

2011 Canada Day ROCK 10K							
Overall Finish List							
July 01, 2011							
Results by		www.TRYTIMING.ca					
Place	Name	City	Bib No	Age	Age Group	Place	Time
1	Tatsuya Hatachi	Coquitlam BC	4071	44	1 M 40-49		35:50.4
2	Tyler Ginther	Surrey BC	4219	45	2 M 40-49		37:26.1
3	Brett Armstrong	Surrey BC	4221	44	3 M 40-49		37:28.3
4	Stephen Redding	Surrey BRITISH CO	4151	46	4 M 40-49		39:25.1
5	Andy Mullin	surrey BC	4202	32	1 M 30-39		40:22.5
6	Amanda Johnston	Calgary	4087	33	1 F 30-39		40:28.6
7	Keath Lewin	Madison	4115	34	2 M 30-39		41:06.8
8	Tracy Wakaluk	North Vancouver	4186	40	1 F 40-49		41:10.9
9	Ken Menzies	Abbotsford BC	4131	48	5 M 40-49		41:31.8
10	Ross Brinkert	Glenside	4020	40	6 M 40-49		41:46.8
11	Ben Dyste	Coquitlam	4043	30	3 M 30-39		41:56.8
12	Francisco Velazquez	White Rock	4185	29	1 M 20-29		42:07.9
13	Lara Duke	New Westminster	4041	35	2 F 30-39		42:09.4
14	Corinne Issel	White Rock	4081	35	3 F 30-39		42:14.7
15	Timothy Beardall	SURREY	4010	41	7 M 40-49		42:30.4
16	Tina-Louise Harris	Coquitlam	4069	43	2 F 40-49		42:54.3
17	Gordon Flett	Vancouver	4201	51	1 M 50-59		43:45.9
18	Ryan Olson	white rock BC	4206	34	4 M 30-39		43:47.0
19	elke robinson	delta	4158	44	3 F 40-49		44:32.9
20	Rod MacDonald	Abbotsford	4118	48	8 M 40-49		45:10.2
21	Bruce Kondo	Surrey	4097	45	9 M 40-49		45:20.7
22	Vijay Cuddeford	North Vancouver	4036	59	2 M 50-59		45:29.4
23	Michael Redekop	Abbotsford	4152	40	10 M 40-49		45:37.9
24	Tim Krueger	surrey BC	4102	48	11 M 40-49		45:45.2
25	Ben Mack	Surrey	4120	42	12 M 40-49		46:07.3
26	TAKAAKI KUMATA	Vancouver	4103	42	13 M 40-49		46:26.8
27	Kevin Vanderstoep	Abbotsford	4182	40	14 M 40-49		47:09.0
28	John Lee	Vancouver	4228	49	15 M 40-49		47:11.7
29	Rick Horita	White Rock	4077	61	1 M 60-69		47:24.4
30	Ingo Jackisch	North Vancouver	4082	58	3 M 50-59		47:46.5
31	Yuen Chow	Vancouver	4027	31	4 F 30-39		47:54.9
32	Michael Trasolini	Coquitlam	4177	21	2 M 20-29		48:06.6
33	Mark Kerr	Surrey	4094	40	16 M 40-49		48:12.3
34	JB Chun	surrey BC	4205	18	1 M 0-19		48:16.0
35	Andre Vaudan	Langley	4183	34	5 M 30-39		48:21.4
36	Ron Wlock	North Vancouver	4193	56	4 M 50-59		48:23.7
37	Ward Beemer	White Rock BC	4216	47	17 M 40-49		48:37.6
38	Alex Chau	Richmond BC	4217	41	18 M 40-49		49:46.2

39	Jeff Franke	Surrey	4052	41	19 M 40-49	49:46.6
40	Tyson Kondo	Surrey	4100	11	2 M 0-19	49:58.8
