

	2011 Fort Langley	Historic Half				
	Overall Finish List					
	February 20, 2011					
	Results by TRY TIMING	www.trytiming.ca				
	Historic Half			Age	Chip	Gun
Place	Name	City	Age	Group	Time	Time
1	Tatsuya Hatachi	Coquitlam BC	44	1 M 40-49	1:17:44.6	1:19:45.2
2	Dylan Stanger	Vancouver	23	1 M 20-29	1:19:28.3	1:21:29.9
3	stewart ducheminski	new westminster	32	1 M 30-39	1:20:44.0	1:22:44.0
4	Graham Laurie	Mission	19	1 M 0-19	1:24:25.0	1:26:25.7
5	Mike Palichuk	Langley BC	43	2 M 40-49	1:24:33.7	1:26:34.8
6	Mark England	Port Moody	49	3 M 40-49	1:25:56.6	1:47:20.3
7	John Graham	pitt meadows	30	2 M 30-39	1:26:16.6	1:28:18.2
8	John Dumont	Richmond	35	3 M 30-39	1:26:20.2	1:28:22.0
9	Darren Mealing	Surrey	39	4 M 30-39	1:27:20.6	1:29:21.2
10	MARTIN SCHWUCHOW	SURREY BRITISH	43	4 M 40-49	1:27:38.5	1:29:41.1
11	Caroline Fortier	North Vancouver	37	1 F 30-39	1:28:01.9	1:35:03.0
12	Jeff VanderEnde	Langley	37	5 M 30-39	1:28:14.4	1:30:27.9
13	Daniel Taylor	Vancouver	20	2 M 20-29	1:28:17.5	1:30:22.1
14	Katrina Tucker	Vancouver	29	1 F 20-29	1:28:27.6	1:30:33.4
15	David Wylie	Vancouver	33	6 M 30-39	1:28:36.9	1:30:39.7
16	nathan carrol	peachland	35	7 M 30-39	1:29:24.0	1:31:26.3
17	Stephan Church	Van BC	41	5 M 40-49	1:29:35.7	1:31:44.0
18	Josie Riebe	West Vancouver	45	1 F 40-49	1:30:31.4	1:32:33.9
19	Randy Laurie	Mission	46	6 M 40-49	1:30:52.7	1:32:54.7
20	Dean Bertlin	burnaby	33	8 M 30-39	1:31:33.0	1:33:42.3
21	Jenna Kurylo	Victoria BC	28	2 F 20-29	1:31:34.1	1:38:34.0
22	Ian Brown	Maple Ridge	47	7 M 40-49	1:31:45.6	1:33:51.4
23	Del Muench	Langley	16	2 M 0-19	1:32:04.6	1:34:06.9
24	Katie Tyzuk	Vancouver	23	3 F 20-29	1:32:08.4	1:34:12.2
25	Terry Gray	Surrey	52	1 M 50-59	1:32:10.1	1:34:11.6
26	surjit dhesi	richmond	51	2 M 50-59	1:32:28.8	1:34:32.7
27	Eric Laurie	Mission	27	3 M 20-29	1:32:40.5	1:34:41.5
28	Paul Hollas	Vancouver	43	8 M 40-49	1:32:49.0	1:34:59.7
29	Trevor Thiessen	Maple Ridge	32	9 M 30-39	1:33:01.8	1:35:03.1
30	George Thucydides	North Vancouver	46	9 M 40-49	1:33:22.5	1:35:25.2
31	Tom Hoogendoorn	Agassiz	49	10 M 40-49	1:33:23.7	1:35:26.8
32	Stuart Denholm	Gabriola Island	51	3 M 50-59	1:33:29.8	1:35:37.2
33	Dean Scovill	Langley	46	11 M 40-49	1:33:32.5	1:35:45.1
34	RANDALL WOLFF	NORTH VANCOUVER	35	10 M 30-39	1:33:35.4	1:35:42.8
35	Ian Brown	Van BC	39	11 M 30-39	1:34:03.3	1:36:14.4
36	james Turko	Langley	48	12 M 40-49	1:34:31.4	1:36:35.5
37	matthew atkinson	surrey	28	4 M 20-29	1:34:32.5	1:36:37.1
38	Sara Bucovaz	Burnaby	31	2 F 30-39	1:34:52.6	1:36:59.9
39	Tracy Wakaluk	North Vancouver	40	2 F 40-49	1:34:54.1	1:37:10.8
40	Derek Porter	North Vancouver	40	13 M 40-49	1:34:54.5	1:37:02.5

41	LORA Bartel	CHILLIWACK	33	3 F 30-39	1:34:54.5	1:37:03.8
42	Paul Laviolette	Chilliwack	33	12 M 30-39	1:35:08.3	1:37:13.0
43	Louie Maione	Langley	40	14 M 40-49	1:35:22.4	1:37:34.9
44	Nikolas Wall	Fort Langley	23	5 M 20-29	1:35:32.7	1:37:47.2
45	Kofi Asare	Hull	32	13 M 30-39	1:35:41.7	1:42:55.0
46	Brian Gallagher	Issaquah		3 M 0-19	1:35:52.5	1:37:57.6
47	Alexander Lee	Langley		4 M 0-19	1:36:06.5	1:43:47.2
48	joel macdonald	Surrey	35	14 M 30-39	1:36:09.4	1:38:12.5
49	Dominic Steffen	New West	36	15 M 30-39	1:36:13.5	1:38:19.5
50	brent davidson	maple ridge	31	16 M 30-39	1:36:16.0	1:38:24.0
51	Kevin Kokoska	Langley	24	6 M 20-29	1:36:16.6	1:38:27.8
52	Chris Bryenton	Coquitlam	41	15 M 40-49	1:36:17.5	1:48:27.2
53	Marcus Robinson	Vancouver	35	17 M 30-39	1:36:21.5	1:44:02.0
54	Tony Osachoff	Coquitlam	41	16 M 40-49	1:36:22.1	1:38:25.5
55	Suzy VanDyck	Langley	33	4 F 30-39	1:37:03.2	1:39:12.9
56	Justin Kelemen	Surrey	22	7 M 20-29	1:37:19.0	1:44:28.3
57	Ken Fun	Burnaby	37	18 M 30-39	1:38:11.0	1:40:28.0
58	David Taylor	Vancouver	56	4 M 50-59	1:38:14.1	1:40:18.4
59	Fiona McQuillan	maple ridge	38	5 F 30-39	1:38:15.1	1:40:28.2
60	Troy Michaud	Langley	40	17 M 40-49	1:38:24.6	1:40:32.4
61	Ashley Mammel	Chilliwack	21	4 F 20-29	1:38:31.8	1:51:15.2
62	Jennifer Chew	Port Moody	17	1 F 0-19	1:38:32.8	1:40:40.6
63	Hyo Matsuoka	Vancouver	49	18 M 40-49	1:38:38.5	1:40:39.1
64	Deanna White	Surrey BC	22	5 F 20-29	1:39:08.3	1:41:12.1
65	philip parker	Richmond	43	19 M 40-49	1:39:10.9	1:46:23.6
66	Sandy Leone	Blaine	53	1 F 50-59	1:39:28.9	1:41:33.3
67	Fawn Vaitkus	Delta	43	3 F 40-49	1:39:38.6	1:41:53.2
68	Wade Anderson	NewWest	26	8 M 20-29	1:39:44.2	1:47:30.7
69	Laura McDonald	Coquitlam	38	6 F 30-39	1:39:45.4	1:42:02.4
70	Rocco Peragine	Maple ridge	35	19 M 30-39	1:39:47.7	1:41:49.6
71	Cal Thurbide	Port Coquitlam	48	20 M 40-49	1:40:13.4	1:42:20.1
72	Justin Wiens	Maple Ridge	23	9 M 20-29	1:40:24.3	1:42:44.9
73	Jennifer Kealy	Vancouver	33	7 F 30-39	1:40:28.7	1:47:30.7
74	David Priddy	Van BC	34	20 M 30-39	1:40:32.3	1:42:47.9
75	Jody Kennett	North Vancouver	36	8 F 30-39	1:40:33.6	1:42:50.3
76	Doug Leskun	Abbotsford	38	21 M 30-39	1:40:44.1	1:42:56.2
77	Ken Menzies	Abbotsford BC	48	21 M 40-49	1:40:44.3	1:48:04.1
78	Warren Balzer	Abbotsford	28	10 M 20-29	1:40:47.9	1:43:06.4
79	Wayne Hurdal	Langley	61	1 M 60-69	1:40:57.7	1:48:07.9
80	Michael Taylor	Mission	34	22 M 30-39	1:40:58.6	1:43:11.2
81	Kathryn O'Grady	Port Moody	53	2 F 50-59	1:41:04.6	1:43:09.8
82	Mark Rankin	Vancouver	50	5 M 50-59	1:41:09.6	1:43:21.6
83	Roseanne Warren	Vancouver	24	6 F 20-29	1:41:13.2	1:48:36.3
84	Neil Wakelin	N. Van BC	63	2 M 60-69	1:41:21.3	1:43:30.9
85	Mathew Hill	Vancouver	40	22 M 40-49	1:41:30.9	1:43:40.2
86	WAYNE KOROL	LANGLEY	49	23 M 40-49	1:41:51.7	1:44:00.4
87	Douglas Wilson	Port Coquitlam	50	6 M 50-59	1:41:58.8	1:44:18.1

88	Erin Lewyk	Vancouver	36	9 F 30-39	1:42:05.5	1:44:17.8
89	Stephanie Grassi	Burnaby	25	7 F 20-29	1:42:17.8	1:44:33.9
90	Harminder Sidhu	Langley		5 M 0-19	1:42:44.3	1:44:55.2
91	Darren Hailes	Vancouver	28	11 M 20-29	1:42:44.4	1:44:50.7
92	Jean-Jacques Poidevin	Burnaby	41	24 M 40-49	1:42:59.0	1:45:07.5
93	Matthew Coyne	New West	36	23 M 30-39	1:43:05.2	1:45:21.6
94	Lindsay Avant	Vancouver	27	8 F 20-29	1:43:07.9	1:50:26.5
95	Paul Fluit	Fort Langley	31	24 M 30-39	1:43:10.4	1:55:33.2
96	Angus Campbell	Port Moody	28	12 M 20-29	1:43:11.3	1:55:33.0
97	Dave Whitworth	Coquitlam BC	62	3 M 60-69	1:43:25.2	1:50:35.9
98	Gordon Jang	Surrey	45	25 M 40-49	1:43:39.2	1:51:38.4
99	Sheila Patschke	Abbotsford	40	4 F 40-49	1:43:44.4	1:50:51.2
100	Dean Brown	Surrey	52	7 M 50-59	1:43:48.0	1:51:01.6
101	Larry Jennings	Victoria BC	54	8 M 50-59	1:44:11.8	1:46:24.0
102	Duncan Ritchie	Burlington	56	9 M 50-59	1:44:13.2	1:46:15.9
103	Balbir Chohan	Surrey	60	4 M 60-69	1:44:22.5	1:46:28.0
104	David Wall	Fort Langley	55	10 M 50-59	1:44:33.0	1:46:37.5
105	ICHIRO SUGAWARA	VANCOUVER	44	26 M 40-49	1:44:33.2	1:46:34.5
106	Sean McGuinness	Surrey	32	25 M 30-39	1:44:34.6	1:51:39.7
107	Geoff McNamara	Maple Ridge	40	27 M 40-49	1:44:35.3	1:46:49.0
108	Laura Hoppe	Vancouver	31	10 F 30-39	1:44:44.0	1:46:59.7
109	Blair Staples	Vancouver	51	11 M 50-59	1:44:50.4	1:52:25.2
110	Ant Postma	Deroche BC	36	26 M 30-39	1:45:00.8	1:47:12.2
111	Carol Peters	Delta	60	1 F 60-69	1:45:05.8	1:47:14.8
112	Carmen Nadrau	Penticton	45	5 F 40-49	1:45:21.4	1:47:30.2
113	james coyne	squamish	37	27 M 30-39	1:45:23.8	1:47:40.2
114	Alison Ytsma	Surrey	23	9 F 20-29	1:45:23.9	1:52:52.9
115	Stu Wheeler Jr	Langley	33	28 M 30-39	1:45:26.9	1:52:27.5
116	Dennis Smith	Squamish	41	28 M 40-49	1:45:36.7	1:47:46.3
117	Karen Nelson	Calgary	42	6 F 40-49	1:45:48.5	1:57:58.0
118	George Finn	Renton	38	29 M 30-39	1:45:58.0	1:48:18.7
119	Roger Antoniazzi	Surrey BC	50	12 M 50-59	1:46:02.3	1:53:08.4
120	Tim Williams	Surrey	49	29 M 40-49	1:46:02.7	1:53:03.1
121	Howard Kettner	White Rock	55	13 M 50-59	1:46:06.5	1:53:08.6
122	Una - Melodie Miller	Langley	46	7 F 40-49	1:46:13.3	1:48:18.4
123	Bryan Green	Burnaby	43	30 M 40-49	1:46:23.1	2:16:00.2
124	Peter Mastalir	Surrey		6 M 0-19	1:46:28.5	1:58:47.2
125	Kelly Allison	Vancouver	40	8 F 40-49	1:46:38.0	1:53:41.0
126	monica rosenke	langley BC	33	11 F 30-39	1:46:48.4	1:49:04.5
127	Susan Danard	Burnaby	45	9 F 40-49	1:46:48.8	1:54:01.5
128	bernie dalby	mission	59	14 M 50-59	1:46:51.0	1:49:09.5
129	Tamara Pudlas	Surrey	31	12 F 30-39	1:47:00.7	1:54:00.8
130	Derek Giesbrecht	Abbotsford	29	13 M 20-29	1:47:01.1	1:49:11.4
131	Danielle Smyth	Prince George	28	10 F 20-29	1:47:04.5	1:49:18.9
132	Beatris Livingstone	Burnaby	37	13 F 30-39	1:47:04.9	1:49:18.9
133	Cory Ratke	Langley BC	48	31 M 40-49	1:47:06.8	1:54:07.2
134	Jillian McCartney	port moody bc	19	2 F 0-19	1:47:09.0	1:54:35.4

