:18.2
54	Xiaoming Li	5781	59	4 M 50-59	38:14.6	46:21.7
55	Cecilia Vulama	5826	63	3 F 60-69	38:37.0	46:52.2
56	Amanda McPhillips	5788	32	6 F 30-39	38:37.0	46:49.0
57	Linda McDonald	5786	56	5 F 50-59	38:46.3	46:52.0
58	Cas Wanden	5827	21	12 F 20-29	39:26.3	47:39.4
59	Cindy Parkin	5799	55	6 F 50-59	39:52.8	47:56.9
60	Cheryl Angell	5735	64	4 F 60-69	40:12.0	48:16.2
61	Lisa Bower	5743	44	7 F 40-49	40:28.2	48:38.1
62	Bernadette Bauzon	5738	24	13 F 20-29	41:12.2	49:24.3
63	Joyce Vandegriend	5825	56	7 F 50-59	41:48.4	49:50.1
64	Kayla Serrato Solis	5811	32	7 F 30-39	42:02.9	50:17.1
65	Leone Payson	5800	32	8 F 30-39	42:03.1	50:17.3
66	Carolyn King	5775	52	8 F 50-59	42:07.3	50:13.4
67	Genevieve Mycoeh	5793	26	14 F 20-29	43:17.0	51:23.8
68	Declan Cooke	5753	10	8 M 0-19	43:17.7	51:25.8
69	Jaden White	5831	10	9 M 0-19	43:26.6	51:36.9
70	Ben Cooke	5754	8	10 M 0-19	43:32.3	51:40.1
71	Kelly Stewart	5816	30	9 F 30-39	44:56.9	44:56.9
72	Brett Saunders	5810	31	3 M 30-39	44:56.9	44:56.9
73	Angela Deer	5758	49	8 F 40-49	45:32.7	53:48.1
74	Ela White	5830	10	4 F 0-19	47:14.9	55:23.2
75	Anna Khmelnsky	5774	35	10 F 30-39	47:34.7	55:45.6
76	Mandy Hsieh	5772	25	15 F 20-29	48:11.8	56:21.3
77	Chelsea Marshall	5846	20	16 F 20-29	49:12.0	57:23.1
78	Leslie Holmes	5770	78	1 M 70-79	49:22.0	57:37.0
79	Anne Deitch	5759	62	5 F 60-69	50:23.7	58:31.7
80	Steven Macquisten	5851	28	8 M 20-29	51:18.0	56:11.0
81	Louise Dau	5757	55	9 F 50-59	51:28.8	59:34.0
82	Ying Qiu	5807	24	9 M 20-29	51:55.3	1:00:00.3
83	Marion Young	4346	26	17 F 20-29	53:06.0	58:19.0
84	Brian Relitz	5808	44	3 M 40-49	55:07.0	1:03:20.7
85	Connie Relitz	5809	42	9 F 40-49	55:07.4	1:03:21.0
86	Ruhee Dhanji	5761	29	18 F 20-29	55:12.1	1:03:17.1
87	Leslie Cooper	5755	57	10 F 50-59	56:30.2	1:04:36.4
88	Leslie McPhillips	5787	58	11 F 50-59	57:21.4	1:05:33.6
89	Jennifer Nunnikhoven	5796	41	10 F 40-49	58:29.4	1:06:41.0
90	Deborah Betts	5741	61	6 F 60-69	1:02:23.9	1:10:32.5
91	Helen Peters	5804	71	1 F 70-79	1:04:30.3	1:12:42.6
92	Julie Olson	5797	69	7 F 60-69	1:04:31.5	1:12:43.5