

2012 Fort Langley Historic Half
 Overall Finish List
 February 19, 2012
 www.TRYTIMING.ca

Historic Half

| Place | Name | City | Bib No | Age | Age Group | Place | Total Time |
|-------|------------------|--------------------|--------|-----|------------|-------|------------|
| 1 | Dallas Cain | Rossland BC | 87 | 33 | 1 M 30-39 | | 1:19:31.2 |
| 2 | Darin Bentley | Surrey BC | 46 | | 1 M 0-19 | | 1:21:06.5 |
| 3 | Duane Foley | Langley BC | 180 | | 2 M 0-19 | | 1:23:19.4 |
| 4 | Victor Mladenka | Burnaby BC | 421 | 57 | 1 M 50-59 | | 1:23:21.3 |
| 5 | Eric Laurie | Mission BC | 325 | 28 | 1 M 20-29 | | 1:26:49.1 |
| 6 | Graham Laurie | Mission BC | 326 | 20 | 2 M 20-29 | | 1:27:15.0 |
| 7 | Myron Coulson | Advance NORTH CARO | 114 | 47 | 1 M 40-49 | | 1:27:18.2 |
| 8 | Ryan Carl | North Vancouver BC | 91 | 31 | 2 M 30-39 | | 1:27:52.8 |
| 9 | Justin Wiens | Coq BC | 688 | 24 | 3 M 20-29 | | 1:28:41.4 |
| 10 | Suzy VanDyck | Langley BC | 621 | 34 | 1 F 30-39 | | 1:28:50.1 |
| 11 | Wade Anderson | New Westminster BC | 12 | 27 | 4 M 20-29 | | 1:30:22.8 |
| 12 | David Wylie | Vancouver BC | 672 | 34 | 3 M 30-39 | | 1:31:19.5 |
| 13 | Jeff VanderEnde | Langley BC | 618 | 38 | 4 M 30-39 | | 1:31:43.7 |
| 14 | James Turko | Langley BC | 604 | 49 | 2 M 40-49 | | 1:32:00.5 |
| 15 | Jonathan Withers | Abbotsford BC | 662 | 29 | 5 M 20-29 | | 1:33:00.3 |
| 16 | Claudette Augert | Edmonton ALBERTA | 24 | 48 | 1 F 40-49 | | 1:33:00.7 |
| 17 | David Longpre | Delta BC | 354 | 54 | 2 M 50-59 | | 1:33:05.6 |
| 18 | surjit dhesi | richmond BC | 144 | 52 | 3 M 50-59 | | 1:33:51.0 |
| 19 | Douglas Wilson | Port Coquitlam BC | 661 | 51 | 4 M 50-59 | | 1:34:08.5 |
| 20 | Ben Muench | Langley BC | 434 | 21 | 6 M 20-29 | | 1:34:52.5 |
| 21 | Tom Hoogendoorn | Agassiz BC | 250 | 50 | 5 M 50-59 | | 1:34:53.1 |
| 22 | Mark Sullivan | Abbotsford BC | 581 | 32 | 5 M 30-39 | | 1:35:35.6 |
| 23 | Laura McDonald | Coquitlam BC | 389 | 39 | 2 F 30-39 | | 1:35:58.4 |
| 24 | Jeff Cowan | Langley BC | 116 | 38 | 6 M 30-39 | | 1:36:18.5 |
| 25 | Jessie Adcock | Anmore BC | 5 | 38 | 3 F 30-39 | | 1:36:24.7 |
| 26 | Kris Schjelderup | Port Moody BC | 541 | 32 | 7 M 30-39 | | 1:36:33.3 |
| 27 | Ian Morrison | New Westminster BC | 433 | 39 | 8 M 30-39 | | 1:36:58.1 |
| 28 | Greg Uchida | Coquitlam BC | 608 | 40 | 3 M 40-49 | | 1:37:04.9 |
| 29 | George Brear | Ottawa ONTARIO | 68 | 43 | 4 M 40-49 | | 1:37:15.6 |
| 30 | Russ Esau | Abbotsford BC | 167 | 42 | 5 M 40-49 | | 1:37:42.4 |
| 31 | Larry Doan | Vancouver BC | 149 | 58 | 6 M 50-59 | | 1:37:48.0 |
| 32 | Ken Fun | Burnaby BC | 189 | 38 | 9 M 30-39 | | 1:37:49.3 |
| 33 | Joanne Fox | Richmond BC | 181 | 37 | 4 F 30-39 | | 1:37:54.8 |
| 34 | Derek Giesbrecht | Abbotsford BC | 203 | 30 | 10 M 30-39 | | 1:38:23.1 |
| 35 | Daryl Green | Vancouver BC | 216 | 55 | 7 M 50-59 | | 1:38:33.0 |
| 36 | Jeff Stautz | Vancouver BC | 574 | 30 | 11 M 30-39 | | 1:38:37.0 |
| 37 | Michael Muld | Burnaby BC | 436 | 52 | 8 M 50-59 | | 1:39:16.6 |
| 38 | Rob McCormick | Anmore BC | 385 | 40 | 6 M 40-49 | | 1:39:31.6 |
| 39 | Elrick Bachor | Edmonton ALBERTA | 27 | 56 | 9 M 50-59 | | 1:39:37.8 |
| 40 | Erin Rawstron | Langley BC | 499 | 26 | 1 F 20-29 | | 1:39:59.1 |
| 41 | Jerry Prevett | Langley BC | 485 | 52 | 10 M 50-59 | | 1:40:02.4 |
| 42 | Dean Brown | Surrey BC | 698 | 53 | 11 M 50-59 | | 1:40:08.3 |
| 43 | Curtis Campbell | Port Coquitlam BC | 88 | 40 | 7 M 40-49 | | 1:40:14.1 |
| 44 | Luigi Perna | Vancouver BC | 475 | 43 | 8 M 40-49 | | 1:40:15.4 |
| 45 | James Brise | New Westminster BC | 73 | 34 | 12 M 30-39 | | 1:40:29.5 |
| 46 | Denver Anderlini | Maple Ridge BC | 11 | 61 | 1 M 60-69 | | 1:40:30.6 |
| 47 | Kim Lerbekmo | Edmonton ALBERTA | 339 | 35 | 5 F 30-39 | | 1:40:43.0 |
| 48 | Martin Cross | Vancouver BC | 121 | 49 | 9 M 40-49 | | 1:40:56.0 |

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|-----|----------------------|--------------------|-----|----|------------|-----------|
| 49 | Darrell Halverson | New Westminster BC | 230 | 54 | 12 M 50-59 | 1:40:56.3 |
| 50 | christine kitsch | maple ridge BC | 298 | 33 | 6 F 30-39 | 1:40:56.6 |
| 51 | Lisa McDougall | North Vancouver BC | 390 | 46 | 2 F 40-49 | 1:40:57.7 |
| 52 | Todd Brown | Port Coquitlam BC | 77 | 48 | 10 M 40-49 | 1:41:14.1 |
| 53 | Natascha Koat | Langley BC | 304 | 40 | 3 F 40-49 | 1:41:14.3 |
| 54 | Carmen Nadrau | Penticton BC | 445 | 46 | 4 F 40-49 | 1:41:19.3 |
| 55 | brent davidson | maple ridge BC | 130 | 32 | 13 M 30-39 | 1:41:32.6 |
| 56 | Jeremy De Torres | Delta BC | 135 | 24 | 7 M 20-29 | 1:41:35.6 |
| 57 | Dave Whitworth | Coquitlam BC | 651 | 63 | 2 M 60-69 | 1:41:46.4 |
| 58 | Trevor Bowkett | Surrey BC | 694 | 30 | 14 M 30-39 | 1:41:47.6 |
| 59 | Hyo Matsuoka | Vancouver BC | 382 | 50 | 13 M 50-59 | 1:41:53.2 |
| 60 | everett romain | Coquitlam BC | 528 | 56 | 14 M 50-59 | 1:42:00.7 |
| 61 | Brent Johnston | Surrey BC | 278 | 44 | 11 M 40-49 | 1:42:02.3 |
| 62 | Kathryn O'Grady | Port Moody BC | 458 | 54 | 1 F 50-59 | 1:42:08.7 |
| 63 | Suzanne Bedford | Vancouver BC | 44 | 40 | 5 F 40-49 | 1:42:12.1 |
| 64 | brian McDermott | Maple Ridge BC | 388 | 44 | 12 M 40-49 | 1:42:25.4 |
| 65 | Bill Moats | port moody BC | 422 | 33 | 15 M 30-39 | 1:42:25.9 |
| 66 | Andrew Georgy-Embree | Surrey BC | 197 | 36 | 16 M 30-39 | 1:42:27.5 |
| 67 | Stacie Weinberger | Chilliwack BC | 644 | 37 | 7 F 30-39 | 1:42:34.4 |
| 68 | Wayne Dill | New Westminster BC | 147 | 48 | 13 M 40-49 | 1:42:50.8 |
| 69 | bernie dalby | mission BC | 125 | 60 | 3 M 60-69 | 1:43:16.4 |
| 70 | Una-Melodie Miller | Langley BC | 412 | 30 | 8 F 30-39 | 1:43:30.6 |
| 71 | david gu | vancouver BC | 220 | 24 | 8 M 20-29 | 1:43:42.1 |
| 72 | Colleen Schulze | Surrey BC | 542 | 34 | 9 F 30-39 | 1:44:10.1 |
| 73 | greg zeitler | vancouver BC | 680 | 41 | 14 M 40-49 | 1:44:11.6 |
| 74 | Benjamin Koat | Langley BC | 303 | 32 | 17 M 30-39 | 1:44:19.2 |
| 75 | Kathleen Nomura | Burnaby BC | 452 | 47 | 6 F 40-49 | 1:44:22.9 |
| 76 | David Scheirer | Langley BC | 540 | 41 | 15 M 40-49 | 1:44:25.9 |
| 77 | angela James | Vancouver BC | 266 | 56 | 2 F 50-59 | 1:44:27.2 |
| 78 | Julie Ward | Surrey BC | 638 | 32 | 10 F 30-39 | 1:44:34.0 |
| 79 | Tony Garcia | Agassiz BC | 191 | 28 | 9 M 20-29 | 1:44:38.7 |
| 80 | patricia tierney | surrey BC | 595 | 54 | 3 F 50-59 | 1:44:41.7 |
| 81 | Roger Antoniazzi | Surrey BC | 14 | 51 | 15 M 50-59 | 1:44:53.2 |
| 82 | Dan Murray | Vancouver BC | 443 | 37 | 18 M 30-39 | 1:44:56.3 |
| 83 | Mike Mankwald | Maple Ridge BC | 371 | 49 | 16 M 40-49 | 1:45:05.0 |
| 84 | April Migneault | Maple Ridge BC | 410 | 32 | 11 F 30-39 | 1:45:12.5 |
| 85 | Fraser Milling | coquitlam BC | 415 | 30 | 19 M 30-39 | 1:45:21.9 |
| 86 | Sean Douglas | Pitt Meadows BC | 155 | 37 | 20 M 30-39 | 1:45:24.3 |
| 87 | Cory Ratke | Langley BC | 497 | 49 | 17 M 40-49 | 1:45:29.4 |
| 88 | Lauren Blake | North Delta BC | 55 | 22 | 2 F 20-29 | 1:45:39.7 |
| 89 | Kathryn Zeitler | Anmore BC | 681 | 33 | 12 F 30-39 | 1:45:53.1 |
| 90 | Nicole Kolstad | Surrey BC | 305 | 24 | 3 F 20-29 | 1:46:06.6 |
| 91 | Alanna Janz | Kamloops BC | 268 | 18 | 1 F 0-19 | 1:46:10.4 |
| 92 | Laura Kean | Port Moody BC | 285 | 18 | 2 F 0-19 | 1:46:10.7 |
| 93 | Alix Ius | Maple Ridge BC | 258 | 32 | 13 F 30-39 | 1:46:19.3 |
| 94 | Matthew Jackson | penticton BC | 262 | 51 | 16 M 50-59 | 1:46:20.7 |
| 95 | justin marchand | port coquitlam BC | 375 | 43 | 18 M 40-49 | 1:46:31.3 |
| 96 | Randy Murphy | Delta BC | 441 | 53 | 17 M 50-59 | 1:46:44.7 |
| 97 | ADAM WEIR | COQUITLAM BC | 645 | 44 | 19 M 40-49 | 1:46:57.2 |
| 98 | David Neely | Vancouver BC | 447 | 45 | 20 M 40-49 | 1:47:11.0 |
| 99 | Gary Eyre | North Vancouver BC | 170 | 59 | 18 M 50-59 | 1:47:21.3 |
| 100 | Christopher Sweet | Maple Ridge BC | 584 | 56 | 19 M 50-59 | 1:47:27.5 |
| 101 | Tim Williams | Surrey BC | 658 | 50 | 20 M 50-59 | 1:47:38.1 |
| 102 | Matthew Burditt | Vancouver BC | 80 | 34 | 21 M 30-39 | 1:47:49.1 |
| 103 | Nelson Hui | Vancouver BC | 255 | | 3 M 0-19 | 1:47:54.3 |

