

	2016 Fort Langley Historic				
	Overall Finish List				
	February 21, 2016				
Half Marathon					
Place	Name	Bib No	Age Group Place	Chip Time	Gun Time
1	Brian Nemethy	1064	1 M 50-59	1:23:51.7	1:23:55.4
2	Spencer Bass	190	1 M 40-49	1:24:37.6	1:24:41.5
3	Michael Owen	1070	1 M 30-39	1:26:21.4	1:26:26.4
4	Duane Foley	933	2 M 40-49	1:26:44.4	1:26:48.1
5	Michael Prince	1393	2 M 30-39	1:27:12.0	1:27:15.5
6	Douglas Delipper	912	3 M 40-49	1:28:09.8	1:28:15.0
7	Erin Nestmann	1065	1 F 30-39	1:30:38.1	1:30:42.2
8	Jenna Kurylo	1006	2 F 30-39	1:31:51.5	1:31:57.3
9	Jeff Stautz	1357	3 M 30-39	1:31:59.6	1:32:03.8
10	Michael Glasser	949	4 M 30-39	1:32:22.2	1:32:26.3
11	Trevor Thiessen	1363	5 M 30-39	1:32:45.8	1:32:50.3
12	Kevin Heinze	967	2 M 50-59	1:33:41.0	1:33:45.5
13	Jason Young	1384	4 M 40-49	1:33:43.4	1:33:49.8
14	Paul Craik	908	5 M 40-49	1:33:47.6	1:33:54.2
15	George Brear	209	6 M 40-49	1:31:50.6	1:34:20.6
16	Ryan Gerlitz	943	7 M 40-49	1:36:25.9	1:36:34.8
17	Mike Arden	186	6 M 30-39	1:36:23.3	1:36:35.9
18	Kelly Vogt	1371	8 M 40-49	1:36:47.6	1:37:06.4
19	Todd Hounsell	975	7 M 30-39	1:37:03.9	1:37:08.5
20	Fiona McQuillan	1042	1 F 40-49	1:37:15.5	1:37:24.0
21	Graziano Fronteddu	939	8 M 30-39	1:37:29.3	1:37:34.6
22	Ian Peif	1391	1 M 20-29	1:37:42.0	1:37:47.7
23	Michael Machtmes	1026	3 M 50-59	1:37:35.6	1:37:54.0
24	Allan Mock	1052	4 M 50-59	1:38:32.9	1:39:31.1
25	Rob Morley	1054	9 M 30-39	1:39:37.8	1:39:52.6
26	Corey Scott	1335	2 M 20-29	1:39:07.0	1:40:23.0
27	Ward Beemer	192	5 M 50-59	1:40:17.2	1:40:36.1
28	Jim Winter	1378	6 M 50-59	1:40:50.1	1:40:56.7
29	Jesse Wolfenden	1380	10 M 30-39	1:40:04.4	1:41:01.0
30	Tori Bandringa	188	3 F 30-39	1:40:56.9	1:41:08.4
31	George Hotsink	1392	9 M 40-49	1:41:19.4	1:41:33.1
32	Randy Goliath	1387	7 M 50-59	1:41:25.0	1:42:00.0
33	Jamie Morrison	1056	11 M 30-39	1:41:49.5	1:42:04.5
34	Claire Burns	887	4 F 30-39	1:41:56.6	1:42:08.9
35	Mitchell L'Heureux	1389	3 M 20-29	1:42:05.7	1:42:09.2
36	Paul Mendoza	1044	10 M 40-49	1:41:32.5	1:42:16.9
37	Rachel Spinelli	1354	1 F 20-29	1:42:28.9	1:42:32.3
38	Sarah Stark	1355	5 F 30-39	1:42:18.4	1:42:55.6
39	Jessica Gaipman	940	2 F 20-29	1:43:04.5	1:43:12.3
40	Shane Fortin	935	11 M 40-49	1:43:29.5	1:43:34.4
41	Kelly Kallevig	992	6 F 30-39	1:43:31.7	1:43:40.0
42	Matthew Duckworth	923	4 M 20-29	1:43:42.6	1:43:54.0
43	Taylor Smith	1346	5 M 20-29	1:43:49.4	1:43:54.6
44	Justin Marchand	1034	12 M 40-49	1:43:42.4	1:43:59.3
45	Lance Herok	970	12 M 30-39	1:44:03.4	1:44:09.4
46	Matthew Brear	210	13 M 40-49	1:44:03.4	1:44:24.1

47	Fainne Martin	1036	2 F 40-49	1:44:12.7	1:44:27.4
48	Michael McCormick	1039	13 M 30-39	1:44:23.2	1:44:34.7
49	Louie Maione	1031	14 M 40-49	1:44:41.7	1:44:52.5
50	Matt Lavoie	1013	14 M 30-39	1:44:54.1	1:45:06.4
51	Jim Houde	974	8 M 50-59	1:44:42.0	1:45:10.3
52	Meghan Kwiatkowski	1008	3 F 20-29	1:44:57.5	1:45:15.8
53	Rob Boddie	203	15 M 30-39	1:44:53.8	1:45:21.6
54	Nancy Schuster	1333	3 F 40-49	1:45:12.9	1:45:30.6
55	Phil Humphries	976	1 M 60-69	1:45:44.9	1:45:54.1
56	Les Johnston	988	15 M 40-49	1:45:59.9	1:46:04.8
57	Roy McBeth	1038	16 M 40-49	1:46:02.4	1:46:09.4
58	Angela Jobbagy	985	4 F 40-49	1:45:46.0	1:46:10.1
59	Craig Martin	1035	17 M 40-49	1:45:14.1	1:46:13.2
60	Austin Brear	208	6 M 20-29	1:44:28.5	1:46:16.5
61	Bo Chew	898	9 M 50-59	1:45:07.2	1:46:56.5
62	Peter Hansen	958	10 M 50-59	1:46:47.8	1:46:58.5
63	Davis Scholz	1103	7 M 20-29	1:46:24.8	1:47:01.8
64	Karen Stark	1356	7 F 30-39	1:46:29.2	1:47:05.7
65	Eric Miller	1047	11 M 50-59	1:46:53.4	1:47:28.2
66	Barbara Adams	184	8 F 30-39	1:47:05.1	1:47:39.7
67	Dean Scovill	1336	12 M 50-59	1:47:30.6	1:47:41.8
