

email sean@tryevents.ca with any questions about your time

	2015 HOH Vancouver Historic						
	Overall Finish List						
	November 29, 2015						
Half Marathon							
Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
1	Drew Nicholson	419	31	1 M 30-39		1:13:40.5	1:13:41.6
2	Kip Kuto	358	39	2 M 30-39		1:15:28.2	1:15:29.6
3	Hans-Eric Zimmerling	559	26	1 M 20-29		1:18:34.0	1:18:34.6
4	Brian Townsend	573	34	3 M 30-39		1:18:43.3	1:18:44.6
5	Nic Browne	572	35	4 M 30-39		1:18:44.2	1:18:44.6
6	Thomas Morrison	412	25	2 M 20-29		1:20:03.8	1:20:05.4
7	Alistair Kealty	336	29	3 M 20-29		1:20:28.7	1:20:30.7
8	Tristan Sandhu	468	25	4 M 20-29		1:20:33.9	1:20:35.6
9	Mike Post	443	35	5 M 30-39		1:20:52.7	1:20:54.4
10	Samuel Gilsig	283	24	5 M 20-29		1:21:44.5	1:21:47.0
11	Davis Bonauto	566	50	1 M 50-59		1:21:36.7	1:21:49.3
12	Alexis Carnduff	208	41	1 F 40-49		1:21:38.9	1:21:59.8
13	Jeff Pelletier	439	34	6 M 30-39		1:22:07.4	1:22:12.4
14	Pablo Japke	330	39	7 M 30-39		1:22:44.3	1:22:46.6
15	Grant Ewert	262	32	8 M 30-39		1:23:11.4	1:23:13.3
16	Troy Dalton	243	40	1 M 40-49		1:23:22.2	1:23:30.1
17	Geoff Deacon	245	39	9 M 30-39		1:24:04.9	1:24:15.1
18	Michael Prince	448	30	10 M 30-39		1:24:23.8	1:24:29.0
19	Marti Riemer	460	46	2 F 40-49		1:24:46.9	1:24:49.0
20	Nicola Wilberforce	540	48	3 F 40-49		1:25:30.0	1:25:31.3
21	Ryan Cawsey	568	35	11 M 30-39		1:25:49.6	1:25:51.1
22	MARK FELTON	264	34	12 M 30-39		1:26:14.4	1:26:26.9
23	SHUBHAYAN SANATANI	466	48	2 M 40-49		1:26:33.5	1:26:41.9
24	Cian Dalton	242	31	13 M 30-39		1:27:45.0	1:27:45.0
25	Andrei Alexandroni	58	30	14 M 30-39		1:28:09.4	1:28:11.1
26	Ryan Brodie	199	36	15 M 30-39		1:29:34.5	1:29:42.5
27	Kevin Oldknow	424	42	3 M 40-49		1:28:57.5	1:29:45.5
28	Laurence Sheehan	479	42	4 M 40-49		1:29:25.9	1:30:08.0
29	Brock Nicholson	418	31	16 M 30-39		1:30:11.5	1:30:15.4
30	Sarah Diamond	251	16	1 F 1-19		1:30:16.1	1:30:16.1
31	Ben Chugg	226	21	6 M 20-29		1:30:13.7	1:30:43.6
32	Ronan Hegarty	310	43	5 M 40-49		1:30:46.0	1:30:54.6
33	Kaile Stewart	496	21	1 F 20-29		1:30:57.6	1:31:07.1
34	Sean Wraith	550	26	7 M 20-29		1:31:38.2	1:31:54.3
35	Susan Gelinis	280	37	1 F 30-39		1:31:56.2	1:31:59.9
36	Adam Doogan-Smith	253	29	8 M 20-29		1:32:08.3	1:32:27.0
37	Alan Peacock	434	34	17 M 30-39		1:32:08.5	1:32:34.7
38	Hennisea Hoy	320	33	2 F 30-39		1:33:16.3	1:33:27.8
39	Michael Greene	290	47	6 M 40-49		1:32:47.1	1:33:56.3
40	Tova Plashkes	442	31	3 F 30-39		1:33:41.0	1:33:58.9
41	Grant McNair	398	32	18 M 30-39		1:33:41.3	1:33:59.2
42	Jenya Ball	4412	15	1 M 1-19		1:34:09.4	1:34:27.7
43	Karl McGrath	395	31	19 M 30-39		1:34:27.6	1:34:31.6
44	Julie Hathaway	308	34	4 F 30-39		1:35:04.0	1:35:12.3

45	Mike Hsiao	321	22	9 M 20-29	1:33:59.3	1:35:23.7
46	George Hofsink	315	49	7 M 40-49	1:35:31.5	1:35:36.6
47	Ashley Armstrong	150	34	5 F 30-39	1:34:57.9	1:35:40.1
48	Jocelyn Manion	384	29	2 F 20-29	1:35:36.2	1:35:50.1
49	Taylor Smith	488	26	10 M 20-29	1:35:23.5	1:35:52.7
50	Dana Henson	313	26	3 F 20-29	1:36:55.7	1:37:04.3
51	Daniel Andrews	578	26	11 M 20-29	1:36:53.2	1:37:05.7
52	Andy Jones	334	39	20 M 30-39	1:36:55.3	1:37:06.1
53	Sam Hudson	323	30	21 M 30-39	1:36:34.9	1:37:10.1
54	Joao Máximo	387	49	8 M 40-49	1:36:13.4	1:37:21.3
55	Emma McCrudden	391	30	6 F 30-39	1:37:03.7	1:37:32.7
56	Alan He	309	23	12 M 20-29	1:37:48.6	1:37:51.3
57	Ronan Deane	246	40	9 M 40-49	1:37:16.0	1:38:04.9
58	James Lee	368	35	22 M 30-39	1:38:01.7	1:38:08.3
59	Simon Willcox	542	16	2 M 1-19	1:37:54.0	1:38:13.8
60	Nick Willcox	541	47	10 M 40-49	1:37:55.9	1:38:14.9
61	William Hunter	327	52	2 M 50-59	1:38:08.9	1:38:17.8
62	Merissa Feraco	265	34	7 F 30-39	1:38:21.3	1:38:23.7
63	Bret Ferguson	266	44	11 M 40-49	1:37:52.1	1:38:32.4
64	Kelly Vogt	529	48	12 M 40-49	1:38:16.4	1:38:53.1
65	Laura Holmes	318	24	4 F 20-29	1:38:21.8	1:39:03.3
66	Gord Caulien	214	50	3 M 50-59	1:38:53.6	1:39:10.4
67	Gabriel Jimenez Portillo	331	42	13 M 40-49	1:38:47.2	1:39:12.4
68	Maureen Gabriel Webster	537	21	5 F 20-29	1:37:38.7	1:39:13.9
69	Murray Helmer	311	26	13 M 20-29	1:39:33.2	1:39:44.5
70	John Fleming	270	54	4 M 50-59	1:39:20.8	1:39:47.9
71	Katherine Lavoie	366	25	6 F 20-29	1:39:52.8	1:40:02.5
72	Eldon Toombs	517	49	14 M 40-49	1:39:32.7	1:40:05.8
73	Marina Bridal	197	17	2 F 1-19	1:39:36.5	1:40:07.6
74	Adrienne Morrison	413	26	7 F 20-29	1:40:36.0	1:40:38.9
75	Nicole Lau	365	16	3 F 1-19	1:41:05.9	1:41:23.4
76	Jason Allen	103	36	23 M 30-39	1:40:54.6	1:41:37.4
77	Sydney Guloien-Olmsted	297	26	8 F 20-29	1:42:02.1	1:42:12.4
78	Richard Zender	558	45	15 M 40-49	1:42:09.9	1:42:24.5
79	Claire Thomas	513	35	8 F 30-39	1:38:59.4	1:42:50.9