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| 104 | CHET WHITTINGHAM | 242 STREET BC | 650 | 36 | 22 M 30-39 | 1:47:56.5 |
| 105 | Nicole Taylor | Surrey BC | 592 | 40 | 7 F 40-49 | 1:47:56.7 |
| 106 | Blair Wiggins | Abbotsford BC | 654 | 53 | 21 M 50-59 | 1:48:00.2 |
| 107 | Matthew Brear | Vancouver BC | 67 | 38 | 23 M 30-39 | 1:48:01.5 |
| 108 | Joanne Brear | Nanaimo BC | 69 | 49 | 8 F 40-49 | 1:48:02.0 |
| 109 | Maria Brennan | Abbotsford BC | 72 | 42 | 9 F 40-49 | 1:48:18.0 |
| 110 | PHIL ROBINSON | PORT COQUITLAM BC | 524 | 61 | 4 M 60-69 | 1:48:21.0 |
| 111 | Linda Smith | Surrey BC | 559 | 55 | 4 F 50-59 | 1:48:25.9 |
| 112 | Michelle Donaldson | Surrey BC | 152 | 28 | 4 F 20-29 | 1:48:26.2 |
| 113 | Jamie Fryer | Vancouver BC | 188 | 33 | 24 M 30-39 | 1:48:27.8 |
| 114 | mark mckinney | langley BC | 395 | 34 | 25 M 30-39 | 1:48:30.5 |
| 115 | Twyla Ross | Abbotsford BC | 532 | 44 | 10 F 40-49 | 1:48:37.7 |
| 116 | Diana Traher | Ladner BC | 601 | 52 | 5 F 50-59 | 1:48:38.2 |
| 117 | Allan Mock | Surrey BC | 423 | 52 | 22 M 50-59 | 1:48:43.0 |
| 118 | Tyrone Wiens | Port Coquitlam BC | 653 | 42 | 21 M 40-49 | 1:48:47.9 |
| 119 | Richard Ballarin | Surrey BC | 29 | 51 | 23 M 50-59 | 1:48:50.9 |
| 120 | kevin pattison | port moody BC | 466 | 36 | 26 M 30-39 | 1:49:08.3 |
| 121 | Jennifer Voss | Port Moody BC | 628 | 47 | 11 F 40-49 | 1:49:19.2 |
| 122 | Jerusha Millar | Vancouver BC | 411 | 29 | 5 F 20-29 | 1:49:20.3 |
| 123 | Bumyong Lee | Surrey BC | 329 | 58 | 24 M 50-59 | 1:49:22.3 |
| 124 | David Crone | North Vancouver BC | 119 | 50 | 25 M 50-59 | 1:49:32.3 |
| 125 | Don Hutchinson | Pitt Meadows BC | 257 | | 4 M 0-19 | 1:49:33.3 |
| 126 | Greg Prime | Surrey BC | 488 | 34 | 27 M 30-39 | 1:49:39.6 |
| 127 | Brent Richards | Penticton BC | 513 | 60 | 5 M 60-69 | 1:49:40.7 |
| 128 | Lisa Aho | Coquitlam BC | 8 | 45 | 12 F 40-49 | 1:49:49.6 |
| 129 | John Makepeace | Surrey BC | 692 | 51 | 26 M 50-59 | 1:49:54.7 |
| 130 | Gabrielle Hindley | Vancouver BC | 245 | 20 | 6 F 20-29 | 1:49:59.9 |
| 131 | jim Severinski | maple ridge BC | 544 | 41 | 22 M 40-49 | 1:50:08.0 |
| 132 | Michelle Sinclair | Kelowna BC | 552 | 40 | 13 F 40-49 | 1:50:10.7 |
| 133 | Lorrie Muench | Langley BC | 435 | 52 | 27 M 50-59 | 1:50:26.9 |
| 134 | john singh | burnaby BC | 554 | 54 | 28 M 50-59 | 1:50:31.9 |
| 135 | Bridgette Weir | South Surrey BC | 646 | 21 | 7 F 20-29 | 1:50:34.8 |
| 136 | marley S Stewart | Surrey BC | 578 | 28 | 8 F 20-29 | 1:50:38.5 |
| 137 | John Turner | Langley BC | 605 | 42 | 23 M 40-49 | 1:51:09.1 |
| 138 | Carmen Turner | N. Vancouver BC | 685 | 34 | 14 F 30-39 | 1:51:09.3 |
| 139 | Heather Swansborough | North Vancouver BC | 583 | 34 | 15 F 30-39 | 1:51:09.4 |
| 140 | Mike Robertson | Chilliwack BC | 523 | 41 | 24 M 40-49 | 1:51:11.8 |
| 141 | Kevin Venkiteswaran | Vancouver BC | 625 | 30 | 28 M 30-39 | 1:51:14.7 |
| 142 | Lenna VandenHooven | Langley BC | 617 | 47 | 14 F 40-49 | 1:51:18.7 |
| 143 | RHEAL ARSENAULT | SURREY BC | 20 | 33 | 29 M 30-39 | 1:51:20.7 |
| 144 | Cindy Collins | Vancouver BC | 108 | 41 | 15 F 40-49 | 1:51:20.8 |
| 145 | DIEGO ARCINIEGAS | RICHMOND BC | 15 | 43 | 25 M 40-49 | 1:51:23.0 |
| 146 | Holly Parsons | Vancouver BC | 682 | 31 | 16 F 30-39 | 1:51:26.1 |
| 147 | Deny Maric | Winnipeg MANITOBA | 377 | 35 | 30 M 30-39 | 1:51:28.6 |
| 148 | Doug Bloomfield | Aldergrove BC | 56 | 49 | 26 M 40-49 | 1:51:29.8 |
| 149 | Jason Harris | Port Coquitlam BC | 237 | 54 | 29 M 50-59 | 1:51:32.3 |
| 150 | Doug Willms | Langley BC | 660 | 50 | 30 M 50-59 | 1:51:34.5 |
| 151 | Kathy Pasqua | Cranbrook BC | 464 | 56 | 6 F 50-59 | 1:51:43.6 |
| 152 | Dave Marsden | Surrey BC | 378 | 33 | 31 M 30-39 | 1:51:49.6 |
| 153 | Shannon Attrill | Chilliwack BC | 22 | 39 | 17 F 30-39 | 1:51:54.2 |
| 154 | Chrisinte Knight | Vancouver BC | 302 | 41 | 16 F 40-49 | 1:52:09.5 |
| 155 | Thomas Tomasovszky | Richmond BC | 599 | 38 | 32 M 30-39 | 1:52:17.4 |
| 156 | Jo-Anne Merrell | Vancouver BC | 407 | 49 | 17 F 40-49 | 1:52:20.8 |
| 157 | Jeff Franke | Surrey BC | 182 | | 5 M 0-19 | 1:52:23.5 |
| 158 | Steve Williams | Surrey BC | 656 | 39 | 33 M 30-39 | 1:52:35.9 |

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|-----|-----------------------|-----------------------|-----|----|------------|-----------|
| 159 | Timothy Visscher | Fort Langley BC | 626 | 31 | 34 M 30-39 | 1:53:07.3 |
| 160 | Neil MacLean | Burnaby BC | 366 | 49 | 27 M 40-49 | 1:53:08.3 |
| 161 | Michelle Stanley | coquitlam BC | 572 | 40 | 18 F 40-49 | 1:53:34.5 |
| 162 | Sara Smith | Surrey BC | 560 | 32 | 18 F 30-39 | 1:53:36.9 |
| 163 | Tammy Coderre-Kells | Abbotsford BC | 107 | 53 | 7 F 50-59 | 1:53:51.6 |
| 164 | Shelby Pennington | Pitt Meadows BC | 473 | 38 | 19 F 30-39 | 1:53:53.7 |
| 165 | Andrea Flintoff | Vancouver BC | 177 | 32 | 20 F 30-39 | 1:54:02.7 |
| 166 | Karen Reutingez | Fort Langley BC | 711 | 43 | 19 F 40-49 | 1:54:20.5 |
| 167 | Cameron Funke | Vancouver BC | 686 | 36 | 35 M 30-39 | 1:54:25.1 |
| 168 | Eric Lagally | Seattle WASHINGTON | 317 | 35 | 36 M 30-39 | 1:54:37.3 |
| 169 | Leanne Wood | Vancouver BC | 665 | 41 | 20 F 40-49 | 1:54:39.3 |
| 170 | Carrie Sylvestre | Port Moody BC | 586 | 41 | 21 F 40-49 | 1:54:40.8 |
| 171 | Greg Giles | Mission BC | 204 | 58 | 31 M 50-59 | 1:54:42.0 |
| 172 | Monica Murphy | Abbotsford BC | 442 | 47 | 22 F 40-49 | 1:54:44.2 |
| 173 | Elisa Falletta | Coquitlam BC | 173 | 51 | 8 F 50-59 | 1:54:44.9 |
| 174 | Kelly Lint | Vancouver BC | 345 | 21 | 9 F 20-29 | 1:54:47.0 |
| 175 | Pam Iyer | Fort Collins COLORADO | 260 | 56 | 9 F 50-59 | 1:54:48.6 |
| 176 | Lynne Borsbey | Port Moody BC | 61 | 34 | 21 F 30-39 | 1:54:56.1 |
| 177 | Michelle Vecchio | Langley BC | 623 | 43 | 23 F 40-49 | 1:54:56.8 |
| 178 | Amelia Payne | Vancouver BC | 468 | 28 | 10 F 20-29 | 1:54:57.8 |
| 179 | Karen Bentley | Fort Langley BC | 47 | 43 | 24 F 40-49 | 1:54:58.9 |
| 180 | Mirza Kanani | Langley BC | 283 | 37 | 37 M 30-39 | 1:55:01.3 |
| 181 | Amelia Stegeman | Vancouver BC | 575 | 23 | 11 F 20-29 | 1:55:08.1 |
| 182 | Jamie Nelson | Mission BC BC | 448 | 48 | 28 M 40-49 | 1:55:14.4 |
| 183 | Sandi Levy | Surrey BC | 691 | 38 | 22 F 30-39 | 1:55:21.7 |
| 184 | Christie Arlotti Wood | Vancouver BC | 17 | 20 | 12 F 20-29 | 1:55:27.6 |
| 185 | Michelle Stajcer | Abbotsford BC | 569 | 40 | 25 F 40-49 | 1:55:28.2 |
| 186 | Sonia Mahoney | Whistler BC | 370 | 43 | 26 F 40-49 | 1:55:32.8 |
| 187 | James Garner | Port Coquitlam BC | 193 | 40 | 29 M 40-49 | 1:55:36.3 |
| 188 | Alison Biggs | Anmore BC | 52 | 40 | 27 F 40-49 | 1:55:37.9 |
| 189 | Lisa Remple | ABBOTSFORD BC | 507 | 37 | 23 F 30-39 | 1:55:41.6 |
| 190 | David Ridley | Edmonton ALBERTA | 519 | 27 | 10 M 20-29 | 1:55:49.5 |
| 191 | bradley greenwood | surrey BC | 217 | 28 | 11 M 20-29 | 1:55:53.9 |
| 192 | Christine Gazso | Chilliwack BC | 195 | 40 | 28 F 40-49 | 1:56:01.5 |
| 193 | Brandon Whitlock | Langley BC | 649 | 26 | 12 M 20-29 | 1:56:03.9 |
| 194 | Steve Heim | Surrey BC | 241 | 54 | 32 M 50-59 | 1:56:05.6 |
| 195 | Jeff Frenken | ABBOTSFORD BC | 185 | 46 | 30 M 40-49 | 1:56:06.5 |
| 196 | audry hunt | Coquitlam BC | 256 | 40 | 29 F 40-49 | 1:56:07.0 |
| 197 | SONIA BRAVO | RICHMOND BC | 66 | 47 | 30 F 40-49 | 1:56:09.6 |
| 198 | Jo-Ann Rice | Langley BC | 512 | 50 | 10 F 50-59 | 1:56:10.1 |
| 199 | Ernie Janzen | Surrey BC | 269 | 50 | 33 M 50-59 | 1:56:23.7 |
| 200 | Brenda Macfarlane | Surrey BC | 690 | 40 | 31 F 40-49 | 1:56:24.4 |
| 201 | Sherri Skerratt | Maple Ridge BC | 556 | 30 | 24 F 30-39 | 1:56:26.8 |
| 202 | Will Dugger | Port Moody BC | 161 | 41 | 31 M 40-49 | 1:56:28.7 |
| 203 | Matt Kettlewell | Delta BC | 293 | 35 | 38 M 30-39 | 1:56:40.2 |
| 204 | Courtney Odell | Delta BC | 457 | 22 | 13 F 20-29 | 1:56:51.4 |
| 205 | Keith Adkin | Abbotsford BC | 6 | 58 | 34 M 50-59 | 1:57:04.0 |
| 206 | Kimberly Bates | Hinton ALBERTA | 36 | 45 | 32 F 40-49 | 1:57:04.7 |
| 207 | Brian Smith | Pitt Meadows BC | 700 | 51 | 35 M 50-59 | 1:57:10.5 |
| 208 | Pam Smith | Pitt Meadows BC | 699 | 55 | 11 F 50-59 | 1:57:10.7 |
| 209 | Kerry Mittleman | Langley BC | 420 | | 6 M 0-19 | 1:57:11.6 |
| 210 | Kelly Tokar | Abbotsford BC | 597 | 34 | 25 F 30-39 | 1:57:11.8 |
| 211 | nadia carroux | muenchen OTHER | 95 | 31 | 26 F 30-39 | 1:57:12.5 |
| 212 | Dianne Wright | Langley BC | 669 | 48 | 33 F 40-49 | 1:57:16.9 |
| 213 | Liz Borrett | Kelowna BC | 60 | 73 | 1 F 70-99 | 1:57:17.0 |

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| 214 | James Copley | New Westminster BC | 112 | 40 | 32 M 40-49 | 1:57:29.3 |
| 215 | Nick Geerdink | Victoria BC | 196 | 64 | 6 M 60-69 | 1:57:33.0 |
| 216 | Krisitna Gibbons | Vancouver BC | 200 | 36 | 27 F 30-39 | 1:57:33.6 |
| 217 | Kristen Bylenga | Langley BC | 84 | 27 | 14 F 20-29 | 1:57:34.4 |
| 218 | Doug Warner | Abbotsford BC | 639 | 64 | 7 M 60-69 | 1:57:37.0 |
| 219 | Cathy Griffen | Cultus Lake BC | 219 | 39 | 28 F 30-39 | 1:57:41.0 |
| 220 | Sandy Purcha | Hinton ALBERTA | 490 | 42 | 34 F 40-49 | 1:57:41.3 |
| 221 | Terry McGeachan | Abbotsford BC | 393 | 64 | 8 M 60-69 | 1:57:45.3 |
| 222 | Cassandra Bayluk | Langley BC | 41 | 35 | 29 F 30-39 | 1:57:46.8 |
| 223 | Mandy Crichton | Abbotsford BC | 118 | 32 | 30 F 30-39 | 1:57:49.5 |
| 224 | Gurprit Mann | Vancouver BC | 372 | 36 | 39 M 30-39 | 1:57:52.0 |
| 225 | Glenda Fransen | Surrey BC | 183 | 55 | 12 F 50-59 | 1:57:53.4 |
| 226 | Rod Castillo | Langley BC | 96 | 41 | 33 M 40-49 | 1:57:54.4 |
| 227 | Gregory Barnes | Delta BC | 32 | 56 | 36 M 50-59 | 1:57:55.4 |
| 228 | COLIN KNIGHT | MAPLE RIDGE BC | 300 | 38 | 40 M 30-39 | 1:57:57.3 |
| 229 | Nicole Sutherland Widera | Surrey BC | 582 | 40 | 35 F 40-49 | 1:58:03.8 |
| 230 | Paulin Laberge | North Vancouver BC | 314 | 57 | 37 M 50-59 | 1:58:10.2 |
| 231 | Meredith Shepherd | Vancouver BC | 548 | 29 | 15 F 20-29 | 1:58:13.6 |
| 232 | Rick Lascelle | Pitt Meadows BC | 324 | 50 | 38 M 50-59 | 1:58:15.4 |
| 233 | Melissa Epp | Abbotsford BC | 166 | 24 | 16 F 20-29 | 1:58:16.9 |
| 234 | Megan Hanna | west Vancouver BC | 231 | 54 | 13 F 50-59 | 1:58:21.0 |
| 235 | Todd Jacob | Langley BC | 264 | 44 | 34 M 40-49 | 1:58:28.7 |
| 236 | eveline dueck | Abbotsford BC | 160 | 43 | 36 F 40-49 | 1:58:33.0 |
| 237 | Dawn Munro | Langley BC | 439 | 41 | 37 F 40-49 | 1:58:41.4 |
| 238 | richard sturmey | langley BC | 580 | 45 | 35 M 40-49 | 1:58:42.3 |
| 239 | Benny Cheng | Richmond BC | 99 | 39 | 41 M 30-39 | 1:58:49.1 |
| 240 | Andrew Banks | vancouver BC | 30 | 41 | 36 M 40-49 | 1:58:49.1 |
| 241 | Kristyne Vachon | Langley BC | 611 | 24 | 17 F 20-29 | 1:58:51.5 |
| 242 | Jackie Stephens | New Westminster BC | 577 | | 3 F 0-19 | 1:58:56.2 |
| 243 | Michael Breeze | vancouver BC | 70 | 75 | 1 M 70-99 | 1:58:58.2 |
| 244 | Al Falk | Port Moody BC | 171 | 45 | 38 F 40-49 | 1:58:59.0 |
| 245 | Francine Vallee | West Vancouver BC | 615 | 54 | 14 F 50-59 | 1:58:59.9 |
| 246 | Meyrick Jones | West Vancouver BC | 279 | 38 | 42 M 30-39 | 1:59:03.1 |
| 247 | Mehb Jessa | Port Moody BC | 271 | 47 | 37 M 40-49 | 1:59:03.9 |
| 248 | Brad Batke | Langley BC | 37 | 38 | 43 M 30-39 | 1:59:24.3 |
| 249 | Sandra Banks | vancouver BC | 31 | 38 | 31 F 30-39 | 1:59:33.4 |
| 250 | Miruna Toma | North Vancouver BC | 598 | 30 | 32 F 30-39 | 1:59:38.3 |
| 251 | Gary Perkins | Surrey BC | 474 | 35 | 44 M 30-39 | 1:59:50.3 |
| 252 | Jenny Slauenwhite | Maple Ridge BC | 557 | 36 | 33 F 30-39 | 1:59:58.8 |
| 253 | Richard Li | New Westminster BC | 342 | 59 | 39 M 50-59 | 2:00:13.6 |
| 254 | Carly Smythe | Langley BC | 562 | 22 | 18 F 20-29 | 2:00:14.3 |
| 255 | Suzanne Dearman | Gabriola Island BC | 138 | 51 | 15 F 50-59 | 2:00:20.9 |
| 256 | Jay Dearman | Gabriola Island BC | 137 | 52 | 40 M 50-59 | 2:00:21.3 |
| 257 | Sean Flood | Delta BC | 178 | 31 | 45 M 30-39 | 2:00:29.6 |
| 258 | Brian Lalley | Langley BC | 319 | 51 | 41 M 50-59 | 2:00:34.1 |
| 259 | Tracy Reece | Coquitlam BC | 502 | 28 | 19 F 20-29 | 2:00:39.4 |
| 260 | nancy pellegrini | surrey BC | 470 | 51 | 16 F 50-59 | 2:00:41.5 |
| 261 | Chantal Falk | Port Moody BC | 172 | 46 | 39 F 40-49 | 2:00:59.7 |
| 262 | Sandra Flower | Victoria BC | 179 | 54 | 17 F 50-59 | 2:01:05.3 |
| 263 | Ron Bate | Langley BC | 35 | 30 | 46 M 30-39 | 2:01:15.4 |
| 264 | Alison Clancey | Vancouver BC | 102 | 39 | 34 F 30-39 | 2:01:42.5 |
| 265 | Brennan Gardner | langley BC | 192 | 13 | 7 M 0-19 | 2:01:52.9 |
| 266 | Karen Hoekstra | Mission BC | 248 | 33 | 35 F 30-39 | 2:01:54.7 |
| 267 | Andria Harmon | Maple Ridge BC | 234 | 29 | 20 F 20-29 | 2:01:55.2 |
| 268 | Kate Wallace | Vancouver BC | 635 | 30 | 36 F 30-39 | 2:01:55.6 |