68	Joanne Brear	880	1 F 50-59	1:47:28.4	1:47:48.9
69	Jo-Anne Merrell	1045	2 F 50-59	1:47:50.0	1:47:59.2
70	John Heuft	971	8 M 20-29	1:47:41.5	1:48:06.5
71	Dale Jones	990	18 M 40-49	1:47:53.8	1:48:27.5
72	Ashley Brown	884	9 F 30-39	1:48:16.6	1:48:28.8
73	Silverio Diaz	915	13 M 50-59	1:48:27.0	1:49:16.1
74	Erica Walt	1372	4 F 20-29	1:49:03.6	1:49:16.1
75	Sebastian Cairns	892	19 M 40-49	1:48:42.2	1:49:32.9
76	Gabriella Toffoletto	1366	1 F 1-19	1:49:45.5	1:49:51.9
77	Tanis Ridout	1093	10 F 30-39	1:49:52.3	1:50:09.9
78	Lorelei Sadowski	1100	3 F 50-59	1:49:50.1	1:50:13.6
79	Jane Edwards	926	4 F 50-59	1:50:07.2	1:50:26.4
80	Rod Castillo	896	20 M 40-49	1:50:23.4	1:50:50.8
81	Balbir Chohan	899	2 M 60-69	1:51:00.7	1:51:22.9
82	Xanthe Brown	883	5 F 40-49	1:51:29.8	1:51:46.8
83	Katherine Wisener	1379	11 F 30-39	1:51:29.2	1:51:52.0
84	Rob Rempel	1089	3 M 60-69	1:51:30.6	1:51:57.5
85	Audrey Rempel	1090	12 F 30-39	1:51:30.8	1:51:57.7
86	Kjersti Redfearn	1087	5 F 20-29	1:51:51.2	1:51:59.1
87	Neli Ekelund	927	6 F 40-49	1:51:49.0	1:52:03.6
88	Marianne Fouchard	937	13 F 30-39	1:51:51.0	1:52:17.6
89	Jeff Boyes	206	16 M 30-39	1:51:55.2	1:52:18.7
90	PJ Burns	886	14 M 50-59	1:52:28.7	1:52:33.5
91	Michele Gurnsey	956	14 F 30-39	1:52:05.9	1:52:35.5
92	Hileray Kilback	1004	7 F 40-49	1:52:46.9	1:52:57.0
93	Sharon-Louise Gray	952	8 F 40-49	1:52:44.8	1:52:59.4
94	James Blair	200	21 M 40-49	1:52:59.3	1:53:04.8
95	Jerrick Barroso	189	17 M 30-39	1:52:52.9	1:53:17.2
96	Angela Crowdy	909	9 F 40-49	1:53:31.2	1:53:39.2
97	Janelle Sheen	1342	15 F 30-39	1:53:37.0	1:53:45.7
98	Michelle Hatt	964	6 F 20-29	1:53:02.7	1:53:51.6

99	Lou Smith	1348	22 M 40-49	1:53:18.5	1:53:59.1
100	Sean Lynch	1024	9 M 20-29	1:53:51.0	1:54:16.3
101	Steven McKenzie	1040	18 M 30-39	1:53:48.0	1:54:18.3
102	Andy Sellwood	1340	23 M 40-49	1:53:54.4	1:54:26.1
103	Becky Owen	1071	16 F 30-39	1:54:04.2	1:54:31.5
104	David Belton	194	24 M 40-49	1:54:26.4	1:54:42.2
105	Kathryn O'Grady	1067	5 F 50-59	1:54:16.7	1:54:42.4
106	Lance Lilley	1019	25 M 40-49	1:54:27.8	1:54:53.0
107	Bruce Butler	888	15 M 50-59	1:54:37.5	1:55:08.8
108	Bart Janssens	982	19 M 30-39	1:53:59.2	1:55:10.8
109	Scott Lutz	1022	16 M 50-59	1:54:56.6	1:55:17.3
110	Candace Larson	1011	10 F 40-49	1:54:28.6	1:55:18.6
111	Dave Bikadi	197	20 M 30-39	1:55:37.4	1:55:45.9
112	Gianmario Mameli	1033	10 M 20-29	1:56:39.1	1:56:46.6
113	Duncan Magnus	1029	11 F 40-49	1:56:28.1	1:57:32.2
114	George Patton	1074	21 M 30-39	1:56:44.3	1:57:41.6
115	Ciana Morrison	1057	7 F 20-29	1:56:34.5	1:57:44.5
116	Tony Osachoff	1390	26 M 40-49	1:57:39.1	1:58:01.0
117	Michael Wright	1382	17 M 50-59	1:58:21.7	1:58:38.7
118	Marie Larson	1012	17 F 30-39	1:58:28.6	1:58:42.2
119	Gerry Jorssen	991	27 M 40-49	1:58:37.3	1:58:46.4
120	Timothy Watkins	1373	18 M 50-59	1:58:36.1	1:59:07.0
121	Debbie Opdam	1068	6 F 50-59	1:58:50.0	1:59:16.5
122	Nicolette Harbridge	961	8 F 20-29	1:59:07.0	1:59:18.1
123	Jeff Franke	1396	28 M 40-49	1:58:52.5	1:59:38.6
124	Melanie Merriman	1046	12 F 40-49	1:59:38.0	1:59:45.3
125	Angela James	979	1 F 60-69	1:59:07.2	1:59:46.4
126	Carmen Nadrau	1062	7 F 50-59	1:59:47.7	1:59:54.4
127	Anthony Peters	1078	19 M 50-59	1:59:19.0	2:00:00.1
128	Raissa Dickinson	916	9 F 20-29	2:00:06.1	2:00:23.4
129	Jack Grewal	953	29 M 40-49	2:00:35.8	2:01:19.9
130	Barbara Binns	198	2 F 60-69	2:01:10.3	2:01:27.2
131	JAIME SOTO	1353	20 M 50-59	2:01:18.0	2:01:32.1
132	Rachel Stock	1358	13 F 40-49	2:01:40.7	2:01:48.3
133	Cory Ratke	1085	21 M 50-59	2:01:16.0	2:01:50.4
134	Jennifer Janssens	983	18 F 30-39	2:01:46.1	2:02:53.5
