

Langley Hospice Society Fort Langley Historic					
Overall Finish List					
February 18, 2018					
Half					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Jordan Goertz	782	1 M 30-39	1:28:39.4	1:28:48.9
2	Duane Foley	929	1 M 40-49	1:29:50.0	1:29:53.8
3	Rick Horstman	791	2 M 40-49	1:30:05.3	1:30:10.7
4	Alec Bordignon	728	2 M 30-39	1:30:39.6	1:30:45.8
5	Michael Prince	859	3 M 30-39	1:32:15.7	1:32:19.0
6	Rich Frazier	778	3 M 40-49	1:33:18.6	1:33:23.9
7	Katherine Short	877	1 F 20-29	1:35:40.9	1:35:49.5
8	Jeff Brooman	733	4 M 30-39	1:36:14.6	1:36:23.6
9	Claire Ewatski	771	2 F 20-29	1:38:50.6	1:39:04.9
10	Charlene Janzen	795	1 F 40-49	1:39:37.3	1:39:45.4
11	Tom Witowich	917	1 M 20-29	1:39:22.1	1:39:48.2
12	Tori Bandringa	714	1 F 30-39	1:40:08.0	1:40:27.0
13	Cameron Morrell	842	1 M 50-59	1:41:32.1	1:41:35.8
14	Shelley Kelley	800	2 F 30-39	1:41:40.6	1:41:45.1
15	Dustin Dunsmuir	764	5 M 30-39	1:41:52.0	1:42:07.0
16	Renee Agnew	710	3 F 30-39	1:42:43.9	1:42:49.1
17	Kelly Vogt	902	2 M 50-59	1:43:29.8	1:43:43.9
18	Lisa Rossetto	874	2 F 40-49	1:43:45.5	1:43:51.6
19	Paul Mendoza	834	4 M 40-49	1:43:44.2	1:44:06.9
20	Francis Edmilao	767	5 M 40-49	1:44:04.5	1:44:37.7
21	Geoff Mcnamara	831	6 M 40-49	1:44:27.9	1:44:48.9
22	Monica Rosenke	932	3 F 40-49	1:44:49.1	1:44:55.8
23	James Hardcastle	785	7 M 40-49	1:45:11.7	1:45:21.0
24	Joe Sierpina	939	8 M 40-49	1:46:16.9	1:46:33.5
25	Sean Wilson	915	6 M 30-39	1:46:37.8	1:46:45.8
26	Tracy Morrison	843	4 F 40-49	1:47:05.2	1:47:15.8
27	Dave Weightman	908	3 M 50-59	1:48:26.1	1:48:42.5
28	Rose Cass	742	3 F 20-29	1:48:59.2	1:49:04.3
29	Josh Garcia	738	2 M 20-29	1:48:45.5	1:49:29.2
30	Gary Deng	757	4 M 50-59	1:49:07.5	1:49:36.3
31	Tony Garcia	779	7 M 30-39	1:49:33.7	1:50:17.9
32	Nicolas Mederle	832	8 M 30-39	1:50:08.5	1:50:26.0
33	Erin Barclay	716	5 F 40-49	1:50:34.1	1:50:46.6
34	Warren Young	922	9 M 40-49	1:50:13.7	1:50:48.1
35	Haley Bokshowan	727	4 F 20-29	1:50:20.6	1:50:54.9
36	Rob Rempel	863	1 M 60-69	1:50:50.4	1:51:04.2
37	Twyla Ross	873	1 F 50-59	1:51:16.8	1:51:28.3
38	Ryan Le Grice	815	9 M 30-39	1:50:59.8	1:51:39.8
39	Kate Easby	766	4 F 30-39	1:51:48.9	1:52:03.9
40	Bryce Baxter	718	10 M 30-39	1:52:18.2	1:52:25.5
41	Jim Novotny	851	5 M 50-59	1:52:18.4	1:52:42.9
42	Stephen Tyler Fisher	772	3 M 20-29	1:53:17.9	1:53:22.0
43	Pat Madderom	824	11 M 30-39	1:52:52.1	1:53:22.2
44	Claudine Matlo	825	6 F 40-49	1:53:14.5	1:53:25.3
45	Michelle Wardle	906	7 F 40-49	1:53:15.6	1:53:30.5
46	Kevin Plumb	858	12 M 30-39	1:53:28.9	1:53:48.8

47	Janelle Roger	868	5 F 30-39	1:53:48.9	1:54:00.4
48	Tim Williams	914	6 M 50-59	1:53:59.8	1:54:18.9
49	Christine Erb	768	8 F 40-49	1:54:19.8	1:54:25.7
50	Finnian Moon	839	5 F 20-29	1:54:57.4	1:55:15.6
51	Elizabeth Zajc	923	9 F 40-49	1:55:14.5	1:55:27.1
52	Fred Lambright	809	1 M 70-99	1:56:15.5	1:56:38.0
53	DIEGO ARCINIEGAS	712	10 M 40-49	1:56:28.9	1:56:39.3
54	SONIA BRAVO	730	2 F 50-59	1:56:40.8	1:56:51.7
55	Ramiro Munoz	848	7 M 50-59	1:57:03.5	1:57:13.4
56	Brent Gillis	781	13 M 30-39	1:56:45.4	1:57:21.2
57	Tom Middelveen	835	8 M 50-59	1:57:20.0	1:57:33.2
58	Dave Horsfie	790	2 M 60-69	1:57:17.0	1:57:36.6
59	Brett Templeman	893	11 M 40-49	1:57:29.3	1:57:43.4
60	will lawence	2318	14 M 30-39	1:57:18.6	1:57:59.1
61	Michael Brynjolfson	735	12 M 40-49	1:58:07.8	1:58:23.3
62	Laara Horstman	792	10 F 40-49	1:58:10.5	1:58:29.6
63	Markus Westerholz	911	13 M 40-49	1:58:45.0	1:59:01.3
64	Brenie Clamer	748	6 F 20-29	1:58:22.9	1:59:05.3
65	Sergio Garcia	780	4 M 20-29	1:58:22.4	1:59:05.4
66	James Maclean	823	9 M 50-59	1:59:24.4	1:59:39.0
67	Maria Verbonac	901	3 F 50-59	1:59:38.8	1:59:42.4
