

2018 SFN Canada Day ROCK 5K, 10K				
Overall Finish List				
July 01, 2018				
10K				
Place	Name	Bib No	Age Group	Chip Time
1	Dustin Dunsmuir	3270	1 M 30-39	40:48.3
2	Michael Prince	3335	2 M 30-39	41:15.4
3	Randy Shelford	3345	3 M 30-39	42:13.5
4	Travis Weber	3370	1 M 20-29	43:14.9
5	Karen De Montigny	3266	1 F 40-49	43:12.4
6	Keith Schindel	3341	1 M 40-49	44:27.1
7	David Beaudry	3233	2 M 40-49	45:13.6
8	Nick Christensen	3259	4 M 30-39	45:31.3
9	Stephen Tyler Fisher	3276	2 M 20-29	46:37.4
10	Ryan Le Grice	3307	5 M 30-39	46:47.3
11	Kelly Vogt	3368	1 M 50-59	46:49.0
12	James Hardcastle	3285	3 M 40-49	47:14.0
13	Brandon Cardinal	3250	3 M 20-29	47:12.8
14	Robin Hiet-Block	3289	6 M 30-39	46:47.8
15	Pat Madderom	3314	7 M 30-39	47:43.8
16	Steven BurrIDGE	3245	4 M 40-49	48:01.1
17	Patrick Croal	3262	4 M 20-29	48:06.2
18	Gary Barclay	3228	5 M 40-49	48:31.6
19	Scott Minch	3321	6 M 40-49	48:38.8
20	Kaitlin Somerville	3350	1 F 20-29	48:59.3
21	April Armstrong	3223	1 F 30-39	49:10.8
22	William Hunter	2799	2 M 50-59	49:38.9
23	John Heuft	3288	8 M 30-39	49:49.1
24	Rose Cass	3252	2 F 20-29	50:02.9
25	Tom Middelveen	3320	3 M 50-59	49:40.3
26	Richard Hoepner	3294	4 M 50-59	51:04.8
27	Sarah Poole	3333	2 F 30-39	52:49.0
28	Crystal Weller	3372	3 F 30-39	53:02.5
29	Wojciech Butkiewicz	3247	5 M 20-29	52:54.3
30	Garrison Hodgins	3291	9 M 30-39	52:56.8
31	Michelle Neveklovská	3325	4 F 30-39	53:17.9
32	Elke Bauer	3232	2 F 40-49	53:50.4
33	Gabrielle Goodbrand	3279	3 F 20-29	53:33.2
34	Janaye Kiesman	3303	5 F 30-39	53:33.2
35	Kalyn Head	3286	4 F 20-29	54:38.3
36	David Armstrong	3222	7 M 40-49	54:38.9
37	BRIAN RUEBOTOM	3340	5 M 50-59	54:51.1
38	Josh Brown	3242	8 M 40-49	55:11.6
39	Jolico Villegas-Ty	3366	10 M 30-39	55:43.2
40	Krista Beech	3234	6 F 30-39	55:44.6
41	Janine Astles-Gibbard	3225	7 F 30-39	56:14.7
42	Danielle Howes	3382	8 F 30-39	56:18.3
43	Glen Susans	3352	11 M 30-39	56:20.4
44	Barry Tijssen	3356	9 M 40-49	57:06.5
45	Simone Van Duijne	3362	9 F 30-39	57:06.6
46	Sara Wadge	3369	3 F 40-49	57:05.1