135	Chris Segers	1338	22 M 30-39	2:02:21.9	2:03:12.8
136	Paulin Laberge	1009	4 M 60-69	2:03:12.9	2:03:54.0
137	Phil Harbridge	960	22 M 50-59	2:03:53.4	2:04:04.3
138	Shane Reader	1086	23 M 30-39	2:03:35.9	2:04:07.8
139	Sandy Purcha	1082	14 F 40-49	2:03:35.8	2:04:08.7
140	Kimberly Bates	191	15 F 40-49	2:03:35.9	2:04:08.9
141	Jordan Kantola	994	24 M 30-39	2:03:28.5	2:04:12.1
142	DEBORA VIEIRA	1370	16 F 40-49	2:03:44.4	2:04:15.7
143	Joy Kutney	1007	17 F 40-49	2:04:29.7	2:05:08.4
144	Haleh Magnus	1030	18 F 40-49	2:04:06.4	2:05:10.5
145	MICHAEL Jones	989	23 M 50-59	2:04:33.2	2:05:21.0
146	Sarah Johnson	986	19 F 30-39	2:04:28.3	2:05:22.1
147	Scot Gibson	946	25 M 30-39	2:04:57.6	2:05:27.4
148	Rob Smith	1347	5 M 60-69	2:04:45.8	2:05:44.2
149	Michael Morrison	1055	30 M 40-49	2:05:35.4	2:05:45.5
150	Christie Dalupang	910	19 F 40-49	2:05:24.0	2:05:55.2

151	Phil Robinson	1094	6 M 60-69	2:05:19.5	2:06:03.0
152	Jennifer Blair	202	20 F 40-49	2:05:36.6	2:06:05.6
153	Cindy Tolley	1367	8 F 50-59	2:05:54.8	2:06:21.0
154	Alyssa Miller	1048	10 F 20-29	2:05:26.8	2:06:24.3
155	Ruggy Buttar	889	24 M 50-59	2:05:56.1	2:06:27.0
156	Randy MacKirby	1028	25 M 50-59	2:06:18.9	2:06:33.5
157	Dianne Wright	1383	9 F 50-59	2:05:56.7	2:06:38.6
158	Lindsey Iman	977	11 F 20-29	2:06:49.4	2:07:24.0
159	Nicole Griggs	954	12 F 20-29	2:08:18.9	2:08:29.8
160	Lorrie Goliath	1386	20 F 30-39	2:08:19.5	2:08:55.1
161	Dayna Gerson	944	13 F 20-29	2:08:27.4	2:09:22.4
162	Emily Shantz	1341	21 F 30-39	2:06:05.2	2:09:30.7
163	Heidi Epp	928	22 F 30-39	2:06:05.4	2:09:30.9
164	Rosanne Mackenzie	1027	10 F 50-59	2:09:05.6	2:09:54.6
165	Yuki Carter	894	14 F 20-29	2:09:41.9	2:09:55.2
166	Lindsay Lanigan	1010	23 F 30-39	2:08:59.1	2:09:58.7
167	Karen Samuelson	1101	21 F 40-49	2:09:41.9	2:10:02.7
168	Tiffany Guan	955	22 F 40-49	2:09:43.0	2:10:42.1
169	Andrea Briggeman	882	24 F 30-39	2:10:16.8	2:10:46.5
170	Donna Heine	966	23 F 40-49	2:10:25.3	2:10:47.2
171	STEFANIE HENDERS	969	24 F 40-49	2:10:24.7	2:10:47.3
172	Nancy Bell	193	11 F 50-59	2:10:06.2	2:10:55.9
173	Elsa Carvajal	895	12 F 50-59	2:10:48.8	2:11:08.2
174	Kevin Eden	925	11 M 20-29	2:01:05.3	2:11:30.7
175	Kate Brereton	881	13 F 50-59	2:11:16.5	2:11:56.4
176	Lisa Lupien	1021	25 F 40-49	2:11:21.8	2:11:58.2
177	Gail Kargut	995	25 F 30-39	2:12:04.2	2:12:14.6
178	Tanya Pulko	1081	26 F 40-49	2:11:29.4	2:12:28.0
179	Kevin Tjart	1365	31 M 40-49	2:12:39.3	2:13:03.5
180	Colleen Chow	900	14 F 50-59	2:12:55.4	2:13:07.7
181	Sue Flom	931	15 F 50-59	2:12:35.8	2:13:25.8
182	Boris Deuma	914	32 M 40-49	2:13:13.5	2:13:31.4
183	Rick Scott	1334	7 M 60-69	2:13:37.7	2:14:04.0
184	Coreen Gedder	1394	27 F 40-49	2:13:45.3	2:14:08.7
185	Jamie Doldersum	919	15 F 20-29	2:14:51.5	2:15:01.2
186	Wade Sellers	1339	33 M 40-49	2:15:03.2	2:15:30.4
187	Johan Doldersum	918	26 M 50-59	2:15:29.3	2:15:39.0
188	Colleen Slack	1344	16 F 50-59	2:15:23.3	2:15:59.6
189	Mabel Fong	934	17 F 50-59	2:16:15.8	2:16:29.0
190	Brenda Reid	1088	18 F 50-59	2:15:38.9	2:16:32.0
191	Candace Sohler	1352	26 F 30-39	2:15:38.6	2:16:32.3
192	Yuriko Iwai	978	16 F 20-29	2:16:01.2	2:16:54.2
193	Jennifer Lee	1015	27 F 30-39	2:16:10.4	2:16:58.1
194	Danielle Des Roches	913	28 F 30-39	2:16:41.3	2:17:13.4
195	Shirley Blair	201	3 F 60-69	2:16:44.2	2:17:14.3
196	Tiffany Rennick	1091	17 F 20-29	2:16:41.4	2:17:51.5
197	Kristi Hiltz	972	29 F 30-39	2:18:15.5	2:18:22.0
198	Danielle Buchanan	885	30 F 30-39	2:18:23.3	2:18:38.5
199	Rick Ruhland	1097	1 M 70-99	2:18:20.0	2:18:43.0
200	Joseph Flores	932	27 M 50-59	2:18:30.7	2:19:04.0
201	Martin Gostelow	951	8 M 60-69	2:18:08.8	2:19:12.2
202	Judy Bernaschek	196	31 F 30-39	2:19:23.4	2:20:00.7