68	Carrie Corsiatto	751	4 F 50-59	1:59:31.7	1:59:45.1
69	Leanna Follett	775	5 F 50-59	1:59:23.9	1:59:47.9
70	Anthony Stephenson	884	14 M 40-49	2:00:01.8	2:00:08.2
71	Nicolas Kenny	802	15 M 40-49	2:00:09.3	2:00:15.7
72	Kalyn Head	787	7 F 20-29	2:00:11.4	2:00:18.7
73	Andrew Janzen	794	16 M 40-49	2:01:01.7	2:01:16.1
74	Jamie Doldersum	761	8 F 20-29	2:01:21.5	2:01:28.2
75	Alison Varin	900	6 F 30-39	2:01:27.9	2:01:49.4
76	Cory Ratke	862	10 M 50-59	2:01:44.6	2:02:03.8
77	Monique Ataei	942	9 F 20-29	2:01:18.5	2:02:06.9
78	Erin Propas	860	7 F 30-39	2:01:56.0	2:02:11.5
79	Melissa Baxter	719	8 F 30-39	2:02:08.2	2:02:15.4
80	Rich Brodowski	933	11 M 50-59	2:03:18.6	2:03:26.6
81	Jack Chisholm	746	1 M 1-19	2:03:08.6	2:03:35.3
82	David Ross	872	12 M 50-59	2:03:27.7	2:03:38.6
83	Yilun Chien	744	10 F 20-29	2:04:01.8	2:04:14.0
84	Stephanie Brogden	732	11 F 20-29	2:04:11.9	2:04:20.5
85	Alison Green	784	11 F 40-49	2:04:14.1	2:04:28.2
86	Linnea Breittkreutz	731	12 F 20-29	2:04:10.7	2:04:42.1
87	Sheri Vande Ven	898	12 F 40-49	2:04:37.8	2:04:49.3
88	Kelly Bevan-Pritchard	721	13 F 20-29	2:05:10.1	2:05:44.7
89	Sophia Crisafi	928	13 F 40-49	2:05:28.6	2:05:50.1
90	Scott Minch	836	17 M 40-49	2:05:34.9	2:05:58.7
91	Sumara Stroshein	885	14 F 20-29	2:06:01.3	2:06:20.0
92	Caroline Dagleish	753	9 F 30-39	2:06:13.2	2:06:34.4
93	Michelle Smith	883	15 F 20-29	2:06:06.4	2:06:41.2
94	Rory Morgan	840	18 M 40-49	2:06:26.1	2:06:42.4
95	Dawn Whittaker	912	14 F 40-49	2:06:19.8	2:07:01.0
96	Stuart Nurse	853	3 M 60-69	2:06:43.3	2:07:07.0
97	Luke Burkholder	737	15 M 30-39	2:06:59.6	2:07:21.8
98	Tate Morton	844	13 M 50-59	2:07:08.9	2:07:23.0

99	Karen Lyles	819	15 F 40-49	2:07:03.4	2:07:24.9
100	Sabriena Aujla	713	10 F 30-39	2:06:45.8	2:07:29.3
101	Leah Dixon	758	11 F 30-39	2:07:25.7	2:07:33.3
102	Paul Chisholm	745	14 M 50-59	2:07:14.6	2:07:40.4
103	Ben Chisholm	747	2 M 1-19	2:07:37.7	2:08:03.7
104	Danae Hodgins	2425	16 F 20-29	2:07:53.2	2:08:06.2
105	Miranda Rosehill	870	17 F 20-29	2:08:10.4	2:08:28.6
106	Javy Lambright	810	16 F 40-49	2:08:45.4	2:08:57.5
107	Martin Gostelow	783	4 M 60-69	2:08:29.7	2:09:06.9
108	Debra Shtokalko	878	18 F 20-29	2:09:26.1	2:09:52.3
109	Julie Weir	909	19 F 20-29	2:09:26.2	2:09:52.3
110	Jamie Lyons	821	17 F 40-49	2:09:27.3	2:10:00.6
111	Joanne Kerr	804	18 F 40-49	2:09:28.0	2:10:00.6
112	Nathan Lyons	820	19 M 40-49	2:09:29.1	2:10:01.4
113	Dana Montgomery	838	19 F 40-49	2:09:41.8	2:10:07.3
114	Shaun Jones	797	20 M 40-49	2:10:01.0	2:10:08.6
115	Brendan Cottrell	930	5 M 20-29	2:10:06.2	2:10:24.6
116	David Tam	887	16 M 30-39	2:10:27.3	2:10:58.1
117	Sara Wadge	903	20 F 40-49	2:10:53.0	2:11:05.8
118	Sue Flom	774	6 F 50-59	2:10:55.3	2:11:30.3
119	Carlos Peralta	857	15 M 50-59	2:11:10.7	2:11:54.9
120	Alison Rhodes	864	7 F 50-59	2:11:49.0	2:11:57.7
121	Candace Larson	813	21 F 40-49	2:11:33.9	2:12:08.8
122	Michelle Wilson	916	22 F 40-49	2:12:54.8	2:13:28.0
123	Charlene Morgan	841	1 F 60-69	2:13:22.3	2:13:44.8
124	Leona Roseborsky	869	12 F 30-39	2:14:23.1	2:14:47.5
125	Cheryl Blondin	726	13 F 30-39	2:14:34.1	2:14:58.5
126	Kathleen Klause	807	14 F 30-39	2:15:31.4	2:15:49.4
127	Lindsay Lanigan	812	15 F 30-39	2:15:34.5	2:16:04.4
128	Lisa Medley	833	23 F 40-49	2:15:44.5	2:16:18.4
129	Jennifer Kovacs	808	16 F 30-39	2:16:27.1	2:16:31.6
130	Steve Williams	913	21 M 40-49	2:16:18.8	2:16:54.9
131	Kristina Schmidt	926	20 F 20-29	2:16:53.1	2:17:20.2
132	Barbara Conkin	749	24 F 40-49	2:16:57.2	2:17:29.8
133	Sharon Jones	798	2 F 60-69	2:18:08.3	2:18:44.0
134	Barbara Owen	855	8 F 50-59	2:18:09.4	2:18:45.9
135	Jennifer Lewis	818	17 F 30-39	2:19:06.8	2:19:35.6
136	Kathy Mccrae	827	25 F 40-49	2:19:43.9	2:19:53.6
