

	2016VHCR				
	Overall Finish List				
	March 05, 2016				
VHCR 10.4K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Stephen Greene	5256	1 M 30-39	41:54.6	41:58.1
2	Robert Swift	5424	1 M 20-29	42:17.1	42:20.5
3	Teresa Bayer	5164	1 F 40-49	40:03.6	43:17.4
4	Gabriela Ziomek	5483	1 F 20-29	44:34.1	44:47.9
5	Kelly Vogt	5447	1 M 40-49	45:03.2	45:08.4
6	Sandra Schmidt	2955	2 F 40-49	46:43.2	47:01.2
7	John Heuft	5270	2 M 20-29	48:32.2	48:41.8
8	Scott MacDonald	5324	3 M 20-29	48:31.8	48:57.8
9	Luis Galindo	5248	4 M 20-29	49:25.2	49:29.1
10	Lance Herok	5269	2 M 30-39	49:03.4	49:32.6
11	Sergio Vizcaino	2956	2 M 40-49	49:39.7	49:44.3
12	Everett Romain	5496	1 M 60-69	49:44.3	49:52.1
13	Richard Vandop	5443	3 M 30-39	45:24.6	50:42.5
14	Angela Salmon	5399	1 F 30-39	51:36.7	51:41.4
15	Jennifer Swan	5422	3 F 40-49	51:37.2	51:41.8
16	Kevin van Delden	5439	3 M 40-49	52:13.4	52:15.8
17	Julie Ainscow	5144	2 F 30-39	52:32.3	52:38.4
18	George Patton	5366	4 M 30-39	52:22.8	52:51.9
19	Carl Densem	5222	5 M 20-29	52:33.7	53:04.4
20	Ian Weber	5453	6 M 20-29	52:46.5	53:06.6
21	Kat Ciecierska	5206	2 F 20-29	53:20.2	53:31.3
22	Donovan Phillips	5371	7 M 20-29	53:20.2	53:44.6
23	Corey Scott	5404	8 M 20-29	53:19.9	53:45.2
24	Janelle Sheen	5408	3 F 30-39	53:50.7	53:55.0
25	Mandy Fung	5246	3 F 20-29	53:44.2	53:59.0
26	Kathy Pang	5362	4 F 30-39	50:34.4	54:03.4
27	Leslie Luu	5322	9 M 20-29	53:58.0	54:40.3
28	Hesther Yueh	5477	5 F 30-39	54:45.9	55:00.9
29	Fritz Douma	5227	1 M 50-59	55:04.9	55:07.3
30	Emily Seto	5406	6 F 30-39	55:17.1	55:22.6
31	Dawn Cunningham Hall	5494	4 F 40-49	54:54.8	55:25.3
32	Joshua Zimmerman	5481	1 M 1-19	55:02.4	55:26.2
33	David Houghting	5282	5 M 30-39	55:30.5	55:42.2
34	Vanessa Paquette	5363	7 F 30-39	55:33.1	56:14.0
35	Melanie Zimmerman	5482	5 F 40-49	56:03.2	56:26.5
36	Tyson Boire	5174	6 M 30-39	56:10.7	56:48.4
37	Ron Richardson	5384	4 M 40-49	56:35.5	56:53.8
38	Wendy Swain	5421	8 F 30-39	56:37.4	57:08.3
39	Ev Dueck	5231	6 F 40-49	56:50.3	57:20.0
40	Ryan Sweeney	5423	7 M 30-39	57:03.1	57:31.5
41	Colin Morris	5342	8 M 30-39	58:19.2	58:31.8
42	Mary-Joy Croll	5217	1 F 50-59	58:02.3	58:33.3
43	Tammy Buick	5188	2 F 50-59	58:02.8	58:33.6
44	Timothy Ng	5353	2 M 60-69	58:30.2	58:41.3
45	Carlos Imperial	5289	9 M 30-39	58:38.3	58:52.5
46	Jennifer Blair	5171	7 F 40-49	58:22.6	59:01.4

47	Rebecca Lim	5313	9 F 30-39	58:46.7	59:02.4
48	Yayoi Higashiyama	5272	10 F 30-39	58:49.8	59:03.9
49	Kristi Hiltz	5274	11 F 30-39	58:49.5	59:19.3
50	Sean O'Brien	5357	10 M 30-39	59:10.3	59:21.5
51	Mike Park	5364	10 M 20-29	58:55.6	59:22.3
52	Kamalpreet Rai	5379	12 F 30-39	59:05.0	59:25.8
53	Steve Wentworth	5487	11 M 30-39	58:32.7	59:26.9
54	Corina Champ	5195	13 F 30-39	59:20.4	59:32.3
55	Duncan McTaggart	5340	2 M 50-59	59:09.3	59:41.9
56	Hannah Greene	5257	14 F 30-39	59:39.0	59:44.3
57	Nikki Alore	5150	15 F 30-39	59:42.0	59:53.9
58	Calvin Lim	5312	5 M 40-49	59:25.6	59:55.1
59	Amanda Whitelaw	5460	16 F 30-39	59:23.8	1:00:01.1
60	Bryan Wilkwood	5499	6 M 40-49	59:57.1	1:00:07.6
61	Vanja Pojuzina	5373	4 F 20-29	1:00:01.9	1:00:16.0
62	Jennifer Harfield	5263	1 F 60-69	1:00:08.4	1:00:33.4
63	Susan Chow	5203	3 F 50-59	1:00:25.2	1:00:49.7
64	Nikol Marconova	5331	5 F 20-29	1:00:40.7	1:00:52.8
65	Velda Williams	5463	8 F 40-49	1:00:28.5	1:00:53.1
66	Tiffany Rennick	5383	6 F 20-29	1:01:05.7	1:01:14.1
67	Betty Ling	5314	17 F 30-39	1:01:06.4	1:01:20.7
68	Sophie Nguyen	5354	7 F 20-29	1:01:08.9	1:01:23.8
69	Tiffany Guan	5259	9 F 40-49	1:01:00.3	1:01:30.3
70	Nikki Hayley-Hughes	5266	18 F 30-39	1:01:32.4	1:01:38.5
71	Sean McAleer	5334	7 M 40-49	1:01:00.2	1:01:38.8
72	Louisa Hills	5273	19 F 30-39	1:01:35.7	1:01:47.8
73	Lynn Pauloski	5367	4 F 50-59	1:01:38.5	1:02:01.6
74	Jeff Nielsen	5355	8 M 40-49	1:01:37.0	1:02:01.7
75	Shauna Baker	5159	10 F 40-49	1:01:37.0	1:02:01.7
76	Keri-Rose Tiessen	5428	20 F 30-39	1:01:17.1	1:02:10.1
77	Susan Auty	5154	5 F 50-59	1:02:03.9	1:02:12.3