135	KEVIN WATTS	MAPLE RIDGE	47	32 M 40-49	1:47:09.0	1:49:23.3
136	Cindy Landolt	New West BC	47	10 F 40-49	1:47:20.2	1:59:21.8
137	Matt Brear	Nanaimo	37	14 F 30-39	1:47:22.4	1:54:41.2
138	April Migneault	Maple Ridge	31	15 F 30-39	1:47:28.0	1:54:55.4
139	Janice MacDonald	Surrey	35	16 F 30-39	1:47:40.4	1:54:40.4
140	Randy Jang		48	33 M 40-49	1:47:42.7	1:54:44.7
141	Joanne Smith	Nanaimo	48	11 F 40-49	1:48:08.4	1:55:26.9
142	Patrick Whalen	Langley	51	15 M 50-59	1:48:15.6	1:55:39.5
143	Lynne Mahlman	Surrey	47	12 F 40-49	1:48:16.4	1:50:31.6
144	Elan Van Herk	Chilliwack	35	17 F 30-39	1:48:19.5	1:55:33.8
145	Maureen Willis	Chilliwack	48	13 F 40-49	1:48:24.0	1:55:27.4
146	Hugo Garcia	Agassiz	27	14 M 20-29	1:48:32.4	1:56:04.2
147	jyoung cho	vancouver	33	18 F 30-39	1:48:42.3	1:50:50.0
148	Sean Wilson	Burnaby	40	34 M 40-49	1:48:42.7	1:55:44.9
149	D Pastres	Surrey	37	30 M 30-39	1:48:47.0	2:01:24.0
150	Brent Richards	Pitt Meadows	59	16 M 50-59	1:49:02.6	1:51:13.0
151	Jen Soti	Surrey	37	19 F 30-39	1:49:03.9	2:01:55.0
152	Jenny Cheung	richmond	30	20 F 30-39	1:49:06.9	2:01:43.9
153	Doug Bloomfield	Aldergrove	48	35 M 40-49	1:49:12.1	1:56:19.3
154	Ian Kerr	Vancouver BC	42	36 M 40-49	1:49:26.1	1:56:34.8
155	Celso Siado	BURNABY	34	31 M 30-39	1:49:30.9	1:51:37.2
156	Terry Loftus	North Vancouver	59	17 M 50-59	1:49:33.9	1:51:48.2
157	Leah Campo	Langley	36	21 F 30-39	1:49:37.5	1:56:47.3
158	Marcie Cyr	abbotsford	33	22 F 30-39	1:49:42.7	1:52:01.2
159	Nicole Taylor	Surrey	39	23 F 30-39	1:49:50.0	1:57:54.5
160	Michelle Peterson	Langley	35	24 F 30-39	1:49:50.7	2:02:13.2
161	Jeff Boyes	Vancouver	32	32 M 30-39	1:50:01.5	1:52:19.7
162	Nancy Heimbecker	Port Moody	40	14 F 40-49	1:50:06.3	1:57:54.5
163	Roland Bottiglieri	Vancouver	28	15 M 20-29	1:50:08.9	1:52:27.0
164	Franco Lanfranchi	Surrey	44	37 M 40-49	1:50:12.4	1:52:19.1
165	Lana Collins	Burnaby	33	25 F 30-39	1:50:19.3	1:57:20.0
166	Michael Benedetto	richmond	30	33 M 30-39	1:50:30.0	2:03:06.8
167	Doug Warner	Abbotsford	63	5 M 60-69	1:50:35.1	1:57:50.7
168	Jason Harris	Port Coquitlam	53	18 M 50-59	1:50:43.3	1:53:00.4
169	Chantal Falk	Port Moody	45	15 F 40-49	1:50:47.2	2:03:24.9
170	Nicole Yuen	Vancouver	40	16 F 40-49	1:50:48.0	1:58:09.6
171	Steve Brown	Abbotsford	40	38 M 40-49	1:50:53.9	2:03:19.4
172	ken vandeburgt	dewdney	37	34 M 30-39	1:50:56.0	1:58:26.2
173	Heather Mayert	Coquitlam	30	26 F 30-39	1:51:05.0	2:04:03.4
174	Wendy Newcombe	Surrey		3 F 0-19	1:51:05.2	1:53:17.8
175	angela James	Vancouver	55	3 F 50-59	1:51:05.5	1:53:36.6
176	Peter Jones	Burnaby	36	35 M 30-39	1:51:06.2	2:03:55.0
177	Janet Bremner	Coquitlam	51	4 F 50-59	1:51:09.4	1:58:18.7
178	Ian Robertson	New Westminster	49	39 M 40-49	1:51:13.8	1:58:20.5
179	RHEAL ARSENAULT	SURREY	32	36 M 30-39	1:51:30.9	1:53:50.8
180	Erin Barclay	Abbotsford	34	27 F 30-39	1:51:31.9	2:03:34.5
181	Mary West	Abbotsford	53	5 F 50-59	1:51:32.8	2:04:02.0

182	Blair Wiggins	Abbotsford	52	19 M 50-59	1:51:36.3	1:58:55.1
183	stuart richardson	Maple Ridge	47	40 M 40-49	1:51:38.9	1:58:42.0
184	Bryn Clarke	langley	37	28 F 30-39	1:51:43.9	1:58:52.6
185	DOUG YOUNG	SURREY	54	20 M 50-59	1:51:48.4	1:58:58.3
186	Lenna Vanden Hooven	Langley	46	17 F 40-49	1:51:52.5	2:04:15.8
187	Jennifer Kluth	Surrey	31	29 F 30-39	1:51:59.4	1:54:18.8
188	Bryan Dempsey	Richmond	43	41 M 40-49	1:52:00.1	1:59:57.7
189	Connor Gabriel	Maple Ridge	16	7 M 0-19	1:52:03.3	1:54:11.4
190	Devon Daschko	Maple Ridge	28	16 M 20-29	1:52:05.8	2:04:30.0
191	Laura Flynn	Surrey	39	30 F 30-39	1:52:06.4	1:54:13.3
192	Maurice LeNoble	Kelowna	49	42 M 40-49	1:52:07.3	1:59:18.7
193	Colleen Tims	Langley	20	11 F 20-29	1:52:10.6	2:04:22.7
194	Julie Johal	Vancouver BC	31	31 F 30-39	1:52:12.6	1:59:19.5
195	Jim Hillis	Mission	56	21 M 50-59	1:52:20.2	2:04:22.2
196	Tony Ellis	Vancouver	58	22 M 50-59	1:52:20.3	2:04:33.7
197	Jo-Anne Merrell	Vancouver	48	18 F 40-49	1:52:27.3	1:59:44.8
198	Colleen Cunningham	Vancouver	30	32 F 30-39	1:52:30.6	1:59:34.1
199	Karen Johnson	Langley	48	19 F 40-49	1:52:34.7	1:59:58.9
200	Jo-Ann Rice	Langley	49	20 F 40-49	1:52:36.5	2:00:00.6
201	Lisa Aho	Coquitlam	44	21 F 40-49	1:52:37.1	2:00:03.1
202	Staci White	Vernon	23	12 F 20-29	1:52:38.9	1:59:49.5
203	Thomas Marquardt	Delta	59	23 M 50-59	1:52:46.6	1:59:54.0
204	Bill Russell	Surrey		8 M 0-19	1:52:55.8	1:55:06.4
205	Michelle Stanley	coquitlam	39	33 F 30-39	1:52:57.5	2:00:09.8
206	Leanne Pare	Abbotsford	38	34 F 30-39	1:53:04.1	2:05:06.3
207	Cameron Funke	Vancouver BC	35	37 M 30-39	1:53:25.9	2:00:33.0
208	greg rosenke	langley BC	35	38 M 30-39	1:53:31.8	1:55:47.8
209	Paulin Laberge	North Vancouver	56	24 M 50-59	1:53:41.8	2:00:45.1
210	Brian Miller	Port Moody	33	39 M 30-39	1:53:43.3	2:00:58.8
211	Trevor Schoeber	Victoria	23	17 M 20-29	1:53:46.8	2:06:11.8
212	Benoit Legault	Langley		9 M 0-19	1:53:47.4	2:06:12.4
213	James Terry	Coquitlam	31	40 M 30-39	1:53:49.4	2:00:50.3
214	Virginia Lindstrom	Burnaby	26	13 F 20-29	1:53:50.8	2:06:10.2
215	Brittany Shull	New West	25	14 F 20-29	1:54:04.8	2:01:06.0
216	Chris Manore	Vancouver	54	25 M 50-59	1:54:15.8	2:01:49.4
217	Matt Wong	Delta	25	18 M 20-29	1:54:20.7	2:01:45.4
218	Jayne Cummins	Langley	51	6 F 50-59	1:54:20.8	2:01:34.9
219	Monica Studnar	Maple Ridge	29	15 F 20-29	1:54:25.8	2:06:32.0
220	Melissa Carriere	Chilliwack	29	16 F 20-29	1:54:44.9	1:56:57.0
221	Terry Anniuk	Winnipeg	33	41 M 30-39	1:54:46.5	2:07:06.7
222	Rachel Kimler	Ladysmith	40	22 F 40-49	1:54:46.9	2:02:13.5
223	Dickson Choy	Vancouver	37	42 M 30-39	1:54:48.2	2:06:53.5
224	Sean Douglas	Pitt Meadows	36	43 M 30-39	1:54:56.5	2:07:04.6
225	Kevin Gelin	Port Coquitlam	40	43 M 40-49	1:55:02.8	2:02:15.7
226	Cathy Lange	New Westminster	48	23 F 40-49	1:55:09.8	2:02:23.3
227	Beau Gabiniewicz	New Westminster	50	7 F 50-59	1:55:16.2	2:02:45.3
228	Lucy Ryan	Coquitlam	42	24 F 40-49	1:55:21.6	1:57:34.2