41	Vieve Fox	Delta BC	4203	30	5 F 30-39	50:06.6
42	Hazim Azawi	New West BC	4229	40	20 M 40-49	50:16.9
43	Rick Davis	Surrey BC	4225	49	21 M 40-49	50:20.8
44	Gary Eyre	Burnaby	4049	59	5 M 50-59	50:34.2
45	Mike Ridley		4234	30	6 M 30-39	50:38.6
46	Michelle Jordan	Delta	4089	37	6 F 30-39	50:41.7
47	Miriam Caiarelli	Surrey	4022	31	7 F 30-39	50:44.1
48	Vincent Clements	Langey	4030	20	3 M 20-29	51:58.1
49	Jorge Madrazo	Vancouver	4123	24	4 M 20-29	52:03.2
50	Ted Hedrick	Maple Ridge	4223	64	2 M 60-69	52:10.4
51	David Clements	Langey	4029	47	22 M 40-49	52:25.0
52	Allison Williams	Delta	4191	33	8 F 30-39	52:28.7
53	Patrick Lau	COQUITLAM	4111	47	23 M 40-49	52:46.2
54	john singh	burnaby	4163	54	6 M 50-59	52:48.1
55	Branka Gataric	Burnaby	4058	45	4 F 40-49	52:55.1
56	Tony Brunke	Surrey	4021	39	7 M 30-39	52:59.2
57	kim bredenhof	abbotsford	4018	20	1 F 20-29	53:01.5
58	Chris Roscoe	Surrey	4159	40	24 M 40-49	53:14.0
59	Kari Sugihara	Surrey	4172	30	9 F 30-39	53:15.3
60	sabina (shana) tolean	surrey	4174	46	5 F 40-49	53:15.3
61	Tara Alexander	Surrey	4001	44	6 F 40-49	53:42.9
62	Scott Henwick	Surrey	4073	50	7 M 50-59	53:49.9
63	Nicole Seffelaar	peace river AB	4199	24	2 F 20-29	53:55.8
64	Emilia JESKOVA	VACNVOUVER	4083	36	10 F 30-39	53:57.3
65	Roderick Esplin	Maple Ridge	4047	51	8 M 50-59	54:32.8
66	Carol Thielmann	Chilliwack	4173	32	11 F 30-39	54:41.0
67	kerry van sickle	surrey	4179	49	25 M 40-49	54:50.0
68	sandra berry	White Rock	4014	50	1 F 50-59	54:53.5
69	Gayla Cook	Surrey	4033	41	7 F 40-49	55:13.6
70	Agnes Benna	Vancouver	4013	65	1 F 60-69	55:14.3
71	Aaron Basi	Surrey BC	4233	15	3 M 0-19	55:16.5
72	Doug Lark	Surrey BC	4108	56	9 M 50-59	55:23.5
73	Jennifer Blake	Surrey	4016	42	8 F 40-49	55:47.8
74	Peter Johnson	White Rock	4213	69	3 M 60-69	55:48.0
75	Rosanne Mackenzie	Chilliwack	4121	52	2 F 50-59	55:54.7
76	Lilia Castillo	Langley	4023	41	9 F 40-49	55:57.1
77	Nicole Gauthier	Surrey	4060	41	10 F 40-49	55:59.8
78	Emilio Chiarizia	Surrey	4026	49	26 M 40-49	56:16.8
79	Julie Balderston	Vancouver	4007	30	12 F 30-39	56:20.8
80	Paul Blatchford	Surrey	4017	31	8 M 30-39	56:22.3
81	Sheryl Kereliuk	Surrey	4092	43	11 F 40-49	56:25.9
82	Neda Jevtic	Vancouver	4085	38	13 F 30-39	56:26.0

83	Lucy Moore	Panville	4138	61	2 F 60-69	56:26.1
84	Martin Stiby	Vancouver	4171	37	9 M 30-39	56:26.1
85	Lisa Barclay	Abbotsford	4008	42	12 F 40-49	56:26.6