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| 269 | Beverley Doell | Walnut Grove BC | 150 | 47 | 40 F 40-49 | 2:02:03.5 |
| 270 | Ellen Turone | Surrey BC | 607 | 37 | 37 F 30-39 | 2:02:17.9 |
| 271 | Glen Munro | Langley BC | 438 | 42 | 38 M 40-49 | 2:02:30.3 |
| 272 | Andrea Leganger | Langley BC | 333 | 37 | 38 F 30-39 | 2:02:31.0 |
| 273 | seth granger | NEW WEST BC | 212 | 16 | 8 M 0-19 | 2:02:39.1 |
| 274 | Beverly Yeaman | Cobble Hill BC | 674 | 50 | 18 F 50-59 | 2:02:39.7 |
| 275 | Grant Rawstron | Langley BC | 498 | 65 | 9 M 60-69 | 2:02:40.6 |
| 276 | kelian Armstrong | Richmond BC | 18 | 45 | 41 F 40-49 | 2:02:40.7 |
| 277 | john kelly | langley BC | 288 | 70 | 2 M 70-99 | 2:02:48.6 |
| 278 | Andre Vaudan | Langley BC | 622 | 35 | 47 M 30-39 | 2:02:57.6 |
| 279 | Quinn Harper | Burnaby BC | 235 | 26 | 13 M 20-29 | 2:03:00.5 |
| 280 | Matti Harper | arras BC | 236 | 23 | 21 F 20-29 | 2:03:02.0 |
| 281 | Katlyn Richardson | Maple Ridge BC | 516 | 15 | 4 F 0-19 | 2:03:06.8 |
| 282 | Camille Hindley | Burnaby BC | 247 | 22 | 22 F 20-29 | 2:03:17.1 |
| 283 | Amanda Keith | Langley BC | 286 | 30 | 39 F 30-39 | 2:03:17.5 |
| 284 | Darryl MacDonald | Langley BC | 362 | 41 | 39 M 40-49 | 2:03:18.3 |
| 285 | Heather Richoux | Port Moody BC | 517 | 41 | 42 F 40-49 | 2:03:24.5 |
| 286 | Lisa Puri | Surrey BC | 491 | 30 | 40 F 30-39 | 2:03:28.1 |
| 287 | Gina Grant | Port Coquitlam BC | 214 | 37 | 41 F 30-39 | 2:03:37.3 |
| 288 | Ingrid Barnes | Delta BC | 33 | 52 | 19 F 50-59 | 2:03:49.3 |
| 289 | Kyleigh lockhart | Maple Ridge BC | 350 | 23 | 23 F 20-29 | 2:03:54.2 |
| 290 | Colleen Tims | Langley BC | 596 | 21 | 24 F 20-29 | 2:03:55.2 |
| 291 | Julie Valente | New Westminster BC | 614 | 45 | 43 F 40-49 | 2:03:56.4 |
| 292 | Annette Adler | Langley BC | 7 | 47 | 44 F 40-49 | 2:04:10.4 |
| 293 | Melissa Merchan | Coquitlam BC | 406 | 28 | 25 F 20-29 | 2:04:28.3 |
| 294 | Amit Khosla | Calgary ALBERTA | 296 | 28 | 14 M 20-29 | 2:04:36.2 |
| 295 | Dave Stephen | Chilliwack BC | 576 | 56 | 42 M 50-59 | 2:04:39.5 |
| 296 | Tracy Davies | langley BC | 131 | 50 | 20 F 50-59 | 2:04:43.4 |
| 297 | Carolyn Gulabsingh | Vancouver BC | 221 | 41 | 45 F 40-49 | 2:05:04.4 |
| 298 | Cheryl Moore | Maple Ridge BC | 424 | 48 | 46 F 40-49 | 2:05:13.9 |
| 299 | Lynne Allin | Surrey BC | 10 | 45 | 47 F 40-49 | 2:05:23.6 |
| 300 | Stacy Beach | Vancouver BC | 42 | 37 | 42 F 30-39 | 2:05:32.8 |
| 301 | Brenda Sawatzky | Langley BC | 535 | 51 | 21 F 50-59 | 2:05:40.9 |
| 302 | Joanne Martin | Abbotsford BC | 381 | 37 | 43 F 30-39 | 2:05:42.6 |
| 303 | Leslie Pribyl | Coquitlam BC | 486 | 46 | 48 F 40-49 | 2:05:55.8 |
| 304 | Sara Dairon | Maple Ridge BC | 124 | 32 | 44 F 30-39 | 2:06:12.4 |
| 305 | Robert Dairon | Maple Ridge BC | 123 | 33 | 48 M 30-39 | 2:06:12.5 |
| 306 | Jamie Haaf | Coquitlam BC | 225 | 28 | 26 F 20-29 | 2:06:18.9 |
| 307 | Roderick Esplin | Maple Ridge BC | 168 | 52 | 43 M 50-59 | 2:06:20.8 |
| 308 | Jennifer Smith | Langley BC | 558 | 31 | 45 F 30-39 | 2:06:26.9 |
| 309 | Tom Morgan | Surrey BC | 425 | 56 | 44 M 50-59 | 2:06:31.6 |
| 310 | Kelly McNaughton | Coquitlam BC | 401 | 39 | 46 F 30-39 | 2:06:31.8 |
| 311 | Philip Lowery | Surrey BC | 358 | 50 | 45 M 50-59 | 2:06:31.8 |
| 312 | Sharon Dick | Langley BC | 145 | 48 | 49 F 40-49 | 2:06:45.1 |
| 313 | Ryan vena | westover BC | 624 | 30 | 49 M 30-39 | 2:06:45.8 |
| 314 | George Beattie | Langley BC | 43 | 52 | 46 M 50-59 | 2:06:49.2 |
| 315 | Allison McLeod | Chilliwack BC | 397 | 41 | 50 F 40-49 | 2:06:51.7 |
| 316 | Elena Miller | Vancouver BC | 413 | 49 | 51 F 40-49 | 2:06:54.6 |
| 317 | Karen Horsman | Vancouver BC | 252 | 46 | 52 F 40-49 | 2:06:54.9 |
| 318 | Jake Rudolph | Maple Ridge BC | 534 | 55 | 47 M 50-59 | 2:07:05.6 |
| 319 | Martin Gostelow | Pitt Meadows BC | 207 | 59 | 48 M 50-59 | 2:07:20.4 |
| 320 | Dae Cadman | vancouver BC | 86 | 39 | 47 F 30-39 | 2:07:31.1 |
| 321 | Amanda Leier | Vancouver BC | 337 | 28 | 27 F 20-29 | 2:07:44.0 |
| 322 | Monique Gollogly | Surrey BC | 206 | 29 | 28 F 20-29 | 2:07:44.4 |
| 323 | michelle sprangers | langley bc BC | 567 | 41 | 53 F 40-49 | 2:07:45.0 |

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| 324 | pamela clever | surrey BC | 104 | 41 | 54 F 40-49 | 2:07:45.4 |
| 325 | Greg Taylor | Burnaby BC | 591 | 34 | 50 M 30-39 | 2:07:46.9 |
| 326 | Susan Fry | New Westminster BC | 187 | 53 | 22 F 50-59 | 2:07:50.1 |
| 327 | Gabriela Tulai | Port Moody BC | 603 | 43 | 55 F 40-49 | 2:08:09.9 |
| 328 | Anna Burdzy | Vancouver BC | 81 | 24 | 29 F 20-29 | 2:08:12.3 |
| 329 | Louis Retief | Chilliwack BC | 508 | 16 | 9 M 0-19 | 2:08:18.3 |
| 330 | Mark Leggett | Surrey BC | 336 | 58 | 49 M 50-59 | 2:08:35.7 |
| 331 | Jeanne Mccutcheon | Surrey BC | 387 | 53 | 23 F 50-59 | 2:08:36.1 |
| 332 | Roberta Smith | Pitt Meadows BC | 561 | 58 | 24 F 50-59 | 2:08:41.1 |
| 333 | John Stanley | Kelowna BC | 570 | 54 | 50 M 50-59 | 2:08:52.9 |
| 334 | Tricia Kentel | langley BC | 292 | 54 | 25 F 50-59 | 2:08:56.8 |
| 335 | Denise Tade | Vancouver BC | 589 | 42 | 56 F 40-49 | 2:08:57.7 |
| 336 | Earl Tregobov | Surrey BC | 602 | 47 | 40 M 40-49 | 2:09:10.7 |
| 337 | Ghislain Morin | Langley BC | 429 | 47 | 41 M 40-49 | 2:09:12.9 |
| 338 | Boon Wong | Richmond BC | 664 | 52 | 51 M 50-59 | 2:09:26.4 |
| 339 | Lynn Juillet | Surrey BC | 282 | 47 | 57 F 40-49 | 2:09:29.6 |
| 340 | Barb Jackalin | Coquitlam BC | 261 | 48 | 58 F 40-49 | 2:09:45.8 |
| 341 | Gaydene Philipchalk | Fort Langley BC | 476 | 67 | 1 F 60-69 | 2:09:56.5 |
| 342 | Erica Retief | Chilliwack BC | 511 | 45 | 59 F 40-49 | 2:09:56.8 |
| 343 | Petrus Retief | Chilliwack BC | 509 | 45 | 42 M 40-49 | 2:09:57.8 |
| 344 | Kristen Spearman | Vancouver BC | 566 | 25 | 30 F 20-29 | 2:10:02.2 |
| 345 | Corey Balfour | Langley BC | 28 | 40 | 43 M 40-49 | 2:10:07.9 |
| 346 | Aaron Walker | Kelowna BC | 631 | 42 | 44 M 40-49 | 2:10:12.3 |
| 347 | Robert Carpenter | Vancouver BC | 93 | 41 | 45 M 40-49 | 2:10:15.3 |
| 348 | Annely Haglund | Campbell River BC | 229 | 56 | 26 F 50-59 | 2:10:17.6 |
| 349 | Scott Carriere | Langley BC | 94 | 43 | 46 M 40-49 | 2:10:18.9 |
| 350 | Travis Olafsen | Langley BC | 460 | 35 | 51 M 30-39 | 2:10:30.7 |
| 351 | Lauri James | Langley BC | 265 | 37 | 48 F 30-39 | 2:10:31.0 |
| 352 | Charlene Morgan | Surrey BC | 426 | 56 | 27 F 50-59 | 2:11:01.8 |
| 353 | Greg Whitcroft | abbotsford BC | 647 | 29 | 15 M 20-29 | 2:11:05.9 |
| 354 | Marina Gibson | Abbotsford BC | 202 | 44 | 60 F 40-49 | 2:11:05.9 |
| 355 | Ruggy Buttar | Mission BC | 83 | 47 | 47 M 40-49 | 2:11:20.7 |
| 356 | Carman Racioppo | Surrey BC | 493 | 63 | 10 M 60-69 | 2:11:21.6 |
| 357 | Kevin Near | Langley BC | 446 | 60 | 11 M 60-69 | 2:11:26.7 |
| 358 | Justine Lavoie | Coquitlam BC | 327 | 26 | 31 F 20-29 | 2:11:34.7 |
| 359 | PJ Retief | Chilliwack BC | 510 | 18 | 10 M 0-19 | 2:11:47.6 |
| 360 | Debra Gale | Burnaby BC | 190 | 54 | 28 F 50-59 | 2:11:52.6 |
| 361 | Brian Hindley | Guelph ONTARIO | 246 | 58 | 52 M 50-59 | 2:12:06.6 |
| 362 | krista madokoro | langley BC | 369 | 36 | 49 F 30-39 | 2:12:10.8 |
| 363 | Joanna Rossi | Langley BC | 533 | 35 | 50 F 30-39 | 2:12:13.9 |
| 364 | Ashley Knight | Langley BC | 301 | 47 | 61 F 40-49 | 2:12:14.5 |
| 365 | Maryke Young | Nanaimo BC | 675 | 66 | 2 F 60-69 | 2:12:24.9 |
| 366 | Mervyn Morris | Langley BC | 431 | 72 | 3 M 70-99 | 2:12:32.9 |
| 367 | Jennifer Barron | Burnaby BC | 34 | 38 | 51 F 30-39 | 2:12:40.5 |
| 368 | hari iyer | fort collins COLORADO | 259 | 62 | 12 M 60-69 | 2:12:44.6 |
| 369 | Tonya Sayers | Surrey BC | 537 | 22 | 32 F 20-29 | 2:13:00.7 |
| 370 | Tara Robinson | Vancouver BC | 526 | 34 | 52 F 30-39 | 2:13:02.5 |
| 371 | Holly Wolfe | Langley BC | 663 | 29 | 33 F 20-29 | 2:13:10.5 |
| 372 | Crystal McMullen | Vancouver BC | 400 | 26 | 34 F 20-29 | 2:13:11.9 |
| 373 | Kathy Hachey | Coquitlam BC | 226 | 56 | 29 F 50-59 | 2:13:12.0 |
| 374 | Lisa Brodowski | Maple Ridge BC | 75 | 43 | 62 F 40-49 | 2:13:12.1 |
| 375 | Rich Brodowski | Maple Ridge BC | 74 | 44 | 48 M 40-49 | 2:13:13.0 |
| 376 | Kaare Aagaard | langley BC | 1 | 36 | 52 M 30-39 | 2:13:13.7 |
| 377 | Christine McLellan | Port Coquitlam BC | 396 | 44 | 63 F 40-49 | 2:13:23.5 |
| 378 | Maureen Arestad | Ferndale WASHINGTON | 16 | 64 | 3 F 60-69 | 2:13:24.7 |