229	Emily Kerr	Vancouver BC	32	35 F 30-39	1:55:24.3	2:02:32.6
230	john singh	burnaby	53	26 M 50-59	1:55:24.5	2:02:25.9
231	Angela Mathews	Langley	27	17 F 20-29	1:55:26.5	2:02:33.9
232	Michelle Vecchio	Langley	42	25 F 40-49	1:55:43.7	2:08:07.5
233	DIEGO ARCINIEGAS	RICHMOND	42	44 M 40-49	1:55:45.0	2:08:31.0
234	amy freeman	vancouver	41	26 F 40-49	1:55:46.3	2:07:56.0
235	Sean Pennington	Pitt Meadows	39	44 M 30-39	1:55:48.2	2:08:05.5
236	Shelley Webster	Vancouver	49	27 F 40-49	1:55:49.3	2:07:53.8
237	Tim Dickson	Abbotsford	39	45 M 30-39	1:55:49.6	2:07:56.8
238	Carrie Belanger	Coquitlam	35	36 F 30-39	1:55:55.9	2:02:59.5
239	Steve Heim	Surrey	53	27 M 50-59	1:55:57.5	2:03:05.8
240	Fiona Betts	Surrey	38	37 F 30-39	1:56:04.4	2:04:14.2
241	Dennis Bailey	Surrey	56	28 M 50-59	1:56:14.3	1:58:33.8
242	Tanya Jones	Coquitlam	32	38 F 30-39	1:56:14.8	2:03:26.9
243	Sarah Arsenault	surrey	30	39 F 30-39	1:56:17.8	2:03:42.9
244	Glenda Fransen	Surrey	54	8 F 50-59	1:56:20.0	1:58:30.0
245	John Roberts	Richmond BC	37	46 M 30-39	1:56:23.2	2:08:30.7
246	kelian armstrong	Richmond	44	28 F 40-49	1:56:31.6	2:04:42.4
247	Scott Dragan	Burnaby	26	19 M 20-29	1:56:38.9	2:08:58.7
248	grant Dockstader	White Rock BC	52	29 M 50-59	1:56:42.0	2:04:49.9
249	Kim Fisher	Banff	26	18 F 20-29	1:56:42.7	2:04:08.4
250	SONIA BRAVO	RICHMOND	46	29 F 40-49	1:56:46.1	2:09:31.7
251	Cindy Brown	Coquitlam BC	53	9 F 50-59	1:57:22.0	2:04:47.7
252	Kristin Vaughan-Smith	Langley	29	19 F 20-29	1:57:26.5	2:09:32.5
253	Carman Racioppo	Surrey	62	6 M 60-69	1:57:28.9	1:59:39.1
254	Bronte Peter-Miller	Surrey BC	17	4 F 0-19	1:57:29.1	2:04:54.9
255	Debra Nicol	Coquitlam	53	10 F 50-59	1:57:35.2	2:04:36.4
256	khan Ryu	surrey BC	45	45 M 40-49	1:57:56.6	2:05:15.3
257	Jeff Cumming	Langley	30	47 M 30-39	1:58:00.3	2:10:06.9
258	Jordan Rowan	chilliwack	28	20 M 20-29	1:58:00.9	2:05:05.5
259	Michael Zacharias	Langley	42	46 M 40-49	1:58:02.3	2:05:35.3
260	Al Falk	Port Moody	44	47 M 40-49	1:58:06.7	2:10:54.5
261	mark ventry	rockwood	50	30 M 50-59	1:58:07.4	2:10:34.8
262	Kris Schjelderup	Port Moody	31	48 M 30-39	1:58:07.4	2:10:55.0
263	Todd Hyland	Abbotsford	46	48 M 40-49	1:58:12.4	2:05:17.7
264	Larry McManus	South Surrey	56	31 M 50-59	1:58:14.0	2:05:22.3
265	RAY PUMMELL	Burnaby	61	7 M 60-69	1:58:16.8	2:10:22.0
266	Michelle Cheng	Vancouver	48	30 F 40-49	1:58:18.9	2:11:33.2
267	Stephen Sokalski	West Vancouver	48	49 M 40-49	1:58:24.7	2:10:52.3
268	Jeff Franke	Surrey		10 M 0-19	1:58:27.8	2:11:05.5
269	Steve Parker	New Westminster	49	50 M 40-49	1:58:32.2	2:11:05.3
270	sabina (shana) toleanbanfill	surrey	45	31 F 40-49	1:58:44.8	2:05:54.2
271	Kathy Magnuson	Delta	48	32 F 40-49	1:58:45.5	2:05:46.1
272	Greg Holloway	Surrey	39	49 M 30-39	1:58:48.2	2:00:55.2
273	Vic Mill	Abbotsford BC	54	32 M 50-59	1:58:49.1	2:06:19.2
274	Shelagh Alam	North Delta	30	40 F 30-39	1:58:51.6	2:05:59.2
275	Wendy Henly	Kelowna	55	11 F 50-59	1:58:53.3	2:06:04.7

276	karen fauht	surrey	30	41 F 30-39	1:58:57.2	2:06:17.4
277	Steve zubick	Haney	49	51 M 40-49	1:58:59.3	2:06:03.6
278	Logan Wilsenack	Abbotsford	15	11 M 0-19	1:59:03.9	2:11:21.8
279	Stu Beacon	Abbotsford	32	50 M 30-39	1:59:05.6	2:11:14.0
280	Alex Taylor	Surrey	62	8 M 60-69	1:59:08.8	2:06:30.0
281	Lisa Begg	Pitt Meadows	38	42 F 30-39	1:59:10.9	2:06:16.5
282	Robert Knall	Vancouver	52	33 M 50-59	1:59:13.0	2:06:27.6
283	Nikola Hanson	Surrey	38	43 F 30-39	1:59:26.9	2:11:43.0
284	Vijay Lanji	Abbotsford	45	52 M 40-49	1:59:37.5	2:12:15.8
285	Jim Thorne	Calgary	51	34 M 50-59	1:59:41.5	2:12:41.8
286	Janice Bradshaw	West Kelowna	47	33 F 40-49	1:59:47.0	2:06:58.7
287	Ngaire Mouritsen	Merville	57	12 F 50-59	1:59:49.2	2:11:52.7
288	BOB GRAY	BURNABY	53	35 M 50-59	1:59:49.4	2:12:22.7
289	David wong	Vancouver BC	47	53 M 40-49	1:59:53.8	2:06:58.6
290	agnes benna	vancouver	65	2 F 60-69	1:59:55.9	2:07:07.2
291	Robert Duncan	Pitt Meadows	46	54 M 40-49	2:00:00.1	2:07:06.7
292	Amanda Stewart	Surrey	29	20 F 20-29	2:00:08.7	2:07:41.3
293	Chris Magnusson	Cloverdale	34	51 M 30-39	2:00:09.9	2:07:12.6
294	Andrea Flintoff	Vancouver	31	44 F 30-39	2:00:16.7	2:07:21.4
295	Matt Ashley	Surrey	39	52 M 30-39	2:00:20.2	2:13:09.9
296	Megan Hanna	W Vancouver	53	13 F 50-59	2:00:23.0	2:07:37.2
297	Carmen Meier	Surrey	37	45 F 30-39	2:00:26.3	2:07:42.3
298	Nigel VanHove	Campbell River	36	53 M 30-39	2:00:26.5	2:07:42.3
299	Amber Van Hove	Langley	32	46 F 30-39	2:00:26.6	2:07:42.5
300	Shawna Van Hove	Surrey	42	34 F 40-49	2:00:26.7	2:07:42.6
301	Kristen Catton	Vancouver	34	47 F 30-39	2:00:42.1	2:13:32.3
302	Eduard Gutierrez	Port Coquitlam	44	55 M 40-49	2:00:44.4	2:02:59.9
303	Helen Sabourin	Gibsons	69	3 F 60-69	2:00:49.3	2:13:15.0
304	Darryl MacDonald	Langley	40	56 M 40-49	2:00:55.8	2:08:28.2
305	Matt Bell	Port Moody	36	54 M 30-39	2:01:14.0	2:08:37.2
306	Deanne Tomlinson	Maple Ridge	31	48 F 30-39	2:01:24.2	2:13:46.5
307	Alicia Hayashi	Langley	20	21 F 20-29	2:01:28.5	2:08:42.7
308	Jenn Sperling	Chilliwack	23	22 F 20-29	2:01:32.2	2:08:40.8
309	Clayton Farren	Abbotsford	55	36 M 50-59	2:01:40.9	2:13:56.2
310	Brad Batke	Langley	37	55 M 30-39	2:01:45.6	2:13:53.7
311	Rick Howe	Coquitlan	54	37 M 50-59	2:01:57.2	2:09:12.5
312	Pierre Tremblay	West Vancouver	47	57 M 40-49	2:01:58.1	2:14:10.1
313	Lauren Witten	Victoria	26	23 F 20-29	2:02:01.0	2:14:26.2
314	Dave Williams	Abbotsford BC		12 M 0-19	2:02:06.9	2:09:27.3
315	Peter Hughes	Port Moody	35	56 M 30-39	2:02:11.3	2:14:59.9
316	Carolyn Caranci	Port Moody	37	49 F 30-39	2:02:17.2	2:15:19.3
317	Ciprian Cascaval	Burnaby BC	36	57 M 30-39	2:02:20.1	2:10:23.6
318	Paul Hexter	Surrey	36	58 M 30-39	2:02:22.1	2:14:32.0
319	Carol Laviolette	Langley	58	14 F 50-59	2:02:26.3	2:09:35.9
320	Jamee Rudy	Surrey	26	24 F 20-29	2:02:26.9	2:14:30.2
321	Francine Vallee	west vancouver	53	15 F 50-59	2:02:27.5	2:15:05.4
322	Gary Perkins	Surrey	34	59 M 30-39	2:02:29.3	2:14:37.6

323	Carissa Vandan Hooven	Langley	19	5 F 0-19	2:02:30.9	2:14:54.5
324	Glenn Atkins	Langley	46	58 M 40-49	2:02:40.2	2:09:54.6
325	Tammy Coderre-Kells	Abbotsford	52	16 F 50-59	2:02:50.0	2:10:09.9
326	Michael Gillis	Coquitlam	41	59 M 40-49	2:02:51.1	2:15:08.9
327	Tim Blake	Surrey	50	38 M 50-59	2:03:10.2	2:10:19.9
328	Miroslavka Gataric	Vancouver BC	36	50 F 30-39	2:03:14.6	2:05:21.4
329	rhiannon currie	abbotsford	33	51 F 30-39	2:03:18.8	2:10:42.2
330	Claire Lambert	Langley BC	37	52 F 30-39	2:03:26.8	2:15:34.2
331	Regiane Garcia	Vancouver	36	53 F 30-39	2:03:47.1	2:16:07.0
332	Kimberly Trafford	Abbotsford	42	35 F 40-49	2:03:50.7	2:16:07.8
333	Ants Aug	Burnaby	59	39 M 50-59	2:03:52.0	2:16:27.5
334	Neal Turner	langley	34	60 M 30-39	2:04:05.1	2:16:08.5
335	Carolynn Turner	langley	33	54 F 30-39	2:04:05.6	2:16:08.8
336	Fran Ooievaar	Abbotsford	58	17 F 50-59	2:04:11.4	2:11:28.6
337	Greg Barnes	Delta BC	51	40 M 50-59	2:04:11.9	2:11:42.7
338	Jenny Slauenwhite	Maple Ridge	35	55 F 30-39	2:04:16.9	2:11:44.0
339	Wendy Thorne	Calgary	51	18 F 50-59	2:04:25.8	2:17:26.2
340	Portia Myrvang	Delta BC	30	56 F 30-39	2:04:27.9	2:16:46.6
341	Charlene McCordic	North Vancouver	22	25 F 20-29	2:04:34.8	2:11:52.4
342	Nicole Seffelaar	Langley		6 F 0-19	2:04:56.6	2:12:09.1
343	Derek Shaw	Victoria	53	41 M 50-59	2:04:58.8	2:17:09.1
344	Roger Ngui-Yen	Surrey BC	34	61 M 30-39	2:05:00.4	2:24:22.1
345	Paul Verlaan	North Vancouver	47	60 M 40-49	2:05:01.1	2:17:52.3
346	Bryan Schuck	Delta		13 M 0-19	2:05:10.1	2:12:29.1
347	Tammy Rea	Langley	41	36 F 40-49	2:05:20.6	2:12:47.3
348	Kevin Kilcullen	Langley BC	41	61 M 40-49	2:05:21.7	2:17:40.0
349	Eileen Walshe	Surrey	56	19 F 50-59	2:05:21.8	2:17:39.9
350	Niki Morgan	Vancouver	32	57 F 30-39	2:05:24.2	2:18:14.0
351	Janice Heinze	Burnaby	46	37 F 40-49	2:05:27.6	2:18:10.6
352	Nolen Diamond	Surrey BC		14 M 0-19	2:05:28.0	2:12:44.9
353	Dean McLean	Surrey BC		15 M 0-19	2:05:28.1	2:12:44.7
354	Nikodem Runowski	Surrey BC		16 M 0-19	2:05:28.2	2:12:44.3
355	Barb Smith	Abbotsford	47	38 F 40-49	2:05:29.9	2:12:57.9
356	Lou Skinner	Surrey	55	20 F 50-59	2:05:30.9	2:18:25.7
357	Rob Mays	Langley	51	42 M 50-59	2:05:31.9	2:17:49.6
358	Gary Eyre	Burnaby	58	43 M 50-59	2:05:42.8	2:17:48.7
359	Beverley Newbould	Nanaimo	51	21 F 50-59	2:05:44.7	2:17:48.0
360	Jeanne McCutcheon	Surrey	52	22 F 50-59	2:05:45.4	2:17:53.2
361	Aimee Bishop	Coupeville	40	39 F 40-49	2:05:45.5	2:17:48.1
362	kevin pattison	port moody	35	62 M 30-39	2:05:48.4	2:18:02.3
363	Christie Johnson	Maple Ridge	34	58 F 30-39	2:05:54.9	2:18:13.3
364	Kurt Drover	Langley	31	63 M 30-39	2:06:00.8	2:18:35.0
365	Lynne Allin	Surrey	44	40 F 40-49	2:06:05.0	2:13:52.2
366	Ray Estrella	Richmond	32	64 M 30-39	2:06:44.2	2:18:54.7
367	Andrea Leganger	Langley	36	59 F 30-39	2:06:46.8	2:19:13.4
368	Kate Naylor	Langley	25	26 F 20-29	2:06:49.2	2:19:13.5
369	Colleen Bloomfield	Aldergrove	50	23 F 50-59	2:06:49.4	2:14:09.7