86	Susan Foster	White Rock	4218	65	3 F 60-69	56:35.1
87	Meena Dhaliwal		4230	26	3 F 20-29	56:36.4
88	Trevor Caston	Delta	4024	49	27 M 40-49	56:41.2
89	Angelika Podgorska	White Rock	4146	30	14 F 30-39	56:48.8
90	Efren Barrato	Surrey	4009	37	10 M 30-39	56:55.5
91	Tara Lasko	Surrey	4109	33	15 F 30-39	56:59.9
92	Tej Basi	White Rock	4232	40	28 M 40-49	57:21.9
93	Alia Nicola	Langley	4142	36	16 F 30-39	57:27.6
94	marmie matias	surrey	4125	47	13 F 40-49	57:31.0
95	Kristen Spearman	Vancouver	4168	24	4 F 20-29	57:35.7
96	Eric Labis	Richmond	4105	52	10 M 50-59	57:43.6
97	Andrea Prout	Delta BC	4207	38	17 F 30-39	57:48.5
98	sylvia van sickle	surrey	4180	46	14 F 40-49	58:07.2
99	Dana Ulrich	Charlotte	4178	34	18 F 30-39	58:08.9
100	Velda Williams	North vancouver	4192	40	15 F 40-49	58:17.4
101	Shiraz Kaba	Surrey	4090	65	4 M 60-69	58:41.4
102	claire fox-colleran	Surrey	4051	57	3 F 50-59	58:44.7
103	Naomi Ko	Vancouver	4096	33	19 F 30-39	58:47.5
104	Leigh Dion	woodinville	4039	55	11 M 50-59	58:56.0
105	Ingo Herysz	White Rock	4209	58	12 M 50-59	59:06.1
106	Draze Gataric	Burnaby	4059	49	29 M 40-49	59:13.5
107	Gary Yee	Richmond	4198	35	11 M 30-39	59:13.7
108	Barbara Bell	Chilliwack	4012	47	16 F 40-49	59:19.9
109	pamela clever	surrey	4031	40	17 F 40-49	59:40.5
110	Cliff Garcia	Surrey	4057	45	30 M 40-49	59:40.8
111	Cheri Narula	Surrey	4141	42	18 F 40-49	59:44.1
112	Carmen Garcia	Vancouver	4056	65	4 F 60-69	1:00:15.2
113	Carolina Enestrom	Vancouver	4045	26	5 F 20-29	1:00:18.0
114	Marianne Proulx	White Rock	4150	50	4 F 50-59	1:00:32.9
115	Christine Cookson	Chilliwack	4034	49	19 F 40-49	1:00:35.2
116	Janet Gendall	Surrey	4061	47	20 F 40-49	1:01:25.0
117	Wan Fang Hiet-Block	White Rock	4074	32	20 F 30-39	1:01:25.3
118	andy moore	north vancouver	4137	36	12 M 30-39	1:01:51.8
119	Kelly Corday	North Vancouver	4035	30	21 F 30-39	1:01:51.9
120	Nicole Baker	Surrey	4006	40	21 F 40-49	1:02:14.3
121	Steve Halme	Surrey	4067	54	13 M 50-59	1:02:24.4
122	Donna Halme	Surrey	4066	51	5 F 50-59	1:02:24.6
123	Liz Tolkamp	Langley	4175	51	6 F 50-59	1:03:01.5
124	Alison Lark	Surrey	4107	27	6 F 20-29	1:03:31.9
125	Taylor Matterson	Delta	4127	49	22 F 40-49	1:03:40.7
126	John Matterson	Delta	4126	50	14 M 50-59	1:03:41.0

127	Curt Jordan	Delta	4088	65	5 M 60-69	1:03:44.9
128	Rita Kyle	Surrey	4104	65	5 F 60-69	1:03:48.0
129	Lorraine Martens	Chilliwack	4124	71	1 F 70-99	1:03:51.4