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| 379 | Mike Deacon | Langley BC | 136 | 39 | 53 M 30-39 | 2:13:25.3 |
| 380 | Shaunna Asselstine | Gibsons BC | 21 | 55 | 30 F 50-59 | 2:13:25.9 |
| 381 | Bette Richardson | Vancouver BC | 515 | 62 | 4 F 60-69 | 2:13:45.7 |
| 382 | Peggy Grant | Port Coquitlam BC | 215 | 54 | 31 F 50-59 | 2:13:47.4 |
| 383 | Lisa Medley | Maple Ridge BC | 405 | 34 | 53 F 30-39 | 2:14:00.3 |
| 384 | Carol Lacroix | Langley BC | 316 | 45 | 64 F 40-49 | 2:14:02.4 |
| 385 | Kayleen Dyck | Abbotsford BC | 163 | 37 | 54 F 30-39 | 2:14:07.3 |
| 386 | Ants Aug | Vancouver BC | 23 | 60 | 13 M 60-69 | 2:14:35.6 |
| 387 | Colleen Bloomfield | Aldergrove BC | 57 | 51 | 32 F 50-59 | 2:14:38.9 |
| 388 | Heather Murley | Abbotsford BC | 440 | 38 | 55 F 30-39 | 2:14:42.7 |
| 389 | Marina Frenette-Caron | Abbotsford BC | 184 | 49 | 65 F 40-49 | 2:15:05.7 |
| 390 | Kathy Glassie | New Westminster BC | 205 | 50 | 33 F 50-59 | 2:15:09.9 |
| 391 | Lisa Oswald-Coates | Langley BC | 693 | 37 | 56 F 30-39 | 2:15:11.3 |
| 392 | John Regan | Langley BC | 505 | 30 | 54 M 30-39 | 2:15:14.6 |
| 393 | Victoria Zazulak | Aldergrove BC | 679 | 60 | 5 F 60-69 | 2:15:26.4 |
| 394 | Darlene Hewitson | Langley BC | 242 | 43 | 66 F 40-49 | 2:15:29.6 |
| 395 | Cindy Delmonico | Coquitlam BC | 141 | 46 | 67 F 40-49 | 2:15:34.8 |
| 396 | Ginelle Bouthillier | Chilliwack BC | 62 | 18 | 5 F 0-19 | 2:15:35.2 |
| 397 | Mark Didicher | Maple Ridge BC | 146 | 49 | 49 M 40-49 | 2:15:41.7 |
| 398 | Michele Ramage | Chilliwack BC | 495 | 43 | 68 F 40-49 | 2:15:46.1 |
| 399 | William Ramage | Chilliwack BC | 494 | 47 | 50 M 40-49 | 2:15:48.0 |
| 400 | Darren Wright | Port Moody BC | 668 | 34 | 55 M 30-39 | 2:15:54.9 |
| 401 | Becky Nelson | Mission BC BC | 449 | 47 | 69 F 40-49 | 2:16:01.5 |
| 402 | Liz Simpson | Abbotsford BC | 551 | 55 | 34 F 50-59 | 2:16:01.5 |
| 403 | Lindsay Lanigan | Abbotsford BC | 321 | 31 | 57 F 30-39 | 2:16:01.5 |
| 404 | Amelia Norrie | Maple Ridge BC | 453 | 31 | 58 F 30-39 | 2:16:04.4 |
| 405 | mark boomhower | surrey BC | 59 | 62 | 14 M 60-69 | 2:16:07.3 |
| 406 | Tyler Milling | Coquitlam BC | 416 | 32 | 56 M 30-39 | 2:16:08.3 |
| 407 | James Malinowsky | W. Vancouver BC | 683 | 36 | 57 M 30-39 | 2:16:16.5 |
| 408 | Dani Haaf | coquitlam BC | 224 | 26 | 35 F 20-29 | 2:16:19.5 |
| 409 | Keith Sharman | Squamish BC | 545 | 31 | 58 M 30-39 | 2:16:20.5 |
| 410 | Ramona Chu | Coquitlam BC | 101 | 47 | 70 F 40-49 | 2:16:21.2 |
| 411 | Jamie Lyons | Maple Ridge BC | 361 | 34 | 59 F 30-39 | 2:16:28.3 |
| 412 | Scott Johnson | Langley BC | 273 | 35 | 59 M 30-39 | 2:16:47.9 |
| 413 | Pawel Gradowski | Port Moody BC | 210 | 49 | 51 M 40-49 | 2:16:48.5 |
| 414 | Helen Evans | Abbotsford BC | 169 | 46 | 71 F 40-49 | 2:17:09.0 |
| 415 | Larry McManus | South Surrey BC | 398 | 57 | 53 M 50-59 | 2:17:23.4 |
| 416 | Lisa Batycki Downs | Surrey BC | 39 | 45 | 72 F 40-49 | 2:17:23.6 |
| 417 | Lori Lollar | Rosedale BC | 352 | 53 | 35 F 50-59 | 2:17:27.0 |
| 418 | mickey singer | richmond BC | 553 | 46 | 73 F 40-49 | 2:17:27.2 |
| 419 | Barbara Alexandre | Clayton, Cloverdale, Surr BC | 9 | 37 | 60 F 30-39 | 2:17:31.0 |
| 420 | liz jericho | langley BC | 270 | 60 | 6 F 60-69 | 2:17:40.0 |
| 421 | Bristol Regan | langley BC | 504 | 30 | 61 F 30-39 | 2:17:45.9 |
| 422 | Jennifer Dionne | Prince George BC | 148 | 42 | 74 F 40-49 | 2:17:53.9 |
| 423 | Brian Johnson | Surrey BC | 274 | 49 | 52 M 40-49 | 2:18:01.6 |
| 424 | Jane Nichol | Langley BC | 450 | | 6 F 0-19 | 2:18:03.1 |
| 425 | Kelly Haftner | Port Moody BC | 227 | 50 | 36 F 50-59 | 2:18:03.8 |
| 426 | Lyne Simard | Langley BC | 550 | 41 | 75 F 40-49 | 2:18:14.9 |
| 427 | Donna Kruk | Langley BC | 309 | 38 | 62 F 30-39 | 2:18:44.6 |
| 428 | Brigid Pomeroy | Campbell River BC | 483 | 49 | 76 F 40-49 | 2:19:14.2 |
| 429 | Jim Luu | Port Coquitlam BC | 359 | 44 | 53 M 40-49 | 2:19:18.5 |
| 430 | Mandy Mezes | Vancouver BC | 408 | 46 | 77 F 40-49 | 2:19:25.8 |
| 431 | Jo Thorburn | Campbell River BC | 594 | 62 | 7 F 60-69 | 2:19:59.4 |
| 432 | Catherine McCarthy | Prince George BC | 384 | 37 | 63 F 30-39 | 2:20:06.3 |
| 433 | Karen Grace | Pitt Meadows BC | 209 | 37 | 64 F 30-39 | 2:20:20.1 |

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| 434 | John Reay | Vancouver BC | 689 | 51 | 54 M 50-59 | 2:20:24.5 |
| 435 | Gary Leggat | Surrey BC | 334 | 54 | 55 M 50-59 | 2:20:26.0 |
| 436 | Dionne MacDonald | Pitt Meadows BC | 364 | 34 | 65 F 30-39 | 2:21:05.0 |
| 437 | Brad Leganger | Langley BC | 332 | 41 | 54 M 40-49 | 2:21:08.4 |
| 438 | Valaree Braaten | Rosedale BC | 64 | 45 | 78 F 40-49 | 2:21:11.2 |
| 439 | Laura Jamieson | Abbotsford BC | 267 | 49 | 79 F 40-49 | 2:21:11.8 |
| 440 | Neil Schasny | Langley BC | 539 | 36 | 60 M 30-39 | 2:21:14.5 |
| 441 | Kenneth Bergen | New Westminster BC | 48 | 60 | 15 M 60-69 | 2:21:31.2 |
| 442 | Holly Wilbee | Surrey BC | 655 | 21 | 36 F 20-29 | 2:21:32.2 |
| 443 | Jolene Watsyk | Maple Ridge BC | 641 | 31 | 66 F 30-39 | 2:21:33.5 |
| 444 | Andrew Watsyk | Maple Ridge BC | 640 | 39 | 61 M 30-39 | 2:21:33.5 |
| 445 | Michael Swinburne | Langley BC | 585 | 39 | 62 M 30-39 | 2:21:42.1 |
| 446 | Leah Strange | Cloverdale BC | 579 | 43 | 80 F 40-49 | 2:22:14.6 |
| 447 | sandy zalit | surrey BC | 676 | 50 | 37 F 50-59 | 2:22:14.6 |
| 448 | Maryann Leggat | Surrey BC | 335 | 49 | 81 F 40-49 | 2:22:17.9 |
| 449 | Lisa Johnson | Delta BC | 276 | 36 | 67 F 30-39 | 2:22:19.7 |
| 450 | Emily Pawluk | Surrey BC | 467 | 21 | 37 F 20-29 | 2:22:48.7 |
| 451 | Adele L'Abbe | Surrey BC | 313 | 57 | 38 F 50-59 | 2:22:58.6 |
| 452 | Robin Vainionpaa | Surrey BC | 613 | 50 | 39 F 50-59 | 2:23:44.6 |
| 453 | nicole gerow | surrey BC | 198 | 39 | 68 F 30-39 | 2:23:44.8 |
| 454 | Hilary Zanatta | Langley BC | 678 | 32 | 69 F 30-39 | 2:24:15.7 |
| 455 | Martin Crosbie | Surrey BC | 120 | 47 | 55 M 40-49 | 2:24:17.0 |
| 456 | crystal lopez | delta BC | 355 | 28 | 38 F 20-29 | 2:24:54.3 |
| 457 | Kimberly Lopez | New Westminster BC | 356 | 27 | 39 F 20-29 | 2:24:54.4 |
| 458 | Jacqueline Shaughnessy | Mission BC | 547 | 39 | 70 F 30-39 | 2:25:01.8 |
| 459 | Pat Cleave | Delta BC | 103 | 55 | 40 F 50-59 | 2:25:04.5 |
| 460 | Doug Lark | surrey BC | 323 | 57 | 56 M 50-59 | 2:25:16.9 |
| 461 | Louisa Vachon | Langley BC | 612 | 57 | 41 F 50-59 | 2:25:29.8 |
| 462 | Kathy Friesen | Langley BC | 186 | 52 | 42 F 50-59 | 2:25:38.1 |
| 463 | Lynn Macleod | Chilliwack BC | 367 | 52 | 43 F 50-59 | 2:25:40.8 |
| 464 | Lori Gibson | Abbotsford BC | 201 | 29 | 40 F 20-29 | 2:25:46.8 |
| 465 | Danielle Buchanan | Maple Ridge BC | 79 | 27 | 41 F 20-29 | 2:25:48.9 |
| 466 | Diane Cockle | Langley BC | 106 | 44 | 82 F 40-49 | 2:26:13.8 |
| 467 | Jacqueline Craddock | San Diego CALIFORNIA | 117 | 39 | 71 F 30-39 | 2:26:43.5 |
| 468 | Kari LaGrandeur | Surrey BC | 318 | 40 | 83 F 40-49 | 2:27:02.1 |
| 469 | Greg Cheyne | Surrey BC | 100 | 46 | 56 M 40-49 | 2:27:02.3 |
| 470 | Pamela Lloyd | Langley BC | 348 | 39 | 72 F 30-39 | 2:27:10.7 |
| 471 | Linda Lacerte | Chilliwack BC | 315 | 44 | 84 F 40-49 | 2:27:33.5 |
| 472 | Heike Horn | Vancouver BC | 251 | 48 | 85 F 40-49 | 2:27:36.7 |
| 473 | Dawn Sparks | Vancouver BC | 565 | 50 | 44 F 50-59 | 2:27:39.7 |
| 474 | Devina Wadhwa | Vancouver BC | 630 | 25 | 42 F 20-29 | 2:27:57.6 |
| 475 | Rod Underell | Langley BC | 609 | 60 | 16 M 60-69 | 2:28:13.6 |
| 476 | diana granger | langley BC | 211 | 50 | 45 F 50-59 | 2:28:15.6 |
| 477 | Marty Byron | Surrey BC | 85 | 60 | 17 M 60-69 | 2:28:18.0 |
| 478 | Dayle Baykey | Vancouver BC | 40 | 51 | 46 F 50-59 | 2:28:35.3 |
| 479 | Zoya Lovell | New Westminster BC | 357 | 44 | 86 F 40-49 | 2:28:51.2 |
| 480 | kenny so | bonnyville ALBERTA | 563 | 66 | 18 M 60-69 | 2:28:51.4 |
| 481 | George Davies | New Westminster BC | 132 | | 11 M 0-19 | 2:29:03.1 |
| 482 | Libby Covernton | Langley BC | 115 | 60 | 8 F 60-69 | 2:29:04.0 |
| 483 | Laurie Bernard | abbotsford BC | 49 | 45 | 87 F 40-49 | 2:29:04.3 |
| 484 | Wendy Jordan-Olive | Aldergrove BC | 281 | 51 | 47 F 50-59 | 2:29:04.7 |
| 485 | Denise Waddington | Surrey BC | 629 | 52 | 48 F 50-59 | 2:29:04.8 |
| 486 | Janice Tomka | Victoria BC | 600 | 48 | 88 F 40-49 | 2:29:08.3 |
| 487 | Cindy Plumb | Campbell River BC | 479 | 49 | 89 F 40-49 | 2:29:14.5 |
| 488 | Julie Mantini | Port Moody BC | 374 | 44 | 90 F 40-49 | 2:29:19.9 |

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| 489 | Elizabeth Penney | Vancouver BC | 471 | 26 | 43 F 20-29 | 2:29:40.4 |
| 490 | Lisa Morgan | Vancouver BC | 427 | 28 | 44 F 20-29 | 2:29:41.3 |
| 491 | Annie Richards | Aldergrove BC | 514 | 64 | 9 F 60-69 | 2:29:53.6 |
| 492 | Pauline Cooper | Mission BC | 111 | 58 | 49 F 50-59 | 2:30:26.6 |
| 493 | Joseph Tan | North Vancouver BC | 590 | 45 | 57 M 40-49 | 2:30:33.8 |
| 494 | Dal Bhatti | Burnaby BC | 50 | 40 | 91 F 40-49 | 2:30:34.6 |
| 495 | Daniel MacDonald | Pitt Meadows BC | 363 | 43 | 58 M 40-49 | 2:30:43.1 |
| 496 | Jennifer Kettlewell | Delta BC | 294 | 33 | 73 F 30-39 | 2:30:55.3 |
| 497 | Sandra Sayer | Surrey BC | 536 | 42 | 92 F 40-49 | 2:31:16.9 |
| 498 | Luanne Boyes | Campbell River BC | 63 | 55 | 50 F 50-59 | 2:31:17.9 |
| 499 | Penney Hagel | Campbell River BC | 228 | 58 | 51 F 50-59 | 2:31:19.9 |
| 500 | Marlene Donnelly | Surrey BC | 684 | 45 | 93 F 40-49 | 2:31:51.9 |
| 501 | David Kells | Abbotsford BC | 287 | 54 | 57 M 50-59 | 2:31:56.0 |
| 502 | Leanne Utendale | Surrey BC | 610 | 29 | 45 F 20-29 | 2:32:11.6 |
| 503 | Gillian Cullen | WestVancouver BC | 122 | 58 | 52 F 50-59 | 2:32:32.5 |
| 504 | jen hood | WestVancouver BC | 249 | 51 | 53 F 50-59 | 2:32:33.9 |
| 505 | Alison Lark | Surrey BC | 322 | 28 | 46 F 20-29 | 2:32:36.1 |
| 506 | Yvonne Van Vliet | New Westminster BC | 616 | 56 | 54 F 50-59 | 2:33:09.7 |
| 507 | Susan Rink | Langley BC | 520 | 30 | 74 F 30-39 | 2:34:05.2 |
| 508 | Daryl Adam | New Westminster BC | 2 | 44 | 59 M 40-49 | 2:34:16.1 |
| 509 | Renee Adam | New Westminster BC | 3 | 38 | 75 F 30-39 | 2:34:16.6 |
| 510 | Angela Robinson | Winfield BC | 525 | 37 | 76 F 30-39 | 2:34:26.8 |
| 511 | Dana Littau | Winfield BC | 347 | 36 | 77 F 30-39 | 2:34:27.0 |
| 512 | Jack Grewal | White Rock BC | 218 | 42 | 60 M 40-49 | 2:34:58.2 |
| 513 | Sherry Reierson | Surrey BC | 506 | 46 | 94 F 40-49 | 2:35:07.3 |
| 514 | Bridget Ellam | Burnaby BC | 165 | 26 | 47 F 20-29 | 2:35:25.6 |
| 515 | Steve Ellam | Burnaby BC | 164 | 35 | 63 M 30-39 | 2:35:26.0 |
| 516 | Grant Dunsmore | Surrey BC | 162 | 66 | 19 M 60-69 | 2:35:35.1 |
| 517 | Dhorea Ramanula | Langley BC | 496 | 43 | 95 F 40-49 | 2:35:43.7 |
| 518 | wendy gulbranson | langley BC | 222 | 57 | 55 F 50-59 | 2:36:09.1 |
| 519 | Allan Donovan | West Vancouver BC | 153 | 51 | 58 M 50-59 | 2:36:13.6 |
| 520 | Brianne Webb | Port Moody BC | 643 | 30 | 78 F 30-39 | 2:36:34.3 |
| 521 | Natalie Breg | Langley BC | 71 | 44 | 96 F 40-49 | 2:36:46.4 |
| 522 | Lenora Yakemchuk | Calgary ALBERTA | 673 | 40 | 97 F 40-49 | 2:36:46.7 |
| 523 | Stacy Rodriguez | Langley BC | 527 | 42 | 98 F 40-49 | 2:36:49.1 |
| 524 | Rita Kyle | Surrey BC | 312 | 66 | 10 F 60-69 | 2:36:57.0 |
| 525 | Jacquie Plante | Abbotsford BC | 478 | 35 | 79 F 30-39 | 2:37:02.4 |
| 526 | Denise Doyle | burnaby BC | 158 | 49 | 99 F 40-49 | 2:37:26.1 |
| 527 | Deb Stanley | Kelowna BC | 571 | 52 | 56 F 50-59 | 2:38:34.7 |
| 528 | michelle coburn | LYNDEN WASHINGTON | 105 | 50 | 57 F 50-59 | 2:38:56.6 |
| 529 | Jean Schafer | Langley BC | 538 | 45 | 100 F 40-49 | 2:38:59.8 |
| 530 | Ryan Kardal | Abbotsford BC | 284 | 24 | 16 M 20-29 | 2:39:26.3 |
| 531 | Gurjinder Bhurji | Surrey BC | 51 | 46 | 101 F 40-49 | 2:39:46.9 |
| 532 | jc mykytchuk | langley BC | 444 | 36 | 64 M 30-39 | 2:41:28.1 |
| 533 | Dikesh Khatri | Surrey BC | 295 | 31 | 65 M 30-39 | 2:41:31.5 |
| 534 | Ryan Woodland | New Westminster BC | 666 | 23 | 17 M 20-29 | 2:42:25.3 |
| 535 | Nancy Mitchell | Langley BC | 419 | 49 | 102 F 40-49 | 2:43:45.4 |
| 536 | christine voglmaier | maple ridge BC | 627 | 66 | 11 F 60-69 | 2:44:31.4 |
| 537 | Mary Battell | Delta BC | 38 | 68 | 12 F 60-69 | 2:44:32.2 |
| 538 | Linnea Burnham | Vancouver BC | 82 | 25 | 48 F 20-29 | 2:44:51.4 |
| 539 | Miles North | Vancouver BC | 454 | 36 | 66 M 30-39 | 2:44:51.4 |
| 540 | Karen Haugland | White Rock BC | 239 | 38 | 80 F 30-39 | 2:46:48.6 |
| 541 | Lindy Sywak | Coquitlam BC | 587 | 22 | 49 F 20-29 | 2:46:49.0 |
| 542 | Philip Lee | Richmond BC | 330 | 55 | 59 M 50-59 | 2:48:44.6 |
| 543 | David Thompson | Langley BC | 593 | 51 | 60 M 50-59 | 2:49:55.8 |