203	Kristine Drombolis	922	32 F 30-39	2:19:52.6	2:20:05.2
204	Kelly Keyhoe	1001	28 F 40-49	2:20:14.6	2:20:47.6
205	Steve Woods	1381	9 M 60-69	2:20:44.7	2:21:31.5
206	Neil Schasny	1102	34 M 40-49	2:20:54.3	2:21:39.3
207	Silke Christmas	901	33 F 30-39	2:21:08.2	2:22:11.4
208	Jennifer Liang	1018	18 F 20-29	2:16:26.4	2:22:13.0
209	Scarlet Muehlbauer	1058	19 F 20-29	2:22:02.7	2:22:17.9
210	Lisa Parr	1073	29 F 40-49	2:21:33.0	2:22:18.3
211	Sarah Keegstra	996	20 F 20-29	2:21:46.5	2:22:47.6
212	Inga Bourke	205	4 F 60-69	2:22:41.6	2:22:51.2
213	Lindsay Coombe	905	34 F 30-39	2:16:28.6	2:22:52.9
214	Julie Webster	1374	35 F 30-39	2:22:26.0	2:23:15.1
215	DAVID KELLS	998	28 M 50-59	2:23:05.7	2:23:30.5
216	DEL CODERRE	902	10 M 60-69	2:23:34.4	2:23:59.6
217	Anna Tappin	1361	5 F 60-69	2:23:42.1	2:24:01.7
218	Chris Hardy	962	35 M 40-49	2:13:37.8	2:24:02.2
219	Willa Poher	1397	36 F 30-39	2:13:38.1	2:24:02.3
220	Brie Hemingway	968	21 F 20-29	2:13:39.4	2:24:03.2
221	Rosalie Pedneault	1076	19 F 50-59	2:24:01.2	2:24:17.1
222	Chelsea Fortin	936	22 F 20-29	2:23:31.3	2:24:21.6
223	Jeff Li	1017	36 M 40-49	2:25:01.1	2:25:54.5
224	Trenton Rodney	1095	12 M 20-29	2:25:48.9	2:26:05.6
225	Nathan Pedneault	1075	13 M 20-29	2:28:09.1	2:28:25.1
226	Bonnie Command	903	30 F 40-49	2:28:15.4	2:29:02.4
227	Shelby Murray	2539	37 F 30-39	2:29:08.3	2:29:18.6
228	Katelyn Tenhoeve	1362	23 F 20-29	2:30:14.4	2:30:25.9
229	Robb Byrd	890	29 M 50-59	2:30:16.8	2:31:02.0
230	Andrew Hale	957	14 M 20-29	2:31:37.9	2:31:45.8
231	Amanda Ridgeway	1092	24 F 20-29	2:32:07.6	2:32:21.6
232	Christi Goncalves	950	31 F 40-49	2:32:46.3	2:33:46.5
233	Jim Makela	1032	30 M 50-59	2:32:46.4	2:33:46.9
234	Joseph Tan	1360	37 M 40-49	2:34:18.1	2:35:23.6
235	Rebecca Randall	1084	38 F 30-39	2:34:43.1	2:35:31.3
236	André Cordeiro	907	15 M 20-29	2:35:01.9	2:35:33.6
237	Liz Jericho	984	6 F 60-69	2:34:55.1	2:35:37.9
238	Adriene Pratt	1080	39 F 30-39	2:35:45.6	2:36:47.8
239	Jim Hanson	959	31 M 50-59	2:35:54.7	2:36:57.1
240	Paula Kent	1000	20 F 50-59	2:37:01.6	2:37:20.6
241	Stephanie Healy	965	32 F 40-49	2:37:58.7	2:38:35.5
242	Pauline Cooper	906	7 F 60-69	2:38:32.3	2:38:50.8
243	Ge Zhang	1395	33 F 40-49	2:38:16.4	2:39:09.1
244	Bruno Simon	1343	32 M 50-59	2:39:03.7	2:39:18.3
245	Philip Lee	1014	33 M 50-59	2:38:29.7	2:39:35.6
246	Judi Tardi	1385	8 F 60-69	2:40:35.8	2:40:54.1
247	Stewart Fraser	938	34 M 50-59	2:41:01.1	2:41:59.4
248	Anna Nacu	1061	40 F 30-39	2:42:19.0	2:42:46.8
249	Melissa Turcotte	1368	25 F 20-29	2:42:18.8	2:42:47.0
250	Rachel Maxcy	1037	34 F 40-49	2:44:27.4	2:45:01.0
251	Dikesh Khatri	1003	26 M 30-39	2:46:49.1	2:47:24.5
252	Tina Strauss	1359	21 F 50-59	2:49:32.9	2:49:52.8
253	Benthe Jansen-Jones	981	9 F 60-69	2:53:17.5	2:54:13.8
254	Andreea Giuca	948	41 F 30-39	3:03:32.4	3:04:41.7

255	Layla Giuca	947	35 F 40-49	3:03:32.1	3:04:41.7
256	Victoria Scriver	1337	42 F 30-39	3:12:52.1	3:12:59.5
257	MaryAnne Black	199	43 F 30-39	3:26:42.2	3:27:33.7
258	Andrea Mitchell	1049	44 F 30-39	3:26:46.4	3:27:37.9
259	Sarah Whiting	1375	45 F 30-39	3:29:29.0	3:30:09.6
260	Heather Neidig	1063	36 F 40-49	3:31:20.1	3:31:59.6
261	Jo Ann Cook	904	10 F 60-69	3:31:14.9	3:32:11.5
262	Susan Jansen	980	22 F 50-59	3:31:56.7	3:32:52.9
263	Ted Myrah	1060	11 M 60-69	3:33:03.1	3:33:47.1
264	Nadean Mydansky	1059	23 F 50-59	3:33:04.8	3:33:47.1
265	Joanne Pocock	1079	24 F 50-59	3:33:08.6	3:33:47.2
266	Micahel Done	920	35 M 50-59	3:33:06.5	3:33:47.3
267	Fay Harris	963	25 F 50-59	3:33:04.6	3:33:47.6
268	Ann Done	921	26 F 50-59	3:33:08.9	3:33:47.8
10K					
Place	Name	Bib No	Age Group Place	Chip Time	Gun Time