47	Kandis Wells	3373	1 F 50-59	56:48.6
48	Freddie Tugade	3359	12 M 30-39	56:55.9
49	Pamela Lee	3310	10 F 30-39	57:14.0
50	Erin Barclay	3229	11 F 30-39	57:22.8
51	Waihong Ko	3306	6 M 50-59	57:22.8
52	Tim Blokland	3239	10 M 40-49	57:14.7
53	Gary Yee	3378	11 M 40-49	57:26.9
54	Mark Heide	3287	1 M 60-69	57:59.9
55	Michael Baek	3226	1 M 1-19	58:28.9
56	David Tam	3354	13 M 30-39	58:16.2
57	Danae Hodgins	3292	12 F 30-39	58:30.3
58	Brenda Burrige	3246	4 F 40-49	59:13.6
59	Jodi Eckland	3271	13 F 30-39	59:06.8
60	Jodi Preston	3334	14 F 30-39	59:25.8
61	Sheri Vande Ven	3363	5 F 40-49	59:23.5
62	Carrie Daviss	3264	15 F 30-39	1:00:00.6
63	Shirley Blair	3238	1 F 60-69	1:00:32.9
64	Cheryl Villegas-Ty	3367	5 F 20-29	1:01:02.3
65	Lindsay Nowack	3326	16 F 30-39	1:01:42.1
66	Kristy Alexander	3220	17 F 30-39	1:01:40.0
67	Terrelle Klose	3305	6 F 20-29	1:01:52.5
68	Tony Deane	3267	7 M 50-59	1:02:53.1
69	Sharon Toor	3358	6 F 40-49	1:03:10.5
70	Randy Unger	3360	2 M 60-69	1:03:24.9
71	CRUISE YONG FOH SOON	3379	12 M 40-49	1:04:15.0
72	Jennifer Blair	3237	7 F 40-49	1:04:12.9
73	Shaun Jones	3298	13 M 40-49	1:03:44.8
74	Liz Graham	3281	8 F 40-49	1:04:12.6
75	Nicola Edmond	3272	2 F 50-59	1:04:25.9
76	Derek Double	3269	8 M 50-59	1:04:26.6
77	Allison Cormier	3261	18 F 30-39	1:04:48.0
78	Greg Bartels	3230	14 M 30-39	1:06:26.7
79	Taryn Bartels	3231	19 F 30-39	1:04:24.1
80	Sarah Young	3380	20 F 30-39	1:05:47.5
81	Ty Shellenberg	3346	2 M 1-19	1:06:24.0
82	Michele Lee	3308	21 F 30-39	1:06:27.1
83	Lisa Hamar	3284	9 F 40-49	1:06:32.4
84	Josie Setiawan	3344	1 F 1-19	1:07:25.8
85	Genifer Brosas	3241	7 F 20-29	1:06:50.2
86	Tara Klimos	3304	10 F 40-49	1:07:36.4
87	STANLEY SHU	3348	3 M 1-19	1:08:08.3
88	Ebrahim Jadwet	3296	6 M 20-29	1:07:53.8
89	Wan Fang Hiet-Block	3290	22 F 30-39	1:07:51.6
90	Michelle Baek	3227	2 F 1-19	1:08:32.8
91	Aron Veen	3365	23 F 30-39	1:09:19.7
92	Alison Camire	3249	24 F 30-39	1:09:20.0
93	Nathan Horne	3295	15 M 30-39	1:09:18.9
94	BI HUA LIU	3311	11 F 40-49	1:11:00.1
95	Dionne Phillips	3332	25 F 30-39	1:10:04.4
96	Susan Deane	3268	3 F 50-59	1:11:18.4
97	Alexandria Mercier	3319	26 F 30-39	1:11:15.4
98	Stella Choi	3257	12 F 40-49	1:11:33.1

99	Michelle Geraghty	3278	27 F 30-39	1:12:13.2
100	Michael Macdonald	3313	14 M 40-49	1:11:55.2
101	Taryn Gordon	3280	28 F 30-39	1:12:53.8
102	Wendy Ong	3328	29 F 30-39	1:12:32.1
103	Jean Hoeft	3293	13 F 40-49	1:12:48.3
104	Veronique Astles	3224	4 F 50-59	1:13:16.9
105	Valerie Myler	3323	30 F 30-39	1:12:53.2
106	Ge Zhang	3381	5 F 50-59	1:13:27.2
107	Brandy Major	3316	8 F 20-29	1:13:23.2
108	Shigefumi Ehara	3273	7 M 20-29	47:35.4
109	Lisa Chao	3256	14 F 40-49	1:13:57.8
110	VUN KHI WONG	3376	9 M 50-59	1:13:56.3
111	Erica Kerr	3302	15 F 40-49	1:14:40.0
112	Jennifer Gulbransen	3282	31 F 30-39	1:14:40.6
113	Maureen Arestad	3221	1 F 70-99	1:15:26.5
114	Cindi Louis	3312	6 F 50-59	1:20:53.1
115	Gladys Tedesco	3355	16 F 40-49	1:21:28.2
116	Erin Schmid	3342	17 F 40-49	1:21:59.6
117	Nick Elbers	3274	8 M 20-29	1:22:42.8
118	Kasia Butkiewicz	3248	9 F 20-29	1:22:42.8
119	Carole Richardson	3337	7 F 50-59	1:23:50.4
120	Christine Burnham	3244	18 F 40-49	1:24:35.8
121	Patricia Jessen	3297	2 F 60-69	1:26:31.7
122	Lindsay Richardson	3338	10 F 20-29	1:27:39.6
123	Kathleen Paddington	3331	3 F 60-69	1:34:23.6
124	Diane Lee	3309	8 F 50-59	1:34:26.2
125	Kathy Civitareale	3260	4 F 60-69	1:34:33.1
126	Debra Nagy	3324	5 F 60-69	1:34:21.8
127	Petroula Magriotidis	3315	32 F 30-39	1:36:07.6
128	Laura Carlson	3251	33 F 30-39	1:37:29.9
129	Dayna Wilson	3374	34 F 30-39	1:37:30.8