78	Judy White	5458	11 F 40-49	1:02:04.7	1:02:20.7
79	Adrianna Pieraccini	5372	21 F 30-39	1:02:08.6	1:02:43.5
80	Janice Widas	5461	6 F 50-59	1:02:36.7	1:02:51.9
81	Donna Hissey	5275	7 F 50-59	1:03:07.0	1:03:19.6
82	Taylor Andresen	5151	1 F 1-19	1:02:50.6	1:03:22.5
83	Jennifer Browning	5186	8 F 20-29	1:03:10.8	1:03:23.3
84	Colleen McCoy	5335	12 F 40-49	1:02:54.3	1:03:26.3
85	Amanda Welby	5455	22 F 30-39	1:03:00.2	1:03:28.9
86	Lynda Kerr	5297	8 F 50-59	1:03:08.3	1:03:34.7
87	Sandra Smirfitt	5415	9 F 50-59	1:03:47.3	1:03:51.9
88	Jennica Garnett	5249	9 F 20-29	1:03:18.0	1:03:52.9
89	Krista Hulme	5287	23 F 30-39	1:03:36.5	1:03:55.9
90	Giles Cullen	5218	3 M 50-59	1:03:34.6	1:03:56.6
91	Wendy Steel	5417	10 F 50-59	1:03:50.5	1:03:59.9
92	Amy Lum	5321	24 F 30-39	1:03:45.5	1:04:01.2
93	Sabrina Bailey	5157	2 F 1-19	1:03:35.0	1:04:04.3
94	Yuki Carter	5495	10 F 20-29	1:03:34.1	1:04:05.2
95	Stephanie Namocatcat	5347	25 F 30-39	1:03:24.5	1:04:09.1
96	Alethea Boire	5175	13 F 40-49	1:03:34.9	1:04:12.9
97	Roderick Esplin	5239	4 M 50-59	1:03:51.0	1:04:16.1
98	Xiu Ortiz	5360	9 M 40-49	1:03:50.8	1:04:23.4

99	Brisia Chavez	5198	14 F 40-49	1:03:51.2	1:04:23.5
100	Daniela Rubino	5396	11 F 20-29	1:04:09.6	1:04:25.1
101	Eddie Ng	5352	12 M 30-39	1:04:21.2	1:04:46.8
102	Denise Bonney	5176	26 F 30-39	1:04:33.6	1:04:49.8
103	Erika Johnson	5291	27 F 30-39	1:04:41.2	1:04:52.5
104	Kristy Alexander	5146	28 F 30-39	1:04:55.1	1:05:06.6
105	Stacey Brown	5185	29 F 30-39	1:05:09.2	1:05:12.0
106	Justin Brown	5182	13 M 30-39	1:05:09.3	1:05:12.1
107	Yolanta Nelson	5349	30 F 30-39	1:04:46.3	1:05:20.5
108	Aaron Downey	5228	14 M 30-39	1:04:45.4	1:05:20.8
109	Andrew Hale	5260	11 M 20-29	1:05:25.2	1:05:28.3
110	Carol Cummings	5219	11 F 50-59	1:05:23.8	1:05:40.3
111	Michelle Casavant	5193	31 F 30-39	1:05:35.5	1:05:44.7
112	Keith Allan	5149	15 M 30-39	1:05:34.9	1:05:44.7
113	Anna Wou	5473	15 F 40-49	1:05:32.7	1:05:48.2
114	Ambrose Kwong	5305	16 M 30-39	1:05:17.6	1:05:51.2
115	Colleen Gaudette	5250	32 F 30-39	1:05:28.7	1:06:00.6
116	Catherine Bachand	5155	12 F 50-59	1:05:45.9	1:06:03.4
117	BEVERLEY ONEIL	5359	13 F 50-59	1:05:38.7	1:06:11.0
118	Stephanie Redivo	5381	16 F 40-49	1:06:09.0	1:06:16.8
119	Teresa Shepherd	5409	17 F 40-49	1:05:50.6	1:06:18.2
120	Tina Woodcock	5472	18 F 40-49	1:05:50.2	1:06:18.3
121	Inga Bourke	5180	2 F 60-69	1:05:40.7	1:06:21.0
122	Nora Lo	5316	33 F 30-39	1:06:03.8	1:06:26.3
123	Riki Peacock	5368	19 F 40-49	1:02:57.5	1:06:34.0
124	Dawn Bryson	5484	34 F 30-39	1:06:00.4	1:06:44.3
125	Robyn Edgar	5490	12 F 20-29	1:06:10.0	1:06:46.2
126	Ross Macdonald	5489	17 M 30-39	1:06:10.4	1:06:46.8
127	Jennifer West	5457	35 F 30-39	1:06:21.1	1:06:47.0
128	Kaylee Xinpei Xu	5475	13 F 20-29	1:06:40.1	1:07:00.5
129	Rayleen Tolejko	5430	20 F 40-49	1:07:02.8	1:07:32.4
130	Dan Williams	5462	5 M 50-59	1:07:17.8	1:07:49.2
131	Leah Stelnicki	5418	36 F 30-39	1:07:45.8	1:07:50.3
132	Erika Haraguchi	5262	14 F 20-29	1:07:02.6	1:07:55.1
133	Erica Rizzo	5385	15 F 20-29	1:07:38.8	1:08:00.4
134	Janine Ravell	5380	21 F 40-49	1:08:06.1	1:08:22.5
135	Yuko Bartel	5163	22 F 40-49	1:07:44.4	1:08:22.7
136	Philip Tse	5436	10 M 40-49	1:08:23.7	1:08:44.4
137	Elizabeth Loeb	5319	37 F 30-39	1:08:24.3	1:08:49.7
138	Jennifer Allan	5148	38 F 30-39	1:07:58.6	1:08:51.8
139	Susan Vales	5438	39 F 30-39	1:08:16.9	1:08:56.7
140	Sandra Hemelspeck	5268	14 F 50-59	1:08:55.4	1:09:09.0
141	Neva Quast	5377	3 F 60-69	1:08:35.5	1:09:11.5
142	Moe Pullen	5376	23 F 40-49	1:09:07.5	1:09:14.6
143	Julie Bruhn	5187	24 F 40-49	1:09:08.3	1:09:14.9
144	Ashley Wilson	5466	25 F 40-49	1:08:57.6	1:09:16.7
145	Allison Cormier	5216	16 F 20-29	1:04:03.2	1:09:22.3
146	Marina Rust	5398	26 F 40-49	1:09:29.7	1:09:36.6
147	Randy MacKirdy	5328	6 M 50-59	1:09:24.0	1:09:38.8
148	Rosella Marocco	5332	27 F 40-49	1:09:24.5	1:09:38.9
149	Pauline Cheung	5201	40 F 30-39	1:09:13.2	1:09:39.3
150	Natasha Sidhu	5410	17 F 20-29	1:09:09.8	1:09:45.5

151	Karen Yuen	5478	3 F 1-19	1:09:28.0	1:09:48.5