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|-----|---------------------|-----------------------|-----|----|-------------|-----------|
| 544 | Karin Jackson | Pitt Meadows BC | 263 | 41 | 103 F 40-49 | 2:51:15.2 |
| 545 | Brenda Gottgetreu | Port Coquitlam BC | 208 | 56 | 58 F 50-59 | 2:51:55.7 |
| 546 | lee hawkins | vancouver BC | 240 | 62 | 20 M 60-69 | 2:53:31.3 |
| 547 | jack wickham | langley BC | 652 | 58 | 61 M 50-59 | 2:53:56.3 |
| 548 | Dan Brophy | Abbotsford BC | 76 | 30 | 67 M 30-39 | 2:55:32.9 |
| 549 | Nadine Nutbrown | Abbotsford BC | 456 | 49 | 104 F 40-49 | 2:55:33.4 |
| 550 | Nicole Kosmyнка | Delta BC | 307 | 49 | 105 F 40-49 | 2:55:33.8 |
| 551 | Keith Nutbrown | Abbotsford BC | 455 | 54 | 62 M 50-59 | 2:55:34.4 |
| 552 | Maria Wall | Langley BC | 634 | 48 | 106 F 40-49 | 2:55:58.1 |
| 553 | Carol Wall | Langley BC | 633 | 49 | 107 F 40-49 | 2:55:58.3 |
| 554 | Christine Ward | Kelowna BC | 637 | 59 | 59 F 50-59 | 2:56:04.9 |
| 555 | Terry Ward | Kelowna BC | 636 | 58 | 63 M 50-59 | 2:56:07.7 |
| 556 | ted redekop | langley BC | 501 | 68 | 21 M 60-69 | 2:56:19.6 |
| 557 | Marilyn Leonidas | Langley BC | 338 | 57 | 60 F 50-59 | 3:04:23.0 |
| 558 | Mary Ridd | Langley BC | 518 | 66 | 13 F 60-69 | 3:04:25.1 |
| 559 | Melody (Moxie) Fast | Abbotsford BC | 175 | 49 | 108 F 40-49 | 3:06:06.3 |
| 560 | Sandi Hildebrant | Surrey BC | 244 | 65 | 14 F 60-69 | 3:10:18.3 |
| 561 | Vicki Andreone | Aldergrove BC | 13 | 46 | 109 F 40-49 | 3:11:31.0 |
| 562 | Crystal Mantie | White Rock BC | 373 | 40 | 110 F 40-49 | 3:11:31.0 |
| 563 | Laura McKay | Surrey BC | 394 | 23 | 50 F 20-29 | 3:13:38.1 |
| 564 | Suzanne Shull | Bellingham WASHINGTON | 549 | 49 | 111 F 40-49 | 3:17:39.1 |
| 565 | Laura Johnson | Delta BC | 275 | 60 | 15 F 60-69 | 3:23:00.5 |
| 566 | Barbara Howson | Surrey BC | 253 | 57 | 61 F 50-59 | 3:23:03.4 |
| 567 | Rita Rawstron | Langley BC | 500 | 57 | 62 F 50-59 | 3:23:04.1 |
| 568 | Leslie Lochbaum | Delta BC | 349 | 57 | 63 F 50-59 | 3:23:37.2 |
| 569 | Randy Gugay | Vancouver BC | 708 | 52 | 64 M 50-59 | 3:28:14.1 |
| 570 | Ruth Sisson | surrey BC | 555 | 60 | 16 F 60-69 | 3:31:20.7 |
| 571 | Daphne Quance | Surrey BC | 492 | 73 | 2 F 70-99 | 3:31:23.0 |
| 572 | Christel Brautigam | Richmond BC | 65 | 40 | 112 F 40-49 | 3:34:55.7 |
| 573 | Karen Lin | Richmond BC | 343 | 42 | 113 F 40-49 | 3:34:56.3 |
| 574 | Janice Ling | Richmond BC | 344 | 57 | 64 F 50-59 | 3:51:59.4 |

Historic 10K

| Place | Name | City | Bib No | Age | Age Group | Place | Total Time |
|-------|------------------|--------------------|--------|-----|-----------|-------|------------|
| 1 | ryan boulter | mission BC | 3153 | 34 | 1 M 30-39 | | 40:26.7 |
| 2 | kevin heinze | Mission BC | 3269 | 48 | 1 M 40-49 | | 41:07.9 |
| 3 | Michael Taylor | Mission BC | 3450 | 35 | 2 M 30-39 | | 42:33.2 |
| 4 | Gordon Flett | Vancouver BC | 3235 | 51 | 1 M 50-59 | | 43:12.3 |
| 5 | Jennifer Hockney | Abbotsford BC | 3276 | 32 | 2 F 30-39 | | 44:10.7 |
| 6 | craig asselstine | new westminster BC | 3087 | 43 | 2 M 40-49 | | 44:24.0 |
| 7 | Mike Trasolini | Coquitlam BC | 3460 | 22 | 1 M 20-29 | | 45:26.0 |
| 8 | Pam Bensler | abbotsford BC | 3097 | 39 | 3 F 30-39 | | 45:36.9 |
| 9 | Nathan Sweeney | Burnaby BC | 3448 | 32 | 3 M 30-39 | | 45:40.8 |
| 10 | Michelle Reaume | Coquitlam BC | 3490 | 46 | 1 F 40-49 | | 46:06.5 |
| 11 | Kelly Dumont | Surrey BC | 3216 | 36 | 4 F 30-39 | | 46:25.4 |
| 12 | Susannah Duvall | Surrey BC | 3217 | 32 | 5 F 30-39 | | 46:36.5 |
| 13 | Natalie DeWit | Abbotsford BC | 3204 | 35 | 6 F 30-39 | | 46:41.3 |
| 14 | Murray Schneider | Langley BC | 3417 | 45 | 3 M 40-49 | | 46:43.4 |
| 15 | Naomi Sharman | Squamish BC | 546 | 32 | 7 F 30-39 | | 47:10.3 |
| 16 | Joshua Ng | Langley BC | 697 | 21 | 2 M 20-29 | | 47:17.6 |
| 17 | james Lam | Langley BC | 3325 | 15 | 1 M 0-19 | | 47:34.8 |
| 18 | Sean Mahar | Vancouver BC | 3344 | 29 | 3 M 20-29 | | 47:42.0 |
| 19 | Robert Wieczorek | Port Coquitlam BC | 3475 | 29 | 4 M 20-29 | | 47:43.5 |
| 20 | Jim Novotny | Langley BC | 3381 | 47 | 4 M 40-49 | | 47:45.0 |
| 21 | Lucy Ryan | Coquitlam BC | 3493 | 43 | 2 F 40-49 | | 47:55.3 |

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|----------------------|--------------------|------|----|------------|---------|
| 22 Leah Cummins | Langley BC | 3188 | 23 | 1 F 20-29 | 48:02.1 |
| 23 elizabeth buhler | abbotsford BC | 3164 | 34 | 8 F 30-39 | 48:40.0 |
| 24 Conor Sweeney | Abbotsford BC | 3447 | 31 | 4 M 30-39 | 48:58.4 |
| 25 Brad Kotnik | West Kelowna BC | 3315 | 45 | 5 M 40-49 | 49:02.7 |
| 26 Donna Denny | Surrey BC | 3201 | 45 | 3 F 40-49 | 49:18.7 |
| 27 Kim Brown | mission BC | 3158 | 24 | 2 F 20-29 | 49:28.0 |
| 28 Melissa Brown | Langley BC | 3159 | 34 | 9 F 30-39 | 49:33.7 |
| 29 Michelle Mix | North Vancouver BC | 3365 | 43 | 4 F 40-49 | 49:53.4 |
| 30 Christine Pauls | Abbotsford BC | 3387 | 39 | 10 F 30-39 | 50:31.7 |
| 31 Ron Wlock | North Vancouver BC | 3476 | 56 | 2 M 50-59 | 50:36.3 |
| 32 Bryan Coombes | Langley BC | 3182 | 39 | 5 M 30-39 | 50:40.5 |
| 33 Debbie Veronesi | Surrey BC | 3466 | 39 | 11 F 30-39 | 50:49.8 |
| 34 Jayne Cummins | Langley BC | 3187 | 52 | 1 F 50-59 | 50:50.9 |
| 35 Byron Gammel | Langley BC | 3248 | 37 | 6 M 30-39 | 51:03.9 |
| 36 Lisa Marzocco | Vancouver BC | 3350 | 23 | 3 F 20-29 | 51:08.3 |
| 37 Elliott Roessler | Langley BC | 3403 | 40 | 6 M 40-49 | 51:37.1 |
| 38 Matthew Spencer | Langley BC | 3432 | 38 | 7 M 30-39 | 51:45.4 |
| 39 Kim Fisher | Calgary ALBERTA | 3233 | 27 | 4 F 20-29 | 51:48.9 |
| 40 Dean Donnelly | Surrey BC | 3485 | 43 | 7 M 40-49 | 51:51.0 |
| 41 Crystal Amos | Vancouver BC | 3081 | 38 | 12 F 30-39 | 51:56.4 |
| 42 Ryan Huston | Abbotsford BC | 3288 | 54 | 3 M 50-59 | 51:56.9 |
| 43 Cory Crawford | Delta BC | 695 | 36 | 8 M 30-39 | 52:02.3 |
| 44 Andy McNevin | Vancouver BC | 3359 | 51 | 4 M 50-59 | 52:05.4 |
| 45 Trish Huston | Abbotsford BC | 3289 | 54 | 2 F 50-59 | 52:21.6 |
| 46 Asif MALIK | Surrey BC | 3346 | 31 | 9 M 30-39 | 52:22.9 |
| 47 Samson Gonzales | Vancouver BC | 3255 | 53 | 5 M 50-59 | 52:28.7 |
| 48 neall struwig | chilliwack BC | 3441 | 16 | 2 M 0-19 | 52:29.7 |
| 49 Orlando Naranjo | Port Moody BC | 3373 | 63 | 1 M 60-69 | 52:43.9 |
| 50 Sarah Davis | Vancouver BC | 3196 | 27 | 5 F 20-29 | 52:58.3 |
| 51 Amanda Dodd | Langley BC | 3211 | 38 | 13 F 30-39 | 53:05.9 |
| 52 Janelle Linton | Maple Ridge BC | 714 | 38 | 14 F 30-39 | 53:09.3 |
| 53 Dion Struwig | Chilliwack BC | 3440 | 14 | 3 M 0-19 | 53:14.6 |
| 54 Ryan Birt | Delta BC | 3100 | 40 | 8 M 40-49 | 53:16.6 |
| 55 karen Enns | Surrey BC | 3225 | 29 | 6 F 20-29 | 53:16.8 |
| 56 Eduard Gutierrez | Port Coquitlam BC | 3261 | 45 | 9 M 40-49 | 53:27.1 |
| 57 Cheri Narula | SURREY BC | 3374 | 43 | 5 F 40-49 | 53:28.1 |
| 58 Justin Norton | Surrey BC | 3380 | 22 | 5 M 20-29 | 53:37.3 |
| 59 Patrick Lau | Coquitlam BC | 3327 | 48 | 10 M 40-49 | 53:43.8 |
| 60 Tania Laity | Mission BC | 3322 | 36 | 15 F 30-39 | 53:46.6 |
| 61 Erica Simpson | Port Coquitlam BC | 3425 | 38 | 16 F 30-39 | 53:52.7 |
| 62 Shaun Drummond | Surrey BC | 3215 | 39 | 10 M 30-39 | 54:23.1 |
| 63 Steve Woloshyn | Surrey BC | 3477 | 42 | 11 M 40-49 | 54:25.7 |
| 64 Margo Homan | Langley BC | 3282 | 48 | 6 F 40-49 | 54:26.1 |
| 65 Terry Thomas | Langley BC | 3455 | 41 | 12 M 40-49 | 54:41.1 |
| 66 Jackie Munro | Langley BC | 3371 | 41 | 7 F 40-49 | 54:42.4 |
| 67 April Heideman | vancouver BC | 3267 | 25 | 7 F 20-29 | 54:44.5 |
| 68 Kerri Andstein | Surrey BC | 3083 | 38 | 17 F 30-39 | 54:53.9 |
| 69 Peter Breederland | Aldergrove BC | 705 | 49 | 13 M 40-49 | 54:59.1 |
| 70 Alisha Kuntz | Surrey BC | 3318 | 28 | 8 F 20-29 | 55:19.4 |
| 71 robert nikelski | Delta BC | 3377 | 51 | 6 M 50-59 | 55:22.7 |
| 72 Alia Nicola | Langley BC | 3376 | 37 | 18 F 30-39 | 55:22.7 |
| 73 Gabriela Kettner | Chilliwack BC | 3309 | 23 | 9 F 20-29 | 55:25.5 |
| 74 Sarah Plotnikoff | Surrey BC | 3393 | 38 | 19 F 30-39 | 55:29.5 |
| 75 Danielle Briggs | maple ridge BC | 3155 | 36 | 20 F 30-39 | 55:35.7 |
| 76 Dawson Ross | Richmond BC | 3406 | 19 | 4 M 0-19 | 55:37.7 |