80	Emily Sung	505	37	9 F 30-39	1:42:49.6	1:43:00.0
81	Courtney Campbell	205	31	10 F 30-39	1:43:03.3	1:43:10.5
82	Craig Rhodes	457	42	16 M 40-49	1:42:51.5	1:43:10.7
83	Elyse Cole	231	29	9 F 20-29	1:42:56.6	1:43:24.5
84	David Bell	186	52	5 M 50-59	1:43:29.4	1:43:34.6
85	Eve McDonald	392	26	10 F 20-29	1:43:31.9	1:43:40.6
86	Vitaly Gulyaev	298	44	17 M 40-49	1:43:33.9	1:43:48.5
87	Nebojsa Lojpur	372	50	6 M 50-59	1:43:42.7	1:43:57.4
88	Tim Christie	225	40	18 M 40-49	1:43:57.5	1:44:06.5
89	Thomas Canning	207	29	14 M 20-29	1:44:01.6	1:44:09.3
90	Brian Anderson	132	54	7 M 50-59	1:44:10.2	1:44:11.5
91	Laura Barnette	185	40	4 F 40-49	1:43:26.0	1:44:12.8
92	Brittany Vickers	526	30	11 F 30-39	1:43:56.9	1:44:55.0
93	Tyler Thorne	514	34	24 M 30-39	1:44:09.0	1:45:11.2
94	Jm Rogers	461	64	1 M 60-69	1:45:04.4	1:45:13.5
95	Joel Krentz	356	29	15 M 20-29	1:44:35.0	1:45:18.3
96	Sarah O'Shea	426	29	11 F 20-29	1:45:00.1	1:45:21.0

97	Kaitlyn Wheeler	587	25	12 F 20-29	1:45:06.3	1:45:34.7
98	Colin King	345	57	8 M 50-59	1:45:41.5	1:45:49.4
99	Rhiannon Rabby	450	21	13 F 20-29	1:45:54.9	1:46:01.6
100	Dave Cretelli	237	49	19 M 40-49	1:46:04.9	1:46:17.0
101	Gregg Walters	534	55	9 M 50-59	1:46:13.9	1:46:20.8
102	Keith Adams	54	44	20 M 40-49	1:45:15.5	1:46:23.8
103	Megan Brown	201	30	12 F 30-39	1:46:28.0	1:46:42.0
104	Allan Lai	361	31	25 M 30-39	1:46:28.6	1:46:42.4
105	Howie Shin	574	27	16 M 20-29	1:46:43.9	1:46:49.7
106	Mike Meade	400	41	21 M 40-49	1:46:37.6	1:46:49.7
107	Stuart Nurse	422	66	2 M 60-69	1:46:27.5	1:47:08.1
108	Kevin Eden	256	27	17 M 20-29	1:47:46.1	1:47:54.5
109	Emily Harris	302	21	14 F 20-29	1:48:49.4	1:48:52.4
110	Tarren Berlando	188	26	15 F 20-29	1:48:03.9	1:48:52.6
111	Greg O'Leary	425	29	18 M 20-29	1:48:34.9	1:49:06.4
112	Courtenay Catlin	588	23	16 F 20-29	1:48:59.8	1:49:10.7
113	Miles North	421	40	22 M 40-49	1:48:55.0	1:49:20.0
114	Alison Post	444	31	13 F 30-39	1:48:05.7	1:49:26.5
115	Eimear Corridan	233	27	17 F 20-29	1:50:00.3	1:50:21.6
116	Jessica Ansari	143	26	18 F 20-29	1:50:35.6	1:50:46.7
117	Tomas Twomey	520	29	19 M 20-29	1:50:44.7	1:50:52.1
118	Jenny MacArthur	376	30	14 F 30-39	1:50:54.4	1:50:54.4
119	Kelsey McDonell	394	26	19 F 20-29	1:50:54.0	1:50:59.7
120	Nina Hogaard	316	38	15 F 30-39	1:50:28.0	1:51:04.1
121	Raymond Wong	548	23	20 M 20-29	1:50:32.7	1:51:14.2
122	Neli Ekelund	258	48	5 F 40-49	1:50:59.9	1:51:21.2
123	Kevin Ninness	420	34	26 M 30-39	1:50:24.5	1:51:28.6
124	Elle Wayara	535	25	20 F 20-29	1:51:22.7	1:51:35.5
125	James Blair	191	45	23 M 40-49	1:51:11.9	1:51:42.0
126	Elson Kung	582	40	24 M 40-49	1:51:52.6	1:51:55.8
127	Lyndsay Clark	228	30	16 F 30-39	1:51:47.3	1:52:12.3
128	Dennis Pederson	437	32	27 M 30-39	1:51:17.6	1:52:16.5
129	Michelle Sanders	467	40	6 F 40-49	1:51:58.4	1:52:17.0
130	Aaron Stowe	498	28	21 M 20-29	1:51:29.8	1:52:18.9
131	Patrina Lo	371	32	17 F 30-39	1:52:13.3	1:52:20.4
132	Dalibor Uhlir	521	35	28 M 30-39	1:52:41.2	1:52:41.2
133	Madison Crawford	236	26	22 M 20-29	1:52:25.0	1:53:08.3
134	Marie-Josée Decary	247	45	7 F 40-49	1:53:07.1	1:53:32.8
135	Angelique Poutissou	446	42	8 F 40-49	1:52:17.4	1:53:45.3
136	Nathan Lapper	363	28	23 M 20-29	1:52:51.0	1:53:57.9
137	Keith O'Connor	423	26	24 M 20-29	1:52:57.5	1:54:09.8
138	Meaghan Williams	544	31	18 F 30-39	1:54:07.0	1:54:21.4
139	Jillian Wilson	562	25	21 F 20-29	1:54:07.6	1:54:22.3
140	Jon Chan	216	36	29 M 30-39	1:53:47.4	1:54:24.0
141	Jennifer Tassart	506	31	19 F 30-39	1:54:27.1	1:54:32.8
142	Kevin Park	431	54	10 M 50-59	1:55:30.9	1:55:35.9
143	Randy MacKirdy	379	57	11 M 50-59	1:55:29.7	1:55:51.7
144	Matthew Ryder	464	14	3 M 1-19	1:56:10.7	1:56:17.2
145	Kathleen Bird	190	26	22 F 20-29	1:56:04.2	1:56:18.8
146	Adraina Gugliotta	575	52	1 F 50-59	1:56:21.2	1:56:45.2
147	Jennifer Heyries	314	33	20 F 30-39	1:55:24.1	1:56:51.4
148	Kaeleigh Flynn	271	24	23 F 20-29	1:56:37.3	1:56:53.5

149	Alison Jinn	332	22	24 F 20-29	1:55:41.0	1:57:05.4
150	Mike Lowe	579	26	25 M 20-29	1:56:22.3	1:57:06.4
151	Christopher Lowe	373	32	30 M 30-39	1:56:22.3	1:57:06.6
152	Jeff Franke	589	46	25 M 40-49	1:56:07.6	1:57:07.2
153	Elizabeth Gayler	278	29	25 F 20-29	1:55:42.6	1:57:11.0
154	Hui Chye Gregoire	291	46	9 F 40-49	1:55:45.1	1:57:13.1
155	Suzanne Sachinidis	465	41	10 F 40-49	1:56:21.1	1:57:16.2
156	Onour Moeri	407	38	21 F 30-39	1:56:41.4	1:57:20.0
157	Calvina Chow	223	29	26 F 20-29	1:57:10.1	1:57:51.7
158	Rinche Shaw	478	22	26 M 20-29	1:56:28.0	1:57:52.5
159	Allie Lacasse	360	22	27 F 20-29	1:57:16.7	1:58:07.5
160	Jennifer Kovarovic	355	35	22 F 30-39	1:57:56.2	1:58:25.1
161	Rebecca Cullum	238	34	23 F 30-39	1:57:29.6	1:58:33.0