5K

Place	Name	Bib No	Age Group	Chip Time
1	Sean Marlyn	2825	1 M 50-59	21:44.2
2	David Thibodeau	2874	1 M 40-49	21:58.1
3	Dale Yee	2895	2 M 40-49	23:15.7
4	Scott Phelps	2852	3 M 40-49	23:24.5
5	Logan Vaitkus	2884	1 M 1-19	24:14.4
6	Christopher Perger	2848	1 M 30-39	25:06.8
7	Gary Tate	2898	2 M 50-59	25:57.8
8	Maxim Pertsov	2850	2 M 30-39	26:14.8
9	Loreto Obrien	2840	1 F 40-49	26:44.4
10	Tony Bernardin	2761	2 M 1-19	27:13.5
11	Mariel Perez	2847	1 F 20-29	27:09.9
12	Murray Heide	2795	3 M 50-59	28:16.3
13	Jose Bird	3236	1 M 20-29	28:51.5
14	Mark Young	2896	4 M 50-59	28:50.5
15	Lisa Parr	2844	1 F 50-59	29:09.9
16	Erin Nestmann	2901	1 F 30-39	29:18.6
17	Henry Nestmann	2833	3 M 1-19	29:19.1
18	Anthony Tong	2877	1 M 60-69	30:52.0

19	Susan Edmondson	2782	2 F 50-59	30:55.5
20	George Dolezal	2778	4 M 40-49	28:09.3
21	Luky Dolezal	2779	4 M 1-19	28:09.7
22	Vytas Vaitkus	2883	5 M 50-59	31:06.9
23	Leah Weiss	2890	2 F 40-49	31:09.8
24	Carol Dirksen	2777	3 F 50-59	31:25.3
25	Alyssa Nguyen	2837	2 F 20-29	31:09.2
26	Vendula Zamorska	2897	3 F 20-29	31:12.7
27	Mandy Bernardin	2762	1 F 1-19	31:51.6
28	Mike Watton	2889	6 M 50-59	31:52.8
29	Merideth Frost	3277	3 F 40-49	32:04.7
30	Becky Paulsen	2899	4 F 40-49	32:09.2
31	Montana Aquing	2755	2 F 1-19	32:21.3
32	Marcie Unger	2880	4 F 50-59	31:57.1
33	Teresa Hough	2797	5 F 50-59	31:57.3
34	Brandi Murphy	2831	2 F 30-39	32:04.7
35	Danielle Greenlees	2791	5 F 40-49	32:05.1
36	Michelle Wilson	3375	6 F 40-49	31:53.5
37	Lori Rendell	2855	6 F 50-59	32:29.8
38	Martina Aquing	2754	7 F 40-49	32:58.9
39	Christie Locke	2818	7 F 50-59	33:31.0
40	Keith Turner	2879	2 M 60-69	33:37.2
41	Chris Wiegand	2891	5 M 40-49	30:36.9
42	Geordie Narrow	2904	6 M 40-49	30:36.4
43	Milena Neveklovska	2835	1 F 60-69	33:48.2
44	Tabitha Watmore	2887	3 F 30-39	34:55.3
45	Christina Ip	2801	2 F 60-69	34:56.5
46	Stephen Ip	2800	3 M 60-69	34:57.4
47	Ines Cavasin Burton	2773	8 F 50-59	34:53.9
48	James Paxton	2846	5 M 1-19	35:38.1
49	Kari Lloyd	2817	8 F 40-49	35:40.8
50	Alice Bromilow	2767	3 F 1-19	35:49.1
51	Wendy Swain	2871	4 F 30-39	35:25.6
52	Kyle Berger	2760	7 M 40-49	35:25.8
53	Amelia Hamilton	2793	4 F 20-29	35:53.1
54	Michael Bromilow	2765	8 M 40-49	35:58.9
55	Teresa Saunders	2860	9 F 50-59	36:24.6
56	Janet Fung	2787	5 F 30-39	36:19.2
57	Janet Baxter	2758	10 F 50-59	36:44.9
58	Ethan Paisley	2842	6 M 1-19	36:45.0
59	John Paisley	2841	9 M 40-49	36:45.2
60	Matteo Mclaughlin	2830	7 M 1-19	36:56.5
61	Kevin Mclaughlin	2829	10 M 40-49	36:56.9
62	Petr Neveklovsky	2836	1 M 70-99	37:17.8
63	Richard Lewis	2809	4 M 60-69	37:47.8
64	Kathy Lewis	2810	3 F 60-69	37:49.1
65	Tracy Lewis	2811	11 F 50-59	37:52.6
66	Jennifer Franklin	2785	6 F 30-39	37:33.7
67	Michael Franklin	2784	3 M 30-39	37:33.7
68	Regan Lewis	2808	7 M 50-59	38:09.9
69	Carol Watton	2888	12 F 50-59	38:44.1
70	Pat Hayward	2794	4 F 60-69	38:45.8