1	Ryan Boulter	2431	1 M 30-39	43:18.3	48:22.6
2	Scott Stewart	2581	1 M 60-69	43:50.6	48:53.4
3	Kirk Miller	2537	1 M 20-29	44:46.2	49:52.7
4	Scott Waters	2595	2 M 30-39	44:58.3	50:40.3
5	Jim Novotny	2546	1 M 50-59	46:40.3	51:49.2
6	Darrun Parcels	2622	2 M 20-29	46:33.9	52:20.2
7	Patrick J Whalen	2597	2 M 50-59	47:18.8	52:37.2
8	Chris Race	2614	1 F 60-69	47:44.3	52:57.3
9	Kristen Hind	2488	1 F 30-39	47:28.7	53:11.0
10	Richard Ryant	2561	3 M 50-59	49:02.1	54:05.6
11	Arden Holmes	2492	1 F 20-29	48:36.2	54:21.0
12	Elise Perras	2620	2 F 20-29	49:00.3	54:34.7
13	Rob Schultz	2566	4 M 50-59	49:33.8	54:46.7
14	Blair King	2508	1 M 40-49	50:05.4	55:18.1
15	Jack Kado	2503	5 M 50-59	51:16.5	56:22.3
16	Greg Giles	2477	2 M 60-69	51:12.4	56:26.1
17	Mark Anderson	2420	6 M 50-59	51:26.5	56:30.3
18	Michelle Edwards	2465	3 F 20-29	51:44.1	56:48.8
19	Paula Paulsen	2548	2 F 30-39	52:05.2	57:11.4
20	Luisa Virginillo	4669	1 F 40-49	52:06.7	57:12.1
21	Amy Cymbaluk	2451	1 F 1-19	52:24.3	57:59.7
22	Abby Huntley	2497	2 F 1-19	52:26.3	58:01.6
23	DIEGO ARCINIEGAS	2421	2 M 40-49	53:15.0	58:21.8
24	Kristen Jones	2500	3 F 1-19	53:04.0	58:39.3
25	Jody Garrett	2476	2 F 40-49	53:34.4	58:40.3
26	Jayne Cummins	2450	1 F 50-59	53:45.7	58:52.1
27	Lora Dujmovic	2463	3 F 40-49	49:08.7	59:24.6
28	Ron Richardson	2556	3 M 40-49	54:09.2	59:26.4
29	Kyle Iwata	2499	3 M 30-39	54:24.2	59:32.0
30	Susan Asaph	2422	2 F 50-59	54:43.8	59:49.1
31	Rachelle Grafstrom	2478	4 F 20-29	55:03.7	1:00:10.9
32	Jason Smith	2575	4 M 40-49	55:21.7	1:00:29.9
33	Richard Hoepfner	2491	7 M 50-59	55:02.9	1:00:43.1
34	Lindsay Zygarliski	2613	3 F 30-39	55:37.5	1:00:47.6
35	Christophe Labrune	2513	5 M 40-49	55:43.8	1:01:04.8

36	Nicole Wilson	2603	4 F 30-39	56:08.9	1:01:33.1
37	Matt Smith	2574	3 M 20-29	56:45.0	1:01:56.9
38	Barb Floden	2471	3 F 50-59	56:35.7	1:02:07.8
39	Jordan Wall	2593	4 M 20-29	56:22.9	1:02:22.7
40	Gary Wall	2594	8 M 50-59	56:22.9	1:02:22.8
41	Rachel Suttill	2583	5 F 30-39	57:23.4	1:02:31.4
42	donna HUTCHINSON	2498	4 F 40-49	57:28.4	1:02:33.6
43	Jason Lee	2515	6 M 40-49	57:27.8	1:02:40.0
44	Caroline Brear	879	4 F 50-59	57:45.0	1:02:48.3
45	Calvin Lim	2519	7 M 40-49	57:40.0	1:02:51.8
46	John Badgley	2424	9 M 50-59	57:46.2	1:02:54.6
47	Alison Varin	2591	6 F 30-39	57:38.3	1:03:15.3
48	Lindsay Rose	2559	7 F 30-39	58:00.6	1:03:16.3
49	Stacey Brown	2436	8 F 30-39	58:19.1	1:03:22.7
50	Binder Dhaliwal	2455	9 F 30-39	58:13.4	1:03:23.5
51	Kathryn Hearn	2483	5 F 20-29	58:18.6	1:03:28.3
52	Patricia Shelby	2569	5 F 50-59	58:05.6	1:03:31.3
53	Michelle Wilson	2602	5 F 40-49	58:36.9	1:04:20.7
54	SHARLENE TERRETT	2586	6 F 40-49	58:37.4	1:04:20.9
55	Bradley Dueck	2462	5 M 20-29	58:49.4	1:04:21.9
56	Bailey Hubscher	2495	6 F 20-29	58:49.1	1:04:21.9
57	Rachel Redekop	2554	4 F 1-19	1:00:01.5	1:05:07.3
58	Catherine Bachand	2423	6 F 50-59	1:00:28.2	1:05:47.3
59	Leslie Herman	2487	7 F 50-59	1:00:21.4	1:06:05.6
60	Tina Woodcock	2607	7 F 40-49	1:00:34.5	1:06:05.9
61	Teresa Shepherd	2570	8 F 40-49	1:00:34.7	1:06:06.0
62	Marie Steele	2579	9 F 40-49	1:01:26.2	1:06:29.1
63	Zyta Klein	2509	10 F 40-49	1:01:07.9	1:06:50.8
64	Crystal Williams	2601	10 F 30-39	1:01:24.4	1:06:54.7
65	Leigh Heppner	2485	6 M 20-29	1:01:20.5	1:07:00.0
66	Rebecca Heppner	2486	7 F 20-29	1:01:21.0	1:07:00.1
67	Andrea Jordan	2502	8 F 50-59	1:01:53.1	1:07:01.7
68	Sari Dobson	2457	11 F 30-39	1:02:20.1	1:07:45.3
69	Sabrina Mill	2536	11 F 40-49	1:02:54.2	1:07:56.9
70	Kim Rutherford	2615	1 F 0-0	1:02:43.6	1:07:57.4
71	Jared Brown	2432	7 M 20-29	1:02:51.2	1:08:01.7
72	Leanne Krauss	2510	9 F 50-59	1:03:05.0	1:08:07.6