370	terry wright	coquitlam BC	55	24 F 50-59	2:06:49.4	2:14:02.6
371	Scott Bell	New West	63	9 M 60-69	2:06:49.7	2:19:00.4
372	Cassandra Bayluk	Langley	34	60 F 30-39	2:06:50.5	2:19:06.7
373	Bev Ratzlaff	Lindell Beach	49	41 F 40-49	2:06:58.9	2:09:14.4
374	Sandra Verschuur	Chilliwack	47	42 F 40-49	2:06:59.3	2:09:14.4
375	Lisa Brodowski	Maple Ridge	42	43 F 40-49	2:07:01.8	2:19:06.5
376	Rich Brodowski	Maple Ridge	43	62 M 40-49	2:07:03.5	2:19:08.5
377	Lori Joyce	Surrey	29	27 F 20-29	2:07:10.5	2:19:43.2
378	Monique Gollogly	Surrey	28	28 F 20-29	2:07:11.2	2:19:44.0
379	Heather Dean	Nanaimo	26	29 F 20-29	2:07:14.1	2:19:26.0
380	Catharina Gould	Langley	57	25 F 50-59	2:07:22.0	2:14:35.9
381	Debra Colvin	Burnaby	55	26 F 50-59	2:07:26.9	2:20:08.2
382	kylie Ashley	Surrey	39	61 F 30-39	2:07:30.3	2:20:19.8
383	Karin Hubbard	North Delta	56	27 F 50-59	2:07:33.6	2:14:48.4
384	Joanne Miller	Coquitlam	40	44 F 40-49	2:07:44.5	2:20:46.9
385	Sue Wynn	Maple Ridge	50	28 F 50-59	2:07:44.9	2:15:02.6
386	Diane Thiessen	Langley	54	29 F 50-59	2:07:50.9	2:19:56.5
387	Rolande Barbon	New Westminster	33	62 F 30-39	2:07:58.4	2:15:29.9
388	Arnold Sikhakhane	White Rock	48	63 M 40-49	2:08:00.1	2:15:25.6
389	Kathy Hachey	Coquitlam	55	30 F 50-59	2:08:06.9	2:15:17.6
390	Janet Tong	Vancouver		7 F 0-19	2:08:08.3	2:16:17.7
391	Rachel Bell	Langley	28	30 F 20-29	2:08:22.9	2:21:06.9
392	Richard Sturmey	langley	44	64 M 40-49	2:08:26.7	2:20:37.1
393	Doris Fraczek	Surrey	45	45 F 40-49	2:08:31.1	2:15:52.2
394	Arthur Sit	Burnaby	49	65 M 40-49	2:08:37.5	2:20:44.3
395	Niels Jensen	Surrey	66	10 M 60-69	2:08:38.0	2:15:40.9
396	Christina Saremba	Port Coquitlam	51	31 F 50-59	2:08:54.9	2:21:53.2
397	Bart Chretien	Vancouver	46	66 M 40-49	2:08:56.3	2:16:05.2
398	Howie Vickberg	Fort Langley	69	11 M 60-69	2:09:06.2	2:21:08.1
399	Michael Simington	Langley	57	44 M 50-59	2:09:06.2	2:21:08.0
400	Tom Morgan	Surrey	55	45 M 50-59	2:09:07.8	2:21:39.6
401	Mark Gillett	Calgary	52	46 M 50-59	2:09:24.2	2:21:42.8
402	Sarah Kadi	Vancouver	30	63 F 30-39	2:09:25.2	2:24:56.8
403	Rita Chadsey	Chilliwack	49	46 F 40-49	2:09:40.1	2:16:43.7
404	Ingrid Barnes	Delta BC	51	32 F 50-59	2:09:50.4	2:17:21.5
405	Ashley Brown	Vancouver BC	25	31 F 20-29	2:09:51.7	2:17:17.3
406	Helen Evans	Abbotsford	45	47 F 40-49	2:09:58.6	2:17:15.9
407	Sheldon Sengara	Surrey	25	21 M 20-29	2:10:06.2	2:17:30.9
408	Jim Luu	Port Coquitlam	43	67 M 40-49	2:10:10.1	2:17:32.3
409	Sorine Winther	Prince George	42	48 F 40-49	2:10:12.9	2:17:46.9
410	Caroline Markos	Vancouver	30	64 F 30-39	2:10:23.1	2:23:20.9
411	Steve Mitchell	Langley		17 M 0-19	2:10:32.5	2:23:09.6
412	Rachel Norwood	Vancouver	32	65 F 30-39	2:10:34.9	2:22:43.7
413	Lise Wearing	Vancouver	62	4 F 60-69	2:10:36.6	2:17:42.7
414	Erin McGuire	Vancouver	29	32 F 20-29	2:10:49.1	2:22:57.1
415	Maureen Arestad	Ferndale	63	5 F 60-69	2:11:04.9	2:18:33.9
416	Brent Wynn	Maple Ridge	52	47 M 50-59	2:11:05.8	2:18:23.6

417	John Richards	Mission	67	12 M 60-69	2:11:07.0	2:18:28.2
418	Shelley Tyacke	Burnaby	41	49 F 40-49	2:11:44.4	2:23:45.0
419	David Ennis	Langley	51	48 M 50-59	2:11:53.2	2:19:15.2
420	Kathryn Kreiser	New West	52	33 F 50-59	2:11:58.0	2:24:54.8
421	Abby Gibson	Nanaimo	27	33 F 20-29	2:12:00.3	2:24:11.7
422	Alex Lau	Burnaby BC	65	13 M 60-69	2:12:01.1	2:19:02.7
423	Karen Samuelson	Surrey	36	66 F 30-39	2:12:12.8	2:19:17.0
424	Andrée Parent	Aldergrove	40	50 F 40-49	2:12:27.9	2:24:34.6
425	Ray Fouquette	Langley	52	49 M 50-59	2:12:43.9	2:25:04.2
426	Marty Byron	Surrey BC	59	50 M 50-59	2:12:49.2	2:15:02.5
427	Luke Miller	Alexandria	36	65 M 30-39	2:12:54.5	2:15:07.9
428	Michelle Winje	Chilliwack	45	51 F 40-49	2:12:59.0	2:25:02.9
429	Jill Piggott	coquitlam	43	52 F 40-49	2:13:32.2	2:20:55.9
430	Cheryl Moore	Maple Ridge	47	53 F 40-49	2:13:35.9	2:25:39.9
431	Darrell Moore	Maple Ridge	23	22 M 20-29	2:13:35.9	2:25:40.3
432	David Kells	Abbotsford CB	53	51 M 50-59	2:13:36.2	2:20:55.7
433	Jasmine McLaughlin	Vancouver	34	67 F 30-39	2:13:55.6	2:21:54.9
434	Roderick Esplin	Maple Ridge	51	52 M 50-59	2:14:03.2	2:21:16.4
435	Barbara Sajda	Langley	47	54 F 40-49	2:14:06.7	2:21:37.6
436	Don Pateman	Delta	64	14 M 60-69	2:14:13.5	2:26:14.9
437	Jen Cumming	Langley	29	34 F 20-29	2:14:17.4	2:26:23.4
438	Charlene Morgan	Surrey	55	34 F 50-59	2:14:18.3	2:26:50.4
439	Lisa Puri	surrey	29	35 F 20-29	2:14:18.9	2:26:39.0
440	Lyne Simard	langley	40	55 F 40-49	2:14:21.6	2:27:08.3
441	Lorraine Bolger	Vancouver	59	35 F 50-59	2:14:23.8	2:26:54.1
442	Kim Pomponio	Burnaby	37	68 F 30-39	2:14:24.2	2:26:54.2
443	Rychelle Ruholl	New Westminster	32	69 F 30-39	2:14:24.2	2:26:54.4
444	Carmen Garcia	Vancouver	65	6 F 60-69	2:14:29.8	2:21:41.0
445	Lara McAllister	Abbotsford	32	70 F 30-39	2:14:31.6	2:21:48.5
446	Sarah Shoemaker	Surrey	33	71 F 30-39	2:14:45.1	2:26:49.6
447	Stephen Ellam	Burnaby	34	66 M 30-39	2:14:50.1	2:22:08.3
448	Bridget Ellam	Burnaby	25	36 F 20-29	2:14:50.8	2:22:08.3
449	Gerry Judd	Vancouver	43	68 M 40-49	2:14:51.0	2:26:51.9
450	Stephen Barclay	Port Coquitlam	54	53 M 50-59	2:15:13.3	2:22:35.8
451	Ellen Cheung	Surrey	44	56 F 40-49	2:15:21.1	2:23:30.9
452	Kelly Haftner	Port Moody	49	57 F 40-49	2:15:25.5	2:28:03.3
453	Liz Scott	delta	49	58 F 40-49	2:15:25.6	2:22:48.5
454	Mary-Ann Fulks	Delta	48	59 F 40-49	2:15:25.6	2:22:48.2
455	Dan Therrien	Maple Ridge	55	54 M 50-59	2:15:28.2	2:22:51.0
456	Cliff Garcia	Surrey	45	69 M 40-49	2:15:42.1	2:23:00.5
457	Katharine Phillips	Port Coquitlam	49	60 F 40-49	2:15:51.2	2:23:14.1
458	Arik Garber	North Vancouver	48	70 M 40-49	2:15:55.4	2:23:15.6
459	Sandra Dunbar	Burnaby	46	61 F 40-49	2:15:59.8	2:28:10.4
460	Vern Sorensen	Surrey	76	1 M 70-99	2:16:13.5	2:24:21.9
461	Melissa Richmond	White Rock	31	72 F 30-39	2:16:18.9	2:28:28.6
462	Pawel Gradowski	Port Moody	48	71 M 40-49	2:16:26.3	2:28:37.2
463	Marla Brillinger	Bowen Island	41	62 F 40-49	2:16:32.0	2:23:34.8