162	Margaret Miles	402	41	11 F 40-49	1:58:34.5	1:58:51.6
163	Michael Thain	510	29	27 M 20-29	1:57:47.7	1:58:54.9
164	Elizabeth Peacock	435	31	24 F 30-39	1:58:31.3	1:58:58.5
165	Aubrey Kelly	337	44	26 M 40-49	1:58:38.4	1:59:21.6
166	Paul Kernan	338	55	12 M 50-59	1:58:14.9	1:59:23.5
167	Michelle Edwards	4201	27	28 F 20-29	1:58:32.5	1:59:39.5
168	Davin Hun	326	28	28 M 20-29	1:59:41.5	2:00:06.9
169	Nicolle Mader	381	41	12 F 40-49	1:59:41.1	2:00:54.0
170	Michelle Klips	347	27	29 F 20-29	2:00:49.3	2:01:11.0
171	Greg Giles	282	62	3 M 60-69	2:00:23.1	2:01:15.2
172	Jenny Schaff	471	31	25 F 30-39	2:01:04.6	2:01:20.0
173	Molly Rider	459	22	30 F 20-29	2:00:12.1	2:01:24.5
174	Arely Toscano	581	27	31 F 20-29	2:01:10.8	2:01:33.2
175	Kelly Miller	406	33	26 F 30-39	2:00:50.8	2:01:39.0
176	Pat Bren	196	31	31 M 30-39	2:00:51.2	2:01:39.1
177	MICHAELANGELO SUMALING	503	42	27 M 40-49	2:01:18.8	2:01:39.6
178	Leisha O'Toole	427	35	27 F 30-39	2:01:02.7	2:01:40.3
179	Corey Miller	403	46	28 M 40-49	2:01:35.2	2:01:45.1
180	Shekinah Miller	404	42	13 F 40-49	2:01:35.4	2:01:45.1
181	Christie Pike	440	32	28 F 30-39	2:00:58.0	2:01:45.8
182	Malissa Danek	244	30	29 F 30-39	2:01:11.8	2:01:53.9
183	Penny Pataki	433	47	14 F 40-49	2:00:48.2	2:01:58.3
184	Liz Freeman	273	46	15 F 40-49	2:00:48.5	2:01:58.4
185	Tristan Hyde	328	27	29 M 20-29	2:01:09.0	2:02:04.1
186	Anita Steele	494	33	30 F 30-39	2:01:11.9	2:02:06.2
187	Pamela Clever	230	45	16 F 40-49	2:02:05.4	2:02:45.7
188	Gurveer Dhaliwal	249	23	32 F 20-29	2:02:37.4	2:02:48.5
189	Bruce Fitzpatrick	269	50	13 M 50-59	2:01:46.5	2:02:50.5
190	Tamarra Wong	549	24	33 F 20-29	2:02:43.1	2:02:52.5
191	Rebecca Shook	483	40	17 F 40-49	2:01:44.5	2:02:57.0
192	Michelle Sprangers	491	45	18 F 40-49	2:02:21.5	2:03:01.7
193	Shannie Harvey	306	40	19 F 40-49	2:02:38.7	2:03:04.8
194	Ambreen Shariff	476	37	31 F 30-39	2:02:44.6	2:03:09.9
195	Jennifer Huebner	324	28	34 F 20-29	2:02:51.6	2:03:20.4
196	Kai Scott	473	35	32 M 30-39	2:02:27.9	2:03:29.3
197	Preston Corrigan	234	32	33 M 30-39	2:02:27.6	2:03:29.4
198	Baron Kho	341	42	29 M 40-49	2:03:05.4	2:03:30.8
199	Linda Burnside	585	53	2 F 50-59	2:03:19.9	2:03:31.1
200	Trina Zanni	557	31	32 F 30-39	2:03:03.2	2:03:31.2

201	Mike Zanni	556	34	34 M 30-39	2:03:03.7	2:03:31.6
202	Karey Messier	401	40	20 F 40-49	2:03:21.2	2:03:38.3
203	Dwayne Ford	272	26	30 M 20-29	2:02:40.8	2:03:39.9
204	Anna Shevchenko	481	27	35 F 20-29	2:02:41.5	2:03:40.0
205	Jennifer Kerstens	340	30	33 F 30-39	2:02:55.4	2:03:42.4
206	Diane Southwell	490	48	21 F 40-49	2:03:26.1	2:03:46.1
207	Dominique Kwiek	359	29	36 F 20-29	2:03:18.8	2:03:55.4
208	Florence Luk	374	24	37 F 20-29	2:04:01.8	2:04:07.9
209	Emilie Morin	409	30	34 F 30-39	2:04:08.9	2:04:42.8
210	Meghan MacDonald	378	33	35 F 30-39	2:03:50.5	2:04:52.6
211	Megan Elias	259	29	38 F 20-29	2:04:27.7	2:04:57.6
212	Alannah Radburn	451	23	39 F 20-29	2:04:33.8	2:04:59.6
213	Emilio Chiarizia	221	53	14 M 50-59	2:05:22.9	2:05:35.0
214	Anna Bruder	202	20	40 F 20-29	2:05:06.3	2:05:41.7
215	Chris Roy	463	35	35 M 30-39	2:04:46.4	2:05:44.4
216	Chelsea Padley	429	35	36 F 30-39	2:05:27.6	2:06:03.1
217	Margaret Gray	288	24	41 F 20-29	2:06:17.5	2:06:39.2
218	Judy Bornashek	563	31	37 F 30-39	1:59:10.1	2:06:51.5
219	Rob Smith	489	59	15 M 50-59	2:06:51.9	2:07:13.0
220	Chris Gardner	275	45	30 M 40-49	2:06:02.0	2:07:13.1
221	Lea Kiefer	342	27	42 F 20-29	2:06:39.6	2:07:13.1
222	Paula Brannigan	195	45	22 F 40-49	2:05:59.4	2:07:14.2
223	Helen Zwaan	560	58	3 F 50-59	2:06:56.7	2:07:28.6
224	Kenny Stevens	495	50	16 M 50-59	2:07:15.3	2:07:30.8
225	Marcin Skiba	487	31	36 M 30-39	2:07:00.6	2:07:51.5
226	Wade Sellers	475	45	31 M 40-49	2:07:20.2	2:07:55.8
227	Yuki Carter	211	27	43 F 20-29	2:07:26.2	2:07:57.6
228	Korey Frostad	274	42	32 M 40-49	2:07:50.2	2:08:07.7
229	Tamara Brooks	200	36	38 F 30-39	2:07:23.4	2:08:12.6
230	Jamie McAllister	388	22	44 F 20-29	2:07:35.5	2:08:19.3
231	Rachael Vespi	525	24	45 F 20-29	2:08:03.6	2:08:28.0
232	Meghan Holmes	319	23	46 F 20-29	2:07:30.0	2:08:34.1
233	Konstantinos Dedas	569	9	4 M 1-19	2:08:34.5	2:08:39.1
234	Gianna Benardi	570	37	39 F 30-39	2:08:34.3	2:08:39.4
235	Kathy Potter	445	50	4 F 50-59	2:08:08.2	2:08:41.5
236	Kevin Pritchett	449	46	33 M 40-49	2:08:48.8	2:08:52.3
237	Nicole Yuen	555	24	47 F 20-29	2:08:46.9	2:08:56.5
238	Paul Boileau	193	60	4 M 60-69	2:08:26.6	2:09:00.7
239	Jessica Elliott	260	29	48 F 20-29	2:08:17.6	2:09:06.8
240	Colm Rooney	462	34	37 M 30-39	2:08:50.9	2:09:10.5
241	Martin Gostelow	285	63	5 M 60-69	2:08:15.5	2:09:14.4
242	Amanda Stilwell	497	30	40 F 30-39	2:09:00.7	2:09:15.6