73	Brooke Zanette	2609	12 F 30-39	1:03:07.0	1:08:15.6
74	Rita Long	2520	2 F 60-69	1:03:20.0	1:08:30.2
75	Amanda McPhee	2533	8 F 20-29	1:02:56.1	1:08:40.8
76	Lisa Hamar	2482	12 F 40-49	1:03:45.7	1:09:07.0
77	Rory Morgan	2538	8 M 40-49	1:03:55.9	1:09:11.1
78	Olga Osuchowski	2547	13 F 30-39	1:04:03.4	1:09:15.6
79	Cassandra Schock	2565	9 F 20-29	1:04:13.0	1:09:20.4
80	Tara Rozenek	2560	14 F 30-39	1:03:29.3	1:09:21.0
81	Natasha Sidhu	2617	10 F 20-29	1:04:12.7	1:09:26.8
82	Breanna Witzke	2605	5 F 1-19	1:04:27.1	1:09:32.7
83	Am Lidder	2518	15 F 30-39	1:04:36.7	1:09:55.1
84	Jag Lidder	2517	16 F 30-39	1:04:36.7	1:09:55.2
85	Sandra Hemelspeck	2484	10 F 50-59	1:04:52.0	1:10:03.6
86	Rosella Marocco	2526	13 F 40-49	1:04:52.6	1:10:04.3
87	John Stables	2577	4 M 30-39	1:04:44.0	1:10:14.2

88	Cyndie Piesche	2549	11 F 50-59	1:05:08.4	1:10:23.0
89	Margaret DeVries	2454	3 F 60-69	1:05:08.2	1:10:23.2
90	Kristin Zehnder	2611	14 F 40-49	1:04:34.4	1:10:26.2
91	Linda Whitelaw	2599	12 F 50-59	1:05:12.8	1:10:47.7
92	Casey Spreeuw	2576	10 M 50-59	1:04:29.3	1:10:58.7
93	Rebecca Franklin	2473	11 F 20-29	1:05:42.5	1:10:59.8
94	Kristy Simonson	2572	12 F 20-29	1:05:42.8	1:11:00.1
95	Tracy Stables	2578	17 F 30-39	1:05:38.8	1:11:08.8
96	Arden Grant	2479	18 F 30-39	1:05:40.1	1:11:09.2
97	Verna Campbell	2443	4 F 60-69	1:05:59.9	1:11:10.7
98	Sarah Nelson	2541	15 F 40-49	1:05:48.0	1:11:31.1
99	Jennifer Jonsson	2501	16 F 40-49	1:05:47.9	1:11:31.3
100	Brittany Trenkel	2588	13 F 20-29	1:05:31.1	1:11:50.1
101	Michael Gibbons	2619	9 M 40-49	1:05:30.6	1:11:50.4
102	Patricia Calder	2439	19 F 30-39	1:06:54.7	1:11:59.5
103	Jean Hoeft	2490	20 F 30-39	1:06:54.7	1:11:59.8
104	Jessica Saunders	2563	21 F 30-39	1:06:23.3	1:12:06.7
105	Robert DeForest	2453	1 M 70-99	1:07:12.9	1:12:22.4
106	Gerri McKenna-Webb	2532	17 F 40-49	1:06:57.2	1:12:23.5
107	Keith Vincent	2592	10 M 40-49	1:07:12.4	1:12:24.6
108	Elora Martin	2528	14 F 20-29	1:07:33.5	1:12:40.9
109	Mackenzie Scharf	2564	15 F 20-29	1:08:04.0	1:13:23.6
110	Devlyn Winchester	2604	16 F 20-29	1:07:56.2	1:13:40.4
111	Carlo Elstak	2468	11 M 50-59	1:08:03.8	1:13:49.5
112	Dominique Elstak	2469	17 F 20-29	1:08:03.7	1:13:49.7
113	Shawna Zurowski	2612	22 F 30-39	1:09:16.7	1:14:22.1
114	Teresa Kelley	2506	18 F 40-49	1:09:26.0	1:14:44.5
115	Renee Simmons	2571	19 F 40-49	1:09:30.3	1:14:48.5
116	Jodi Eckland	2464	5 M 30-39	1:09:32.0	1:14:53.2
117	James Scott	2567	12 M 50-59	1:09:15.4	1:14:57.6
118	Elaine Scott	2568	13 F 50-59	1:09:16.2	1:14:57.8
119	Bonnie Yeomans	2608	5 F 60-69	1:09:47.5	1:15:02.1
120	Hazel Callaway	2440	23 F 30-39	1:09:41.8	1:15:04.7
121	Julia Major	2525	24 F 30-39	1:09:44.6	1:15:10.4
122	Jocelyn McIntosh	2531	25 F 30-39	1:10:31.7	1:15:37.5
123	Jennie Taff	2584	20 F 40-49	1:10:15.6	1:15:40.5
124	Amanda McPhillips	2535	26 F 30-39	1:10:44.7	1:15:48.4
125	Josh Brown	2434	11 M 40-49	1:10:28.1	1:15:49.3
126	Carol Unruh	2621	21 F 40-49	1:10:15.7	1:15:55.2
127	Sharon Williams	2600	14 F 50-59	1:11:02.3	1:16:32.4
128	Richelle Chambers	2445	22 F 40-49	1:11:09.3	1:16:46.1
129	Carolyn Roberts	2558	23 F 40-49	1:11:24.8	1:17:22.1
130	JULIE RENKERS	2555	24 F 40-49	1:11:54.8	1:17:31.6
131	Annika Kristensen	2511	27 F 30-39	1:12:40.3	1:17:57.2
132	VUN KHI WONG	2606	13 M 50-59	1:12:49.0	1:18:06.7
133	Rose Diaz	2456	28 F 30-39	1:13:01.1	1:18:24.4
134	Githa Van Velze	2590	25 F 40-49	1:13:01.3	1:18:24.4
135	Danuta Bialon	2429	15 F 50-59	1:13:58.2	1:19:22.2
136	Tiffany Kusnezov	2512	26 F 40-49	1:12:29.2	1:19:32.0
137	Carla Clapton	2446	27 F 40-49	1:12:28.3	1:19:32.0
138	ERIN KEMP	2507	29 F 30-39	1:15:12.6	1:20:36.8