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|-----|------------------------|--------------------|------|----|------------|-----------|
| 77 | Louise Elson | Mission BC | 3221 | 39 | 21 F 30-39 | 55:47.2 |
| 78 | Catherine Nolan | Maple Ridge BC | 3378 | 45 | 8 F 40-49 | 55:50.4 |
| 79 | Candice Schjelderup | Port Moody BC | 3416 | 29 | 10 F 20-29 | 55:53.1 |
| 80 | Sabrina Pagliaro | Port Moody BC | 712 | 34 | 22 F 30-39 | 55:53.2 |
| 81 | Marie Redekop | Langley BC | 3398 | 26 | 11 F 20-29 | 56:00.7 |
| 82 | Michelle VanDokkumburg | Chilliwack BC | 3465 | 33 | 23 F 30-39 | 56:04.2 |
| 83 | Jon Arason | Vancouver BC | 3085 | 35 | 11 M 30-39 | 56:05.5 |
| 84 | Ethan Donnelly | Surrey BC | 3487 | 12 | 5 M 0-19 | 56:18.2 |
| 85 | Jennifer Figner | Port Moody BC | 3231 | 42 | 9 F 40-49 | 56:21.2 |
| 86 | Rachel Stock | Surrey BC | 3437 | 36 | 24 F 30-39 | 56:25.4 |
| 87 | Norm Rowe | New Westminster BC | 3409 | 50 | 7 M 50-59 | 56:43.7 |
| 88 | Lucia Dahlby | Vancouver BC | 3191 | 18 | 1 F 0-19 | 56:52.3 |
| 89 | Cheryl Lippert | Kitimat BC | 3334 | 43 | 10 F 40-49 | 57:12.8 |
| 90 | Brian Halsall | Surrey BC | 3262 | 47 | 14 M 40-49 | 57:15.0 |
| 91 | Brian Buchholz | West Kelowna BC | 3163 | 40 | 15 M 40-49 | 57:15.7 |
| 92 | Brenda Buchholz | West Kelowna BC | 3162 | 37 | 25 F 30-39 | 57:16.4 |
| 93 | Jacky Graham | maple ridge BC | 3256 | 51 | 3 F 50-59 | 57:17.4 |
| 94 | Erin Burns | Langley BC | 3165 | 24 | 12 F 20-29 | 57:19.9 |
| 95 | Jennifer Fraser | Vancouver BC | 3242 | 31 | 26 F 30-39 | 57:26.2 |
| 96 | Cory Kube | Vancouver BC | 311 | 39 | 12 M 30-39 | 57:26.9 |
| 97 | James Kaiser | Burnaby BC | 3300 | 27 | 6 M 20-29 | 57:29.3 |
| 98 | Michelle Stewart | Surrey BC | 3436 | 44 | 11 F 40-49 | 57:35.7 |
| 99 | Karen McDowell | fort Langley BC | 391 | 39 | 27 F 30-39 | 57:40.8 |
| 100 | Trevor Thurston | Langley BC | 713 | 35 | 13 M 30-39 | 57:54.9 |
| 101 | Todd Strynadka | Surrey BC | 3443 | 47 | 16 M 40-49 | 57:57.4 |
| 102 | Dean Marsden | | 3496 | 40 | 17 M 40-49 | 58:01.7 |
| 103 | Hayden Donnelly | Surrey BC | 3486 | 9 | 6 M 0-19 | 58:05.6 |
| 104 | gerald Allen | Abbotsford BC | 3080 | 58 | 8 M 50-59 | 58:07.6 |
| 105 | glenda star | langley BC | 3434 | 46 | 12 F 40-49 | 58:13.5 |
| 106 | Lars Andstein | Surrey BC | 3084 | 40 | 18 M 40-49 | 58:13.9 |
| 107 | Catherine Singer | Surrey BC | 3426 | 55 | 4 F 50-59 | 58:13.9 |
| 108 | Shawn Macdonell | Delta BC | 3342 | 45 | 13 F 40-49 | 58:16.0 |
| 109 | Steph Trasolini | Coquitlam BC | 3461 | 26 | 13 F 20-29 | 58:21.7 |
| 110 | Deena Humeston | Surrey BC | 3286 | 47 | 14 F 40-49 | 58:30.4 |
| 111 | Joban Howlett | Surrey BC | 3498 | 30 | 14 M 30-39 | 58:39.3 |
| 112 | Kathleen Vandevenne | | 3499 | 34 | 28 F 30-39 | 59:00.3 |
| 113 | Sophia Manolis | Port Moody BC | 3347 | 42 | 15 F 40-49 | 59:17.4 |
| 114 | Julie Rousell | LANGLEY BC | 3408 | 34 | 29 F 30-39 | 59:17.9 |
| 115 | Trent Doberstein | Langley BC | 4233 | 49 | 19 M 40-49 | 59:20.9 |
| 116 | Julia Hatt | North Vancouver BC | 3265 | 24 | 14 F 20-29 | 59:22.8 |
| 117 | Ralph Piesche | Abbotsford BC | 3392 | 57 | 9 M 50-59 | 59:25.9 |
| 118 | Jamie Higgins | Surrey BC | 3273 | 36 | 30 F 30-39 | 59:26.7 |
| 119 | Lesley Bernardin | Coquitlam BC | 3099 | 34 | 31 F 30-39 | 59:27.7 |
| 120 | wayne shufelt | Maple Ridge BC | 3422 | 62 | 2 M 60-69 | 59:34.3 |
| 121 | Silvia Guillemi | Vancouver BC | 3260 | 56 | 5 F 50-59 | 59:48.6 |
| 122 | Doug Chrystal | Surrey BC | 3174 | 46 | 20 M 40-49 | 59:52.2 |
| 123 | Marion De Boersap | Langley BC | 3198 | 48 | 16 F 40-49 | 59:54.4 |
| 124 | Sherrie Hodgkinson | Langley BC | 3278 | 26 | 15 F 20-29 | 59:54.7 |
| 125 | Paul Chung | Langley BC | 3175 | 32 | 15 M 30-39 | 1:00:02.8 |
| 126 | Eileen Klassen | Maple Ridge BC | 3312 | 37 | 32 F 30-39 | 1:00:03.1 |
| 127 | Stephen Chang | Surrey BC | 3171 | 57 | 10 M 50-59 | 1:00:05.6 |
| 128 | Deborah Sigurdson | Chilliwack BC | 3423 | 45 | 17 F 40-49 | 1:00:09.4 |
| 129 | Dawn Dornan | Surrey BC | 3212 | 40 | 18 F 40-49 | 1:00:16.7 |
| 130 | Karen Vanderveen | Langley BC | 3464 | 36 | 33 F 30-39 | 1:00:23.5 |
| 131 | Crystal Jack | Abbotsford BC | 3293 | 39 | 34 F 30-39 | 1:00:29.5 |

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| 132 Shelly Sturme | Langley BC | 3444 | 37 | 35 F 30-39 | 1:00:38.9 |
| 133 Madelaine Simpkin | Coquitlam BC | 3424 | 24 | 16 F 20-29 | 1:00:47.5 |
| 134 Dean Townsend | Langley BC | 3457 | 38 | 16 M 30-39 | 1:00:55.2 |
| 135 Evelyn Canuel | Langley BC | 3168 | 41 | 19 F 40-49 | 1:00:57.9 |
| 136 Kaitlin Burns | Langley BC | 3166 | 27 | 17 F 20-29 | 1:01:00.1 |
| 137 Myra WOOD | Abbotsford BC | 3479 | 37 | 36 F 30-39 | 1:01:04.8 |
| 138 Nancy Furness | Port Coquitlam BC | 3247 | 54 | 6 F 50-59 | 1:01:10.6 |
| 139 Bonnie Yeomans | Abbotsford BC | 3482 | 57 | 7 F 50-59 | 1:01:21.4 |
| 140 Alana Abramson | BURNABY BC | 3078 | 33 | 37 F 30-39 | 1:01:30.5 |
| 141 Nathalie Keiski | Maple Ridge BC | 3305 | 32 | 38 F 30-39 | 1:01:32.1 |
| 142 Cheryl Blad | Maple Ridge BC | 3151 | 38 | 39 F 30-39 | 1:01:35.5 |
| 143 Michel Benoit | Fort Langley BC | 710 | 48 | 21 M 40-49 | 1:01:37.0 |
| 144 Meagan Hamilton | Mission BC | 3263 | 29 | 18 F 20-29 | 1:01:47.6 |
| 145 Carli Whitlock | Surrey BC | 3473 | 25 | 19 F 20-29 | 1:01:48.0 |
| 146 Rhonda Cochrane | Abbotsford BC | 3181 | 49 | 20 F 40-49 | 1:01:54.8 |
| 147 Mireille Seguin | Langley BC | 3421 | 19 | 2 F 0-19 | 1:02:01.3 |
| 148 Jamie Peterson | Langley BC | 3391 | 21 | 20 F 20-29 | 1:02:16.0 |
| 149 Cathy Roufosse | Langley BC | 3407 | 50 | 8 F 50-59 | 1:02:21.1 |
| 150 Leann Parker | Chilliwack BC | 3384 | 46 | 21 F 40-49 | 1:02:29.3 |
| 151 Margaret DeVries | Abbotsford BC | 3203 | 64 | 1 F 60-69 | 1:02:33.0 |
| 152 Diana Teichrieb | Langley BC | 3453 | 36 | 40 F 30-39 | 1:02:45.9 |
| 153 Allison Anderson | Abbotsford BC | 3082 | 22 | 21 F 20-29 | 1:02:51.5 |
| 154 Rick Grevatt | Coquitlam BC | 3258 | 45 | 22 M 40-49 | 1:02:53.8 |
| 155 Lisa Tokaryk | Surrey BC | 3456 | 32 | 41 F 30-39 | 1:02:58.5 |
| 156 Raquel Jackson | Burnaby BC | 3294 | 35 | 42 F 30-39 | 1:02:58.8 |
| 157 Denise Reid | Surrey BC | 3400 | 47 | 22 F 40-49 | 1:03:04.8 |
| 158 Marie Wormald | Langley BC | 3481 | 45 | 23 F 40-49 | 1:03:17.6 |
| 159 Jodi Roberts | Kamloops BC | 3402 | 35 | 43 F 30-39 | 1:03:18.9 |
| 160 marianna snyman | Chilliwack BC | 3431 | 50 | 9 F 50-59 | 1:03:21.9 |
| 161 Jennifer Baxter | Langley BC | 3093 | 27 | 22 F 20-29 | 1:03:23.8 |
| 162 Karen Grommada | Maple Ridge BC | 3259 | 44 | 24 F 40-49 | 1:03:31.0 |
| 163 laureen o'neill | White Rock BC | 461 | 47 | 25 F 40-49 | 1:03:35.1 |
| 164 Julia Bright | Chilliwack BC | 3156 | 30 | 44 F 30-39 | 1:03:41.5 |
| 165 Gillian Davidson | chilliwack BC | 3193 | 30 | 45 F 30-39 | 1:03:41.9 |
| 166 Lindsay Seaman | Abbotsford BC | 3420 | 46 | 26 F 40-49 | 1:03:44.9 |
| 167 Rebecca Frame | Burnaby BC | 3241 | 54 | 10 F 50-59 | 1:03:47.7 |
| 168 Barbara English | North Vancouver BC | 3222 | 52 | 11 F 50-59 | 1:03:48.5 |
| 169 AIMEE WEISS | Langley BC | 3471 | 34 | 46 F 30-39 | 1:03:49.4 |
| 170 Amanda Muench | Langley BC | 3369 | 32 | 47 F 30-39 | 1:03:49.5 |
| 171 Susan Argyle | Abbotsford BC | 3086 | 33 | 48 F 30-39 | 1:03:49.8 |
| 172 George Makeiff | Surrey BC | 3345 | 64 | 3 M 60-69 | 1:03:53.5 |
| 173 Emilie Benoit | Surrey BC | 3096 | 20 | 23 F 20-29 | 1:03:56.1 |
| 174 Stephanie Loadman | Kamloops BC | 3336 | 28 | 24 F 20-29 | 1:04:04.0 |
| 175 Holly Findlay | Langley BC | 3232 | 22 | 25 F 20-29 | 1:04:15.0 |
| 176 Sandy Muller | Aldergrove BC | 3370 | 48 | 27 F 40-49 | 1:04:15.0 |
| 177 Tania Di Meglio | Surrey BC | 3206 | 37 | 49 F 30-39 | 1:04:21.8 |
| 178 Jenifer Kelly | Maple Ridge BC | 3306 | 29 | 26 F 20-29 | 1:04:49.7 |
| 179 Lisa Cindrigh | Langley BC | 3176 | 42 | 28 F 40-49 | 1:04:50.2 |
| 180 Heather Hoffmann | langley BC | 3279 | 37 | 50 F 30-39 | 1:04:50.4 |
| 181 Sarah Dykman | Vancouver BC | 3220 | 31 | 51 F 30-39 | 1:04:50.5 |
| 182 Nicki Isaac | New Westminster BC | 3292 | 42 | 29 F 40-49 | 1:04:52.7 |
| 183 Sydney Hewitson | Langley BC | 3271 | 18 | 3 F 0-19 | 1:04:53.2 |
| 184 Carmen Greene | Surrey BC | 3257 | 47 | 30 F 40-49 | 1:05:02.7 |
| 185 Teri McNevin | Vancouver BC | 3360 | 47 | 31 F 40-49 | 1:05:06.1 |
| 186 Angela Salehi | Port Moody BC | 3411 | 32 | 52 F 30-39 | 1:05:07.2 |

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|-----|--------------------|--------------------|------|----|------------|-----------|
| 187 | Judy Swanson | Maple Ridge BC | 3446 | 42 | 32 F 40-49 | 1:05:09.1 |
| 188 | Corine Morais | Maple Ridge BC | 3367 | 41 | 33 F 40-49 | 1:05:09.3 |
| 189 | alicia hatt | North Vancouver BC | 3264 | 27 | 27 F 20-29 | 1:05:09.7 |
| 190 | Krista Howlett | Surrey BC | 3497 | 33 | 53 F 30-39 | 1:05:21.9 |
| 191 | Cristina Pava | Port Moody BC | 3388 | 43 | 34 F 40-49 | 1:05:23.2 |
| 192 | Rachel Lindquist | Burnaby BC | 3333 | 33 | 54 F 30-39 | 1:05:25.9 |
| 193 | Laurie Hilborn | Coquitlam BC | 3274 | 58 | 12 F 50-59 | 1:05:29.0 |
| 194 | Brooke falconer | Maple Ridge BC | 3229 | 34 | 55 F 30-39 | 1:05:31.1 |
| 195 | Sarah Cornell | PITT MEADOWS BC | 3184 | 33 | 56 F 30-39 | 1:05:32.1 |
| 196 | Jason McLean | Maple Ridge BC | 3356 | 39 | 17 M 30-39 | 1:05:32.2 |
| 197 | Conny Schaffer | Mission BC | 3415 | 34 | 57 F 30-39 | 1:05:34.5 |
| 198 | Ramona Foster | Surrey BC | 3238 | 43 | 35 F 40-49 | 1:05:34.6 |
| 199 | Denise Ayoubi | Surrey BC | 3088 | 59 | 13 F 50-59 | 1:05:34.7 |
| 200 | Leisa Dawiskiba | Fort Langley BC | 3197 | 49 | 36 F 40-49 | 1:05:43.9 |
| 201 | David Patterson | delta BC | 3386 | 48 | 23 M 40-49 | 1:05:46.4 |
| 202 | Kris MacCulloch | Langley BC | 3341 | 35 | 58 F 30-39 | 1:05:47.1 |
| 203 | Terry Luck | Surrey BC | 3339 | 35 | 18 M 30-39 | 1:05:48.1 |
| 204 | Sandra Di Curzio | Abbotsford BC | 3205 | 37 | 59 F 30-39 | 1:05:57.2 |
| 205 | Arleigh Wong | Langley BC | 3478 | 40 | 37 F 40-49 | 1:05:58.0 |
| 206 | Brin MacIntyre | Vancouver BC | 3343 | 50 | 14 F 50-59 | 1:06:08.3 |
| 207 | Michelle Scott | Victoria BC | 3418 | 28 | 28 F 20-29 | 1:06:14.0 |
| 208 | Shane Dilling | Kamloops BC | 3207 | 29 | 7 M 20-29 | 1:06:14.3 |
| 209 | Craig Lagace | Port Moody BC | 3320 | 40 | 24 M 40-49 | 1:06:14.7 |
| 210 | helen beer | Vancouver BC | 3095 | 54 | 15 F 50-59 | 1:06:19.2 |
| 211 | Susan Fiedler | Vancouver BC | 3230 | | 4 F 0-19 | 1:06:21.5 |
| 212 | Heather Cheney | Langley BC | 3172 | 55 | 16 F 50-59 | 1:06:26.5 |
| 213 | Brad Klok | chilliwack BC | 3313 | 36 | 19 M 30-39 | 1:06:26.9 |
| 214 | deirdre zielinski | langley BC | 3484 | 42 | 38 F 40-49 | 1:06:27.1 |
| 215 | Carrie Scully | Langley BC | 3419 | 53 | 17 F 50-59 | 1:06:27.1 |
| 216 | Launa Klok | Chilliwack BC | 3314 | 34 | 60 F 30-39 | 1:06:28.0 |
| 217 | Cynthia Albright | Pitt Meadows BC | 3079 | 52 | 18 F 50-59 | 1:06:32.6 |
| 218 | Leah Strynadka | Surrey BC | 3442 | 49 | 39 F 40-49 | 1:06:39.5 |
| 219 | kelli buchanan | maple ridge BC | 3161 | 61 | 2 F 60-69 | 1:06:52.0 |
| 220 | Sheelu George | Langley BC | 3252 | 43 | 40 F 40-49 | 1:07:01.0 |
| 221 | Kirsten Walker | Langley BC | 3467 | 35 | 61 F 30-39 | 1:07:04.3 |
| 222 | Yvonne Leonard | North Vancouver BC | 3332 | 36 | 62 F 30-39 | 1:07:08.0 |
| 223 | Jamie Freckleton | abbotsford BC | 3244 | 35 | 63 F 30-39 | 1:07:21.8 |
| 224 | Sheryl Newton | Langley BC | 3375 | 38 | 64 F 30-39 | 1:07:26.5 |
| 225 | Moskovia Savvis | Langley BC | 3414 | 26 | 29 F 20-29 | 1:07:26.7 |
| 226 | Rebecca Ingbritson | Kelowna BC | 3290 | 37 | 65 F 30-39 | 1:07:29.5 |
| 227 | Kathy Muzyka | North Vancouver BC | 3372 | 37 | 66 F 30-39 | 1:07:29.5 |
| 228 | Franca Trasolini | Coquitlam BC | 3459 | 53 | 19 F 50-59 | 1:07:58.5 |
| 229 | Donna McNutt | Maple Ridge BC | 3361 | 60 | 3 F 60-69 | 1:08:02.7 |
| 230 | Jocelyn Klemes | Langley BC | 299 | 29 | 30 F 20-29 | 1:08:06.6 |
| 231 | DORIS HOOGE | ABBOTSFORD BC | 3283 | 50 | 20 F 50-59 | 1:08:19.2 |
| 232 | Cyndie Piesche | Abbotsford BC | 3500 | 51 | 21 F 50-59 | 1:08:19.4 |
| 233 | Brenda Exner | Surrey BC | 3227 | 37 | 67 F 30-39 | 1:08:30.8 |
| 234 | Melanie Phillips | Vancouver BC | 3489 | 27 | 31 F 20-29 | 1:08:32.2 |
| 235 | Markus Purtzki | Vancouver BC | 3397 | 28 | 8 M 20-29 | 1:08:32.5 |
| 236 | wendy kuczynski | Surrey BC | 3316 | 53 | 22 F 50-59 | 1:08:32.7 |
| 237 | Jen Kaps | aldergrove BC | 3302 | 30 | 68 F 30-39 | 1:08:47.4 |
| 238 | Melissa Holte | Armstrong BC | 3281 | 28 | 32 F 20-29 | 1:08:47.5 |
| 239 | Miranda Hollmann | Surrey BC | 3280 | 27 | 33 F 20-29 | 1:09:02.7 |
| 240 | Linda Chmielowiec | Langley BC | 3173 | 59 | 23 F 50-59 | 1:09:14.6 |
| 241 | Betty Lagrandeur | Kamloops BC | 3321 | 68 | 4 F 60-69 | 1:09:21.6 |