464	Nicole Piercy	Maple Ridge	39	73 F 30-39	2:16:40.4	2:29:14.1
465	Kristy Dunham	Maple Ridge BC	41	63 F 40-49	2:16:40.6	2:29:13.9
466	Nikki Krejczik	Surrey	32	74 F 30-39	2:17:03.8	2:29:53.0
467	Rebecca Melendez	North Vancouver	38	75 F 30-39	2:17:05.4	2:24:10.8
468	Kevin Beretta	Vancouver	42	72 M 40-49	2:17:05.7	2:24:10.8
469	Gavin Robertson	White Rock		18 M 0-19	2:17:07.7	2:29:17.1
470	Erin Friesen	Surrey	28	37 F 20-29	2:17:16.2	2:29:44.2
471	Adela Chen	Vancouver	53	36 F 50-59	2:17:21.4	2:29:32.6
472	connie epp	abbotsford BC	52	37 F 50-59	2:17:22.4	2:29:36.3
473	Laura Cassin	Vancouver	36	76 F 30-39	2:17:28.2	2:29:54.8
474	Greg CHEYNE	Surrey	45	73 M 40-49	2:17:29.4	2:30:31.0
475	Kari LAGRANDEUR	Surrey	39	77 F 30-39	2:17:29.5	2:30:31.0
476	Irene Neave	Maple Ridge	71	1 F 70-99	2:17:36.5	2:24:48.9
477	mark boomhower	surrey	61	15 M 60-69	2:17:43.0	2:30:44.4
478	mickey singer	richmond	45	64 F 40-49	2:18:13.8	2:31:15.2
479	Adam Fletcher	Abbotsford	32	67 M 30-39	2:18:15.7	2:30:37.9
480	Jennifer Spindler	Surrey	27	38 F 20-29	2:18:22.1	2:30:51.5
481	Jocelyn Cullum	Surrey	28	39 F 20-29	2:18:22.8	2:30:51.6
482	Michelle Bueschkens	Maple Ridge	30	78 F 30-39	2:18:23.3	2:30:51.7
483	Marek Malewicz		49	74 M 40-49	2:18:23.3	2:30:37.1
484	Sharmaine May	BC	48	65 F 40-49	2:18:24.4	2:30:37.0
485	Nick Hopewell	Vancouver	37	68 M 30-39	2:18:28.2	2:31:03.1
486	Harvey Gaster	Langley	47	75 M 40-49	2:18:28.9	2:31:03.2
487	Bryna Colvin	Vancouver	37	79 F 30-39	2:18:29.3	2:31:03.2
488	Linda Vickberg	Fort Langley	63	7 F 60-69	2:18:33.3	2:30:35.2
489	Nicole Baker	Surrey BC	39	80 F 30-39	2:18:45.8	2:30:47.9
490	Michael Kark	Maple Ridge	39	69 M 30-39	2:18:46.0	2:31:03.9
491	Niel Ferguson	Coquitlam	58	55 M 50-59	2:18:48.1	2:25:49.8
492	Pamela Keefe	Coquitlam	47	66 F 40-49	2:18:51.4	2:30:59.1
493	Mario D'Angelo	Coquitlam	50	56 M 50-59	2:18:51.5	2:30:59.0
494	Michelle Preston	New West	35	81 F 30-39	2:19:32.7	2:32:35.6
495	Keith Preston	Richmond	38	70 M 30-39	2:19:32.8	2:32:35.7
496	Gary Wasslen	Oakville	47	76 M 40-49	2:19:37.0	2:26:48.6
497	Rose Wood	Abbotsford	57	38 F 50-59	2:19:40.1	2:26:57.4
498	Jennifer Gung	Surrey	27	40 F 20-29	2:19:40.6	2:32:10.0
499	Vanessa MacKinnon	Vernon	47	67 F 40-49	2:19:42.7	2:26:53.3
500	George Goodall	Maple Ridge	57	57 M 50-59	2:19:56.0	2:32:56.6
501	Karen Rempel	Vancouver	45	68 F 40-49	2:20:01.1	2:32:05.4
502	Louise Mitchell	Langley		8 F 0-19	2:20:07.2	2:32:44.7
503	Joyce Deacon	North Vancouver	64	8 F 60-69	2:20:13.3	2:33:05.1
504	Mandy Mezes	Surrey	45	69 F 40-49	2:20:29.1	2:33:31.3
505	Suzanne Shull	Bellingham	48	70 F 40-49	2:20:29.6	2:27:58.5
506	Nancy Harden	Bellingham	63	9 F 60-69	2:20:32.4	2:28:01.9
507	Scott Henderson	Chilliwack	46	77 M 40-49	2:20:33.5	2:32:49.4
508	Sandra Sayer	Surrey	41	71 F 40-49	2:20:34.4	2:32:49.4
509	Lisa Barclay	Abbotsford	42	72 F 40-49	2:20:54.6	2:28:24.3
510	Sheryl Barnes	Surrey BC	42	73 F 40-49	2:21:19.9	2:34:19.0

511	Michael Brown	Chillwack	27	23 M 20-29	2:21:30.9	2:28:55.5
512	Katherine Dutton	Burnaby	29	41 F 20-29	2:21:32.3	2:33:35.8
513	sandy zalit	surrey	49	74 F 40-49	2:21:33.1	2:29:07.4
514	Leah Strange	Cloverdale	42	75 F 40-49	2:21:33.2	2:29:07.2
515	Daryl Doyle	Vancouver	38	71 M 30-39	2:21:54.0	2:34:43.9
516	Rod Hargreaves	Burnaby	70	2 M 70-99	2:21:55.6	2:34:36.1
517	Monica Cram	Surrey	31	72 M 30-39	2:22:29.8	2:34:49.2
518	Steve Glegg	Pitt Meadows	48	78 M 40-49	2:22:33.3	2:34:50.3
519	Joseph Tan	North Vancouver	44	79 M 40-49	2:22:51.5	2:35:32.2
520	Marcella Paoletti	Vancouver	43	76 F 40-49	2:23:10.4	2:35:39.5
521	Kenneth Bergen	New Westminster	59	58 M 50-59	2:23:39.8	2:30:44.0
522	Heike Horn	Vancouver	47	77 F 40-49	2:23:48.1	2:31:10.5
523	Shirley Arponen	Delta	46	78 F 40-49	2:23:48.4	2:36:02.8
524	Morad Alrefai	vancouver	18	19 M 0-19	2:23:53.8	2:36:37.9
525	ashley kroeker	Port Moody	29	42 F 20-29	2:23:56.2	2:36:04.9
526	Scott Carriere	Langley BC	42	80 M 40-49	2:24:39.1	2:36:55.4
527	Len Soet	Burnaby	56	59 M 50-59	2:25:01.5	2:37:42.8
528	Vanessa Lang	Burnaby	36	82 F 30-39	2:25:04.1	2:37:17.3
529	Erin O'Connor	Richmond	39	83 F 30-39	2:25:13.4	2:37:27.8
530	Donna Parkyn	Langley	37	84 F 30-39	2:25:24.0	2:37:39.2
531	Connie Tschritter	Burnaby	50	39 F 50-59	2:25:43.1	2:37:43.8
532	elizabeth jericho	langley	59	40 F 50-59	2:25:45.3	2:33:18.4
533	Carol Lacroix	Langley	44	79 F 40-49	2:25:57.5	2:38:10.6
534	lee hawkins	north vancouver	61	16 M 60-69	2:25:57.6	2:38:10.8
535	dhorea ramanula	langley	42	80 F 40-49	2:25:58.4	2:38:10.7
536	Tracy Di Palma	Burnaby	39	85 F 30-39	2:26:12.4	2:38:13.0
537	Christine Hall	Abbotsford BC	57	41 F 50-59	2:26:28.7	2:33:59.3
538	renay piper	langley	37	86 F 30-39	2:26:32.7	2:39:12.4
539	Janet Kim Sing	Vancouver	29	43 F 20-29	2:26:33.3	2:38:59.0
540	Patsy Carter	Langley	49	81 F 40-49	2:26:34.3	2:34:01.6
541	Sheela McLean	New Westminster	49	82 F 40-49	2:26:41.3	2:34:13.3
542	Janet Sweeten	Aldergrove		9 F 0-19	2:26:49.9	2:39:49.6
543	Steven Minato	Richmond	49	81 M 40-49	2:27:11.1	2:39:43.7
544	Kayla Johansen	Coquitlam	24	44 F 20-29	2:27:18.7	2:39:27.8
545	Philip Lee	Richmond	54	60 M 50-59	2:27:28.8	2:40:09.3
546	Antonio Rodriguez	Zapopan, Jalisco	40	82 M 40-49	2:27:49.8	2:34:51.8
547	Marlene Bring	Bellingham	51	42 F 50-59	2:28:00.7	2:35:30.1
548	Lillian Kercher	Chilliwack	57	43 F 50-59	2:28:12.0	2:40:23.2
549	Mike Deacon	Langley BC	38	73 M 30-39	2:28:53.3	2:41:09.7
550	Wendy Hamstra	Chilliwack	33	87 F 30-39	2:29:00.5	2:49:35.0
551	Taryn Vandepol	Rosedale	32	88 F 30-39	2:29:09.0	2:49:43.3
552	Lori Aizer Bryenton	Coquitlam	43	83 F 40-49	2:29:10.9	2:41:57.1
553	Shiraz Mohamed	Burnaby	50	61 M 50-59	2:29:23.9	2:36:33.9
554	Tamara Oakes	Oak Harbor	47	84 F 40-49	2:29:25.0	2:41:27.3
555	Lynda Pare	Pitt Meadows	53	44 F 50-59	2:29:27.5	2:42:24.0
556	theresa gill	port moody	55	45 F 50-59	2:29:52.5	2:41:57.9
557	Rebecca Booth	Harrison Hot Springs	37	89 F 30-39	2:29:56.5	2:42:55.5

558	Pat Cleave	Delta	54	46 F 50-59	2:29:59.1	2:42:30.4
559	Robert Bishop	Coupeville	52	62 M 50-59	2:30:13.4	2:42:16.4
560	Wade Sellers	Coquitlam	41	83 M 40-49	2:30:17.6	2:42:38.3
561	Vu Yo Trieu	rosedale	31	74 M 30-39	2:31:09.4	2:38:41.4
562	Shanny Nichols	Kamloops	32	90 F 30-39	2:31:11.5	2:43:47.9
563	Coral Kettner	White Rock	45	85 F 40-49	2:31:14.7	2:43:19.7
564	Darcy McLeod	Maple Ridge	44	84 M 40-49	2:31:26.6	2:43:46.7
565	Dave Lyons	Port Moody	36	75 M 30-39	2:31:26.8	2:43:46.8
566	Wanda Truesdell	Surrey	58	47 F 50-59	2:31:29.5	2:38:35.7
567	Michelle McManus	South Surrey	49	86 F 40-49	2:31:29.8	2:38:35.9
568	Gurjinder Bhurji	Surrey BC	45	87 F 40-49	2:31:38.2	2:43:56.0
569	jane ventry	chilliwack	46	88 F 40-49	2:31:39.4	2:44:09.1
570	Stevie Vanskiver	New West	27	45 F 20-29	2:31:46.3	2:44:02.1
571	Mark Bell	Langley	27	24 M 20-29	2:32:07.5	2:44:51.4
572	June Lum	Vancouver	47	89 F 40-49	2:32:25.2	2:45:18.6
573	Sheila Beeksma	delt	37	91 F 30-39	2:32:35.0	2:45:14.8
574	Doug Lark	Surrey BC	56	63 M 50-59	2:32:35.8	2:45:00.5
575	Sylvia Bernat	Victoria	39	92 F 30-39	2:32:40.6	2:40:36.8
576	christine voglmaier	maple ridge	65	10 F 60-69	2:32:50.6	2:45:05.6
577	Kim Kenyon	Victoria BC	45	90 F 40-49	2:32:54.7	2:40:50.9
578	Sherri Heath	Delta	46	91 F 40-49	2:33:24.0	2:45:51.0
579	maridee fitch	whistler	50	48 F 50-59	2:33:24.1	2:45:51.0
580	Christine Babic	Pitt Meadows	41	92 F 40-49	2:34:17.7	2:46:47.8
581	Alison Lark	Surrey BC	27	46 F 20-29	2:34:29.5	2:46:53.9
582	Nicole Phillips	Surrey	38	93 F 30-39	2:34:47.2	2:47:03.0
583	Nicola Connolly	Surrey	38	94 F 30-39	2:35:28.1	2:48:06.5
584	Jolene Watsyk	Maple Ridge	30	95 F 30-39	2:35:42.9	2:43:07.8
585	Andrew Watsyk	Maple Ridge	38	76 M 30-39	2:35:43.6	2:43:07.6
586	Jaime Sinclair	Lindell Beach	27	47 F 20-29	2:35:45.2	2:47:56.8
587	Sharon Simpson	Kamloops	64	11 F 60-69	2:35:55.0	2:48:31.2
588	Linda Glegg	Pitt Meadows	47	93 F 40-49	2:36:21.4	2:48:38.2
589	Shayla Richards	Maple Ridge	39	96 F 30-39	2:37:03.7	2:49:10.6
590	Shannon Holmes	vancouver	43	94 F 40-49	2:37:03.9	2:49:32.8
591	Jasmin Ginter	CHILLIWACK	34	97 F 30-39	2:37:32.2	2:50:07.5
592	Hilary Marzitelli	Langley	56	49 F 50-59	2:37:41.0	2:50:41.5
593	Greg Forbes-King	Surrey	52	64 M 50-59	2:38:38.4	2:46:14.9
594	Diane Wasslen	Oakville	42	95 F 40-49	2:39:35.2	2:51:51.0
595	Tara Lum	Vancouver	45	96 F 40-49	2:39:57.4	2:52:50.8
596	vern ehrenholz	aldergrove	46	85 M 40-49	2:40:08.4	2:52:53.3
597	Lindsey Friesen	surrey	31	98 F 30-39	2:40:08.9	2:52:53.6
598	Jack Wickham	Langley	57	65 M 50-59	2:41:51.0	2:54:00.2
599	Josip Maras	Burnaby	30	77 M 30-39	2:42:05.2	2:42:05.2
600	Jennifer Cyr	Surrey	45	97 F 40-49	2:42:30.8	2:54:36.8
601	Sharon Curl	West Vancouver	49	98 F 40-49	2:42:46.0	2:49:54.6
602	Ted Redekop	Langley	67	17 M 60-69	2:44:09.8	2:56:21.9
603	Joan Copp	Victoria	59	50 F 50-59	2:44:59.1	2:44:59.1
604	Lucy Deleeuw	Abbotsford	58	51 F 50-59	2:45:24.9	2:58:24.4