137	Melissa Fisher	773	18 F 30-39	2:20:13.6	2:20:22.4
138	Rosanne Mackenzie	822	9 F 50-59	2:19:55.5	2:20:27.8
139	Yuyu Chen	2316	26 F 40-49	2:20:20.3	2:20:44.0
140	Harold Tarbell	891	5 M 60-69	2:20:46.9	2:21:05.6
141	Allison Mumford	846	19 F 30-39	2:20:54.1	2:21:30.6
142	Bing Luo	935	27 F 40-49	2:21:20.7	2:21:41.2
143	Lindsay Nowack	852	20 F 30-39	2:21:10.5	2:21:50.8
144	Chad Cunningham	752	22 M 40-49	2:22:21.2	2:22:52.4
145	Susanna Hughes	938	10 F 50-59	2:22:30.0	2:23:00.2
146	Yanrong Chen	934	28 F 40-49	2:22:46.9	2:23:07.6
147	Sara Simpson	881	21 F 30-39	2:22:47.1	2:23:29.1
148	Sara Raphael	861	22 F 30-39	2:22:48.4	2:23:29.4
149	Sheela Mclean	830	11 F 50-59	2:23:52.6	2:24:19.5
150	Sara Lawson	814	23 F 30-39	2:24:37.9	2:25:16.7

151	BEVERLEY O'neil	854	12 F 50-59	2:25:29.5	2:25:48.0
152	Anita Dumont	763	29 F 40-49	2:26:15.9	2:26:21.7
153	Liz Jericho	927	3 F 60-69	2:26:32.7	2:26:54.7
154	Sarah Mitchell	837	21 F 20-29	2:28:11.6	2:28:24.9
155	Carleigh Banford	715	24 F 30-39	2:27:50.5	2:28:31.9
156	Akosua Tomash	895	13 F 50-59	2:28:05.0	2:28:49.9
157	Jerry Ward	905	16 M 50-59	2:30:31.4	2:30:43.4
158	Bill Mccullough	828	6 M 60-69	2:30:50.3	2:31:11.0
159	Daphne Barte	717	30 F 40-49	2:31:19.6	2:31:26.3
160	Diana Walton	904	31 F 40-49	2:31:31.4	2:31:36.8
161	Natalie Rycroft	875	22 F 20-29	2:31:25.5	2:31:40.4
162	Fraser Parlane	856	6 M 20-29	2:33:10.8	2:33:28.0
163	Kelvin Bengier	720	7 M 20-29	2:33:11.5	2:33:28.5
164	Anastasia Landry	811	23 F 20-29	2:33:39.2	2:33:46.0
165	Lesley Thornton	894	25 F 30-39	2:33:05.5	2:33:51.8
166	Jackie Schott	876	26 F 30-39	2:33:07.1	2:33:53.1
167	Diane Thiessen	925	4 F 60-69	2:34:25.3	2:35:08.7
168	Paul Dumas	762	7 M 60-69	2:37:15.9	2:37:35.8
169	Leslie Dargie	755	14 F 50-59	2:37:36.8	2:38:05.0
170	E Jane Swintak	886	5 F 60-69	2:37:36.0	2:38:05.0
171	Millie McKinnon	924	15 F 50-59	2:41:55.0	2:42:37.6
172	Pau-Lin Ngen	850	24 F 20-29	2:42:23.0	2:42:39.9
173	DAVID KELLS	801	8 M 60-69	2:42:31.6	2:42:43.1
174	Sherly Tan	890	25 F 20-29	2:46:21.0	2:46:25.6
175	Ge Zhang	2317	17 M 50-59	2:46:51.2	2:47:14.2
176	Joseph Tan	889	18 M 50-59	2:46:46.1	2:47:24.5
177	Gabriela Matute	826	32 F 40-49	2:47:04.8	2:47:49.9
178	Nikki Rosengren	871	26 F 20-29	2:51:31.9	2:51:50.0
179	Roderick Esplin	770	19 M 50-59	2:53:20.7	2:53:56.8
180	Nicole Sievwright	880	33 F 40-49	2:54:10.4	2:54:49.9
181	Sara Kirton	806	27 F 30-39	2:52:33.6	2:54:58.9
182	Breanna Witzke	918	27 F 20-29	2:54:41.5	2:55:20.9
10K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Vivian Davidson	2383	1 F 30-39	39:27.7	44:31.4
2	Trysten Scheidl	2522	1 M 1-19	40:42.6	45:46.3
3	Joshua Weissbock	2552	1 M 20-29	43:00.9	48:05.0
4	Mariah Marshall	2462	1 F 20-29	44:00.2	49:04.6
5	Brett Kehler	2567	2 M 1-19	44:51.1	49:55.2
6	Jared Giesbrecht	2561	2 M 20-29	45:03.5	50:10.2
7	Cheryl Gipson	2415	2 F 30-39	44:59.3	50:29.7
8	Kyle Giesbrecht	2414	1 M 30-39	46:21.9	51:27.8
9	Gary Barclay	2351	1 M 40-49	47:08.9	52:14.1
10	Dana Henson	2319	2 F 20-29	47:20.2	52:25.4
11	Dan McDonald	2572	2 M 40-49	48:17.1	53:29.6
12	Bryan Stolth	2532	3 M 40-49	47:56.8	53:46.5
13	Fiona Ives	2430	1 F 50-59	48:52.5	53:56.7
14	Michael Machtmes	2454	1 M 50-59	48:48.8	53:56.9
15	Craig Rinald	866	2 M 50-59	49:05.7	54:23.1
16	Amanda Richmond	2505	3 F 30-39	49:39.1	54:45.6
17	James Marshall	2460	2 M 30-39	49:33.9	54:45.7

18	Joshua Rozenek	2513	3 M 1-19	50:07.3	55:12.4
19	Vince Ancheta	2562	3 M 30-39	50:20.1	55:30.5
20	Patrick J Whalen	2553	3 M 50-59	50:14.9	55:30.9
21	Ferguson Joshua	2434	4 M 30-39	50:26.4	55:36.8
22	Sherilyn Swayne	2537	4 F 30-39	50:35.0	55:40.3
23	Steven Burrige	739	4 M 40-49	50:28.8	55:45.3