152	Linda Whitelaw	5459	15 F 50-59	1:09:15.6	1:09:53.1
153	Natalie Tran	5432	41 F 30-39	1:09:29.9	1:09:58.6
154	Wilma Nederend	5348	16 F 50-59	1:09:35.3	1:09:59.8
155	Amie Lo	5317	42 F 30-39	1:09:33.6	1:10:02.2
156	Katie Taylor	5425	43 F 30-39	1:09:58.3	1:10:24.1
157	Raina Lee	5309	18 F 20-29	1:09:45.4	1:10:28.7
158	Sonja Hutchinson	5288	28 F 40-49	1:10:02.4	1:10:32.6
159	Ivy Chan	5196	44 F 30-39	1:10:16.7	1:10:39.3
160	Zili Peng	5369	19 F 20-29	1:10:20.7	1:10:48.1
161	Erica Newman	5351	29 F 40-49	1:10:34.9	1:10:53.7
162	Jennifer Newman	5350	45 F 30-39	1:10:35.6	1:10:53.8
163	Caroline Waltmire	5450	30 F 40-49	1:10:38.4	1:10:56.9
164	Jessica Saunders	5401	46 F 30-39	1:10:42.1	1:10:59.7
165	Yuriko Iwai	5492	20 F 20-29	1:10:35.8	1:11:10.6
166	Howard Wu	5474	11 M 40-49	1:11:10.5	1:11:30.8
167	LONDON VANDER ZWAN	5442	18 M 30-39	1:11:03.6	1:11:40.3
168	Belinda Liu	5315	21 F 20-29	1:11:24.0	1:11:43.9
169	Nicole Sew Hoy	5407	22 F 20-29	1:11:24.0	1:11:43.9
170	Shirley Cochran	5209	31 F 40-49	1:11:44.3	1:11:56.9
171	Billie Joe Rogers	5389	47 F 30-39	1:11:20.6	1:12:03.0
172	Chuck Lee	5493	3 M 60-69	1:11:28.6	1:12:03.1
173	Mackenzie Scharf	5403	23 F 20-29	1:11:55.5	1:12:04.5
174	Hazel Callaway	5190	48 F 30-39	1:11:53.2	1:12:06.1
175	Cassidy Caron	5485	24 F 20-29	1:11:33.7	1:12:16.3
176	Genevieve Harrison	5264	25 F 20-29	1:11:52.5	1:12:17.5
177	Patricia Calder	5189	49 F 30-39	1:12:30.9	1:12:48.9
178	Jean Hoeft	5279	50 F 30-39	1:12:31.0	1:12:49.1
179	Amy Kushnier	5303	26 F 20-29	1:12:49.6	1:12:57.8
180	Carolyn Quinn	5378	51 F 30-39	1:12:50.1	1:12:58.0
181	Melanie Colter	5212	52 F 30-39	1:12:50.2	1:12:58.2
182	Shirley Ma	5323	32 F 40-49	1:09:13.1	1:13:02.6
183	Laura Vis	5445	27 F 20-29	1:12:51.1	1:13:18.1
184	Deborah Ross	5391	33 F 40-49	1:13:12.9	1:13:33.0
185	Ana L Cervantes Lomeli	5194	17 F 50-59	1:13:32.2	1:13:34.8
186	Terri Connelly	5213	18 F 50-59	1:13:22.7	1:13:35.3
187	Andrea Ducheminski	5229	53 F 30-39	1:12:49.8	1:13:41.7
188	Gary Reedel	5382	4 M 60-69	1:13:16.7	1:13:49.2
189	Margaret Hoekstra	5280	19 F 50-59	1:13:22.9	1:13:49.6
190	Angela Edmonds	5236	20 F 50-59	1:13:40.0	1:13:50.7
191	Yvonne Leonard	5311	34 F 40-49	1:13:40.2	1:13:50.7
192	Rudy Bartel	5162	12 M 40-49	1:13:21.0	1:13:59.8
193	Ron Roesch	5387	5 M 60-69	1:13:18.5	1:14:04.7
194	Kim van der Woerd	5440	35 F 40-49	1:13:18.5	1:14:04.9
195	Devlyn Winchester	5469	28 F 20-29	1:13:33.6	1:14:07.7
196	Ashley Inouye	5290	29 F 20-29	1:13:33.4	1:14:07.7
197	Brad McFarlane	5337	7 M 50-59	1:14:10.1	1:14:21.8
198	Linda Heep	5267	21 F 50-59	1:14:10.1	1:14:21.9
199	Jennifer Chu	5204	54 F 30-39	1:14:08.8	1:14:31.4
200	Maureen Pepin	5370	22 F 50-59	1:13:56.6	1:14:34.2
201	Maite Mainelli	5330	36 F 40-49	1:14:16.3	1:14:34.5
202	VUN KHI WONG	5471	8 M 50-59	1:14:13.5	1:14:53.3

203	Cryssie Roberts	5386	55 F 30-39	1:14:52.9	1:15:00.0
204	Leanne Berg	2954	37 F 40-49	1:14:52.7	1:15:10.2
205	Debbie Brown	5184	23 F 50-59	1:15:09.5	1:15:26.9
206	Heidi Verheyden	5444	38 F 40-49	1:15:09.2	1:15:27.0
207	Jessica Scott	5405	56 F 30-39	1:15:08.7	1:15:27.0
208	Cinthia Carvalho	5486	57 F 30-39	1:14:49.5	1:15:44.3
209	Cindy Cheung	5200	58 F 30-39	1:15:55.0	1:15:59.0
210	Chapmann Cheung	5199	13 M 40-49	1:15:55.1	1:15:59.0
211	Miki Hanawa	5261	30 F 20-29	1:15:47.0	1:16:01.6
212	Rob Traxler	5433	14 M 40-49	1:16:29.3	1:16:33.7
213	Morgan Dykens	5234	2 M 1-19	1:15:55.2	1:16:41.8
214	William Blair	5170	12 M 20-29	1:15:54.7	1:16:42.0
215	Shelley Hatfield	5265	39 F 40-49	1:16:26.7	1:16:45.9
216	Alex Holmes	5281	31 F 20-29	1:16:26.7	1:16:46.2
217	Samantha Dykens	5235	59 F 30-39	1:16:02.5	1:16:49.6
218	Corinne Leech	5310	24 F 50-59	1:16:15.6	1:16:51.2
219	Kim Kenyon	5296	25 F 50-59	1:16:17.1	1:16:51.3
220	Vincent Co	5208	13 M 20-29	1:16:07.5	1:16:55.1
221	Baby Sweetland	5488	40 F 40-49	1:16:50.8	1:17:07.9
222	Ken Sweetland	2957	15 M 40-49	1:16:50.9	1:17:08.2
223	Michelle Wilson	5467	41 F 40-49	1:16:57.5	1:17:10.4