605	meagan roberge	North Vancouver	32	99 F 30-39	2:45:25.4	2:52:51.4
606	Aaron Chew	Coquitlam	24	25 M 20-29	2:46:11.8	2:59:09.1
607	Lauren Tindale	Coquitlam	22	48 F 20-29	2:46:12.2	2:59:09.2
608	Angela Lindberg	Vancouver	45	99 F 40-49	2:46:26.4	2:59:09.4
609	gerald boudreau	chilliwack	54	66 M 50-59	2:46:48.6	2:59:42.4
610	RAQUEL BORTIGNON	VANCOUVER	19	10 F 0-19	2:48:00.9	3:00:43.8
611	Libby Covernton	Langley	59	52 F 50-59	2:48:13.2	3:01:01.2
612	Henry Wilsenack	Abbotsford	45	86 M 40-49	2:48:24.3	3:00:43.7
613	joy borgonia	Burnaby	50	53 F 50-59	2:48:37.2	3:00:38.2
614	Alison Jones	Langley	33	100 F 30-39	2:50:45.5	3:03:25.9
615	Karin Jackson	Pitt Meadows	40	100 F 40-49	2:51:07.2	3:03:42.1
616	Kristine Bateman	Surrey	32	101 F 30-39	2:51:51.7	3:04:30.7
617	Jane Langbroek	Chilliwack	56	54 F 50-59	2:51:53.5	3:04:32.5
618	Carol Long	VICTORIA	63	12 F 60-69	2:52:05.1	2:52:05.1
619	Kathryn McIntosh	White Rock	43	101 F 40-49	2:54:30.0	3:07:21.2
620	David McIntosh	White Rock	45	87 M 40-49	2:54:30.6	3:07:22.0
621	Alison Isaac	Abbotsford	58	55 F 50-59	2:54:39.0	3:01:58.4
622	Dan Brophy	Aldergrove	29	26 M 20-29	2:54:51.9	3:07:33.7
623	Nadine Nutbrown	Abbotsford	48	102 F 40-49	2:54:52.4	3:07:34.2
624	Carissa Holmes	Surrey	39	102 F 30-39	2:56:07.3	3:08:21.7
625	Garth Kennedy	Surrey	36	78 M 30-39	2:56:07.8	3:08:21.9
626	teresa johnstone	white rock	50	56 F 50-59	2:56:25.7	3:08:31.9
627	Maria Wall	Langley	47	103 F 40-49	2:56:28.8	3:09:23.4
628	Carol Wall	Langley	48	104 F 40-49	2:56:29.1	3:09:23.6
629	Eleanor Gibson	Vancouver	58	57 F 50-59	2:57:21.6	3:09:57.6
630	ann libby	langley	63	13 F 60-69	2:58:02.6	3:10:58.6
631	Robert Novak	Langley	64	18 M 60-69	2:58:10.0	3:11:05.6
632	Anne Montgomery	Penticton	53	58 F 50-59	2:58:19.1	3:11:13.9
633	BOB KUHN	BURNABY	76	3 M 70-99	2:59:11.8	3:11:59.6
634	Marilyn Messner	Coupeville	62	14 F 60-69	2:59:40.9	3:07:09.1
635	Casey Langbroek	Chilliwack	58	67 M 50-59	3:01:58.8	3:14:33.2
636	Dave Graham	New West	54	68 M 50-59	3:03:55.0	3:16:36.8
637	Jack Graham	Burnaby	57	69 M 50-59	3:03:55.1	3:16:37.1
638	Dianne Chia	Coquitlam	63	15 F 60-69	3:04:17.3	3:16:40.8
639	Wanda Van Dyke	Vancouver	49	105 F 40-49	3:05:12.2	3:17:48.3
640	Roberta (Rob) Graham	Bellingham	60	16 F 60-69	3:08:11.6	3:21:16.7
641	Terri McKee	Bellingham WA	47	106 F 40-49	3:08:11.7	3:21:16.8
642	Joanne Richard	St. Albert	61	17 F 60-69	3:09:55.4	3:22:41.2
643	Rob Schnell	Edmonton	58	70 M 50-59	3:09:55.4	3:22:41.4
644	Sandra Hildebrant	Surrey	64	18 F 60-69	3:10:19.0	3:17:47.0
645	Ruth Sisson	Surrey	59	59 F 50-59	3:21:25.7	3:28:54.3
646	Kerry Rogers	Langley	51	60 F 50-59	3:21:33.2	3:34:37.5
647	Michele Lucas	Langley	44	107 F 40-49	3:21:33.6	3:34:37.7
648	Gary McGregor	Langley BC	63	19 M 60-69	3:21:33.6	3:34:37.6
649	Daphne Quance	Surrey		11 F 0-19	3:21:35.3	3:29:04.4
650	Rhonda Pummel		60	19 F 60-69	3:23:21.4	3:35:43.6
651	Ranjit Gugay	Vancouver		20 M 0-19	3:24:55.1	3:37:27.1

652	Paula Williams	Vancouver	41	108 F 40-49	3:25:18.9	3:37:50.7
653	Gillian Berson	Vancouver	58	61 F 50-59	3:31:40.5	3:46:05.4
654	Stephen Walmsley	White Rock BC	55	71 M 50-59	3:32:09.1	3:45:04.6
655	Trish Schmidt	Coquitlam	59	62 F 50-59	3:32:51.6	3:45:18.4
656	Ann Green	Burnaby	55	63 F 50-59	3:40:22.9	3:52:53.8
657	Jackie Mays	Langley	51	64 F 50-59	3:43:42.4	3:58:00.2
658	Chris Cullen	Langley	62	20 M 60-69	3:43:43.1	3:58:00.7
659	Charlene McMorris	BC	51	65 F 50-59	3:43:43.7	3:58:01.3
660	Wanda Chow	Vancouver	41	109 F 40-49	3:48:48.4	4:01:19.4
661	Jackie Gladish	New West	58	66 F 50-59	3:50:59.8	4:03:27.2
662	Carmela Mancini	New West	45	110 F 40-49	3:51:00.1	4:03:26.6
663	Carla Reid	Burnaby	50	67 F 50-59	3:51:07.9	4:03:31.1
664	Steven Laszcz	Maple ridge	53	72 M 50-59	3:55:11.3	4:07:32.5
665	cathy payne	vancouver	55	68 F 50-59	3:58:51.1	4:13:15.8
666	Linda Taylor	White Rock BC	51	69 F 50-59	4:01:03.5	4:13:56.2
667	Bev Cumiskey	Surrey	60	20 F 60-69	4:01:04.3	4:13:57.2
	Historic 10K			Age	Chip	Gun
Place	Name	City	Age	Group	Time	Time
1	Tim Oftebro	Burnaby BC	38	1 M 30-39	37:31.9	1:06:32.4
2	Jordan Hurdal	Vancouver	34	2 M 30-39	38:07.2	1:07:07.5
3	steeve guerin	surrey	49	1 M 40-49	39:13.0	1:08:16.4
4	Gregg Ambrosi	Vancouver	40	2 M 40-49	39:25.4	1:08:26.1
5	ANDREW GREIG	LANGLEY	27	1 M 20-29	40:25.3	1:09:30.4
6	Gary smith	Coquitlam	48	3 M 40-49	40:32.8	1:09:37.3
7	Kevin Heinze	Mission BC	47	4 M 40-49	40:46.5	1:09:47.7
8	Ryan Boulter	Mission	33	3 M 30-39	41:00.6	1:10:03.0
9	Paul Lancaster	port coquitlam	43	5 M 40-49	42:16.3	1:12:15.5
10	Naranjo Orlando	Port Moody	62	1 M 60-69	42:24.0	1:11:25.3
11	Gordon Flett	Vancouver	50	1 M 50-59	42:43.8	1:11:44.7
12	Tina-Louise Harris	Coquitlam		1 F 0-19	42:49.1	1:11:51.0
13	Dave Chamberlain	Maple Ridge	40	6 M 40-49	43:08.1	1:12:12.6
14	craig asselstine	new west	42	7 M 40-49	44:28.0	1:13:39.2
15	Takaaki Kuamta	Vancouver	42	8 M 40-49	44:37.9	1:13:47.4
16	Michelle Reaume	Coquitlam	45	1 F 40-49	44:52.6	1:13:56.5
17	Sharaya Friesen	Abbotsford BC	22	1 F 20-29	45:34.5	1:14:39.9
18	Josh Bohnen	maple ridge	28	2 M 20-29	45:49.4	1:15:18.0
19	Zdenko Feigelstock	Burnaby	38	4 M 30-39	45:56.9	1:15:01.2
20	Kevin Maier	Coquitlam	37	5 M 30-39	46:13.9	1:15:44.0
21	antony pagliaro	port Moody	33	6 M 30-39	46:21.8	1:15:24.6
22	Paul Chung	Vancouver BC	31	7 M 30-39	46:22.3	1:15:24.7
23	Michael Trasolini	Coquitlam	21	3 M 20-29	46:30.3	1:15:37.2
24	Sheri Green	Cloverdale	38	1 F 30-39	46:37.9	1:16:37.3
25	Ingo Jackisch	North Van BC	57	2 M 50-59	46:59.4	1:16:03.1
26	Kelly Dressler	Abbotsford	43	9 M 40-49	47:14.6	1:16:22.8
27	Mark Kerr	Surrey	40	10 M 40-49	47:19.4	1:16:50.3
28	Doug Willms	Langley	49	11 M 40-49	47:31.4	1:16:45.0