24	Richard Ryant	2515	4 M 50-59	51:00.7	56:09.0
25	Taegan Morgan	2471	3 F 20-29	51:32.2	56:43.9
26	Richard Hoepfner	2427	5 M 50-59	51:36.0	56:44.3
27	Tanis Ridout	2506	1 F 40-49	51:42.3	56:50.2
28	Alyssa Mitchell	2470	4 F 20-29	52:08.1	57:28.9
29	Jim Pearce	2494	6 M 50-59	52:27.4	57:34.8
30	Annie Littlewood	2580	1 F 60-69	52:29.1	57:44.3
31	Holly Stoner	2534	2 F 40-49	52:40.5	57:53.6
32	Brendan Stolth	2533	4 M 1-19	52:20.4	58:10.2
33	Rachel Kleingeltink	2564	5 F 30-39	52:34.7	58:14.8
34	Brandon Cardinal	741	3 M 20-29	52:53.7	58:33.5
35	Johan Doldersum	759	7 M 50-59	53:48.6	59:07.5
36	Chris Campbell	2369	5 M 40-49	54:01.6	59:12.3
37	David Kwan	2440	5 F 20-29	54:11.9	59:16.7
38	Tim Blokland	2355	5 M 30-39	54:25.7	59:47.0
39	Chris Worsnup	2557	6 M 40-49	54:46.3	59:53.4
40	Mike Hamar	2419	6 M 30-39	54:59.8	1:00:19.6
41	Michelle Neveklovskaja	2480	6 F 30-39	55:24.5	1:00:31.6
42	Brenda Pasichnyk	2492	3 F 40-49	55:17.8	1:00:36.9
43	Lonnie Danilak	2382	8 M 50-59	55:40.8	1:00:52.4
44	Crystal Weller	910	7 F 30-39	55:49.0	1:01:00.0
45	Brenda Burrige	740	4 F 40-49	56:01.6	1:01:18.5
46	Amanda Cheshire	2374	8 F 30-39	55:48.2	1:01:30.4
47	Tamas Revoczi	2571	9 M 50-59	56:25.8	1:01:59.8
48	Sam Gandesha	2406	10 M 50-59	57:16.3	1:02:24.1
49	Jennifer Blair	724	5 F 40-49	57:18.9	1:02:27.9
50	Jess Nolan	2483	6 F 20-29	57:41.6	1:02:46.4
51	Nick Nicholson	2482	11 M 50-59	57:12.1	1:02:48.3
52	Kassidy Kask	2435	1 F 1-19	57:43.6	1:02:53.4
53	Loreto Obrien	2484	6 F 40-49	57:38.4	1:02:54.9
54	Jose Bird	723	4 M 20-29	58:19.1	1:03:31.6
55	Kerri Turner	896	7 F 40-49	58:24.5	1:03:41.2
56	Christina Lukianink	2570	7 F 20-29	58:34.0	1:03:53.6
57	Cheryl Robillard	2508	8 F 40-49	58:45.9	1:03:55.6
58	Wendy Swain	2536	9 F 30-39	58:48.9	1:04:04.0
59	Megumi Rowbottom	2512	2 F 50-59	58:59.0	1:04:10.8
60	Yolanta Nelson	2477	9 F 40-49	58:57.3	1:04:15.0
61	Pamela Lee	2446	10 F 30-39	58:31.4	1:04:25.2
62	Pat Conley	2378	7 M 30-39	58:58.0	1:04:35.8
63	Andrea Ramsson	2576	11 F 30-39	59:09.5	1:04:38.2
64	Davis Friesen	2403	8 M 30-39	59:28.7	1:04:39.8
65	Xenia O'brien	2485	10 F 40-49	59:30.6	1:04:45.8
66	Allison Hill	2423	3 F 50-59	59:44.1	1:04:58.8
67	Shirley Blair	2354	2 F 60-69	1:00:10.4	1:05:19.8
68	Maria Callaghan	2368	4 F 50-59	1:00:24.4	1:05:39.7
69	Kristy Alexander	2342	12 F 30-39	1:00:23.6	1:05:47.6

70	Glen Susans	2535	9 M 30-39	1:00:50.8	1:06:19.9
71	Peter Osuchowski	2488	1 M 60-69	1:01:08.0	1:06:21.4
72	Aida Rodriguez	2509	13 F 30-39	1:01:26.2	1:06:40.6
73	Allison Cormier	2379	14 F 30-39	1:01:17.7	1:06:42.5
74	Blair Arbuthnot	2347	10 M 30-39	1:01:35.4	1:07:02.3
75	Khendyl Gluck	2416	8 F 20-29	1:01:42.2	1:07:02.7
76	Anne Walker	2548	11 F 40-49	1:01:36.3	1:07:02.9
77	Stephanie Bolton	2356	12 F 40-49	1:01:28.6	1:07:04.0
78	Carrie Daviss	756	15 F 30-39	1:01:57.9	1:07:08.9
79	Donna McCrae	2577	13 F 40-49	1:01:26.1	1:07:13.9
80	Adrienne Thompson	2541	14 F 40-49	1:01:57.0	1:07:25.4
81	Wendy Graydon	2418	15 F 40-49	1:02:45.0	1:08:04.5
82	Jodi Preston	2500	16 F 30-39	1:03:11.2	1:08:17.6
83	Josh Brown	2361	7 M 40-49	1:02:57.5	1:08:27.3
84	Diane Manalo	2457	9 F 20-29	1:03:23.5	1:08:54.5
85	Lisa Hamar	2420	16 F 40-49	1:03:43.5	1:09:04.0
86	Ruby Banipal	2350	17 F 30-39	1:04:00.6	1:09:06.5
87	Sue Burkholder	2363	5 F 50-59	1:03:37.9	1:09:12.7
88	Laura Van Wermeskerken	2546	10 F 20-29	1:03:48.9	1:09:15.9
89	Laura Stepney	2529	11 F 20-29	1:03:48.8	1:09:16.3
90	Becky Paulsen	2493	17 F 40-49	1:04:07.7	1:09:20.3
91	Sarah Young	2559	18 F 30-39	1:04:04.3	1:09:25.9
92	Leann Parker	2491	6 F 50-59	1:04:19.1	1:09:41.6
93	Leah Weiss	2551	18 F 40-49	1:04:23.4	1:09:42.5
94	VUN KHI WONG	919	12 M 50-59	1:05:03.4	1:10:16.3