243	Jane Donaldson	252	57	5 F 50-59	2:09:27.2	2:09:53.2
244	Emma Che	217	22	49 F 20-29	2:09:09.9	2:10:00.9
245	Coreen Geddes	279	40	23 F 40-49	2:09:22.5	2:10:07.2
246	Aisha Mohamed	408	21	50 F 20-29	2:10:12.7	2:10:40.0
247	Gregg McKibbin	397	49	34 M 40-49	2:09:51.8	2:10:54.7
248	Ankit Srivastava	492	25	31 M 20-29	2:10:01.2	2:11:08.0
249	George Greer	564	58	17 M 50-59	2:10:41.1	2:11:31.7
250	Caroline Le Tessier	367	31	41 F 30-39	2:10:47.7	2:11:35.1
251	Benjamin Thiede	511	32	38 M 30-39	2:11:24.9	2:11:54.8
252	Christa Thiede	512	30	42 F 30-39	2:11:24.9	2:11:55.0

253	Sharon Toombs	518	55	6 F 50-59	2:11:23.7	2:11:57.9
254	Dawn Christenson	224	52	7 F 50-59	2:11:24.2	2:11:58.5
255	Tom Green	289	46	35 M 40-49	2:11:59.9	2:11:59.9
256	Sabrina McCorrister-White	390	38	43 F 30-39	2:11:35.8	2:12:06.8
257	Julie Wilson	546	31	44 F 30-39	2:11:54.1	2:12:08.8
258	Laura O'Neill	577	26	51 F 20-29	2:11:20.9	2:12:09.6
259	Kiley Lundin	375	42	24 F 40-49	2:10:00.9	2:12:26.9
260	Lisa Harrison	303	30	45 F 30-39	2:12:18.4	2:12:33.2
261	Emily Tu	519	20	52 F 20-29	2:12:47.8	2:13:03.5
262	Tia Biggs	189	15	4 F 1-19	2:12:59.4	2:13:34.2
263	Mohammad Madani	380	68	6 M 60-69	2:13:31.3	2:13:42.0
264	Kerry Duvall	571	50	8 F 50-59	2:13:15.3	2:13:57.6
265	Jennifer D'Agnolo	241	41	25 F 40-49	2:13:53.7	2:14:24.6
266	Andrew Reid	453	36	39 M 30-39	2:13:42.0	2:14:31.8
267	Dave Berg	187	49	36 M 40-49	2:13:28.8	2:14:42.0
268	Dean Lariviere	364	43	37 M 40-49	2:13:28.9	2:14:42.2
269	Katie Baker	161	31	46 F 30-39	2:14:47.0	2:14:47.0
270	Tiffany Rennick	455	25	53 F 20-29	2:14:46.0	2:15:10.2
271	Lauren Ray	452	24	54 F 20-29	2:15:05.7	2:15:27.8
272	Thera Martens	385	35	47 F 30-39	2:14:27.6	2:15:29.3
273	Rachelle Strelezki	499	21	55 F 20-29	2:15:24.5	2:15:46.9
274	Natalie Carruthers	209	24	56 F 20-29	2:15:33.1	2:16:19.3
275	Morgan Carruthers	210	29	57 F 20-29	2:15:33.4	2:16:19.3
276	Dennis Quinlan	576	63	7 M 60-69	2:16:05.0	2:16:48.2
277	Eric Glaser	284	36	40 M 30-39	2:16:22.5	2:17:24.7
278	Brianna Vickers	527	34	48 F 30-39	2:16:22.1	2:17:25.2
279	Jenna Carver	212	23	58 F 20-29	2:17:04.4	2:17:37.5
280	Meghan Carver	586	23	59 F 20-29	2:17:21.8	2:17:54.9
281	Kait Whiteley	539	24	60 F 20-29	2:17:21.7	2:17:55.0
282	Andrew Hale	299	24	32 M 20-29	2:18:58.4	2:19:28.0
283	Maggie Knight	349	24	61 F 20-29	2:20:12.3	2:20:25.8
284	Vincent Nguyen	417	35	41 M 30-39	2:19:46.5	2:20:38.9
285	Indira Dabney	240	45	26 F 40-49	2:20:01.4	2:20:52.2
286	Rebecca (Becky) MacDonald	377	63	1 F 60-69	2:20:46.9	2:21:20.1
287	Chris Hardy	584	42	38 M 40-49	2:14:58.3	2:21:24.1
288	Brianne Hemmingway	583	28	62 F 20-29	2:14:57.9	2:21:24.2
289	Carla Grimann	293	41	27 F 40-49	2:21:15.3	2:21:43.4
290	Maria Veloso	523	50	9 F 50-59	2:21:17.3	2:21:53.1
291	RYAN RESURRECCION	456	27	33 M 20-29	2:22:10.2	2:22:16.3
292	James Wheeler	538	37	42 M 30-39	2:21:38.3	2:22:19.3
293	Wendy Wixson	547	48	28 F 40-49	2:21:38.1	2:23:14.2
294	Jillian McQueen	399	42	29 F 40-49	2:23:01.6	2:23:33.0
295	Markus Zwirn	561	61	8 M 60-69	2:23:41.9	2:24:26.0
296	Joan Taylor	507	54	10 F 50-59	2:23:42.0	2:24:26.0
297	Peter Ballard	167	67	9 M 60-69	2:23:58.2	2:25:24.0
298	Laura Willihnganz	545	35	49 F 30-39	2:25:23.6	2:25:51.2
299	Laurie-Ann Cheng	567	34	50 F 30-39	2:25:23.7	2:25:51.3
300	Sharon Yoshida	554	30	51 F 30-39	2:26:30.9	2:26:51.7
301	Carolyn Dubord	255	49	30 F 40-49	2:26:21.2	2:27:15.7
302	Adriene Pratt	447	35	52 F 30-39	2:25:45.4	2:27:34.3
303	Robynn Gascoigne Serna	276	36	53 F 30-39	2:27:00.7	2:27:38.1
304	Daniel Shevchenko	565	34	43 M 30-39	2:26:58.8	2:27:57.2

305	Saida Ozarowski	428	40	31 F 40-49	2:27:36.2	2:28:04.2	
306	Kelly Miller	405	27	63 F 20-29	2:28:35.6	2:28:38.4	
307	Denise Gsponer	296	46	32 F 40-49	2:28:15.4	2:28:43.2	
308	Amelia Wachtin	531	25	64 F 20-29	2:29:34.6	2:29:34.6	
309	Una Martinez-Matte	386	25	65 F 20-29	2:29:36.0	2:29:36.0	
310	Betty Yan	552	25	66 F 20-29	2:24:16.7	2:30:48.8	
311	Sharon Sjerven	486	66	2 F 60-69	2:30:21.2	2:30:49.9	
312	Anna-Lisa Ciccocioppo	227	42	33 F 40-49	2:30:20.4	2:31:14.5	
313	Jennifer Boileau	194	49	34 F 40-49	2:32:12.9	2:32:42.2	
314	Sydney Williams	543	20	67 F 20-29	2:35:17.1	2:35:33.6	
315	Lynn Canby	206	56	11 F 50-59	2:36:09.1	2:36:25.6	
316	Calla Abbott	52	21	68 F 20-29	2:36:32.3	2:36:54.7	
317	David Graham	287	71	1 M 70-99	2:36:58.5	2:37:45.9	
318	Jane McDonald	393	58	12 F 50-59	2:39:09.8	2:39:57.8	
319	Michael Harvey	304	42	39 M 40-49	2:39:19.2	2:40:24.8	
320	Julie Harvey	307	40	35 F 40-49	2:39:19.9	2:40:25.1	
321	Rachel Lee	369	33	54 F 30-39	2:40:39.2	2:41:23.1	