130	Tammy Bailey	Surrey	4005	48	23 F 40-49	1:04:20.9
131	ram sabharwal	Surrey	4161	50	15 M 50-59	1:04:23.4
132	jason low	calgary	4116	35	13 M 30-39	1:04:30.3
133	Raul Reyes	Vancouver	4224	46	31 M 40-49	1:04:42.5
134	Gail Emanuels	White Rock	4211	47	24 F 40-49	1:04:52.3
135	Gail Jiles	White Rock	4086	65	6 F 60-69	1:04:55.2
136	Tanya Latulippe	Chilliwack	4110	38	22 F 30-39	1:05:20.9
137	Dan Popowich	Surrey	4147	58	16 M 50-59	1:05:46.7
138	Jenny Friesen	Langley	4054	33	23 F 30-39	1:05:55.9
139	Cathy Roufosse	Langley	4160	49	25 F 40-49	1:06:00.8
140	Kim Hosler	Langley	4210	49	26 F 40-49	1:06:15.8
141	Lee Cross	Surrey	4215	37	24 F 30-39	1:06:30.9
142	Vicki Drever	Surrey	4212	33	25 F 30-39	1:06:31.0
143	Ellen Engelsbel	Burnaby	4046	42	27 F 40-49	1:06:50.0
144	Kathryn Kavanagh	Surrey	4091	58	7 F 50-59	1:06:54.9
145	Colby Keyser	Glenside	4095	41	28 F 40-49	1:07:16.8
146	Evelyn Walters	South Surrey	4187	38	26 F 30-39	1:07:17.9
147	Franca Trasolini	Coquitlam	4176	52	8 F 50-59	1:07:30.7
148	Barb Wolfe	Langley	4194	55	9 F 50-59	1:07:41.5
149	Pat Cleave	Delta	4028	55	10 F 50-59	1:07:41.8
150	Sherry Reierson	Surrey	4153	45	29 F 40-49	1:07:42.1
151	Kathy Friesen	Langley	4055	52	11 F 50-59	1:07:42.2
152	marisela amyotte	surrey	4002	36	27 F 30-39	1:07:51.5
153	Brin MacIntyre	Vancouver	4119	50	12 F 50-59	1:08:33.4
154	Adrienne Goulas	White Rock	4064	42	30 F 40-49	1:08:59.2
155	Fern Hugh	Surrey	4079	56	13 F 50-59	1:09:00.8
156	Kathy Werner	Chilliwack	4190	55	14 F 50-59	1:09:02.7
157	Marina Retseptor	Vancouver	4155	27	7 F 20-29	1:10:12.2
158	Jennifer Mejias	Surrey	4129	47	31 F 40-49	1:10:36.3
159	June Mejias	Surrey	4130	46	32 F 40-49	1:10:36.6
160	SUKHI GILL	SURREY	4062	55	17 M 50-59	1:11:05.4
161	Kate Hart	Langley	4070	40	33 F 40-49	1:11:08.6
162	Edie Kernighan	Coquitlam	4093	62	7 F 60-69	1:11:11.4
163	Ceridwen Lewin	Madison	4114	33	28 F 30-39	1:11:12.4
164	Gerald Baragar	Surrey	4220	61	6 M 60-69	1:11:40.9
165	Andrea Mills	Langley	4134	45	34 F 40-49	1:11:44.4
166	Christopher (Ry Miller	Vancouver	4133	59	18 M 50-59	1:11:45.5
167	Jenna Hayes	Vancouver	4072	42	35 F 40-49	1:12:45.3
168	Jennifer Holmes	Surrey	4076	35	29 F 30-39	1:12:59.1
169	Gillian Reimer	Maple Ridge	4154	35	30 F 30-39	1:13:26.3
170	Deb Franz	Surrey	4053	53	15 F 50-59	1:13:46.2

171	Sonja Mohrsen	Surrey	4136	55	16 F 50-59	1:14:07.4
172	Jackie Chen	Burnaby	4025	57	17 F 50-59	1:14:11.5