95	Tony Deane	2386	8 M 40-49	1:04:46.4	1:10:20.0
96	Eve Ojea	2487	19 F 30-39	1:04:49.7	1:10:22.0
97	Cindy Savoy	2520	7 F 50-59	1:05:13.6	1:10:37.4
98	Pascal Dube	2392	9 M 40-49	1:04:58.1	1:10:37.4
99	Jodi Eckland	4486	20 F 30-39	1:05:16.9	1:10:46.1
100	Mike Murray	2474	13 M 50-59	1:05:41.3	1:10:52.5
101	Sandra Flower	2400	3 F 60-69	1:05:39.8	1:10:58.8
102	Michelle Rinald	2507	8 F 50-59	1:05:39.9	1:10:58.9
103	karen samuttson	2321	19 F 40-49	1:00:43.1	1:11:00.3
104	patty jabis	2322	20 F 40-49	1:00:43.3	1:11:00.5
105	Liz Naccararo	2475	21 F 30-39	1:05:48.1	1:11:05.0
106	CRUISE YONG FOH SOON	921	10 M 40-49	1:05:49.0	1:11:10.6
107	Cassandra Bequary	2352	22 F 30-39	1:05:32.4	1:11:19.6
108	Sydney Goodfellow	2417	12 F 20-29	1:05:32.6	1:11:20.0
109	Chloe Scott	2527	13 F 20-29	1:05:54.1	1:11:24.3
110	Danielle Buchanan	2362	23 F 30-39	1:05:54.8	1:11:24.5
111	Tara Rozenek	2514	21 F 40-49	1:06:16.0	1:11:26.3
112	Laura Lindsay	2449	14 F 20-29	1:06:18.5	1:11:30.0
113	Manju Arora	2348	22 F 40-49	1:05:52.8	1:11:48.8
114	Erika Johnson	2433	24 F 30-39	1:06:32.4	1:11:56.9
115	Yvonne Ehrenholz	2394	15 F 20-29	1:06:48.7	1:12:26.1
116	Dominika Jarczyk	2431	25 F 30-39	1:06:48.2	1:12:26.1
117	Catherine Lawson	2444	9 F 50-59	1:07:01.2	1:12:40.6
118	Rebecca Kennedy	2437	4 F 60-69	1:06:58.5	1:12:42.1
119	Tahmeena Ali	2344	23 F 40-49	1:07:26.4	1:12:59.3
120	Marissa Corcoran	2573	26 F 30-39	1:07:27.2	1:12:59.3
121	Rick Doldersum	760	5 M 20-29	1:07:47.2	1:13:05.4

122	Arriane Weirich	2550	27 F 30-39	1:07:31.9	1:13:09.3
123	Conrad Johnson	2432	5 F 60-69	1:07:50.0	1:13:14.5
124	Lisa Chao	2373	24 F 40-49	1:07:50.2	1:13:21.2
125	Michelle Geraghty	2409	28 F 30-39	1:07:53.5	1:13:21.6
126	Valerie Ballantyne	2349	10 F 50-59	1:07:58.8	1:13:25.7
127	Kelly Littlewood	2451	11 F 50-59	1:07:49.8	1:13:34.2
128	Brian Lalley	2442	14 M 50-59	1:08:08.7	1:13:59.1
129	Chris Tyldesley	2545	11 M 40-49	1:08:22.7	1:14:17.9
130	Ted Rowbottom	2511	15 M 50-59	1:09:16.3	1:14:29.0
131	Veronique Kolisnyk	2439	25 F 40-49	1:09:00.0	1:14:30.4
132	Elaine Scott	2528	12 F 50-59	1:09:15.7	1:14:30.9
133	Teresa Saunders	4588	13 F 50-59	1:09:29.7	1:14:34.4
134	Jack Froese	2404	2 M 60-69	1:09:14.7	1:14:38.0
135	Lauretta Manning	2459	6 F 60-69	1:09:18.2	1:14:43.2
136	Valerie Travis	2542	26 F 40-49	1:09:45.0	1:15:05.3
137	Ron Samson	2518	16 M 50-59	1:09:44.2	1:15:11.8
138	Tricia Gerth	2410	27 F 40-49	1:09:56.2	1:15:16.6
139	Merideth Frost	2405	28 F 40-49	1:10:25.6	1:15:35.1
140	Amanda McPhillips	2466	29 F 30-39	1:10:30.6	1:15:53.8
141	Lisa Park	2563	14 F 50-59	1:11:04.6	1:16:21.4
142	Rita Tateyama	2538	15 F 50-59	1:10:36.2	1:16:26.9
143	Janice Youds	2558	16 F 50-59	1:10:47.9	1:16:27.0
144	Sharon Demoor	2388	7 F 60-69	1:11:25.4	1:16:51.2
145	Aliah Hech	2575	16 F 20-29	1:11:43.7	1:16:52.6
146	Melanie Evans	2395	30 F 30-39	1:11:38.5	1:17:00.9
147	Taryn Cross	2381	29 F 40-49	1:11:39.8	1:17:02.1
148	Jen Schreurs	2523	17 F 20-29	1:12:01.6	1:17:06.8
149	Kenya Whittaker	2554	2 F 1-19	1:11:45.0	1:17:09.1
150	Kalysha Owen-Merriott	2490	3 F 1-19	1:11:46.9	1:17:10.8
151	Susan Deane	2387	17 F 50-59	1:11:40.4	1:17:15.0
152	Dionne Phillips	2496	31 F 30-39	1:12:09.6	1:17:39.0
153	Alexandria Mercier	4554	32 F 30-39	1:12:11.6	1:17:39.9
154	Tracy Savoy	2521	18 F 50-59	1:12:23.0	1:17:46.4
155	Jeanne Macdonald	2452	30 F 40-49	1:11:45.6	1:18:02.7
156	Kimberly Fletcher	2399	31 F 40-49	1:13:24.4	1:18:41.0
157	Cayla Ryant	2516	4 F 1-19	1:13:51.4	1:19:00.1
158	Olga Osuchowski	2489	33 F 30-39	1:14:13.2	1:19:26.9
159	Brandy Major	2456	18 F 20-29	1:14:00.0	1:19:36.8
160	Lindsay Faas	2396	34 F 30-39	1:14:08.0	1:19:43.2
161	Patricia Calder	2367	35 F 30-39	1:14:31.2	1:19:45.1