139	Davin Hun	2618	8 M 20-29	1:15:14.3	1:20:38.7

140	Patricia Macduff	2522	30 F 30-39	1:12:31.7	1:20:53.8
141	Briana Crawshaw	2448	31 F 30-39	1:12:29.9	1:20:53.9
142	Bonnie Northgraves	2545	18 F 20-29	1:15:47.0	1:21:00.6
143	Agata Zasada	2610	32 F 30-39	1:16:14.0	1:21:38.8
144	Carrie Downer	2459	33 F 30-39	1:17:26.9	1:22:38.0
145	Judith Blake	2430	28 F 40-49	1:17:27.1	1:22:38.0
146	Neetu Bains	2425	34 F 30-39	1:18:27.3	1:23:32.4
147	Shannon Field	2470	35 F 30-39	1:18:43.2	1:24:00.5
148	Belin Flores	2472	29 F 40-49	1:19:28.1	1:24:32.4
149	Leah Marsh	2527	36 F 30-39	1:19:35.3	1:25:11.4
150	Cecilia Taylor	2585	16 F 50-59	1:20:21.2	1:25:59.3
151	Julie Cormier	2447	17 F 50-59	1:20:20.9	1:25:59.4
152	Kailyn Potomak	2551	19 F 20-29	1:20:49.0	1:26:15.8
153	Shayne Keetley	2504	6 M 30-39	1:21:02.0	1:26:17.7
154	Candice Critchlow	2449	20 F 20-29	1:21:11.8	1:26:24.7
155	Annastasia Wegner	2596	21 F 20-29	1:23:26.2	1:28:32.0
156	Cayla Ryant	2562	6 F 1-19	1:25:11.8	1:30:16.2
157	Danielle Nichols	2543	37 F 30-39	1:25:11.8	1:30:32.2
158	Todd Bell	2428	14 M 50-59	1:25:16.5	1:30:36.6
159	Carol Plourde	2550	18 F 50-59	1:25:27.4	1:30:47.8
160	Michelle Cameron	2441	30 F 40-49	1:26:17.3	1:31:36.7
161	LORRAINE GRIFFITH	2480	31 F 40-49	1:27:46.1	1:33:13.7
162	LYNDA MCGAIRE	2530	19 F 50-59	1:27:45.7	1:33:13.9
163	Leslie Campbell	2442	20 F 50-59	1:27:59.9	1:33:39.4
164	Leslie McPhillips	2534	21 F 50-59	1:32:06.3	1:37:10.2
165	Sheila McCrea	2529	6 F 60-69	1:32:17.1	1:37:57.1
166	Jennifer Das	2452	32 F 40-49	1:32:17.8	1:37:57.2
167	Louise Touet	2587	33 F 40-49	1:34:32.6	1:39:42.5
168	Laura Riddell	2557	38 F 30-39	1:34:33.6	1:39:43.2
169	Michelle Murti	2540	39 F 30-39	1:36:14.4	1:41:48.4
170	Rania Barron	2427	34 F 40-49	1:38:45.4	1:44:09.8
171	Mike Barron	2426	12 M 40-49	1:38:46.4	1:44:10.3
172	Nadine Machado	2523	35 F 40-49	1:44:51.5	1:50:07.5
173	Helena Machado	2616	2 F 0-0	1:44:52.5	1:50:08.8
174	Anya Slade	1345	36 F 40-49	1:50:55.0	1:56:44.6
175	Lorraine Leader	2514	7 F 60-69	1:50:55.0	1:56:45.3

5K

Place	Name	Bib No	Age Group	Place	Chip Time	Gun Time
1	Benjamin Koat	4613	1 M 30-39		20:08.5	30:14.6
2	Vitaly Gulyaev	4591	1 M 40-49		20:12.7	30:18.3
3	John Mendoza	4632	2 M 40-49		22:17.8	32:49.5
4	Jonathan Cusick	4578	3 M 40-49		23:20.3	33:42.7
5	Roberta Machell	4619	1 F 30-39		24:32.3	34:39.8
6	Garnett Britten	4570	2 M 30-39		24:39.7	34:47.4
7	Joshua Rozenek	4653	1 M 1-19		25:20.0	35:28.7
8	PAUL CAYER	4574	1 M 50-59		25:51.3	35:57.9
9	Conner Zehnder	4674	2 M 1-19		25:50.2	35:58.6
10	Dean Williams	4673	4 M 40-49		25:50.5	35:58.7
11	Steffen Janzen	4598	1 M 20-29		26:21.3	36:44.2
12	Elise Reeh	1388	1 F 50-59		26:55.3	37:01.9
13	Valerie Knudsen	4612	2 F 30-39		26:52.6	37:02.3

14	Jessica Vink	4667	1 F 20-29	27:32.5	37:45.4
15	Sheryl Stephenson	2580	2 F 50-59	27:32.6	37:45.6
16	Cassidy Kennedy	4606	1 F 1-19	27:34.8	37:46.0
17	Stephanie Kraft	4614	3 F 30-39	27:26.3	37:51.1
18	Deb Drozda	4582	1 F 40-49	27:49.7	37:58.7
19	Joan Gisler	4590	3 F 50-59	28:21.2	38:36.4
20	Laura Vis	4670	2 F 20-29	28:26.0	38:37.7
21	Chris MacRae	4622	5 M 40-49	28:41.4	39:06.4
22	Amanda Robertson	4651	4 F 30-39	29:13.5	39:20.4
23	Anna Ludes	4618	3 F 20-29	29:37.0	39:49.1
24	Steven Roux	4652	3 M 30-39	29:37.0	39:49.4
25	Rick Doldersum	2458	2 M 20-29	30:22.7	40:31.4
26	Laura Kennedy	4605	5 F 30-39	30:50.7	41:02.3
27	Margaret Hoekstra	4596	4 F 50-59	31:15.8	41:27.2
28	Gwen Johnston	4599	2 F 40-49	31:09.5	41:35.0
29	Pat Johnson	4678	2 M 50-59	31:40.1	41:48.6
30	Keith Turner	4666	1 M 60-69	31:44.7	41:55.0
31	Karen Kean	4604	5 F 50-59	32:01.1	42:11.7