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|-----|--------------------------|--------------------|------|----|------------|-----------|
| 242 | Patrick Lodewijkx | Surrey BC | 3337 | 46 | 25 M 40-49 | 1:09:47.8 |
| 243 | Andrea Mills | Langley BC | 3363 | 46 | 41 F 40-49 | 1:09:56.5 |
| 244 | Kelly Ditson | Abbotsford BC | 3209 | 30 | 69 F 30-39 | 1:10:27.8 |
| 245 | Linda Horn | Langley BC | 3284 | 46 | 42 F 40-49 | 1:11:00.0 |
| 246 | Heike Siemens | Port Moody BC | 3492 | 36 | 70 F 30-39 | 1:11:41.0 |
| 247 | Urmila Jangra | Langley BC | 3297 | 38 | 71 F 30-39 | 1:11:47.3 |
| 248 | Marianne McGregor | Langley BC | 3355 | 41 | 43 F 40-49 | 1:11:47.8 |
| 249 | Coreen McConnell | Port Moody BC | 3354 | 40 | 44 F 40-49 | 1:11:48.6 |
| 250 | Eve Ojea | Surrey BC | 3382 | 32 | 72 F 30-39 | 1:11:54.8 |
| 251 | Rachael perry | Pitt Meadows BC | 3390 | 38 | 73 F 30-39 | 1:12:05.7 |
| 252 | Elizabeth Cortez | New Westminster BC | 3185 | 50 | 24 F 50-59 | 1:12:06.9 |
| 253 | Beverly Drummond | langley BC | 3214 | 33 | 74 F 30-39 | 1:12:19.1 |
| 254 | Kirsten Kalbfuss | Surrey BC | 3301 | 33 | 75 F 30-39 | 1:12:21.4 |
| 255 | Melissa Coombes | Langley BC | 3183 | 37 | 76 F 30-39 | 1:12:21.5 |
| 256 | Jen Smith | surrey BC | 709 | 32 | 77 F 30-39 | 1:12:21.6 |
| 257 | Christine Baron | Surrey BC | 3090 | 45 | 45 F 40-49 | 1:12:21.9 |
| 258 | Darren Laycock | Langley BC | 3328 | 51 | 11 M 50-59 | 1:12:23.8 |
| 259 | Kent Bowie | Surrey BC | 707 | 41 | 26 M 40-49 | 1:13:01.2 |
| 260 | Dave Firby | White Rock BC | 706 | 50 | 12 M 50-59 | 1:13:01.6 |
| 261 | Annette Strampe | Coquitlam BC | 3439 | 43 | 46 F 40-49 | 1:13:05.5 |
| 262 | Shelly Lee | Langley BC | 3330 | 51 | 25 F 50-59 | 1:13:45.8 |
| 263 | shelly jacobsen meszaros | Langley BC | 3296 | 39 | 78 F 30-39 | 1:13:47.3 |
| 264 | Linda Kashuba | Langley BC | 3303 | 55 | 26 F 50-59 | 1:13:48.4 |
| 265 | Catherine Davis | Vancouver BC | 3194 | 24 | 34 F 20-29 | 1:13:51.2 |
| 266 | Julianne Wiebe | Vancouver BC | 3474 | 28 | 35 F 20-29 | 1:13:51.2 |
| 267 | Rebecca Norman | Coquitlam BC | 3379 | 25 | 36 F 20-29 | 1:13:56.4 |
| 268 | Robyn Tegart | Surrey BC | 3452 | 35 | 79 F 30-39 | 1:14:02.1 |
| 269 | Jacquelyn Loadman | Kamloops BC | 3335 | 22 | 37 F 20-29 | 1:14:05.4 |
| 270 | Jacque Teager | Maple Ridge BC | 3451 | 47 | 47 F 40-49 | 1:14:33.8 |
| 271 | Vanessa Hart | Abbots BC | 701 | 22 | 38 F 20-29 | 1:14:54.2 |
| 272 | Emilie Hrysio | Port Coquitlam BC | 3285 | 62 | 5 F 60-69 | 1:15:21.5 |
| 273 | Kelly Coughlin | Langley BC | 3186 | 47 | 48 F 40-49 | 1:15:21.8 |
| 274 | Lisa Laycock | Langley BC | 3329 | 46 | 49 F 40-49 | 1:15:22.8 |
| 275 | Brandie Jaremco | Langley BC | 3299 | 31 | 80 F 30-39 | 1:15:26.0 |
| 276 | Tessa Bowen-Roberts | Burnaby BC | 3491 | 29 | 39 F 20-29 | 1:15:26.2 |
| 277 | Christina Saremba | Port Coquitlam BC | 3413 | 52 | 27 F 50-59 | 1:15:27.5 |
| 278 | Edie Kernighan | Coquitlam BC | 3307 | 62 | 6 F 60-69 | 1:15:27.6 |
| 279 | Charlene Doberstein | Langley BC | 4905 | 47 | 50 F 40-49 | 1:16:09.7 |
| 280 | Dee dee Wall | Langley BC | 3468 | 53 | 28 F 50-59 | 1:16:10.3 |
| 281 | Beth Taylor | Courtenay BC | 3449 | 56 | 29 F 50-59 | 1:16:41.3 |
| 282 | Michele Lucas | Langley BC | 3338 | 45 | 51 F 40-49 | 1:16:57.5 |
| 283 | Silvano Maschi | Fort Langley BC | 3352 | 59 | 13 M 50-59 | 1:16:59.6 |
| 284 | BOB KUHN | BURNABY BC | 3317 | 77 | 1 M 70-99 | 1:17:11.9 |
| 285 | MELANIE SANTOS | LANGLEY BC | 3412 | 32 | 81 F 30-39 | 1:18:00.3 |
| 286 | Allison Kesler | pitt meadows BC | 3308 | 31 | 82 F 30-39 | 1:18:00.9 |
| 287 | Lura Foster | Surrey BC | 3237 | 48 | 52 F 40-49 | 1:18:39.0 |
| 288 | Faith Gatt | Abbotsford BC | 3250 | 33 | 83 F 30-39 | 1:19:12.1 |
| 289 | Tracy Townsend | Langley BC | 3458 | 38 | 84 F 30-39 | 1:19:21.6 |
| 290 | Ania Derbis | Vancovuer BC | 3202 | 27 | 40 F 20-29 | 1:19:46.4 |
| 291 | Kim Garner | Port Coquitlam BC | 3249 | 35 | 85 F 30-39 | 1:20:13.6 |
| 292 | Audrey Maschi | Fort Langley BC | 3351 | 49 | 53 F 40-49 | 1:21:58.9 |
| 293 | Theresa Deegan | Surrey BC | 3200 | 26 | 41 F 20-29 | 1:22:28.5 |
| 294 | Angela Woods | Chilliwack BC | 3480 | 39 | 86 F 30-39 | 1:22:38.8 |
| 295 | Tanya Ponnan | Surrey BC | 3394 | 41 | 54 F 40-49 | 1:23:31.5 |
| 296 | Chantell Van Rijswijk | Coquitlam BC | 3463 | 39 | 87 F 30-39 | 1:23:45.6 |

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|-----|-------------------|--------------------|------|----|------------|-----------|
| 297 | Margaret Davis | Lake Cowichan BC | 3195 | 64 | 7 F 60-69 | 1:23:49.1 |
| 298 | julie zarembo | Coquitlam BC | 3483 | 42 | 55 F 40-49 | 1:24:00.5 |
| 299 | paula manore | vancouver BC | 3349 | 49 | 56 F 40-49 | 1:24:03.5 |
| 300 | chris manore | Vancouver BC | 3348 | 55 | 14 M 50-59 | 1:24:03.5 |
| 301 | Al Romeyn | SURREY BC | 3404 | 53 | 15 M 50-59 | 1:24:06.4 |
| 302 | Elizabeth Hodges | North Vancouver BC | 3277 | 41 | 57 F 40-49 | 1:24:19.9 |
| 303 | Robyn Wallace | Vancouver BC | 3469 | 51 | 30 F 50-59 | 1:25:17.4 |
| 304 | Debi Stalker | Vancouver BC | 3433 | 56 | 31 F 50-59 | 1:25:18.3 |
| 305 | Shannon Hebert | Surrey BC | 3266 | 34 | 88 F 30-39 | 1:26:15.0 |
| 306 | Charmeine Faiola | Burnaby BC | 3228 | 48 | 58 F 40-49 | 1:26:52.9 |
| 307 | Valerie LeMaitre | Vancouver BC | 3331 | 74 | 1 F 70-99 | 1:27:30.1 |
| 308 | Carlos Pasqua | Cranbrook BC | 3385 | 52 | 16 M 50-59 | 1:28:09.4 |
| 309 | Joan Baxter | Langley BC | 3094 | 55 | 32 F 50-59 | 1:28:09.9 |
| 310 | Patricia Bartsch | Abbotsford BC | 3494 | 53 | 33 F 50-59 | 1:28:18.1 |
| 311 | Randy Bartsch | Abbotsford BC | 3495 | 53 | 17 M 50-59 | 1:28:18.1 |
| 312 | Bev Irvine | Langley BC | 3291 | 59 | 34 F 50-59 | 1:28:35.6 |
| 313 | Melodie RICHARDS | Fort Langley BC | 3401 | 40 | 59 F 40-49 | 1:29:30.9 |
| 314 | Trina Swain | Abbotsford BC | 3445 | 34 | 89 F 30-39 | 1:29:33.6 |
| 315 | Jocelyn Bradley | Langley BC | 3154 | 53 | 35 F 50-59 | 1:30:01.0 |
| 316 | Larry Friesen | langley BC | 3245 | 54 | 18 M 50-59 | 1:30:12.7 |
| 317 | Glenna Mitchell | Surrey BC | 3364 | 44 | 60 F 40-49 | 1:30:32.9 |
| 318 | Laura Hobden | Surrey BC | 3275 | 44 | 61 F 40-49 | 1:33:18.8 |
| 319 | Julie Da Ponte | Burnaby BC | 3190 | 43 | 62 F 40-49 | 1:35:46.6 |
| 320 | Daphne Barte | BURNABY BC | 3091 | 37 | 90 F 30-39 | 1:35:46.8 |
| 321 | Zar Estrera | Richmond BC | 3226 | 37 | 91 F 30-39 | 1:35:47.0 |
| 322 | Sol Kee | Calgary BC | 3488 | 36 | 92 F 30-39 | 1:35:47.3 |
| 323 | KIM Bailey | Langley BC | 3089 | 43 | 63 F 40-49 | 1:37:33.0 |
| 324 | Alethea Capaoduca | langley BC | 3169 | 37 | 93 F 30-39 | 1:37:33.2 |
| 325 | Brenda Heim | Surrey BC | 3268 | 53 | 36 F 50-59 | 1:40:29.7 |
| 326 | Vicki Overhill | Langley BC | 3383 | 48 | 64 F 40-49 | 1:40:31.5 |
| 327 | Kim Smith | langley BC | 3429 | 40 | 65 F 40-49 | 1:40:32.5 |
| 328 | Andrea Mohr | Coquitlam BC | 3366 | 42 | 66 F 40-49 | 1:41:29.5 |
| 329 | Joan Batycki | Calgary ALBERTA | 3092 | 49 | 67 F 40-49 | 1:41:48.2 |
| 330 | Sharon Bentall | Langley BC | 3098 | 31 | 94 F 30-39 | 1:45:23.6 |
| 331 | Michelle McManus | South Surrey BC | 3357 | 50 | 37 F 50-59 | 1:45:42.0 |
| 332 | John Singer | Surrey BC | 3427 | 54 | 19 M 50-59 | 1:45:42.3 |
| 333 | Heather Brooks | Abbotsford BC | 3157 | 47 | 68 F 40-49 | 2:04:17.0 |
| 334 | Gina Herd | Abbotsford BC | 3270 | | 5 F 0-19 | 2:04:17.2 |
| 335 | Jill Clapton | Maple Ridge BC | 3178 | 37 | 95 F 30-39 | |
| 336 | Cheryl Mosby | Maple Ridge BC | 3368 | 32 | 96 F 30-39 | |