162	Monica Murphy	2473	19 F 50-59	1:14:37.3	1:20:31.4
163	Maureen Gibson	2411	20 F 50-59	1:14:37.7	1:20:31.6
164	Donna Horstman	2428	1 F 70-99	1:15:27.6	1:21:06.4
165	Christine Burnham	2364	32 F 40-49	1:15:42.0	1:21:16.5
166	Maria Prescilla	2579	36 F 30-39	1:16:20.9	1:21:28.2
167	James Scott	2526	3 M 60-69	1:16:43.6	1:21:59.3
168	Gail Hickey	2569	37 F 30-39	1:16:50.9	1:22:23.9
169	Geny Friesen	2568	33 F 40-49	1:16:51.5	1:22:24.5
170	Theresa Magnien	2455	21 F 50-59	1:16:38.1	1:22:35.0
171	Mary Purdie	2566	22 F 50-59	1:16:38.3	1:22:35.3
172	Diane Proska	2565	23 F 50-59	1:16:37.8	1:22:35.5
173	Karen Flanagan	2397	24 F 50-59	1:16:39.7	1:22:36.4

174	Yolande Fraess	2402	25 F 50-59	1:16:39.9	1:22:36.9
175	Michelle Macht	2453	26 F 50-59	1:18:15.4	1:23:29.3
176	Andriene Pella	2495	34 F 40-49	1:18:15.6	1:23:29.4
177	Glen Mclarty	2465	17 M 50-59	1:18:02.7	1:23:31.1
178	Gladys Tedesco	2540	35 F 40-49	1:19:37.5	1:24:44.3
179	Lisa Mitchell	2468	27 F 50-59	1:21:44.4	1:27:36.8
180	Robert Rompre	2510	1 M 70-99	1:21:44.1	1:27:36.8
181	Sandy Coughlin	2380	8 F 60-69	1:22:06.3	1:27:51.3
182	Sheelu George	2408	36 F 40-49	1:22:12.9	1:28:04.1
183	Brittany Trenkel	2543	19 F 20-29	1:23:37.7	1:28:56.8
184	Chris Pozniak	2499	11 M 30-39	1:23:20.3	1:28:57.1
185	Daisy Rajaratham	2578	37 F 40-49	1:23:53.9	1:29:00.0
186	Jennifer Clancey	2377	38 F 40-49	1:25:25.2	1:31:05.5
187	Leanne Alexander	2343	39 F 40-49	1:25:39.3	1:31:20.0
188	Tracy Lewis	2448	28 F 50-59	1:27:48.7	1:33:23.6
189	Regan Lewis	2447	18 M 50-59	1:27:47.6	1:33:23.7
190	Kelly Claassen	2376	40 F 40-49	1:27:58.7	1:33:50.4
191	Ary De Moor	2385	4 M 60-69	1:28:57.2	1:34:24.0
192	Cecilia Taylor	2539	29 F 50-59	1:32:27.0	1:38:10.4
193	Leslie Campbell	2371	30 F 50-59	1:32:27.5	1:38:11.3
194	Patricia Richardson	2504	31 F 50-59	1:33:01.5	1:38:47.2
195	Renee Mazzarolo	2463	41 F 40-49	1:37:17.5	1:43:09.2
196	Adele Earwaker	2393	9 F 60-69	1:46:04.1	1:51:46.9
197	Leanne Booth	2357	10 F 60-69	1:46:03.4	1:51:50.0
198	Sheila Mccrea	2464	11 F 60-69	1:46:08.4	1:51:52.3
199	Ricardo Valencia Rodriguez	2412	6 M 20-29	2:06:41.6	2:11:48.5
5K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Mike Romaniuk	4586	1 M 30-39	20:40.9	30:51.6
2	John Heuft	4519	2 M 30-39	21:42.4	31:46.8
3	Brendan Obrien	4565	1 M 1-19	21:45.2	31:50.0
4	Scott Phelps	4576	3 M 30-39	22:54.6	32:59.3
5	Kasen Sun	4600	4 M 30-39	24:17.2	34:21.4
6	Stephen Rhodes	937	1 M 50-59	24:36.8	34:42.4
7	Ryan Sweeney	4601	5 M 30-39	24:08.2	34:48.9
8	Jayne Nelson	4634	1 F 50-59	24:59.6	35:07.3
9	Diana Bucin	4464	1 F 30-39	26:07.7	36:16.2
10	Mark Young	4631	2 M 50-59	26:13.5	36:22.0
11	Josie Setiawan	4592	1 F 1-19	26:52.2	36:57.0
12	Larissa Williams	4626	2 F 1-19	27:09.6	37:17.4
13	Ben Williams	4625	2 M 1-19	28:33.6	38:41.4
14	Cameron Butler	2366	1 M 20-29	28:40.4	38:45.8
15	Blaire Harnett	2421	1 F 20-29	28:52.2	38:57.2
16	Aaron Downey	931	6 M 30-39	28:37.5	39:23.0
17	Mark Gammer	4503	3 M 50-59	29:05.4	39:24.9
18	Lucy Yuan	2560	2 F 20-29	29:44.5	40:02.6
19	Brad Williams	4622	1 M 40-49	29:58.5	40:06.2
20	Maria Maltais	4547	2 F 30-39	30:34.0	40:41.2
21	Hayden Hall	4514	3 M 1-19	30:17.9	40:50.2
22	Josh Owen-Merriott	4567	4 M 1-19	30:19.0	40:51.0
23	Julianne Maxwell	4550	1 F 40-49	30:59.1	41:11.8

24	Chuck Magnus	4636	1 M 60-69	31:00.9	41:15.0
25	Sue Parent	4571	1 F 60-69	31:17.3	41:42.6
26	Riina Bourassa	4458	3 F 30-39	31:41.5	41:48.5
27	Giuliana Graves	4508	3 F 20-29	31:50.3	42:01.2
28	Sheri Hall	4517	4 F 30-39	31:24.4	42:03.5
29	Karin Nell	4560	5 F 30-39	32:12.3	42:23.0
30	Sarah Richmond	4644	6 F 30-39	31:58.0	42:29.9
31	Geoffrey Palmer	4570	7 M 30-39	31:58.3	42:29.9