322	Tracy Harvey	305	42	36 F 40-49	2:41:38.7	2:41:55.5	
323	Julie Hogness	317	19	5 F 1-19	2:41:35.5	2:42:28.1	
324	Rachelle Goulter	286	29	69 F 20-29	2:42:50.9	2:44:02.4	
325	Bimal Sandhu	469	27	70 F 20-29	2:51:47.3	2:55:10.6	
326	Casey Chimwaso	222	27	71 F 20-29	3:04:04.7	3:05:56.3	
327	Griffin Webster	536	51	18 M 50-59	3:04:04.6	3:05:56.6	
328	Leslie Ghag	281	39	55 F 30-39	3:08:01.4	3:08:37.2	
329	Cheryl Palamar	430	35	56 F 30-39	3:11:26.4	3:12:24.2	
330	Paul Parsons	432	38	44 M 30-39	3:12:05.3	3:13:18.5	
331	Kris Kotzer	353	36	45 M 30-39	3:13:19.1	3:13:19.1	
332	Catherine Morrell	410	29	72 F 20-29	3:13:24.5	3:13:24.5	
333	Amanda Kotzer	354	36	57 F 30-39	3:14:01.7	3:14:01.7	
334	Marco Suarez	502	30	46 M 30-39	3:14:32.8	3:14:32.8	
335	Catherine King	346	55	13 F 50-59	3:17:53.0	3:18:51.4	
336	Anne Kernan	339	56	14 F 50-59	3:18:00.5	3:19:11.9	
337	Kevin Striemer	500	35	47 M 30-39	3:19:12.8	3:20:07.9	
338	Jenn Striemer	501	34	58 F 30-39	3:19:13.9	3:20:08.8	
339	Laura Anderson	142	35	59 F 30-39	3:19:15.2	3:20:09.3	
10K							
Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
1	Michelle Heneghan	4234	29	1 F 20-29		38:27.9	38:29.7
2	Tom Kehler	4254	35	1 M 30-39		39:23.5	39:24.2
3	Annika Austin	4076	15	1 F 1-19		39:55.4	40:00.8
4	Lara Boyd	4163	48	1 F 40-49		41:36.8	41:40.2
5	Emily Schaeffer	4348	29	2 F 20-29		42:11.6	42:17.8
6	Graziano Fronteddu	4210	37	2 M 30-39		43:44.4	43:53.8
7	Doug Grimes	4230	53	1 M 50-59		43:51.2	43:55.2
8	Audree Lafreniere	4263	28	3 F 20-29		43:54.0	43:59.5
9	Matthys Redelinghuys	4340	28	1 M 20-29		44:46.0	45:01.0
10	Stephen Ganton	4214	47	1 M 40-49		44:59.4	45:03.2
11	Alistair Pattullo	4406	26	2 M 20-29		42:43.0	45:16.8
12	Michel Corno	4185	58	2 M 50-59		45:04.5	45:20.0
13	Colin Gilliam	4223	31	3 M 30-39		45:08.0	45:39.0
14	Darlene Wolf	4384	48	2 F 40-49		46:09.2	46:25.2

15	Marie-Josée Cossette	4186	53	1 F 50-59	46:13.5	46:27.6
16	Mathew Zielinski	4394	31	4 M 30-39	46:56.8	47:01.4
17	David Kwan	4262	54	3 M 50-59	47:24.5	47:28.1
18	Scott MacDonald	4289	26	3 M 20-29	46:40.0	47:41.5
19	James Brown	4165	34	5 M 30-39	46:55.4	47:58.6
20	Patrick J Whalen	4382	55	4 M 50-59	47:40.3	47:59.0
21	Stephen Chung	4182	55	5 M 50-59	48:20.4	48:29.4
22	Kelly Burns	4171	42	3 F 40-49	48:50.3	49:01.1
23	Rodney Gelineau	4216	45	2 M 40-49	49:15.7	49:31.0
24	Makena Marshall	4298	14	2 F 1-19	50:00.3	50:07.7
25	Mike Barnard	4157	43	3 M 40-49	50:09.6	50:12.0
26	Cindy Lapointe	4269	40	4 F 40-49	49:55.6	50:28.0
27	Heather Gale	4212	38	1 F 30-39	50:00.0	50:32.0
28	Brendan Lancaster	4266	19	1 M 1-19	49:43.3	50:34.0
29	Clayton Larsen	4270	31	6 M 30-39	50:29.5	50:36.6
30	Evan Moore	4404	26	4 M 20-29	49:59.4	50:48.0
31	Annabelle Glass	4224	26	4 F 20-29	50:39.8	50:51.1
32	Jacob Wong	4385	26	5 M 20-29	50:03.9	50:51.9
33	George Ellis	261	69	1 M 60-69	50:41.0	50:54.5
34	Shane Moews	4309	34	7 M 30-39	50:12.9	51:10.8
35	Nicole McLeod	4398	43	5 F 40-49	50:48.6	51:30.0
36	Deb Braun	4397	54	2 F 50-59	50:48.5	51:30.1
37	Sarah Thain	4365	24	5 F 20-29	51:24.2	51:32.9
38	Brian Geraghty	4219	33	8 M 30-39	50:46.7	52:02.4
39	Ron Richardson	4341	41	4 M 40-49	51:39.9	52:06.3
40	Jody LeBlanc	4275	42	6 F 40-49	51:45.4	52:10.0
41	Jonathan Peacock	4333	46	5 M 40-49	51:23.9	52:15.0
42	Lee Carroll	4175	32	2 F 30-39	51:50.3	52:22.1
43	Dean Washington	4380	50	6 M 50-59	51:40.0	52:22.9
44	Stephen Rosengarten	4342	39	9 M 30-39	51:26.5	52:44.0
45	Farouk Zaba	4390	34	10 M 30-39	52:19.2	53:02.3
46	Kevin George	4218	31	11 M 30-39	52:39.1	53:08.2
47	Brigitte Gemme	4217	37	3 F 30-39	52:58.0	53:34.5
48	Doug Harris	4405	61	2 M 60-69	53:34.0	53:50.0
49	TIANRUI LU	4287	24	6 M 20-29	53:47.8	54:04.3
50	Sefie Nolte	4322	28	7 M 20-29	53:49.3	54:04.7
51	Trish Huston	4241	58	3 F 50-59	53:56.4	54:49.6
52	Margaret Eng	4203	34	4 F 30-39	54:58.7	55:03.9
53	Ali Jafargholi	4247	32	12 M 30-39	54:49.6	55:18.8
54	Derek Moore	4313	37	13 M 30-39	53:39.2	55:21.9
55	Priscilla Holmes	4403	41	7 F 40-49	54:52.8	55:30.0
56	Julia Kamphuis	4252	39	5 F 30-39	54:41.0	55:38.4
57	Binder Dhaliwal	4193	29	6 F 20-29	55:35.7	55:47.2
58	Francis Beaulieu	4158	44	6 M 40-49	54:43.6	56:12.4
59	Maggie McQueen	4410	22	7 F 20-29	55:07.4	56:19.8
60	Arne Oswald	4329	23	8 M 20-29	55:07.4	56:20.2
61	Jasminder Sandhu	4346	22	8 F 20-29	56:24.5	56:36.9
62	Elizabeth Hafner	4231	26	9 F 20-29	56:02.2	56:40.7
63	Mike Park	4330	23	9 M 20-29	56:29.8	56:58.5
64	Brad Harris	4232	36	14 M 30-39	43:04.2	56:59.0
65	Katharina Unglert	4372	29	10 F 20-29	56:30.2	57:10.2
66	Andrew Jackson	4246	33	15 M 30-39	56:29.8	57:10.2

67	Julia Smith	4357	51	4 F 50-59	56:55.9	57:14.9