224	SHARLENE TERRETT	5426	42 F 40-49	1:16:57.6	1:17:10.4
225	Joanne Belda	5166	60 F 30-39	1:16:45.6	1:17:30.7
226	Emily DiUbaldo	5225	61 F 30-39	1:17:16.4	1:17:40.0
227	Nina Francisco	5245	4 F 60-69	1:17:12.0	1:17:48.8
228	Cristina Keirstead	5295	62 F 30-39	1:17:53.5	1:18:04.6
229	Paul Lore	5320	19 M 30-39	1:17:54.2	1:18:05.0
230	Jeny Yeung	5476	43 F 40-49	1:17:41.0	1:18:09.5
231	Susan Dobrovits	5226	26 F 50-59	1:17:39.4	1:18:15.1
232	Jatinder Dhami	5224	20 M 30-39	1:18:20.4	1:18:24.1
233	Cathy Nurmi	5356	44 F 40-49	1:17:53.5	1:18:27.2
234	Agata Zasada	5479	63 F 30-39	1:18:05.4	1:18:28.8
235	Terry Cole	5210	64 F 30-39	1:18:14.6	1:18:42.8
236	Christina Sime	5412	32 F 20-29	1:18:48.8	1:19:04.4
237	Angela Fairbank	5240	27 F 50-59	1:19:25.5	1:19:31.4
238	Shannon Field	5241	65 F 30-39	1:19:32.3	1:19:51.5
239	Wendy Morris	5343	28 F 50-59	1:19:26.5	1:20:13.8
240	Elizabeth Boghean	5173	29 F 50-59	1:19:26.8	1:20:13.9
241	Jim Esplen	5238	6 M 60-69	1:19:26.8	1:20:14.3
242	Hena Mahboob	5329	66 F 30-39	1:20:00.7	1:20:24.9
243	Stephanie Dy	5233	67 F 30-39	1:19:56.2	1:20:42.0
244	Robyn Scalise	5402	33 F 20-29	1:20:55.5	1:21:11.3
245	Rita Bailey	5156	45 F 40-49	1:21:20.1	1:21:50.1
246	Sandi McKay	5338	46 F 40-49	1:21:45.6	1:22:00.8
247	Sylvia Bernat	5169	47 F 40-49	1:22:01.8	1:22:38.0
248	Shelagh Patel	5365	48 F 40-49	1:23:17.3	1:23:24.9
249	Tracey Russell	5397	49 F 40-49	1:23:17.8	1:23:25.0
250	Takako Suzuki	5498	68 F 30-39	1:22:42.9	1:23:30.7
251	Camille Chua	5205	69 F 30-39	1:22:50.5	1:23:36.2
252	Kendall Brothers	5181	50 F 40-49	1:23:21.2	1:23:36.3
253	Felmarie Namocatcat	5346	34 F 20-29	1:23:34.4	1:24:19.5
254	Neetu Bains	5158	70 F 30-39	1:24:23.0	1:24:26.3

255	Chandan Gill	5252	71 F 30-39	1:24:23.0	1:24:26.5
256	Shawna Bellefeuille	5167	51 F 40-49	1:24:56.8	1:25:05.9
257	Razaanah Ali	5147	72 F 30-39	1:24:35.2	1:25:11.9
258	Anjali Sanya	5400	52 F 40-49	1:24:42.9	1:25:12.5
259	Jennifer Hughes	5286	53 F 40-49	1:24:46.4	1:25:14.6
260	Jennifer Mets	5341	54 F 40-49	1:24:46.2	1:25:14.7
261	Lisa Kania	5294	55 F 40-49	1:24:47.0	1:25:14.8
262	Sa'a Traxler	5434	56 F 40-49	1:25:13.5	1:25:18.5
263	Chris Martin	5333	21 M 30-39	1:25:26.8	1:25:59.9
264	Amanda Blaquiere	5172	73 F 30-39	1:25:37.1	1:26:10.3
265	Jeff Li	5491	16 M 40-49	1:25:39.9	1:26:15.0
266	Mallory Kuling	5302	35 F 20-29	1:26:11.9	1:26:33.2
267	Jessica Kuling	5301	74 F 30-39	1:26:11.8	1:26:33.3
268	Dennis Brown	5183	14 M 20-29	1:26:29.8	1:26:36.3
269	Briana Smirfitt	5414	36 F 20-29	1:26:30.4	1:26:36.5
270	Cassie Krieger	5300	37 F 20-29	1:26:31.5	1:27:01.6
271	Joleen Turgeon	5437	57 F 40-49	1:27:03.8	1:27:12.4
272	Monica Langford	5307	30 F 50-59	1:26:46.1	1:27:16.9
273	Ann-Margaret Webb	5452	31 F 50-59	1:26:42.7	1:27:26.0
274	Amanda Wells	5456	38 F 20-29	1:27:29.6	1:27:57.0
275	Carmen Nadrau	5345	32 F 50-59	1:27:30.0	1:27:57.3
276	Dianne Van Schilt	5441	33 F 50-59	1:27:29.5	1:27:57.4
277	Sidra Corbin	5214	58 F 40-49	1:24:22.6	1:28:23.7
278	Alysha Rogers	5388	39 F 20-29	1:24:54.5	1:28:48.8
279	Samantha Sullivan	5420	40 F 20-29	1:24:54.6	1:28:48.8
280	Harry Ross	5390	9 M 50-59	1:28:42.9	1:29:03.2
281	Chauntee Coleman	5211	59 F 40-49	1:26:10.9	1:30:16.1
282	Edward Ho	5277	22 M 30-39	1:30:32.9	1:30:50.2
283	Renee Aldana	5145	75 F 30-39	1:30:33.4	1:30:50.4
284	Emily Smith	5416	4 F 1-19	1:31:17.3	1:31:27.0
285	Kylene Tiu	5429	41 F 20-29	1:30:45.2	1:31:31.7
286	Michelle Cameron	5191	60 F 40-49	1:31:49.7	1:32:08.6
287	Mardeanna Lock	5318	61 F 40-49	1:33:38.6	1:33:55.4
288	Zoe Chicoine	5202	62 F 40-49	1:37:06.1	1:37:19.9
289	Darlene Hickey	5271	63 F 40-49	1:37:07.0	1:37:20.7
290	Dyani Smith-Pitts	5500	64 F 40-49	1:33:57.1	1:37:54.4
291	Rita Kolbinson	5299	34 F 50-59	1:38:06.2	1:38:29.0
292	Ailsa Ross	5393	5 F 1-19	1:38:06.4	1:38:29.3
293	Emily Hubbard	5284	42 F 20-29	1:38:16.4	1:38:40.0
294	Karin Hubbard	5285	5 F 60-69	1:38:16.7	1:38:40.2
295	Jutta Larsson	5308	1 F 70-99	1:40:27.0	1:40:33.2