32	Olivia Goertz	4651	3 F 1-19	32:15.5	42:36.8
33	Kaila Kask	4532	4 F 20-29	32:39.9	42:46.1
34	Ally Nicholson	4643	2 F 50-59	32:11.8	42:53.6
35	Joan Gislerroe	4504	3 F 50-59	32:39.7	43:04.9
36	Milly Cheung	2375	7 F 30-39	33:03.3	43:08.2
37	Nora Chaplin	4474	4 F 50-59	32:42.8	43:20.9
38	Mattias Elsner	4488	5 M 1-19	32:44.7	43:22.5
39	Kelly Brown	4461	2 F 40-49	32:45.6	43:23.3
40	Christie Locke	4540	5 F 50-59	33:21.8	43:30.6
41	Virginia Spencer	4599	4 F 1-19	33:11.5	43:36.0
42	Meaghan Causton	4471	8 F 30-39	33:37.9	43:45.2
43	Erin Causton	4472	9 F 30-39	33:37.9	43:45.4
44	Erin Barclay	4453	10 F 30-39	33:42.6	43:52.2
45	Jennifer Thurston	4606	3 F 40-49	33:37.8	44:12.9
46	Trevor Thurston	4605	2 M 40-49	33:38.1	44:14.0
47	Lindsay Aplas	4637	11 F 30-39	35:00.5	45:13.9
48	Amy Brattebo	4638	5 F 20-29	35:00.0	45:14.0
49	Krista Beech	4455	12 F 30-39	35:04.6	45:20.1
50	Tara Klimos	4533	4 F 40-49	35:04.7	45:20.5
51	Carole Richardson	4584	6 F 50-59	35:06.4	45:25.3
52	Lindsay Richardson	4583	6 F 20-29	35:07.0	45:25.4
53	Debbie Maclean	4544	2 F 60-69	35:05.0	45:43.0
54	Steve McLay	936	8 M 30-39	35:07.9	45:43.9
55	carolyn summerfield	2320	5 F 40-49	36:14.9	46:40.9
56	Julia Dalziel	4480	6 F 40-49	36:20.2	46:47.3
57	Alyssa Gutierrez	4513	5 F 1-19	36:44.3	46:57.7
58	Sarah Young	4632	7 F 40-49	36:52.6	47:05.5
59	Coreen Windbiel	4629	7 F 50-59	36:58.2	47:18.4
60	Aiden Roger	4649	9 M 30-39	36:49.7	47:21.4
61	Jean Hoeft	2426	8 F 40-49	36:54.8	47:22.1
62	Darwin Osarchuk	4566	4 M 50-59	37:11.2	47:26.9
63	Bailey Hubscher	4524	7 F 20-29	37:07.7	47:28.0
64	Brad Dueck	4485	2 M 20-29	37:08.4	47:28.2
65	Charles Morton	941	1 M 70-99	37:06.8	47:48.1
66	Carol Powell	4579	8 F 50-59	37:23.8	47:52.0
67	Melissa Martens	4548	8 F 20-29	37:36.5	47:54.9
68	Suzanne Torjek	4609	9 F 50-59	37:42.6	48:05.8
69	Krista Lavery	4537	9 F 40-49	38:01.2	48:07.5
70	Joshua Bowman	4459	3 M 40-49	38:22.5	48:28.7
71	Mike Robillard	4585	5 M 50-59	37:54.5	48:29.3
72	Del Coderre	4477	2 M 60-69	38:12.2	48:40.3
73	Tamy Coderre-Kells	4633	10 F 50-59	38:11.5	48:40.4
74	Ines Cavasin Burton	4473	11 F 50-59	38:18.7	48:41.9
75	Susan Hudson	4525	10 F 40-49	38:27.9	48:52.4

76	Kim Owen-Merriott	4568	11 F 40-49	38:20.6	49:00.0
77	Lorraine Griffith	4510	12 F 50-59	38:43.9	49:00.8
78	Katie Lawrence	2574	9 F 20-29	38:41.0	49:14.8
79	Amanda Weber	4620	13 F 30-39	39:09.7	49:17.8
80	Melissa Vannerus	899	10 F 20-29	44:13.1	49:40.6
81	Clarke Bailey	4449	6 M 1-19	39:02.1	49:43.6
82	Alyssa Nguyen	4561	11 F 20-29	39:06.3	49:50.7
83	Kristen Goertz	4652	12 F 40-49	39:32.2	49:55.7
84	Wendy Sashikata	4587	13 F 40-49	39:30.8	49:58.9
85	Elina St-Onge	4640	6 F 1-19	39:31.4	49:59.8
86	Shellee Mackay	4543	14 F 30-39	39:58.2	50:04.1
87	Jennifer Jonsson	4531	14 F 40-49	39:58.6	50:50.6
88	Lynn Masters	4549	15 F 40-49	40:03.7	50:50.7
89	Zyta Klein	2438	13 F 50-59	39:59.6	50:50.9
90	Tomoka Sweet	4602	16 F 40-49	40:04.1	50:51.2
91	Jane Freeman	4502	17 F 40-49	40:40.7	51:05.1
92	Kristen Bailey	4450	18 F 40-49	40:27.8	51:09.6
93	Sandra Jongs Sayer	4530	19 F 40-49	41:08.8	51:24.9
94	Gord Kurenoff	4535	6 M 50-59	41:09.6	51:25.3
95	Tammy Shirley	4594	14 F 50-59	40:41.2	51:26.9
96	Monique Paliotti	4569	15 F 50-59	40:41.6	51:27.1
97	Rhonda Vance	4615	3 F 60-69	41:52.3	52:15.6
98	Neetu Bains	4451	15 F 30-39	41:45.1	52:24.6
99	Samantha St-Onge	4641	20 F 40-49	41:58.2	52:27.9
100	Binita Cieslar	4476	16 F 30-39	42:16.8	52:43.3
101	Beth Price	4580	17 F 30-39	42:34.5	53:01.2
102	Shannon Field	4498	21 F 40-49	43:01.7	53:18.4
103	Lesley Cathro-Conley	4470	18 F 30-39	43:22.1	53:30.2
104	Danyka Mills	4556	12 F 20-29	43:24.5	53:41.0
105	Shannon Stewart	2531	16 F 50-59	43:21.8	53:51.6