32	Kyrsten Dewinetz	4580	3 F 40-49	31:44.1	42:16.3
33	Liz Harms	4592	6 F 30-39	31:57.9	42:17.0
34	Sabrina Bailey	4565	2 F 1-19	32:01.3	42:26.6
35	Jackie Lauzon	4615	4 F 20-29	32:01.0	42:27.2
36	Monica Simone	4659	5 F 20-29	32:24.5	42:32.5
37	Tyler McGarvie	4630	3 M 1-19	32:33.1	42:38.9
38	Nicholas Macpherson	4621	4 M 1-19	32:31.6	42:41.8
39	Dennis Kamiya	4603	2 M 60-69	32:32.0	42:43.0
40	Leigh Collins	4576	6 F 20-29	32:48.6	43:16.2
41	Ivona Kado	4602	6 F 50-59	33:05.1	43:21.3
42	Dennis Prebushewski	4643	6 M 40-49	33:12.9	43:24.0
43	Gary Reedel	4646	3 M 60-69	33:40.3	43:54.2
44	Darlene Taylor	4664	7 F 50-59	34:13.2	44:20.2
45	Elisa Tallarico	4662	7 F 20-29	34:32.0	44:40.0
46	Maxime Spakowski	4661	4 F 40-49	34:28.6	45:02.4
47	Jennifer Kerr	4607	5 F 40-49	34:53.1	45:06.6
48	Rachel Reedel	4648	3 F 1-19	35:14.9	45:28.9
49	Krista Heier	4594	4 F 1-19	35:14.8	45:32.0
50	Nicholas Heier	4593	5 M 1-19	35:15.4	45:33.0
51	Shantelle Virginillo	4668	5 F 1-19	35:16.2	45:33.4
52	Susan Achari	4563	8 F 50-59	35:16.2	45:34.8
53	April Eaton	4585	9 F 50-59	35:45.3	45:55.2
54	Courtney Ell	4586	7 F 30-39	35:48.4	46:00.4
55	Rita Bailey	4564	6 F 40-49	36:04.9	46:30.8
56	Mariana Franqueira	4587	8 F 30-39	36:55.4	47:29.5
57	Jessie Thiessen	4665	8 F 20-29	37:07.4	47:31.0
58	Rebecca Jacobson	4597	9 F 30-39	37:51.6	48:06.8
59	Stacy Campeau	4572	10 F 30-39	37:51.5	48:06.9
60	Elmer Dioneda	4581	3 M 20-29	37:52.3	48:11.9
61	Jane Welsh	4672	1 F 60-69	38:13.2	48:31.4
62	Brandi Weir	4671	11 F 30-39	38:40.7	49:00.4
63	Sarah Brown	4571	12 F 30-39	38:31.3	49:05.2
64	Tc Jones	4600	4 M 20-29	38:57.2	49:19.5
65	Robin Wulfhorst	4675	13 F 30-39	38:55.2	49:22.3

66	Julie Makranyi	4625	7 F 40-49	39:46.8	49:59.6
67	Garth Kitteringham	4610	4 M 30-39	40:02.0	50:11.4
68	Katharine Cartwright	4573	14 F 30-39	40:11.0	50:20.6
69	Lori Nelson	4636	8 F 40-49	40:17.2	50:36.2
70	Jean Paul Phenco	4640	7 M 40-49	39:35.6	51:09.7
71	Max Bouchard	4567	6 M 1-19	41:01.3	51:19.1
72	Nicolas Bouchard	4568	5 M 30-39	41:01.5	51:19.1
73	Siobhan Richardson	4649	9 F 20-29	41:17.6	51:42.0
74	Shelley Bohnke	4566	10 F 50-59	42:15.7	52:22.2
75	Julia Pahlke	4637	10 F 20-29	42:26.7	52:35.2
76	Diana Schulz	4656	15 F 30-39	42:11.9	52:41.2
77	Caleb McGarvie	4629	7 M 1-19	43:51.9	53:57.7
78	Jenneka MacRae	4623	16 F 30-39	43:34.1	53:59.4
79	Callie Schwab	4658	6 F 1-19	43:47.4	54:14.0
80	Kerry Schwab	4657	9 F 40-49	43:47.9	54:14.4
81	Brin MacIntyre	4620	11 F 50-59	44:15.1	54:21.3
82	Kelsey Gill	4589	11 F 20-29	44:13.4	54:31.9
83	Emma Cooper	4577	12 F 20-29	44:30.9	54:57.8
84	Rebecca Reedel	4647	7 F 1-19	45:17.4	55:31.5
85	Amanda Jones	4601	13 F 20-29	45:48.4	56:09.7
86	Kaitlynn Muir	4634	14 F 20-29	46:17.5	56:40.8
87	Leah Porritt	4642	15 F 20-29	46:17.7	56:41.1
88	Yvette Salazar	4655	10 F 40-49	46:57.2	57:18.3
89	Kerri Martin	4628	12 F 50-59	47:01.3	57:32.9
90	Jessica Makinen	4624	16 F 20-29	47:15.0	57:33.8
91	Amy Kitteringham	4611	17 F 30-39	47:30.8	57:40.2
92	Mayu Monteleone	4633	11 F 40-49	48:33.6	58:41.2
93	Christal Prebushewski	4644	12 F 40-49	48:35.1	58:45.6
94	Linh Riddick	4650	18 F 30-39	49:08.3	59:24.5
95	Ashley Martin	4627	19 F 30-39	48:54.6	59:26.2
96	Jolene Budden	4676	20 F 30-39	49:46.1	59:59.5
97	Sandi Hildebrant	4595	2 F 60-69	49:34.5	1:00:03.7
98	Colleen Marshall	4626	3 F 60-69	49:42.3	1:00:15.7
99	Deborah Sadowsky	4654	13 F 50-59	49:42.3	1:00:15.8
100	Harjit Sidhu	4677	5 M 20-29	50:03.5	1:00:26.2
101	Jaz McGarvie	4631	14 F 50-59	50:33.4	1:00:41.7
102	Melissa Clark	4575	13 F 40-49	50:34.1	1:00:41.9
103	Lisa Peterson	4639	14 F 40-49	56:19.3	1:06:36.7
104	Diane King	4608	15 F 40-49	56:13.2	1:06:36.9