296	Karen Franchini	5244	2 F 70-99	1:39:49.4	1:40:33.3
297	Julie Cormier	5215	35 F 50-59	1:36:16.6	1:41:35.5
298	Cathy Price	5374	6 F 60-69	1:38:24.5	1:41:35.5
299	Sheila McCrea	5336	7 F 60-69	1:39:31.5	1:41:35.7
300	Jacqueline Armstrong	5152	65 F 40-49	1:41:46.2	1:41:56.8
301	Connie Silas	5411	36 F 50-59	1:41:46.5	1:41:56.9
302	Phuong Tran	5431	66 F 40-49	1:42:48.1	1:42:53.3
303	Sonya Slaughter	5497	37 F 50-59	1:44:06.3	1:44:49.5
304	Delia Visscher	5446	3 F 70-99	1:44:58.8	1:45:15.4
305	Ingrid Labbe	5306	8 F 60-69	1:46:08.8	1:46:18.6
306	Jeanne MacDonald	5325	67 F 40-49	1:46:34.9	1:47:01.6

307	Charlotte Historillo	5276	68 F 40-49	1:50:10.2	1:50:38.9
VHCR 5K					
Place	Name	Bib No	Age Group	Chip Time	Gun Time
1	Santiago Vilchis	2908	1 M 1-19	19:51.2	22:53.6
2	Dylan Macleod	2778	1 M 40-49	19:58.5	23:00.5
3	Vitaly Gulyaev	2730	2 M 40-49	20:04.7	23:06.9
4	Simon Sukstorf	2891	1 M 50-59	20:39.0	23:41.4
5	Steven Stroberg	2888	1 M 20-29	21:39.2	25:00.5
6	James Walker	2915	2 M 50-59	21:59.6	25:02.0
7	Matthew Smythe	2878	1 M 30-39	21:58.2	25:23.3
8	Richard Ryant	2853	3 M 50-59	22:34.2	25:36.0
9	Brittany Vickers	2907	1 F 30-39	22:46.4	25:49.0
10	Sean Murray	2804	2 M 1-19	24:33.8	27:45.9
11	Glenn Murray	2802	3 M 40-49	24:34.4	27:46.3
12	Jane K Simington	2873	1 F 20-29	24:41.0	27:46.9
13	Erroll Simington	2936	1 M 60-69	24:41.7	27:47.5
14	John Mason	2789	2 M 20-29	24:43.4	27:49.2
15	Sandra Sukstorf	2892	1 F 50-59	25:19.0	28:22.1
16	Kat Davidson	2693	2 F 30-39	25:16.5	28:36.0
17	Donald Lamarche	2763	4 M 40-49	26:03.2	29:07.5
18	Nathalie Sigerist	2872	1 F 40-49	26:29.6	29:31.3
19	William Mar	2785	4 M 50-59	25:50.6	29:31.8
20	Mathieu Gale	2715	3 M 1-19	26:14.6	29:32.0
21	Eoin Stephens	2886	3 M 20-29	26:45.5	30:04.3
22	Cindy MacDonald	2941	2 F 50-59	27:03.4	30:09.3
23	Natalie Jacobs	2743	3 F 30-39	26:58.0	30:15.4
24	Nada Gataraic	2722	3 F 50-59	27:26.0	30:29.8
25	Hugh Olley	2813	4 M 20-29	27:49.3	30:50.6
26	Lesley Stein	2885	4 F 50-59	28:09.4	31:13.1
27	Kira Gallant	2720	1 F 1-19	28:11.6	31:21.4
28	Elvie Carroll	2942	2 F 1-19	28:11.8	31:21.4
29	Erica Simpson	5413	2 F 40-49	28:27.9	31:52.5
30	Jack Severin	2866	4 M 1-19	28:50.2	32:08.2
31	Chris MacRae	2781	5 M 40-49	28:33.6	32:11.3
32	Lisa Parr	2819	3 F 40-49	29:02.3	32:16.5
33	Mariana Franqueira	2711	4 F 30-39	32:19.4	32:19.4
34	Anna Marie Lamarche	2764	5 F 30-39	29:29.4	32:34.2
35	Tabitha Watmore	2916	6 F 30-39	28:48.3	32:35.2
36	Donna HUTCHINSON	2741	4 F 40-49	29:43.2	32:52.3
37	Ying Qiu	2840	5 M 20-29	29:47.9	32:52.4
38	Heather Gale	2716	7 F 30-39	29:40.1	32:57.1
39	Vedette Gale	2717	3 F 1-19	29:39.2	32:57.1
40	Debbie Tam	2893	8 F 30-39	29:38.7	32:59.0
41	Andy Seto	2865	2 M 30-39	29:39.2	32:59.2
42	Helen Mar	2786	5 F 50-59	29:27.0	33:10.6
43	Shantelle Virginillo	2909	4 F 1-19	30:04.9	33:12.7
44	Luisa Virginillo	2910	5 F 40-49	30:05.3	33:13.0
45	Lora Ongkiko	2815	2 F 20-29	30:04.0	33:22.5
46	Andrew Stewart	2887	6 M 40-49	29:59.3	33:27.8
47	Ana Rhea Asuncion	2630	9 F 30-39	30:29.3	33:34.7
48	Kenny Cho	2665	7 M 40-49	30:11.4	33:43.5

49	Kiyah Cho	2667	5 F 1-19	30:11.7	33:43.6
50	Kazumi Evans	2702	3 F 20-29	30:35.0	33:45.1
51	Monika Ptakova	2837	6 F 40-49	30:37.3	33:54.0
52	Alex Jankacky	2744	5 M 1-19	30:38.6	33:54.5
53	Karen King	2753	6 F 50-59	30:25.2	33:58.4
54	Jordan Kantola	2748	3 M 30-39	30:39.1	34:05.0
55	Alison Friesen	2712	10 F 30-39	30:39.5	34:05.5
56	Leigh Tang	2894	7 F 40-49	30:46.6	34:11.1
57	Joyce Rondario	2849	11 F 30-39	31:08.3	34:13.5
58	Carrie-Ann deBruyn	2695	12 F 30-39	30:55.1	34:15.0
59	Michaela Davies	2694	13 F 30-39	30:45.9	34:18.8
60	Miles Oldknow	2811	6 M 1-19	31:00.0	34:20.3
61	Kevin Oldknow	2809	8 M 40-49	31:00.5	34:21.6
62	Ernie Barbillion	2635	5 M 50-59	30:52.0	34:24.3
63	Deborah Mukuda	2801	8 F 40-49	31:17.1	34:29.2
64	Xerius Anklesaruis	2948	6 M 20-29	31:19.7	34:29.7
65	Erin Pendziwol	2827	4 F 20-29	31:12.6	34:30.8
66	Leslie Collin	2677	14 F 30-39	30:58.4	34:31.2
67	Tracy Patterson	2824	7 F 50-59	31:11.5	34:36.0