106	Lynda Mcgair	4552	17 F 50-59	43:39.6	53:56.7
107	Trish Jones	4529	18 F 50-59	43:30.7	54:00.8
108	Amin Menhadji	4645	10 M 30-39	43:40.3	54:10.9
109	Shannon Smyth	4598	19 F 30-39	43:40.6	54:11.2
110	David Beaudry	4454	4 M 40-49	43:40.6	54:11.4
111	Olivea Ramnarine	4582	7 F 1-19	43:56.5	54:35.9
112	Ashleigh Ramnarine	4581	22 F 40-49	43:56.0	54:36.0
113	Carolynne Wilks-Perger	4621	20 F 30-39	44:33.5	54:51.8
114	Christopher Perger	4574	11 M 30-39	44:33.8	54:52.1
115	Petroula Magriotidis	4546	21 F 30-39	44:47.1	54:55.7
116	Amanda Gregorig	4509	22 F 30-39	44:38.4	55:12.7
117	Donna Bates	4650	19 F 50-59	44:45.3	55:18.8
118	Stephanie Thurston	4607	23 F 30-39	44:45.6	55:19.5
119	Nicole Kuschir	4536	24 F 30-39	44:51.4	55:26.1
120	Malvin Gunawan	4511	3 M 20-29	45:27.2	55:35.3
121	Kristen Williams	4627	13 F 20-29	45:34.3	55:43.3
122	Ally Bodnar	4456	25 F 30-39	45:22.1	55:47.4
123	Logan Phelps	4575	7 M 1-19	45:30.1	56:02.4
124	Shannon Todd Booth	4608	23 F 40-49	46:10.6	56:23.7
125	Shawn Siak	4595	4 F 60-69	46:12.1	56:24.2
126	Laura Henham	4518	24 F 40-49	45:51.6	56:36.2
127	Sandy Nagra	4559	25 F 40-49	46:32.3	56:42.6

128	Whitney Carmichael	940	26 F 30-39	46:32.1	56:42.7
129	Marie Wynne	4630	27 F 30-39	46:31.9	56:43.1
130	Jack Low	4541	8 M 1-19	46:46.6	56:55.9
131	Debbie Low	4542	28 F 30-39	46:46.5	56:56.4
132	Breann Williams	4623	14 F 20-29	46:53.3	57:03.0
133	Yvonne Wai	4617	5 F 60-69	46:41.6	57:15.0
134	Russell Jackson	4528	7 M 50-59	57:34.5	57:34.5
135	Penny Goryk	4506	26 F 40-49	47:27.6	58:11.1
136	Elizabeth Coverton	4642	6 F 60-69	48:09.5	58:39.0
137	Ava St-Onge	4639	8 F 1-19	48:09.4	58:39.3
138	Sadie Phelps	4577	9 F 1-19	48:34.9	59:06.6
139	Janet Phelps	4578	27 F 40-49	48:36.8	59:09.4
140	Ana Gutierrez	4512	28 F 40-49	48:59.7	59:12.8
141	Sheelagh Fitzpatrick	4499	20 F 50-59	48:52.0	59:28.1
142	David Turner	4613	2 M 70-99	49:32.8	59:47.7
143	Callie Schwab	4591	10 F 1-19	49:42.6	1:00:10.0
144	Kerry Schwab	4590	29 F 40-49	49:42.9	1:00:10.2
145	Shara Chow	4475	29 F 30-39	49:57.0	1:00:39.7
146	Samantha Kurath	4534	15 F 20-29	50:11.9	1:00:42.6
147	Roberta Higgs	4520	1 F 70-99	50:29.4	1:00:43.6
148	Rhonda Macwilliams	4545	30 F 40-49	50:42.7	1:01:24.0
149	Asha Audet	4635	16 F 20-29	51:28.9	1:01:37.3
150	Maria Estrera	4491	31 F 40-49	51:30.3	1:01:37.3
151	Brittany Peet	4573	17 F 20-29	1:01:37.4	1:01:37.4
152	Lloyd Estrera	4490	5 M 40-49	51:30.8	1:01:37.6
153	Nadine Armstrong	4646	30 F 30-39	51:23.2	1:01:48.4
154	Megan Eppel	4489	31 F 30-39	51:44.7	1:01:58.6
155	Dayna Wilson	4628	32 F 30-39	51:44.9	1:01:58.8
156	Laura Carlson	4469	33 F 30-39	51:44.6	1:01:58.9
157	Tammy Borg	4648	32 F 40-49	52:10.6	1:02:35.1
158	Jessie Thiessen	4604	18 F 20-29	39:38.2	1:02:51.5
159	Denise Doyle	4484	21 F 50-59	52:32.5	1:03:03.0
160	Leslie Mcphillips	4553	7 F 60-69	52:33.2	1:03:03.4
161	Serena Caine	4466	34 F 30-39	53:07.9	1:03:33.3
162	Caroline O'bray	4564	22 F 50-59	53:08.6	1:03:33.6
163	Sandi Hildebrant	4521	2 F 70-99	53:20.8	1:03:38.6
164	Tina Campbell	4468	23 F 50-59	53:41.2	1:04:23.1
165	Ralph Piesche	2497	3 M 60-69	55:11.6	1:05:35.6
166	Cyndie Piesche	2498	24 F 50-59	55:13.3	1:05:35.8
167	Margaret Dev	2389	3 F 70-99	55:13.9	1:05:35.8
168	Kathleen Tanner	4603	35 F 30-39	55:42.9	1:06:19.4
169	Hayley Grant	4507	11 F 1-19	59:07.1	1:09:29.3
170	Kelly Mccafferty	4551	25 F 50-59	59:48.4	1:10:09.8
171	Alyssa Disterhoeft	4483	12 F 1-19	59:48.5	1:10:10.3
172	Leanne Smith	4597	36 F 30-39	1:04:00.5	1:14:08.2
173	Alex Holmes	4522	19 F 20-29	1:05:24.6	1:16:08.8
174	Kelly Holmes	4523	26 F 50-59	1:05:25.5	1:16:09.7
175	Emilie Dehoubert	4482	37 F 30-39	1:11:43.0	1:18:02.7