29	Paula Naylor	New West	49	2 F 40-49	47:45.2	1:16:55.0
30	Graham Coulthard	North Vancouver	50	3 M 50-59	47:47.2	1:17:14.0
31	Dave Kallevig	Chilliwack	45	12 M 40-49	47:59.7	1:17:09.6
32	Ernest Salcedo	Vancouver	33	8 M 30-39	48:03.8	1:17:31.4
33	Allana Welch	Chilliwack BC	33	2 F 30-39	48:17.0	1:17:53.4
34	Ray Miller	North Vancouver	32	9 M 30-39	48:57.9	1:18:01.2
35	Ghislain Morin	langley	46	13 M 40-49	49:15.0	1:18:35.4
36	Susan Ibach	Manotick	41	3 F 40-49	49:21.7	1:19:42.3
37	Jose Rodriguez	New West	49	14 M 40-49	49:39.9	1:18:50.0
38	Jocelynn Rooke	North Vancouver	35	3 F 30-39	50:03.4	1:19:07.4
39	Ron Wlock	North Vancouver	55	4 M 50-59	50:08.2	1:19:53.9
40	Cathy Gutkowski	Langley	47	4 F 40-49	50:09.2	1:20:37.2
41	Brad Kotnik	West Kelowna	44	15 M 40-49	50:14.4	1:19:19.4
42	Al McBeth	Langley BC	48	16 M 40-49	50:46.0	1:21:12.9
43	Shelly-Lynne Scott	Port Moody	44	5 F 40-49	50:51.4	1:20:18.3
44	Ryan Huston	Abbotsford	53	5 M 50-59	51:04.5	1:20:26.3
45	Christopher Harrison	San Diego	38	10 M 30-39	51:22.7	1:21:43.4
46	Cyndy Brown	Langley	55	1 F 50-59	51:42.4	1:21:02.5
47	Patrick Lau	Coquitla	47	17 M 40-49	51:54.5	1:20:58.2
48	Gabor Egri	Burnaby	24	4 M 20-29	51:55.2	1:22:06.2
49	Donna Denny		44	6 F 40-49	51:58.3	1:21:12.8
50	Katherine Crosbie	Surrey	47	7 F 40-49	52:04.2	1:21:31.3
51	ryan resch	North Vancouver	33	11 M 30-39	52:10.8	1:22:16.2
52	Sheryl Crawford	Coquitlam	47	8 F 40-49	52:31.2	1:21:40.0
53	Kim Friesen	Surrey BC	37	4 F 30-39	52:43.0	1:21:52.1
54	Ron Samson	Port Moody	50	6 M 50-59	52:57.2	1:22:40.0
55	Trish Huston	Abbotsford	53	2 F 50-59	53:06.0	1:22:26.5
56	Tiffany Cooper	Surrey	40	9 F 40-49	53:08.0	1:22:13.6
57	glen mclarty	abbotsford	50	7 M 50-59	53:27.4	1:23:10.0
58	danielle Fluit	Fort Langley	31	5 F 30-39	53:42.9	1:23:42.3
59	Karen Hoekstra	Mission	32	6 F 30-39	53:56.8	1:23:37.5
60	Lolyta Richards	Surrey	40	10 F 40-49	54:06.6	1:23:11.8
61	Aysha Martin	Port Moody	33	7 F 30-39	54:16.0	1:23:42.5
62	Lisl Clar	Vancouver	33	8 F 30-39	54:25.6	1:23:44.9
63	Lisa Scherba	Van BC	41	11 F 40-49	54:32.3	1:23:57.0
64	Cathy Geremia	Port moody		2 F 0-19	54:32.8	1:24:10.9
65	ORLANDO NARANJO	PORT MOODY	62	2 M 60-69	54:33.3	1:23:47.3
66	Jackie Munro	Langley	40	12 F 40-49	54:45.3	1:24:32.8
67	Karen Hait	Langley	48	13 F 40-49	54:54.4	1:24:47.1
68	Mandy Crichton	Langley	31	9 F 30-39	54:54.7	1:24:00.9
69	karen Enns	Surrey	28	2 F 20-29	54:58.8	1:24:13.0
70	Sheena O'Connor	Vancouver	29	3 F 20-29	55:06.3	1:25:19.0
71	Janice McLellan	Coquitlam	48	14 F 40-49	55:07.1	1:24:33.7
72	Kulbinder Bains	Vancouver	44	15 F 40-49	55:24.4	1:24:35.5
73	Steve Woloshyn	Surrey	41	18 M 40-49	55:34.8	1:25:21.9
74	Cory Myles	Surrey BC	37	12 M 30-39	55:40.4	1:24:49.2
75	leann farnsworth	BURNABY	54	3 F 50-59	56:16.0	1:26:03.8

76	Caroline Pors	Surrey	48	16 F 40-49	56:16.8	1:25:55.7
77	Matya Hahn	Langley BC	27	5 M 20-29	56:17.5	1:26:32.0
78	margo homan	langley	47	17 F 40-49	56:19.0	1:26:41.7
79	Theresa Bredenhof	Abbotsford	31	10 F 30-39	56:31.8	1:26:11.5
80	Birgit Giesser	Port Coquitlam	41	18 F 40-49	56:35.8	1:26:07.9
81	Carrie Peacock	Delta	44	19 F 40-49	56:45.9	1:25:50.4
82	Melissa brown	langley	33	11 F 30-39	57:07.0	1:26:21.3
83	Calvin Wong	New West	24	6 M 20-29	57:31.5	1:27:11.4
84	Kevin Watson	Langley BC	26	7 M 20-29	57:32.0	1:27:46.6
85	Shu-Hyun Jang	Langley	24	4 F 20-29	57:32.1	1:27:11.7
86	April Reid	maple ridge	26	5 F 20-29	57:37.1	1:27:05.6
87	Susannah Harris	North Vancouver	30	12 F 30-39	57:39.1	1:26:59.0
88	Mary Cardle	Burnaby	42	20 F 40-49	57:41.1	1:27:27.4
89	Cindy Cherepak	Port Moody	42	21 F 40-49	57:41.7	1:26:44.6
90	wayne shufelt	Maple Ridge	61	3 M 60-69	57:41.8	1:27:08.9
91	MARMIE MATIAS	SURREY	47	22 F 40-49	57:42.2	1:26:58.6
92	Rhonda Araki	Surrey	33	13 F 30-39	57:47.3	1:27:34.0
93	trish mcmurray	new west	51	4 F 50-59	57:47.7	1:27:33.8
94	Jennifer Figner	Port Moody	41	23 F 40-49	57:48.6	1:26:51.8
95	Tina Todorovic	Port Moody	31	14 F 30-39	57:54.9	1:27:46.7
96	Mike Togył	Van BC	37	13 M 30-39	57:56.8	1:27:21.7
97	Sheryl Plenert	Fort Langley	51	5 F 50-59	58:09.1	1:27:42.8
98	dolores madaisky	surrey	42	24 F 40-49	58:10.4	1:27:29.0
99	Zara McGrath	Burnaby	23	6 F 20-29	58:21.9	1:27:34.8
100	Catherine Nolan	Maple Ridge	44	25 F 40-49	58:24.1	1:27:42.6
101	James keizer	Coquitlam	26	8 M 20-29	58:50.3	1:28:14.6
102	Sean Schjelderup	Coq BC	26	9 M 20-29	58:57.0	1:28:07.9
103	Candice Levy	Port Moody	28	7 F 20-29	59:00.0	1:28:10.2
104	Charlene Dishaw	Vancouver	42	26 F 40-49	59:01.0	1:29:14.2
105	Binita Naidu	Surrey	27	8 F 20-29	59:03.7	1:29:15.1
106	Norm Rowe	New West	49	19 M 40-49	59:11.9	1:28:43.3
107	Patti Benjamin	Kelowna	45	27 F 40-49	59:14.3	1:29:11.9
108	Perry Woodworth	Langley	58	8 M 50-59	59:14.4	1:28:38.8
109	Katy Poon	Richmond	53	6 F 50-59	59:19.7	1:29:32.9
110	Robbyn Drayson	Surrey	40	28 F 40-49	59:21.1	1:29:00.0
111	Ashley Collins	Langley	24	9 F 20-29	59:23.1	1:28:44.1
112	Evelyn Canuel	Langley	40	29 F 40-49	59:34.5	1:29:13.4
113	Lenora Yakemchuk	Langley	39	15 F 30-39	59:43.7	1:29:02.7
114	Monica Loeppky	Langley	35	16 F 30-39	59:47.6	1:28:53.9
115	Troy Houghton	Langley	39	14 M 30-39	59:51.8	1:29:29.3
116	David Ennis	Maple Ridge	47	20 M 40-49	1:00:00.3	1:29:18.2
117	Janet Dickie	Port Coquitlam	42	30 F 40-49	1:00:05.9	1:30:24.0
118	Amanda Erickson	Surrey	29	10 F 20-29	1:00:20.0	1:30:08.9
119	Eileen Klassen	Maple Ridge	36	17 F 30-39	1:00:22.0	1:30:05.5
120	oscar nunez	maple ridge	47	21 M 40-49	1:00:27.7	1:30:52.3
121	Malcolm Macdonald	Surrey	36	15 M 30-39	1:00:27.7	1:30:52.4
122	Janice Thompson	Delta	46	31 F 40-49	1:00:35.8	1:29:40.8

123	Erin McMillan	Langley	31	18 F 30-39	1:00:40.8	1:30:46.4
124	Rosemary Fleming	Surrey	55	7 F 50-59	1:01:11.7	1:30:39.2
125	Heather Winters	Langley	50	8 F 50-59	1:01:13.7	1:31:08.9
126	Kristi Blakeway	Maple Ridge	36	19 F 30-39	1:01:19.6	1:30:33.8
127	Ingrid Gordon	Port Moody	49	32 F 40-49	1:01:19.9	1:30:33.7
128	Darcy Henkel	New Westminster	48	33 F 40-49	1:01:23.0	1:31:15.0
129	Tim Pors	Surrey	51	9 M 50-59	1:01:25.3	1:31:04.3
130	Celia McGrath	Burnaby	25	11 F 20-29	1:01:28.7	1:30:41.5
131	Lori Davidson	Delta	49	34 F 40-49	1:01:31.4	1:31:42.8
132	Marianne Wotherspoon	Port Coquitlam	43	35 F 40-49	1:01:35.9	1:31:09.2
133	Csilla Egri	burnaby	23	12 F 20-29	1:02:06.4	1:32:17.1
134	Brad Way	Surrey BC	32	16 M 30-39	1:02:17.4	1:32:39.8
135	Lyn Gill	Coquitlam	49	36 F 40-49	1:02:18.9	1:32:37.6
136	Michelle Garland	Port Coquitlam	22	13 F 20-29	1:02:27.6	1:31:57.0
137	Karen Fran	Burnaby	42	37 F 40-49	1:02:28.1	1:31:57.2
138	Brenda Carmichael	Coquitlam	41	38 F 40-49	1:02:28.2	1:31:57.1
139	Tracey Clayton	Surrey	40	39 F 40-49	1:02:29.4	1:32:33.3
140	Lindsay Seaman	Abbotsford	45	40 F 40-49	1:02:29.9	1:31:49.9
141	Tracy Wong	Burnaby	36	20 F 30-39	1:02:31.2	1:31:57.6
142	Gary Keay	Surrey	52	10 M 50-59	1:02:33.1	1:31:49.5
143	Clasina Fourie	Abbotsford	33	21 F 30-39	1:02:36.1	1:32:52.1
144	Marjorie Valenzuela	Coquitlam	37	22 F 30-39	1:02:50.4	1:31:55.5
145	Trish McGuinness	Surrey	30	23 F 30-39	1:02:53.1	1:33:41.6
146	Shelly Sturme	langley	36	24 F 30-39	1:03:01.4	1:33:15.5
147	Deirdre Mulligan-Newman	Port Moody	32	25 F 30-39	1:03:01.6	1:32:04.3
148	Claudia Morgadinho	Burnaby	34	26 F 30-39	1:03:01.6	1:32:04.1
149	Lesley Bernardin	Coquitlam	33	27 F 30-39	1:03:03.0	1:32:08.2
150	jen jaklin	coquitlam	34	28 F 30-39	1:03:03.4	1:32:08.3
151	Darcy O'Grady	Surrey		1 M 0-19	1:03:08.7	1:33:01.5
152	Sharon Williams	South Surrey	54	9 F 50-59	1:03:20.7	1:33:07.0
153	Wendy Wiseman	Surrey	39	29 F 30-39	1:03:32.5	1:32:54.4
154	Allana Buhl	Kelowna	42	41 F 40-49	1:03:35.0	1:33:32.4
155	Vanessa Hanberg		35	30 F 30-39	1:03:37.1	1:32:51.6
156	Debbie Ferguson		55	10 F 50-59	1:03:39.4	1:33:10.2
157	Diana Teichrieb	Langley	35	31 F 30-39	1:03:45.8	1:33:57.5
158	Katie Teague	Langley	32	32 F 30-39	1:03:54.7	1:33:53.1
159	Taylor Teague	Langley	32	17 M 30-39	1:03:54.8	1:33:53.1
160	Mark Woychyshyn	Port Coquitlam	46	22 M 40-49	1:03:55.4	1:33:26.8
161	Eleanor Paugh	Coquitlam	66	1 F 60-69	1:04:01.9	1:34:05.9
162	Jessica Fletcher	Abbotsford	31	33 F 30-39	1:04:02.1	1:34:01.8
163	Celeste Derksen	Sidney	50	11 F 50-59	1:04:05.0	1:33:38.8
164	Michelle Speers	Ft.Langley	32	34 F 30-39	1:04:06.0	1:33:51.6
165	Karen Grommada	Maple Ridge	43	42 F 40-49	1:04:16.8	1:33:35.9
166	Cheryl Ennis	Maple Ridge	47	43 F 40-49	1:04:18.1	1:33:36.0
167	Anna Krentz	Abbotsford	54	12 F 50-59	1:04:27.3	1:34:50.6
168	Nicole Krentz	Abbotsford	22	14 F 20-29	1:04:27.9	1:34:51.0
169	angus haggarty	Chilliwack	71	1 M 70-99	1:04:37.7	1:33:50.7