68	Tiana Vogt	2912	6 F 1-19	31:41.8	34:48.2
69	Jacklyn Fahey	2703	15 F 30-39	31:23.4	34:49.2
70	Albert Chow	2669	9 M 40-49	31:26.6	34:49.9
71	Raymond Zhang	2932	7 M 20-29	31:26.4	34:50.4
72	Tiffanie Lai	2762	5 F 20-29	31:27.2	34:50.6
73	Rebecca Reedel	2843	7 F 1-19	31:48.5	34:55.2
74	Denise Miller	2795	8 F 50-59	31:53.4	35:00.7
75	Kelly Kerrigan	2752	16 F 30-39	31:57.4	35:03.8
76	Olesia Beran	2638	8 F 1-19	31:42.1	35:14.0
77	Jean-Paul Beran	2637	10 M 40-49	31:43.6	35:16.4
78	Tony Tinto	2897	11 M 40-49	32:10.1	35:20.6
79	Todd Mavor	2790	12 M 40-49	32:09.5	35:20.7
80	Ella Tinto	2899	9 F 1-19	32:13.8	35:20.7
81	Saige Mavor	2792	10 F 1-19	32:13.7	35:20.8
82	Ali Wilkinson	2919	17 F 30-39	32:10.5	35:23.8
83	Emilia Colosimo	2685	9 F 50-59	35:15.6	35:24.3
84	Rachel Reedel	2844	11 F 1-19	32:19.6	35:26.3
85	Amber Campbell	2659	6 F 20-29	32:20.2	35:29.0
86	Jordan Fish	2706	7 F 20-29	32:20.6	35:29.2
87	Cindy Yap	2929	18 F 30-39	31:58.8	35:30.2
88	Dean Patterson	2823	6 M 50-59	32:13.0	35:38.0
89	ELIANE DI DOMENICO	2697	9 F 40-49	33:01.7	36:07.7
90	Nicholas Heier	2732	7 M 1-19	33:15.4	36:23.6
91	Justine Mallou	2783	8 F 20-29	32:55.0	36:25.6
92	PASCAL VOGEL	2911	4 M 30-39	33:16.1	36:31.4
93	Anna Macdonald	2777	12 F 1-19	33:26.9	36:32.5
94	Amanda Patterson	2826	9 F 20-29	33:20.3	36:44.8
95	Peta Brookstone	2647	10 F 40-49	33:57.3	37:04.7
96	Christine Kwan	5304	10 F 20-29	33:56.2	37:13.0
97	Michael Wong	5470	5 M 30-39	33:56.0	37:13.2
98	Maria Barber	2634	10 F 50-59	33:30.9	37:15.1
99	Daena Van Agteren	2903	19 F 30-39	34:14.4	37:18.7
100	Laura Parker	2817	11 F 50-59	33:59.2	37:27.0

101	Ashleigh Patterson	2822	13 F 1-19	34:04.2	37:29.1
102	Keith Turner	2902	2 M 60-69	34:23.7	37:35.7
103	Natalie Chell	2663	11 F 20-29	33:51.0	37:38.8
104	David Chell	2664	6 M 30-39	33:51.7	37:38.9
105	Rosalin Young	2930	11 F 40-49	34:05.8	37:41.5
106	Mark Prosperi-Porta	5375	13 M 40-49	34:14.5	37:42.3
107	Angelique Prince	2836	20 F 30-39	34:25.1	37:42.7
108	Cecilia Vulamo	2933	1 F 60-69	34:40.8	37:46.3
109	Shannon Ng	2808	14 F 1-19	34:41.2	37:47.8
110	Sonia Sacilotto	2855	12 F 40-49	34:06.5	37:50.8
111	Nathan Chow	2670	8 M 1-19	34:28.2	37:51.0
112	Tracy Hunter	2740	13 F 40-49	34:41.6	38:00.9
113	Nicholas Schmid	2860	8 M 20-29	34:40.1	38:02.9
114	Griffin Oldknow	2810	9 M 1-19	34:44.5	38:05.3
115	Angela Oldknow	2812	21 F 30-39	34:44.9	38:05.6
116	Corrie Irwin	2742	14 F 40-49	34:41.6	38:11.4
117	Lara Parker	2816	15 F 40-49	34:42.0	38:11.6
118	Debrah Boterman	2644	12 F 50-59	34:30.6	38:15.4
119	Hannah Kean	2750	15 F 1-19	34:52.2	38:16.2
120	Karen Kean	2749	13 F 50-59	34:51.7	38:16.4
121	Randi Lang	2765	22 F 30-39	35:01.1	38:17.0
122	Shelley Wilson-Roberts	2921	16 F 40-49	34:52.3	38:18.3
123	Shayne Keetley	2751	7 M 30-39	34:48.8	38:21.1
124	Jenna Smith	2876	12 F 20-29	35:00.2	38:23.8
125	Matteah Cho	2668	16 F 1-19	34:57.2	38:31.0
126	Colin Murray	2803	10 M 1-19	35:22.2	38:34.8
127	Beth Murray	2805	17 F 40-49	35:24.3	38:37.1
128	Lillian Wong	2927	14 F 50-59	35:26.1	38:38.5
129	Faustina Chui	2675	17 F 1-19	35:25.0	38:57.3
130	Rochelle Robbertze	2848	23 F 30-39	35:52.7	38:57.7
131	Gabe Fulton	2713	11 M 1-19	35:16.6	39:01.3
132	Carolyne Tang	2895	24 F 30-39	35:42.4	39:03.0
133	Bronwyn Williams	2920	25 F 30-39	35:19.0	39:03.7
134	Leslie Forbes	5243	18 F 40-49	35:40.7	39:06.0
135	Sarah Rosser	2851	19 F 40-49	35:40.7	39:06.0
136	Shara Allemekinders	2625	26 F 30-39	35:58.5	39:06.3
137	Chris Cho	2666	20 F 40-49	35:35.3	39:08.8
138	Lucy Tinto	2898	18 F 1-19	36:01.2	39:10.3
139	Alycia Patterson	2825	13 F 20-29	35:56.8	39:21.2
140	Karen Tinto	2900	27 F 30-39	36:22.6	39:32.0
141	Mia Mavor	2791	21 F 40-49	36:25.5	39:34.9
142	Celia McTaggart	2793	22 F 40-49	35:52.3	39:37.3
143	Grace Beuk	2641	23 F 40-49	35:53.0	39:38.3
144	Janet Fung	2714	28 F 30-39	36:27.6	39:43.9
145	Bles Agapay	5143	29 F 30-39	35:54.2	39:53.1
146	Talia Lemay	2769	30 F 30-39	36:51.4	39:55.5