68	David Lancaster	4265	53	7 M 50-59	56:59.2	57:50.7
69	Stacey Tkachuk	4368	26	11 F 20-29	57:27.4	58:06.1
70	Taichi Ito	4245	31	16 M 30-39	57:26.8	58:07.0
71	Dana Marom	4296	43	8 F 40-49	57:36.8	58:11.2
72	Calvin Kuo	4261	40	7 M 40-49	56:51.2	58:16.1
73	Alida Oegema	4325	25	12 F 20-29	58:10.9	58:36.9
74	Henri-Paul Sicsic	484	63	3 M 60-69	58:07.1	58:37.7
75	Emily Nelson	4317	25	13 F 20-29	58:13.6	58:39.9
76	Dana Hough	4236	32	6 F 30-39	58:35.8	59:00.9
77	Dawn Mooney	4312	35	7 F 30-39	58:31.7	59:10.0
78	Julia Langton	4268	31	8 F 30-39	58:33.4	59:11.9
79	Betty Ling	4283	38	9 F 30-39	58:44.4	59:20.4
80	Courtenay Anderson	4031	29	14 F 20-29	58:07.1	59:24.3
81	Andrea Paterson	4332	28	15 F 20-29	58:49.7	59:28.2
82	Kyla Bulinckx	4169	26	16 F 20-29	58:50.1	59:33.8
83	Cale Menzies	4304	24	10 M 20-29	55:41.6	59:44.6
84	YICHI ZHANG	4392	24	11 M 20-29	59:47.6	59:47.6
85	Jeremy Atkins	160	37	17 M 30-39	59:09.6	59:47.6
86	Manpreet Sekhon	4351	26	17 F 20-29	55:55.8	59:59.5
87	MONICA PINZON	4336	40	9 F 40-49	59:34.6	1:00:32.9
88	Braden King	4258	27	12 M 20-29	59:55.9	1:00:35.1
89	Kelly Bryck	4168	25	18 F 20-29	59:48.7	1:00:38.2
90	Carrie Mitchell	4308	30	10 F 30-39	1:00:06.4	1:00:49.4
91	Renzo de Bustamante	4191	29	13 M 20-29	1:00:19.2	1:00:49.4
92	Corey Gibson	4221	30	18 M 30-39	1:00:04.2	1:00:53.4
93	Juliana Lopez de Romana	4286	28	19 F 20-29	1:00:23.9	1:00:54.5
94	NICOLE KENNEDY	4256	39	11 F 30-39	1:00:33.7	1:00:55.0
95	Alexandra Draper	4196	31	12 F 30-39	1:00:33.5	1:00:55.5
96	Candice Li	4280	40	10 F 40-49	1:00:22.5	1:00:57.0
97	Nancy Graham	4229	41	11 F 40-49	1:00:55.9	1:00:59.5
98	Monica Murphy	414	51	5 F 50-59	1:00:48.1	1:00:59.5
99	Kerry Vital	4375	30	13 F 30-39	1:00:26.4	1:01:03.7
100	Kimberly Jang	4248	30	14 F 30-39	1:00:26.2	1:01:06.0
101	Ravenna Li	4282	35	15 F 30-39	1:01:12.0	1:01:12.0
102	Joan Antunes	4039	40	12 F 40-49	1:00:51.3	1:01:18.9
103	Dayna Leganchuk	4278	34	16 F 30-39	1:00:58.4	1:01:21.2
104	Christine Tschetter	4371	31	17 F 30-39	1:00:50.6	1:01:23.5
105	Todd Mavor	4302	47	8 M 40-49	1:00:40.9	1:01:25.2
106	Yolanta Nelson	4316	38	18 F 30-39	1:00:37.2	1:01:37.0
107	Cindy Neufeld	4319	32	19 F 30-39	1:01:18.3	1:01:50.1
108	Michelle Heidebrecht	4233	40	13 F 40-49	1:01:21.4	1:02:19.0
109	Lily Fung	4211	46	14 F 40-49	1:01:29.2	1:02:36.3
110	Arby Susi	4363	26	20 F 20-29	1:02:45.1	1:02:53.3
111	Deb Powell	4337	56	6 F 50-59	1:02:40.1	1:03:02.5
112	Maria Ercego	4204	51	7 F 50-59	1:02:40.3	1:03:02.8
113	Graham Mainer-Pearson	4295	20	14 M 20-29	1:02:35.2	1:03:06.2
114	Andrea Mainer	4294	46	15 F 40-49	1:02:36.0	1:03:06.5
115	Susan Anderson	4038	61	1 F 60-69	1:02:11.1	1:03:07.0
116	Shannon Brearley	4164	35	20 F 30-39	56:08.8	1:03:09.5
117	Teresa Carruthers	4176	56	8 F 50-59	1:02:31.6	1:03:18.1
118	Gillian Ducharme	4198	43	16 F 40-49	56:21.4	1:03:21.9

119	Jennifer Hunszinger	4239	43	17 F 40-49	1:02:28.6	1:03:24.5
120	JIE WU	4389	28	15 M 20-29	1:03:56.0	1:03:56.0
121	Inga Bourke	4162	61	2 F 60-69	1:02:18.7	1:04:06.5
122	Daniela Rubino	4343	28	21 F 20-29	1:03:01.3	1:04:07.2
123	Cris Tolfree	4369	35	21 F 30-39	1:03:54.1	1:04:10.4
124	Justin Lal	362	31	19 M 30-39	1:03:09.5	1:04:10.5
125	Denise Miller	4306	50	9 F 50-59	1:03:51.0	1:04:15.9
126	Lydia Mynott	415	40	18 F 40-49	1:03:43.1	1:04:18.3
127	Tammy Hicks	4235	43	19 F 40-49	1:03:53.5	1:04:26.4
128	Terry VanQuickenborne	4373	49	20 F 40-49	1:04:07.1	1:04:31.1
129	Bonnie Thomas	4366	29	22 F 20-29	1:03:49.7	1:04:51.5
130	Nicola Butterfield	4173	33	22 F 30-39	1:04:30.1	1:04:51.5
131	Lisa Lerer	4279	51	10 F 50-59	1:03:44.9	1:05:00.2
132	Carolina Rivera	4408	37	23 F 30-39	1:04:35.5	1:05:02.3
133	Ramon Siytangco	4355	14	2 M 1-19	1:04:17.3	1:05:16.9
134	Sandhya Gamage	4213	52	11 F 50-59	1:04:29.6	1:05:30.2
135	Sabrina Mill	4305	46	21 F 40-49	1:04:50.8	1:05:31.5
136	Vane McCutcheon	4402	68	3 F 60-69	1:04:21.3	1:05:32.7
137	KATELYN TENHOEVE	509	28	23 F 20-29	1:05:14.4	1:05:41.1
138	Sarah Vondruska	4376	38	24 F 30-39	1:05:05.2	1:05:44.7
139	Robyn Goodrich	4225	29	24 F 20-29	1:05:05.9	1:05:45.2
140	Leanne Krauss	4260	52	12 F 50-59	1:05:08.5	1:05:49.6
141	Olga Maria Osuchowski	4328	35	25 F 30-39	1:03:38.3	1:05:50.1
142	Sarah Lee	4276	26	25 F 20-29	1:05:50.7	1:06:27.9
143	Laura Brown	4167	30	26 F 30-39	1:05:39.8	1:06:36.6
144	Lori Lollar	4285	56	13 F 50-59	1:05:43.5	1:06:39.4
145	Devon Krahn	4411	29	16 M 20-29	1:05:43.8	1:06:39.7
146	Laurie Tomalty	4370	56	14 F 50-59	1:05:54.4	1:06:56.8
147	Ourania Vekris	4374	47	22 F 40-49	1:06:01.2	1:06:57.9
148	JESSICA CERNA	4180	26	26 F 20-29	1:06:33.8	1:07:08.4
149	Penny Stonehewer	4362	50	15 F 50-59	1:07:09.7	1:07:33.5