173	Barb Brett	Qualicum Beach	4019	69	8 F 60-69	1:15:27.9
174	Sandra Davies	Vancouver	4037	71	2 F 70-99	1:15:52.1
175	Carolyn Roberts	Surrey	4157	39	31 F 30-39	1:16:15.9
176	Tara Duncan	Surrey	4042	39	32 F 30-39	1:17:52.0
177	nahid gul	north Vancouver	4065	42	36 F 40-49	1:18:01.8
178	Amanda El Chantiry	Langley	4044	41	37 F 40-49	1:19:06.9
179	Lily Zhang	Burnaby	4167	58	18 F 50-59	1:19:21.2
180	Patricia Jessen	Surrey	4084	55	19 F 50-59	1:20:00.4
181	Sandi Hildebrant	Surrey	4075	64	9 F 60-69	1:22:06.7
182	Richard WONG	Surrey	4196	42	32 M 40-49	1:22:26.7
183	Jennifer WONG	Surrey	4195	36	33 F 30-39	1:22:26.9
184	Jeanette Soltsy	Burnaby	4166	58	20 F 50-59	1:23:07.3
185	esther leung	Burnaby	4113	62	10 F 60-69	1:24:08.0
186	Sue Powell	Langley BC	4214	54	21 F 50-59	1:26:16.1
187	Karra Lal	Abbotsford	4106	30	34 F 30-39	1:26:57.6
188	Lisa Falle	Abbotsford	4050	40	38 F 40-49	1:26:58.8
189	Aila Morgan	Vancouver	4139	39	35 F 30-39	1:27:39.6
190	Julia Kristjanson	White Rock	4101	41	39 F 40-49	1:27:44.9
191	Suzan Lee	Vancouver	4112	42	40 F 40-49	1:28:09.8
192	Debbie Nagy	Aldergrove	4140	57	22 F 50-59	1:28:10.4
193	Glenna Mitchell	Surrey	4135	43	41 F 40-49	1:28:35.0
194	Susan Hyde	Burnaby	4080	53	23 F 50-59	1:28:49.4
195	Mary MacLellan	Burnaby	4122	49	42 F 40-49	1:29:01.0
196	Catherine Price	Langley	4149	62	11 F 60-69	1:29:11.0
197	Anne Miller	Vancouver	4132	47	43 F 40-49	1:29:22.5
198	Lori Belancic	Burnaby	4011	45	44 F 40-49	1:29:42.1
199	Kristie Congram	Vancouver	4032	54	24 F 50-59	1:29:42.5
200	Daya Harris	Richmond	4231	64	12 F 60-69	1:31:57.9
201	Lynda Paquette	Langley	4145	56	25 F 50-59	1:33:49.1
202	Rachel Kondo	Surrey	4099	44	45 F 40-49	1:34:26.1
203	cayley velazquez	White Rock	4184	31	36 F 30-39	1:36:09.4
204	shauna warner	White Rock	4188	60	13 F 60-69	1:36:09.4
205	Carollyne Kondo	Surrey	4098	41	46 F 40-49	1:36:57.4
206	Gillian Berson	Vancouver	4015	58	26 F 50-59	1:36:59.5
207	Judy Bon	Vancouver	4227	53	27 F 50-59	1:36:59.5
208	LINDA VANDEN HOVEN	NEW WEST	4181	45	47 F 40-49	1:39:39.3
209	Filomena Dion	woodinville	4040	58	28 F 50-59	1:40:06.0
210	Sarah Shoemaker	surrey	4204	33	37 F 30-39	1:40:20.0
211	john evans	delta	4048	65	7 M 60-69	1:40:38.8
212	Hilke Krug	Surrey	4208	46	48 F 40-49	1:40:39.7
213	Sherrill Weeks	Coquitlam	4189	68	14 F 60-69	1:40:55.4
214	Cathy Payne	Vancouver	4226	56	29 F 50-59	1:41:20.8