147	Erin Hemingway	2733	31 F 30-39	36:51.2	39:55.5
148	Valerie Myler	2806	32 F 30-39	36:39.0	39:55.7
149	Ethan Kooijman	2757	12 M 1-19	36:14.9	40:01.7
150	Davyn Burtman	2650	13 M 1-19	36:13.5	40:01.7
151	Ivan Arlantico	2628	9 M 20-29	36:43.3	40:13.8
152	Sarah Brown	2648	33 F 30-39	37:04.9	40:33.4

153	Simon Newton	2939	14 M 1-19	37:22.9	40:33.8
154	Paige Birtles	2642	19 F 1-19	37:10.4	40:37.0
155	Cecilia Chan	2661	24 F 40-49	36:53.0	40:41.6
156	Angela Carter	2660	25 F 40-49	37:36.7	40:47.2
157	Tamira Burton	2653	15 F 50-59	37:37.0	40:47.2
158	Kat Mitchell	2945	14 F 20-29	37:14.4	40:51.6
159	Tania Ainsworth	2624	26 F 40-49	37:43.6	40:52.8
160	Katie Grassick	2935	34 F 30-39	37:10.0	40:55.8
161	Doreen Kumar	2761	35 F 30-39	37:39.3	40:58.0
162	Rhonda Luding	2772	27 F 40-49	38:02.7	41:13.8
163	Scott Phelps	2830	8 M 30-39	37:53.4	41:21.6
164	Logan Phelps	2831	15 M 1-19	37:53.5	41:21.7
165	Traci Newton	2807	28 F 40-49	38:15.4	41:26.3
166	Boyd Newton	2938	14 M 40-49	38:15.0	41:26.5
167	Tc Jones	2745	10 M 20-29	38:22.4	41:37.6
168	Joan Lui	2773	29 F 40-49	38:18.8	41:41.3
169	Shelley Bohnke	2643	16 F 50-59	38:37.3	41:45.7
170	TRACY FORSTER	2710	36 F 30-39	38:33.5	41:48.5
171	Diane Pinder	2834	30 F 40-49	38:29.8	41:49.2
172	Maria Esplin	2701	2 F 60-69	39:09.2	42:24.3
173	Cayla Ryant	2854	20 F 1-19	39:23.1	42:25.0
174	Wilma Chang	2662	31 F 40-49	39:39.4	42:52.2
175	Louise Peters	2828	32 F 40-49	39:39.1	42:52.3
176	Lynette Sauve	2858	33 F 40-49	39:41.7	42:54.2
177	Angela Reeves	2845	34 F 40-49	39:42.0	42:54.4
178	Dominique Parr	2820	15 F 20-29	39:40.4	42:54.9
179	Sarah Rourke	5394	37 F 30-39	39:46.6	43:03.3
180	Kristina Guest	2729	35 F 40-49	39:27.5	43:11.8
181	April Eaton	2700	17 F 50-59	39:44.1	43:12.6
182	Melanie Troyer	5435	36 F 40-49	39:33.8	43:16.0
183	Lisa Cooper	2688	38 F 30-39	39:46.6	43:33.0
184	Kylie Grahame	2726	16 F 20-29	40:20.8	43:55.6
185	Aaron Morgan	2798	9 M 30-39	40:20.7	43:55.7
186	Kztie MacMillan	2779	21 F 1-19	40:30.9	44:01.3
187	Jane MacMillan	2780	37 F 40-49	40:30.5	44:01.3
188	Ann Kang	2747	18 F 50-59	41:17.8	44:24.7
189	Caramia Muije	5344	39 F 30-39	40:40.9	44:26.8
190	YA TING YANG	2928	40 F 30-39	40:51.5	44:41.9
191	Mei Hsien Liu	2771	19 F 50-59	40:51.5	44:42.0
192	Anjali Wong	2926	22 F 1-19	41:27.3	44:45.4
193	Kim Garner	2721	38 F 40-49	41:07.2	44:48.7
194	Lavina Wong	2924	39 F 40-49	41:30.7	44:49.6
195	Last Anna	2627	20 F 50-59	41:15.8	44:57.6
196	Kristie Congram	2686	21 F 50-59	41:24.3	45:01.4
197	Emilie Lee	2768	17 F 20-29	41:40.8	45:04.8
198	Jackie Lauzon	2767	18 F 20-29	32:29.8	45:08.3
199	Leeann Taylor	2896	41 F 30-39	41:56.2	45:12.5
200	Lisa Miller	2796	40 F 40-49	41:58.6	45:12.7
201	Sharon Arnold	2629	42 F 30-39	41:33.5	45:15.9
202	Karl Sigerist	2870	7 M 50-59	42:15.0	45:18.5
203	Renee Croft	2689	22 F 50-59	42:09.4	45:22.7
204	Tiffany Dunn	2698	43 F 30-39	41:47.5	45:37.1

205	Ceilidh Dunn	2699	44 F 30-39	41:47.6	45:37.2
206	Sharon Steele	2884	45 F 30-39	41:58.0	45:41.4
207	Mindy Fong	2707	19 F 20-29	42:28.3	45:42.8
208	Jenneka MacRae	2782	46 F 30-39	42:15.4	45:53.2
209	Josie Kotzo	2758	3 F 60-69	43:15.7	46:19.4
210	Masako Evans	2946	47 F 30-39	43:11.5	46:23.1
211	Naomi Evans	2947	23 F 50-59	43:11.9	46:23.4
212	Olivia Huff	2739	23 F 1-19	42:45.1	46:30.4
213	Chris Huff	2737	8 M 50-59	42:47.0	46:32.1
214	Lesley Purkiss	2949	48 F 30-39	43:04.1	46:44.7
215	Calla Purkiss	2950	24 F 1-19	43:04.1	46:44.7
216	Susan Suh	2890	49 F 30-39	43:32.9	46:50.8
217	Melvin Wong	2923	15 M 40-49	43:31.5	46:50.8
218	Carter Schwab	2864	16 M 1-19	43:26.2	47:13.8
219	Evan Schwab	2861	10 M 30-39	43:25.8	47:14.1
220	Stephanie Smythe	2879	50 F 30-39	43:48.6	47:16.6
221	Theresa Schiewe	2943	20 F 20-29	43:57.1	47:26.4
222	Sophie Chui	2676	25 F 1-19	44:14.1	47:44.3
223	Nicole Chui	2673	41 F 40-49	44:14.2	47:44.6
224	Natalie Klassen	2934	26 F 1-19	44:04.9	47:47.4
225	Alison Klassen	2754	42 F 40-49	44:05.2	47:47.5
226	Kelly Shea	2868	43 F 40-49	44:04.3	47:47.7