71	Tomomi Tanitomi	2872	9 F 40-49	38:48.6
72	Leo Lin	2815	8 M 1-19	38:47.9
73	Marcus Nygren	2838	9 M 1-19	39:23.6
74	Nikki Scott	2863	10 F 40-49	39:28.5
75	Kerri Carter	2772	7 F 30-39	39:53.7
76	Leslie Liebscher	2812	8 F 30-39	39:41.4
77	Kim Liebscher	2813	11 F 40-49	39:42.4
78	Suzanne Torjek	2878	13 F 50-59	40:01.8
79	Jane Freeman	2786	12 F 40-49	40:02.3
80	Shannon Stewart	3351	14 F 50-59	40:58.3
81	Trish Jones	3299	15 F 50-59	40:57.6
82	Dominique Parr	2845	5 F 20-29	41:19.9
83	Renee Adam	2752	13 F 40-49	40:55.7
84	Riley Smith	2867	10 M 1-19	41:09.8
85	Ally Bodnar	2763	9 F 30-39	41:43.0
86	Jayden Sandhu	2900	4 F 1-19	41:44.0
87	Carolynne Wilks-Perger	2893	10 F 30-39	42:20.2
88	Tammy Borg	2764	14 F 40-49	42:46.9
89	Amanda Weber	3371	11 F 30-39	42:59.0
90	Shannon Field	2783	15 F 40-49	43:18.1
91	Logan Phelps	2851	11 M 1-19	43:13.4
92	Alison Double	2780	16 F 50-59	44:00.5
93	Joanne Rousseau	2857	16 F 40-49	44:07.7
94	Melissa Vannerus	3364	6 F 20-29	44:07.9
95	Renata Wiegand	2892	17 F 40-49	32:37.5
96	Matthew Thibodeau	2875	12 M 1-19	44:55.9
97	Betty Thibodeau	2876	1 F 70-99	44:56.1
98	Heather Smith	2869	18 F 40-49	45:01.5
99	John Smith	2868	13 M 1-19	45:02.9
100	Debbie Andrews	2753	17 F 50-59	46:04.7
101	Richard Wilson	2894	5 M 60-69	46:05.1
102	Meredith Macgregor	2822	12 F 30-39	48:03.6
103	Kelly Macgregor	2821	13 F 30-39	48:02.8
104	Thomas Macgregor	2820	14 M 1-19	48:03.6
105	Yvonne Hagel	2792	18 F 50-59	47:52.7
106	Jeannette Gehrke	2788	19 F 50-59	47:54.5
107	Paula Cooper	2774	7 F 20-29	47:50.8
108	Janet Phelps	2854	19 F 40-49	48:01.5
109	Sadie Phelps	2853	5 F 1-19	48:00.7
110	Kathleen Klause	2803	14 F 30-39	49:14.8
111	Sara Simpson	2864	15 F 30-39	49:14.7
112	Daisy Madill	2823	2 F 70-99	49:41.1
113	Theresa Schiewe	2861	16 F 30-39	50:24.6
114	Brenda Schiewe	2862	20 F 50-59	50:24.5
115	Mirian Chiu	2902	20 F 40-49	50:50.5
116	Jianan Wang	2885	8 F 20-29	50:50.6
117	Stephanie Samson	2859	17 F 30-39	51:49.6
118	Jason Macarthur	2819	11 M 40-49	51:49.3
119	Sandi Hildebrant	2796	3 F 70-99	52:06.1
120	Jay Lin	2814	4 M 30-39	52:42.0
121	Louie Lin	2816	15 M 1-19	52:42.1
122	Willa Potter	2903	18 F 30-39	53:48.4

123	Caroline O'bray	2839	21 F 50-59	53:14.6
124	Serena Caine	2769	19 F 30-39	53:15.4
125	Warren Le Grice	2806	2 M 70-99	54:20.5
126	Cheryl Le Grice	2807	5 F 60-69	54:25.5
127	Emma Cooper	2775	20 F 30-39	56:36.2
128	Colleen Marshall	2826	6 F 60-69	57:17.1
129	Deborah Sadowsky	2858	22 F 50-59	57:18.4
130	Tina Campbell	2771	23 F 50-59	58:34.4
131	Colin Bell	2759	16 M 1-19	58:35.2
132	Tatyana Krassyukova	2804	7 F 60-69	59:39.7
133	Leanne Smith	2866	21 F 30-39	59:29.0
134	Heather Rigby-Jones	2856	8 F 60-69	1:04:50.8
135	William Bromilow	2766	17 M 1-19	1:09:13.7
136	Rhiannon Marshall	2828	22 F 30-39	1:58:48.5
137	Jonah Marshall	2827	5 M 30-39	1:58:50.0