150	Robin Northey	4323	45	23 F 40-49	1:07:18.8	1:07:42.9
151	Ernie Daley	2106	53	8 M 50-59	1:06:57.3	1:08:06.6
152	Kira Daley	4409	20	27 F 20-29	1:07:00.1	1:08:09.0
153	Maryse Zeidler	4391	36	27 F 30-39	1:08:21.9	1:08:29.8
154	Mike Daley	1	62	4 M 60-69	1:07:32.9	1:08:42.3
155	Stephanie White	4383	28	28 F 20-29	1:08:05.3	1:08:45.3
156	Eve Ojea	4326	35	28 F 30-39	1:08:11.0	1:08:55.4
157	Rebecca McLean	4303	40	24 F 40-49	1:08:53.1	1:09:19.9
158	Diana Kendall	4255	27	29 F 20-29	1:08:50.3	1:09:37.1
159	Thomas Forrer	4208	30	20 M 30-39	1:08:50.1	1:09:37.4
160	Chantal Kerr	4257	31	29 F 30-39	1:09:05.9	1:09:51.2
161	Cassie Wright	4388	31	30 F 30-39	1:09:36.7	1:10:01.7
162	Jennifer Provost	4339	34	31 F 30-39	1:08:45.1	1:10:01.8
163	Jennifer Cartwright	4177	24	30 F 20-29	1:09:49.9	1:10:07.9
164	Carol Ward	4379	31	32 F 30-39	1:08:54.2	1:10:11.0
165	Melisa Dzamastagic	4199	36	33 F 30-39	1:09:49.5	1:10:52.5
166	Robyn Edgar	4200	29	31 F 20-29	1:09:28.5	1:11:09.3
167	Randi Lang	4267	35	34 F 30-39	1:11:14.3	1:11:14.3
168	Seanna Maher	4293	41	25 F 40-49	1:10:50.4	1:11:31.2
169	Alexandra Davison	4190	27	32 F 20-29	1:11:11.6	1:11:31.5
170	Nanette Farrell	4205	46	26 F 40-49	1:11:14.8	1:11:35.2

171	Kushmejh Chuwdhury	4413	43	9 M 40-49	1:11:39.0	1:11:39.0
172	Grace Li	4281	26	33 F 20-29	1:11:19.7	1:11:48.0
173	Shirley Mishra	4307	37	35 F 30-39	1:12:06.4	1:12:06.4
174	Russell Clarke	229	30	21 M 30-39	1:11:29.3	1:12:07.0
175	Maria Shevchenko	482	32	36 F 30-39	1:11:30.0	1:12:07.0
176	Rodrigo Munoz	4314	39	22 M 30-39	1:12:03.8	1:12:33.6
177	Grace Shih	4353	38	37 F 30-39	1:11:33.2	1:12:36.2
178	Allison Spargo	4358	23	34 F 20-29	1:12:02.8	1:12:50.7
179	Rose Wood	4387	62	4 F 60-69	1:11:27.9	1:12:53.7
180	Anita Junttila	4250	44	27 F 40-49	1:11:27.6	1:12:53.8
181	Cecilia Vulama	4377	64	5 F 60-69	1:09:48.2	1:12:57.7
182	Erin Barisoff-Harris	4132	37	38 F 30-39	1:12:20.4	1:12:58.2
183	Astrid Gradlmiller	4228	29	35 F 20-29	1:11:53.0	1:13:05.0
184	Anna Frederiksen	4209	25	36 F 20-29	1:12:36.5	1:13:09.2
185	Julie Sherlock	4352	27	37 F 20-29	1:11:59.2	1:13:25.4
186	Lindsay Walsh	4378	33	39 F 30-39	1:12:31.0	1:13:28.0
187	Cathleen Anne Tenning	4364	40	28 F 40-49	1:13:24.4	1:13:29.0
188	Jennifer Davidson	4189	50	16 F 50-59	1:12:47.7	1:13:55.6
189	Christina Sime	4354	28	38 F 20-29	1:12:55.1	1:14:01.2
190	Matthew Lee	2177	21	17 M 20-29	1:11:19.5	1:14:20.6
191	Kaycie Burtchett	4172	50	17 F 50-59	1:13:42.6	1:14:24.6
192	Tricia Murray	4315	41	29 F 40-49	1:13:42.3	1:14:24.8
193	Inayat Zina	4395	55	9 M 50-59	1:05:33.3	1:14:57.9
194	Daisy Zajaratnam	4407	38	40 F 30-39	1:14:50.5	1:15:17.6
195	Jody Harris	4400	47	30 F 40-49	1:16:17.2	1:17:32.3
196	Jeffrey Harris	4399	46	10 M 40-49	1:16:17.0	1:17:32.3
197	Theresa Schiewe	4349	28	39 F 20-29	1:17:12.7	1:18:53.4
198	Robyn Scalise	4347	22	40 F 20-29	1:19:26.0	1:19:40.1
199	Kim Ford	4207	52	18 F 50-59	1:20:16.4	1:21:15.8
200	Hailey Elhorn	4202	17	3 F 1-19	1:20:03.7	1:21:38.7
201	Cassidy Scott	4350	17	4 F 1-19	1:20:04.1	1:21:39.1
202	Maya Daniel	4188	17	5 F 1-19	1:20:04.8	1:21:39.4
203	Talen Oostenbroek	4327	17	6 F 1-19	1:20:03.7	1:21:39.5
204	Amanda Douglas	4194	16	7 F 1-19	1:20:02.9	1:21:40.1
205	Jade Aune	4075	17	8 F 1-19	1:20:04.1	1:21:40.8
206	Kara Ruff	4344	17	9 F 1-19	1:20:04.1	1:21:40.9
207	Oshan Lazuk	4273	17	10 F 1-19	1:20:04.9	1:21:41.0
208	Christopher Cottell	4187	35	23 M 30-39	1:20:03.6	1:21:41.7
209	Tianna Hudak	4238	16	11 F 1-19	1:20:06.0	1:21:41.8
210	Taylor Goranson	4226	17	12 F 1-19	1:20:04.5	1:21:42.0
211	Karen Ibbott	4243	47	31 F 40-49	1:20:24.9	1:22:17.7
212	Tracy MacKinnon	4290	41	32 F 40-49	1:20:25.4	1:22:18.1
213	Tara Moews	4310	33	41 F 30-39	1:21:30.7	1:22:28.3
214	Susan Bonham	4161	49	33 F 40-49	1:21:45.1	1:22:38.6
215	Kristi Cattanach	4179	40	34 F 40-49	1:22:01.9	1:22:55.0
216	Joan Parker	4331	40	35 F 40-49	1:22:01.6	1:22:55.1
217	Alyssa Stonehewer	4361	18	13 F 1-19	1:23:13.4	1:23:36.7
218	Mania Nematifar	4318	28	41 F 20-29	1:22:36.1	1:23:38.4
219	Paula Gosal	4227	41	36 F 40-49	1:27:33.7	1:28:11.5
220	Daisy Emily Madill	4291	69	6 F 60-69	1:28:21.2	1:28:56.6
221	Eleni Kassaris	4253	39	42 F 30-39	1:29:17.7	1:30:14.4
222	Sarah Brown	4166	33	43 F 30-39	1:29:47.5	1:30:34.0

223	Sara Chung	4183	12	14 F 1-19	1:29:36.1	1:30:41.9	
224	Joanna Cheng	4181	42	37 F 40-49	1:29:36.7	1:30:42.6	
225	Joanne Howitz	4237	47	38 F 40-49	1:33:27.0	1:34:06.0	
226	Colleen Marshall	4297	63	7 F 60-69	1:38:13.5	1:39:15.1	
227	Shelly Niemi	4321	34	44 F 30-39	1:40:10.8	1:40:56.3	
228	John Giannisis	4220	43	11 M 40-49	1:40:11.0	1:40:56.5	