227	Riley Smith	2875	17 M 1-19	44:32.2	48:10.8
228	Heather Smith	2877	51 F 30-39	44:32.3	48:10.9
229	Amanda Jones	2746	21 F 20-29	45:24.6	48:38.9
230	Callie Schwab	2863	27 F 1-19	45:16.3	48:43.2
231	Kerry Schwab	2862	44 F 40-49	44:43.4	48:43.2
232	Anja Burtman	2651	28 F 1-19	45:16.3	48:43.3
233	Kathy Burtman	2652	45 F 40-49	44:43.9	48:43.3
234	Melissa Webster	2917	46 F 40-49	44:44.0	48:43.4
235	Chris Grass	2727	16 M 40-49	45:04.2	48:51.8
236	Poonum Gill	2723	52 F 30-39	45:23.6	48:54.5
237	Danny Chui	2672	17 M 40-49	45:31.4	49:07.6
238	Anabelle Chui	2674	29 F 1-19	45:37.4	49:11.2
239	Emma Cooper	2687	22 F 20-29	45:52.1	49:18.4
240	Beth Snow	2880	53 F 30-39	45:41.3	49:21.3
241	Nancy Huff	2738	47 F 40-49	45:43.1	49:28.5
242	Serena Caine	2656	54 F 30-39	46:00.8	49:35.4
243	Nicole Adie	2623	48 F 40-49	46:00.8	49:35.4
244	Nicky Forsman	2709	23 F 20-29	46:15.4	49:37.9
245	Myra Gale	2718	30 F 1-19	45:44.4	49:38.5
246	Steve Gale	2719	11 M 30-39	45:44.2	49:38.8
247	Herbert Wong	2922	18 M 40-49	46:31.8	49:45.3
248	Charmaine Ko	2755	49 F 40-49	46:32.0	49:45.4
249	Grace Wong	2925	55 F 30-39	46:26.9	49:57.7
250	Taylor Spence	2882	31 F 1-19	46:31.8	50:14.5
251	Angela Spence	2881	50 F 40-49	46:32.1	50:14.9
252	Katie Parker	2818	24 F 20-29	46:29.1	50:15.6
253	Sheena Sangster	2857	56 F 30-39	47:17.1	50:40.5
254	Danielle Meloche	2794	57 F 30-39	47:17.5	50:40.7
255	Jolene Budden	2649	58 F 30-39	47:46.7	50:56.5
256	Tina Campbell	2658	24 F 50-59	47:34.1	51:06.6

257	Sadie Phelps	2832	32 F 1-19	47:42.4	51:11.7
258	Megan Berry	2640	33 F 1-19	47:44.2	51:13.5
259	Rebecca Kukurudz	2760	25 F 20-29	47:41.2	51:14.3
260	Janet Phelps	2833	59 F 30-39	47:47.6	51:18.7
261	Mary Tolejko	2901	4 F 60-69	48:00.5	51:20.0
262	Tracy Finnemore	2705	51 F 40-49	48:12.2	51:20.9
263	Michael Waldron	2913	9 M 50-59	48:13.2	51:28.5
264	Sharon Waldron	2914	25 F 50-59	48:13.7	51:28.9
265	Tracey Barbaro	2633	52 F 40-49	48:36.0	51:44.8
266	Sandi Hildebrant	2734	5 F 60-69	48:33.3	51:57.5
267	Glenn Malubag	2784	19 M 40-49	48:36.1	51:58.3
268	Danielle Berry	2639	60 F 30-39	48:30.6	52:02.5
269	Colleen Marshall	2788	6 F 60-69	48:45.1	52:28.5
270	Deborah Sadowsky	2856	26 F 50-59	48:45.8	52:28.9
271	Cris Collins	2681	18 M 1-19	49:09.8	52:47.1
272	Amparu Peralta	2937	61 F 30-39	50:01.4	53:06.4
273	Harjit Sidhu	2869	11 M 20-29	50:11.5	53:39.6
274	Angie Collins	2683	34 F 1-19	50:03.9	53:41.2
275	Kelly Morris	2799	62 F 30-39	50:16.2	53:55.4
276	Crystal Ay	2631	26 F 20-29	50:26.2	54:06.1
277	Cheryl Ay	2632	53 F 40-49	50:26.9	54:07.1
278	Michelle Briggs	2944	27 F 50-59	44:41.6	54:20.9
279	Troy Dabney	2692	19 M 1-19	51:15.0	54:31.7
280	Indira Dabney	2690	54 F 40-49	51:15.5	54:31.7
281	Tyrell Dabney	2691	20 M 1-19	51:15.6	54:31.8
282	Raymond Dabney	2940	10 M 50-59	51:16.1	54:32.2
283	Lisa Peterson	2829	55 F 40-49	51:33.3	54:41.9
284	Pennie Collins	2684	7 F 60-69	51:02.2	54:43.3
285	Wayne Collins	2682	3 M 60-69	51:02.3	54:43.6
286	Brittany Lang	2766	27 F 20-29	52:15.1	55:32.6
287	Lisa Schaffer	2859	56 F 40-49	53:11.3	56:31.4
288	Ophelia Chow	2671	57 F 40-49	53:04.0	56:39.6
289	Doug Booth	5177	4 M 60-69	54:21.9	58:41.2
290	Leanne Booth	5178	8 F 60-69	54:22.3	58:41.7
291	Shirley Pipke	2835	58 F 40-49	57:53.8	1:01:28.2
292	Tingting Wan	5451	28 F 20-29	58:17.8	1:02:05.3
293	Carter Williamson	5464	12 M 20-29	58:18.5	1:02:05.7
294	Glenda Cameron	2657	9 F 60-69	1:01:59.6	1:05:34.2
295	Heather Rigby-Jones	2846	10 F 60-69	1:02:33.8	1:06:10.9
296	Willa Potter	2951	1 F 0- 0	1:02:57.3	1:06:33.9
297	Jessica Van Huizen	2906	29 F 20-29	1:05:16.2	1:09:08.1
298	Brian Barker	2636	13 M 20-29	1:05:15.5	1:09:08.3
299	Clarice Van Huizen	2904	28 F 50-59	1:05:16.9	1:09:09.5
300	Don Van Huizen	2905	11 M 50-59	1:05:16.7	1:09:10.3
301	Jonah Marshall	2787	12 M 30-39	1:17:32.0	1:20:36.9
302	Rhiannon Paskall	2821	63 F 30-39	1:17:32.4	1:20:37.2
303	Marc Agapay	5142	13 M 30-39	1:17:51.3	1:21:50.2
304	Roseanne Shannon	2867	29 F 50-59	1:33:05.6	1:36:45.8