Historic 5K

| Place | Name | City | Bib No | Age | Age Group | Place | Total Time |
|-------|-----------------------|-------------------|--------|-----|-----------|-------|------------|
| 1 | Alexander Lee | Langley BC | 328 | 23 | 1 M 20-29 | | 21:40.5 |
| 2 | Jackson Silvester-Lee | Surrey BC | 4327 | 13 | 1 M 0-19 | | 22:18.0 |
| 3 | Gregory Chan | Coquitlam BC | 4221 | 29 | 2 M 20-29 | | 23:01.4 |
| 4 | Natisha Mathews | Surrey BC | 4289 | 37 | 1 F 30-39 | | 23:35.1 |
| 5 | Dean Morgan | Mission BC | 4300 | 43 | 1 M 40-49 | | 24:56.9 |
| 6 | Jennifer Jonsson | Pitt Meadows BC | 4268 | 40 | 1 F 40-49 | | 25:00.9 |
| 7 | Debbie Low | Langley BC | 4281 | 30 | 2 F 30-39 | | 25:19.4 |
| 8 | Carmen Solowoniuk | Vernon BC | 4329 | 39 | 3 F 30-39 | | 25:25.1 |
| 9 | Kai Aldag | Langley BC | 4895 | 11 | 2 M 0-19 | | 26:44.2 |
| 10 | Kelly Corley-Smith | Port Coquitlam BC | 4229 | 14 | 1 F 0-19 | | 26:44.7 |
| 11 | Braeden Montgomery | Surrey BC | 4298 | 16 | 3 M 0-19 | | 27:08.8 |
| 12 | Shannon Seitz | Maple Ridge BC | 4325 | 33 | 4 F 30-39 | | 27:45.4 |

| | | | | | | |
|----|-------------------------|-------------------|------|----|------------|---------|
| 13 | Bruce Fitzpatrick | Surrey BC | 4244 | 46 | 2 M 40-49 | 27:46.6 |
| 14 | August Ustare | Vancouver BC | 4339 | 31 | 1 M 30-39 | 28:32.6 |
| 15 | Paula Grimsmo | Langley BC | 4249 | 45 | 2 F 40-49 | 28:33.9 |
| 16 | Kimberlei Dool | Chilliwack BC | 4234 | 38 | 5 F 30-39 | 28:37.8 |
| 17 | Rick Dool | Chilliwack BC | 4235 | 43 | 3 M 40-49 | 28:37.9 |
| 18 | kristine reeve | Delta BC | 4312 | 36 | 6 F 30-39 | 29:07.7 |
| 19 | Sherisse Hartley | Surrey BC | 4254 | 28 | 1 F 20-29 | 29:09.3 |
| 20 | Laura Vis | Langley BC | 4903 | 25 | 2 F 20-29 | 29:35.4 |
| 21 | Jacqueline Lam | Langley BC | 4899 | 13 | 2 F 0-19 | 29:51.0 |
| 22 | Sarah Hunter | Vancouver BC | 4261 | 29 | 3 F 20-29 | 29:57.5 |
| 23 | Bev Rodrigo | Langley BC | 4316 | | 3 F 0-19 | 30:00.4 |
| 24 | Martin Allen | Langley BC | 4897 | 14 | 4 M 0-19 | 30:00.6 |
| 25 | Daniel Livingstone | Abbotsford BC | 4278 | 34 | 2 M 30-39 | 30:02.7 |
| 26 | Samantha Rushowic | surrey BC | 4319 | 15 | 4 F 0-19 | 30:04.5 |
| 27 | Tracy Charett | Surrey BC | 4222 | 48 | 3 F 40-49 | 30:10.5 |
| 28 | Jessica Ng | Langley BC | 4902 | 30 | 7 F 30-39 | 30:16.4 |
| 29 | Susan Harrison | Coquitlam BC | 4253 | 58 | 1 F 50-59 | 30:19.0 |
| 30 | Kimberly Andrew | Langley BC | 4204 | 25 | 4 F 20-29 | 30:20.7 |
| 31 | Marni Wedin | Vancouve BC | 4346 | 41 | 4 F 40-49 | 30:24.4 |
| 32 | Wendy Thornton | Chilliwack BC | 4336 | 41 | 5 F 40-49 | 30:25.6 |
| 33 | joan gisler roe | aldergrove BC | 4247 | 48 | 6 F 40-49 | 30:28.3 |
| 34 | Lillian Kercher | Chilliwack BC | 4272 | 58 | 2 F 50-59 | 30:31.9 |
| 35 | John Richards | Mission BC | 4314 | 68 | 1 M 60-69 | 30:31.9 |
| 36 | Leanne Allinson | Surrey BC | 4202 | 40 | 7 F 40-49 | 30:32.5 |
| 37 | Danise Breederland | Aldergrove BC | 4215 | 50 | 3 F 50-59 | 30:33.8 |
| 38 | Tirzah Livingstone | Abbotsford BC | 4279 | 30 | 8 F 30-39 | 30:55.2 |
| 39 | Margaret Hoekstra | Mission BC | 4258 | 52 | 4 F 50-59 | 31:03.4 |
| 40 | shannon Sigurdson | Chilliwack BC | 4326 | 47 | 4 M 40-49 | 31:03.8 |
| 41 | Jeff Scott | Abbotsford BC | 4324 | 53 | 1 M 50-59 | 31:12.8 |
| 42 | Robert Meier | Langley BC | 4296 | 44 | 5 M 40-49 | 31:19.5 |
| 43 | Stephen Jackson | MAPLE RIDGE BC | 4265 | 53 | 2 M 50-59 | 31:19.9 |
| 44 | Andrew Meier | Langley BC | 4295 | 8 | 5 M 0-19 | 31:20.3 |
| 45 | Courtney Harpur | langley BC | 4252 | 22 | 5 F 20-29 | 31:27.4 |
| 46 | Pete Emmett | Maple Ridge BC | 4239 | 65 | 2 M 60-69 | 31:28.6 |
| 47 | Janet Dickie | Port Coquitlam BC | 4232 | 43 | 8 F 40-49 | 31:39.8 |
| 48 | Kara Warren | Pitt Meadows BC | 4345 | 24 | 6 F 20-29 | 31:43.8 |
| 49 | Morgan Valencia | Langley BC | 4340 | 29 | 7 F 20-29 | 31:44.1 |
| 50 | Laura Fitzpatrick | Surrey BC | 4245 | 41 | 9 F 40-49 | 31:49.0 |
| 51 | Nick Costnatino | langley BC | 4230 | 51 | 3 M 50-59 | 31:52.8 |
| 52 | Patricia Jones | Surrey BC | 4898 | 44 | 10 F 40-49 | 31:58.6 |
| 53 | michele trim | langley BC | 4338 | 49 | 11 F 40-49 | 32:06.8 |
| 54 | Graham Corley-Smith | Port Coquitlam BC | 4228 | 54 | 4 M 50-59 | 32:25.2 |
| 55 | Jim McNeilly | Maple Ridge BC | 4294 | 39 | 3 M 30-39 | 32:26.9 |
| 56 | Angela Spanjers | Vancouver BC | 4330 | 30 | 9 F 30-39 | 32:27.7 |
| 57 | Onika Bryson | Langley BC | 4217 | 30 | 10 F 30-39 | 32:31.2 |
| 58 | Amber van Zanten | Langley BC | 4341 | 28 | 8 F 20-29 | 32:33.9 |
| 59 | Peggy Millar | Langley BC | 4890 | 45 | 12 F 40-49 | 32:35.5 |
| 60 | Dana Dykman | Langley BC | 3218 | 23 | 9 F 20-29 | 32:42.1 |
| 61 | Nicole \ Munro | Maple Ridge BC | 4302 | 35 | 11 F 30-39 | 32:44.9 |
| 62 | Judy Kanouse | Pitt Meadows BC | 4270 | 54 | 5 F 50-59 | 32:48.3 |
| 63 | Marilyn Mortlock Eagles | Delta BC | 4301 | 58 | 6 F 50-59 | 33:02.6 |
| 64 | Sead Hamzagic | Surrey BC | 4904 | 49 | 6 M 40-49 | 33:07.3 |
| 65 | Doug Ouellette | Ft Langley BC | 4306 | 54 | 5 M 50-59 | 33:07.5 |
| 66 | Kim Stark | Langley BC | 4892 | 43 | 13 F 40-49 | 33:08.3 |
| 67 | Jane Welsh | Abbotsford BC | 4347 | 56 | 7 F 50-59 | 33:10.7 |

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|-----|-------------------------|-----------------|------|----|------------|---------|
| 68 | Kimberly Campbell | Hope BC | 4218 | 23 | 10 F 20-29 | 33:30.0 |
| 69 | Lisa Catallo | Surrey BC | 4220 | 44 | 14 F 40-49 | 33:38.0 |
| 70 | Jackson Jacob | Langley | 4893 | 10 | 6 M 0-19 | 33:45.0 |
| 71 | Anita Taylor | Surrey BC | 4334 | 55 | 8 F 50-59 | 33:49.3 |
| 72 | Eric Dykman | Langley BC | 3219 | 24 | 3 M 20-29 | 33:56.2 |
| 73 | Sheri Montgomery | Surrey BC | 4299 | 41 | 15 F 40-49 | 34:03.8 |
| 74 | Celeste Sargent | Burnaby BC | 4320 | 31 | 12 F 30-39 | 34:28.0 |
| 75 | Darian Beaumier | Surrey BC | 4208 | 16 | 7 M 0-19 | 34:43.3 |
| 76 | John Aldag | Langley BC | 4896 | 40 | 7 M 40-49 | 34:43.3 |
| 77 | Karen Carriere | Courtenay BC | 4219 | 46 | 16 F 40-49 | 34:43.4 |
| 78 | Susanne Babb | Maple Ridge BC | 4205 | 52 | 9 F 50-59 | 35:40.5 |
| 79 | Scott Poulter | Pitt Meadows BC | 4311 | 44 | 8 M 40-49 | 35:46.2 |
| 80 | Laura Poulter | Pitt Meadows BC | 4310 | 41 | 17 F 40-49 | 35:46.5 |
| 81 | Danielle Nicole Dubord | Langley BC | 4236 | 26 | 11 F 20-29 | 35:48.3 |
| 82 | Lisa Hannah | Pitt Meadows BC | 4251 | 35 | 13 F 30-39 | 35:57.9 |
| 83 | Jennifer O'Brien | Surrey BC | 4901 | 31 | 14 F 30-39 | 35:59.9 |
| 84 | Jennifer MacDonell | abbotsford BC | 4285 | 31 | 15 F 30-39 | 36:01.2 |
| 85 | Jennifer Reid | Maple ridge BC | 4313 | 37 | 16 F 30-39 | 36:01.8 |
| 86 | Cheryl White | Surrey BC | 4350 | | 5 F 0-19 | 36:15.4 |
| 87 | Andrew Ingram | Vancouver BC | 4263 | 35 | 4 M 30-39 | 36:32.0 |
| 88 | Megan Hudson | Vancouver BC | 4260 | 37 | 17 F 30-39 | 36:33.7 |
| 89 | Michelle Brit | Delta BC | 4212 | 41 | 18 F 40-49 | 36:35.3 |
| 90 | Kelsey Mackay-Smith | Vancouver BC | 4286 | 23 | 12 F 20-29 | 36:41.0 |
| 91 | Amanda Tourand | Vancouver BC | 4337 | 23 | 13 F 20-29 | 36:41.3 |
| 92 | Dana Stenerson | Surrey BC | 4331 | 48 | 19 F 40-49 | 36:47.2 |
| 93 | Lisa Marie Dubord | Surrey BC | 4237 | 31 | 18 F 30-39 | 37:03.0 |
| 94 | Marilyn Falt | Vancouver BC | 4243 | 52 | 10 F 50-59 | 37:40.4 |
| 95 | Tiffany Hof | Aldergrove BC | 4259 | 29 | 14 F 20-29 | 37:42.9 |
| 96 | Mandy Kramer | White Rock BC | 4273 | 45 | 20 F 40-49 | 37:53.1 |
| 97 | Kimberly Schmor | Richmond BC | 4323 | 49 | 21 F 40-49 | 38:11.0 |
| 98 | Nicole Langlands-Kotnik | West Kelowna BC | 4274 | 42 | 22 F 40-49 | 38:11.3 |
| 99 | Heather Rushowic | surrey BC | 4318 | 48 | 23 F 40-49 | 38:22.3 |
| 100 | Debbie McLeod | Maple Ridge BC | 4292 | 53 | 11 F 50-59 | 38:22.7 |
| 101 | Nicole Mailloux | Guelph ONTARIO | 4287 | 58 | 12 F 50-59 | 38:35.4 |
| 102 | Rochelle Ivany | Langley BC | 4264 | 27 | 15 F 20-29 | 39:07.6 |
| 103 | pam hiebert | abbotsford BC | 4257 | 33 | 19 F 30-39 | 39:08.2 |
| 104 | laura kendel | abbotsford BC | 4271 | 33 | 20 F 30-39 | 39:08.7 |
| 105 | Karen Stone | Kelowna BC | 3438 | 54 | 13 F 50-59 | 39:33.1 |
| 106 | May Pong | Port Coq BC | 4891 | 26 | 16 F 20-29 | 40:16.9 |
| 107 | Ashley McMillan | Coquitlam BC | 4293 | 28 | 17 F 20-29 | 40:17.4 |
| 108 | Amy Betker | Abbotsford BC | 4210 | 31 | 21 F 30-39 | 40:21.4 |
| 109 | Les Betker | Abbotsford BC | 4211 | 32 | 5 M 30-39 | 40:24.3 |
| 110 | Aimee Wesley | Maple Ridge BC | 4348 | 27 | 18 F 20-29 | 40:45.5 |
| 111 | Kim Schile | Chilliwack BC | 4321 | 47 | 24 F 40-49 | 40:47.9 |
| 112 | Laurie Meston | Maple Ridge BC | 4297 | 55 | 14 F 50-59 | 40:48.4 |
| 113 | Alison Hurst | Maple Ridge BC | 4262 | 41 | 25 F 40-49 | 40:49.7 |
| 114 | Nadine Boardman | Maple Ridge BC | 4213 | 54 | 15 F 50-59 | 40:49.7 |
| 115 | James Gogal | Maple Ridge BC | 4248 | 60 | 3 M 60-69 | 40:53.9 |
| 116 | Lisa Thomas | Maple Ridge BC | 4335 | 44 | 26 F 40-49 | 41:09.7 |
| 117 | Karina Zimmerman | maple ridge BC | 4888 | 40 | 27 F 40-49 | 41:13.8 |
| 118 | Deborah Symons | Maple Ridge BC | 4333 | 52 | 16 F 50-59 | 41:14.3 |
| 119 | Etelka Zubor | Maple Ridge BC | 4889 | 55 | 17 F 50-59 | 41:23.7 |
| 120 | mikiala walker | surrey BC | 4344 | 35 | 22 F 30-39 | 41:49.9 |
| 121 | Tracey Jacob | FT Langley BC | 4266 | 50 | 18 F 50-59 | 43:19.6 |
| 122 | deborah barnes | White Rock BC | 4206 | 57 | 19 F 50-59 | 43:52.6 |

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|-----|-------------------|-------------------|------|----|------------|-----------|
| 123 | Lester MacDonald | Chilliwack BC | 4283 | 62 | 4 M 60-69 | 46:20.1 |
| 124 | john evans | delta BC | 4241 | 65 | 5 M 60-69 | 47:22.3 |
| 125 | Shannon Rodgers | Surrey BC | 4315 | 47 | 28 F 40-49 | 48:38.2 |
| 126 | Murray Flower | Victoria BC | 4246 | 54 | 6 M 50-59 | 51:50.1 |
| 127 | Fred Rodrigo | Langley BC | 4317 | | 8 M 0-19 | 54:27.7 |
| 128 | Randy Lippert | kitimat BC | 4277 | 53 | 7 M 50-59 | 54:27.8 |
| 129 | Gillian Lam | Langley BC | 4900 | 43 | 29 F 40-49 | 54:28.4 |
| 130 | Brenda Allen | Langley BC | 4201 | 46 | 30 F 40-49 | 54:28.5 |
| 131 | Ron Perozny | Delta BC | 4308 | 68 | 6 M 60-69 | 55:59.2 |
| 132 | Michelle Hall | Maple Ridge BC | 4250 | 33 | 23 F 30-39 | 1:03:10.5 |
| 133 | Cindy Hausot | Penticton BC | 4255 | 44 | 31 F 40-49 | 1:03:10.5 |
| 134 | Rachel Sledding | Langley BC | 4328 | 37 | 24 F 30-39 | 1:04:18.3 |
| 135 | Jan Schjelderup | Port Moody BC | 4322 | 61 | 1 F 60-69 | 1:04:20.7 |
| 136 | Sharon Constable | Maple Ridge BC | 4225 | 61 | 2 F 60-69 | 1:04:20.8 |
| 137 | Lisa Jordan | port coquitlam BC | 4269 | 36 | 25 F 30-39 | 1:08:01.9 |
| 138 | ryan Flatt | Surrey | 696 | 33 | 6 M 30-39 | 1:55:42.5 |
| 139 | katherine charron | Maple Ridge BC | 98 | 45 | 32 F 40-49 | 2:05:55.8 |