229	Anni Vonderlinde	4401	80	1 F 70-99	1:48:40.4	1:49:36.8	
230	Tilman von der Linde	530	56	10 M 50-59	1:48:39.9	1:49:36.8	
231	Hua Zhang	4393	50	11 M 50-59	3:13:15.1	3:13:15.1	
232	Natasha Feldes	4206	21	42 F 20-29	3:13:18.1	3:13:18.1	
233	Xueyang Liu	4284	28	43 F 20-29	3:13:18.5	3:13:18.5	
234	Brittany Pratico	4338	30	45 F 30-39	3:13:18.6	3:13:18.6	
235	Matthew Boettcher	4160	23	18 M 20-29	3:13:21.9	3:13:21.9	
5K							
Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
1	Greg Canning	2060	30	1 M 30-39		21:32.4	24:34.8
2	Manon Plouvier	2148	15	1 F 1-19		21:45.0	24:44.7
3	Sydney DesBrisay	2179	15	2 F 1-19		22:17.6	25:17.3
4	Justin Verbanic	2173	10	1 M 1-19		22:58.3	25:57.1
5	Murray Warner	2165	61	1 M 60-69		23:02.3	26:02.4
6	Sherrie Hamer	2120	58	1 F 50-59		24:42.4	27:42.7
7	Hans Zwaan	2172	58	1 M 50-59		25:32.4	28:40.2
8	Katie Dinelle	2111	33	1 F 30-39		26:06.9	29:08.3
9	Aaron Grad	2118	35	2 M 30-39		26:22.7	29:23.4
10	Ingo Jackisch	2178	62	2 M 60-69		26:18.6	29:38.1
11	Chris MacRae	2136	41	1 M 40-49		27:06.5	30:07.1
12	Dean Williams	2166	41	2 M 40-49		27:08.0	30:10.3
13	Allie Donaldson	2112	18	3 F 1-19		27:09.7	30:15.6
14	YAN MA	2135	32	2 F 30-39		29:30.4	30:23.2
15	Gabriella Varga	2163	31	3 F 30-39		29:30.4	30:23.2
16	Chandan Malik	2180	18	2 M 1-19		27:19.1	30:24.9
17	Kristi Wilson	2168	24	1 F 20-29		27:31.4	30:40.3
18	Carolyn Corno	2105	52	2 F 50-59		28:26.8	31:28.5
19	Lynn Long	2134	45	1 F 40-49		24:16.3	32:00.2
20	XIAOJIA ZHU	2171	29	2 F 20-29		29:26.2	32:28.0
21	Ying Qiu	2150	25	1 M 20-29		29:45.4	32:48.4
22	Luis Polanco	2149	50	2 M 50-59		26:08.9	33:06.3
23	Kelly Tarry	2158	37	4 F 30-39		30:06.8	33:09.0
24	Tamara Snell	2154	45	2 F 40-49		25:40.3	33:24.1
25	Greg Parnham	2145	68	3 M 60-69		31:11.4	34:20.7
26	Morris Chan	2100	28	2 M 20-29		33:43.1	34:34.7
27	Nicole Lee	2131	27	3 F 20-29		33:43.5	34:34.9
28	Keith Turner	2162	61	4 M 60-69		31:45.5	34:52.0
29	Julie Tessier	2160	42	3 F 40-49		34:07.6	35:09.5
30	Laura Folino	2117	39	5 F 30-39		32:33.9	35:36.0
31	Elena Deda	2174	6	4 F 1-19		34:53.1	35:43.3
32	Federico Malo	2139	19	3 M 1-19		32:42.4	35:45.7
33	Kelly Brown	2049	42	4 F 40-49		32:36.6	35:46.0
34	Mattias Elsner	2114	6	4 M 1-19		32:38.8	35:47.5
35	Shayne Keetley	2129	36	3 M 30-39		33:35.9	36:39.9
36	Christina Digan	2110	40	5 F 40-49		33:12.3	36:41.6

37	Jessica Lewthwaite	2133	27	4 F 20-29	34:02.0	37:07.9	
38	Tammy Shirley	2153	52	3 F 50-59	34:08.8	37:14.0	
39	Monique Paliotti	2144	49	6 F 40-49	34:09.9	37:15.1	
40	Denise St laurent	2155	53	4 F 50-59	34:47.2	37:54.7	
41	Kelsey Young	2170	22	5 F 20-29	35:11.8	38:39.5	
42	Lindsey Canning	2068	35	6 F 30-39	35:46.2	38:49.1	
43	Angela Deer	2107	50	5 F 50-59	36:25.4	39:30.0	
44	Lauren McLean	2142	37	7 F 30-39	36:25.3	39:32.1	
45	Julie Makranyi	2138	45	7 F 40-49	38:25.7	41:28.4	
46	Emma Herbold	2122	26	6 F 20-29	41:39.0	41:39.0	
47	Amanpreet Thind	2161	27	7 F 20-29	41:42.2	41:42.2	
48	Shannon Stewart	4360	50	6 F 50-59	39:53.1	41:44.8	
49	Trish Jones	4249	48	8 F 40-49	39:54.1	41:45.8	
50	Trunan McDanial	2176	17	5 M 1-19	39:54.5	41:46.6	
51	Anita Chakrabarti	2099	50	7 F 50-59	39:14.3	42:17.1	
52	Sarah Chapple	2101	34	8 F 30-39	39:23.5	42:30.0	
53	Victoria Malo	2141	27	8 F 20-29	40:13.5	43:18.6	
54	Kalynn Hudson	2124	29	9 F 20-29	42:55.4	43:42.5	
55	May Ow	2143	35	9 F 30-39	41:26.1	44:32.2	
56	Jessie Wright	2169	33	10 F 30-39	41:31.8	44:43.9	
57	Jacqueline Peacock	4334	43	9 F 40-49	41:52.1	45:00.6	
58	Shannon Field	2116	38	11 F 30-39	42:27.5	45:31.2	
59	Jenneka MacRae	2137	35	12 F 30-39	43:34.7	46:42.0	
60	Tammy Fassaert	2115	52	8 F 50-59	43:49.7	46:51.1	
61	Maria Malo	2140	54	9 F 50-59	45:49.1	48:54.0	
62	Leoncie StLaurent	2156	47	10 F 40-49	48:13.9	51:21.1	
63	Patricia Lewin	2132	39	13 F 30-39	49:26.2	52:28.4	
64	Sandi Hildebrandt	2175	69	1 F 60-69	49:51.2	52:53.5	
65	Carolee Boivin	2041	48	11 F 40-49	49:57.8	53:02.9	
66	Amanda Jones	2128	26	10 F 20-29	54:56.2	58:07.6	
67	Tc Jones	2127	28	3 M 20-29	54:57.2	58:08.7	
68	Jackeline Comelli	2102	39	14 F 30-39	57:51.4	1:00:58.7	
69	Daniel Jones	2126	73	1 M 70-99	57:49.1	1:00:59.0	
70	Skye Haley-Jones	2119	69	2 F 60-69	57:49.6	1:00:59.1	
71	Fatima Khan	2130	32	15 F 30-39	1:01:20.7	1:04:24.6	
72	Lissa Tawiyaka	2159	18	5 F 1-19	1:06:57.7	1:08:06.9	
73	Katie Syroid	2157	44	12 F 40-49	1:06:21.2	1:09:26.8	
Half Relay							
Place	Name	Bib No	Age	Age Group	Place	Chip Time	Gun Time
1	Gabriela Dogaru	18	46	1 F 1-99		1:05:25.2	1:06:17.0
2	Andy Egloff	50	42	1 M 1-99		1:53:40.4	1:55:05.8
3	Raphael Nguyen	22	41	2 M 1-99		2:10:00.0	2:10:00.0
4	Erin Linde	30	38	2 F 1-99		2:34:41.0	2:34:41.0