170	Michael Boileau	Chilliwack	46	23 M 40-49	1:04:37.9	1:33:50.9
171	Kris Wright	Langley	42	44 F 40-49	1:04:46.3	1:34:45.4
172	Stefanie Coutinho	Surrey	30	35 F 30-39	1:04:52.8	1:35:11.2
173	Krista Elder	Langley	22	15 F 20-29	1:04:58.3	1:34:03.8
174	Jeff Biluk	Vancouver	31	18 M 30-39	1:05:00.4	1:35:12.7
175	Sandra Evans	Victori	57	13 F 50-59	1:05:07.7	1:34:54.5
176	Brenda Laidlaw	Langley	46	45 F 40-49	1:05:19.2	1:35:18.2
177	Angie Yoo	Burnaby	27	16 F 20-29	1:05:30.1	1:35:13.6
178	Sarah Kelly	Coquitlam	35	36 F 30-39	1:05:39.0	1:35:48.8
179	JD States	Surrey		2 M 0-19	1:05:44.6	1:34:56.7
180	Bartosz Cieslar	Surrey	30	19 M 30-39	1:05:55.3	1:36:07.1
181	Lisa Farber	Port Coquitlam	28	17 F 20-29	1:05:56.6	1:35:04.0
182	Colleen Fedele	Maple Ridge	45	46 F 40-49	1:06:07.1	1:35:28.3
183	Andrea Mills	Langley	45	47 F 40-49	1:06:10.0	1:36:32.3
184	denise Reid	Surrey	46	48 F 40-49	1:06:19.3	1:35:41.0
185	Franca Trasolini	Coquitlam	52	14 F 50-59	1:06:45.3	1:35:55.4
186	Soutomi Kundu	Langley	27	18 F 20-29	1:06:51.6	1:36:51.7
187	Natalie Breg	Langley	43	49 F 40-49	1:06:53.0	1:36:11.8
188	Peter Drinovz	Surrey BC		3 M 0-19	1:06:56.4	1:36:07.7
189	Stephanie Loadman	Kamloops	27	19 F 20-29	1:07:08.1	1:37:06.9
190	Darren Tough	Surrey BC		4 M 0-19	1:07:08.8	1:36:21.3
191	James Sommers			5 M 0-19	1:07:09.1	1:36:21.2
192	Steve Minato	Surrey		6 M 0-19	1:07:09.3	1:36:21.5
193	Rod Underell	Langley	59	11 M 50-59	1:07:10.9	1:36:43.2
194	Carrie Scully	Langley	52	15 F 50-59	1:07:12.2	1:36:37.3
195	Tara Tandan	Surrey	43	50 F 40-49	1:07:12.2	1:36:37.1
196	andrea atkinson	surrey	35	37 F 30-39	1:07:19.7	1:37:20.1
197	Mark Chu	Burnaby	43	24 M 40-49	1:07:26.2	1:37:43.0
198	Rebecca Skucas	Coquitlam	28	20 F 20-29	1:07:26.8	1:37:01.3
199	Kimberley Norris	Vancouver	32	38 F 30-39	1:07:35.9	1:37:18.1
200	Erin Easingwood	Fort Langley	31	39 F 30-39	1:07:36.4	1:37:18.3
201	Crista Rota	Langley	36	40 F 30-39	1:07:47.1	1:37:47.7
202	Jason Beaven	Abbotsford	30	20 M 30-39	1:07:54.3	1:38:11.9
203	roxanne humphrey	Surrey	31	41 F 30-39	1:07:55.5	1:37:37.7
204	Fiona Earl	Surrey	31	42 F 30-39	1:07:55.6	1:37:37.4
205	Michelle Evers	Vancovuer	38	43 F 30-39	1:08:04.7	1:38:10.4
206	Betty Lagrandeur	Kamloops	67	2 F 60-69	1:08:16.2	1:37:42.5
207	Amber Perkin	Langley		3 F 0-19	1:08:27.7	1:37:53.3
208	Miranda yawney	abbotsford	29	21 F 20-29	1:08:32.3	1:38:54.3
209	Vanessa Kuipers	Abbotsford	37	44 F 30-39	1:08:45.3	1:38:43.8
210	Marion Hingston	North Vancouver	56	16 F 50-59	1:09:00.8	1:39:01.2
211	Elissa Phillips	Surrey	30	45 F 30-39	1:09:39.6	1:40:01.2
212	Carla Parker Cutler	Surrey	36	46 F 30-39	1:09:48.2	1:39:13.2
213	Stephanie Kozuchowski	Edmonton	27	22 F 20-29	1:09:48.7	1:39:52.8
214	Laura Vis	Langley	24	23 F 20-29	1:09:52.3	1:39:37.8
215	Margaret Hoekstra	Mission	51	17 F 50-59	1:09:52.7	1:39:38.0
216	Lura Foster	Victoria	47	51 F 40-49	1:09:54.2	1:39:30.1

217	Stephanie Smith	White Rock	28	24 F 20-29	1:10:07.7	1:39:51.6
218	Cindy Daws	Langley	39	47 F 30-39	1:10:34.3	1:40:19.1
219	Sandy Morgenstern	Langley	32	48 F 30-39	1:10:34.7	1:40:19.3
220	Brin MacIntyre	Vancouver	49	52 F 40-49	1:10:35.0	1:40:20.5
221	Melissa Dodd	Langley	32	49 F 30-39	1:10:42.1	1:40:27.7
222	Monita Faris	Maple Ridge	44	53 F 40-49	1:10:45.9	1:40:06.7
223	Gillian Reimer	Maple Ridge	35	50 F 30-39	1:11:12.4	1:41:22.1
224	Colleen Jansen	Langley	56	18 F 50-59	1:11:20.8	1:41:11.5
225	Julianne Wiebe	Vancouver	27	25 F 20-29	1:11:27.8	1:41:45.8
226	Catherine Davis	Richmond	23	26 F 20-29	1:11:27.9	1:41:46.1
227	Noah McMillan	West Kelowna	11	7 M 0-19	1:11:34.1	1:41:42.3
228	Brenda Buchholz	West Kelowna	36	51 F 30-39	1:11:34.3	1:41:42.1
229	Nicole Langlands-Kotnik	West Kelowna	41	54 F 40-49	1:11:34.4	1:41:42.3
230	Eveline LeNoble	Kelowna	49	55 F 40-49	1:11:34.9	1:40:40.7
231	Crystal Stask	Vancouver	29	27 F 20-29	1:11:43.3	1:41:32.5
232	ken brett	Port Coquitlam	31	21 M 30-39	1:11:43.9	1:41:01.2
233	Barb Brett	Qualicum Beach	68	3 F 60-69	1:11:43.9	1:41:01.6
234	Elizabeth Cortez	New West	49	56 F 40-49	1:12:18.9	1:42:16.8
235	Marjorie Gimson	Surrey	46	57 F 40-49	1:12:24.7	1:42:44.7
236	Nikki Scott	Langley	32	52 F 30-39	1:12:33.9	1:42:25.4
237	Lorynne Fasse	Surrey	30	53 F 30-39	1:12:57.1	1:43:02.0
238	Aven Poynter	langley	56	19 F 50-59	1:12:57.4	1:42:18.0
239	Kirsten Kalbfuss	Surrey	32	54 F 30-39	1:13:15.3	1:43:20.1
240	Leah Guenard	Agassiz	32	55 F 30-39	1:13:25.5	1:42:42.6
241	Laura Houghton	Langley	39	56 F 30-39	1:13:27.1	1:42:59.0
242	Laurie Kelly	Pemberton	45	58 F 40-49	1:13:35.2	1:43:05.4
243	Lynda McGaire	Langley	48	59 F 40-49	1:13:45.4	1:43:43.4
244	Vanessa Downes	Langley	42	60 F 40-49	1:13:45.9	1:43:43.5
245	MARY LOU MADRASO	SURREY	48	61 F 40-49	1:13:59.2	1:43:56.8
246	Tracy Laurie	Mission	47	62 F 40-49	1:15:09.0	1:44:52.3
247	Megan Kendall	Abbotsford	25	28 F 20-29	1:15:22.1	1:45:51.6
248	Shelly Jacobsen Meszaros	langley	38	57 F 30-39	1:15:23.6	1:45:15.1
249	Caren Carlaw	Delta	50	20 F 50-59	1:15:50.6	1:46:01.7
250	Angela Woods	Chilliwack	38	58 F 30-39	1:16:42.4	1:46:38.2
251	Ken Kendall	Delta	52	12 M 50-59	1:16:53.6	1:47:22.6
252	Evalin Njoki	Surrey	31	59 F 30-39	1:17:28.5	1:46:44.1
253	NANCY FARRELL	BURNABY	40	63 F 40-49	1:17:30.2	1:46:56.0
254	Derrek Wenisch	Surrey	27	10 M 20-29	1:17:48.3	1:47:27.5
255	Lorraine Bruce	Abbotsford	51	21 F 50-59	1:18:21.0	1:48:14.7
256	Cyndie Piesche	Abbotsford BC	50	22 F 50-59	1:18:21.3	1:48:14.5
257	Bonnie Yeomans	Abbotsford BC	56	23 F 50-59	1:18:23.7	1:48:16.6
258	Renae Carey	Langley	33	60 F 30-39	1:18:38.1	1:48:28.8
259	George Ellis	Surrey	64	4 M 60-69	1:18:46.1	1:47:56.6
260	shauna burns	Port Moody	40	64 F 40-49	1:20:10.2	1:27:19.4
261	Kelly Tymich	Surrey	33	61 F 30-39	1:20:12.9	1:50:35.3
262	Kim Gimson	Abbotsford BC	23	29 F 20-29	1:20:18.2	1:50:38.0
263	Erin Macedo	Surrey	32	62 F 30-39	1:20:19.5	1:50:42.2

264	Deedee Wall	Langley	52	24 F 50-59	1:20:34.5	1:50:23.2
265	Paula Manore	Vancouver	48	65 F 40-49	1:20:47.9	1:50:03.7
266	Sabrina Cornish Shartau	Vancouver	26	30 F 20-29	1:21:40.5	1:51:53.9
267	Ryan Shartau	Vancouver	26	11 M 20-29	1:21:40.9	1:51:54.2
268	Kimberly Schmor	Richmond	48	66 F 40-49	1:22:16.4	1:51:42.0
269	Wendy Carter	Aldergrove	51	25 F 50-59	1:22:43.1	1:52:44.5
270	Kevin Carter	Aldergrove	54	13 M 50-59	1:22:50.6	1:52:44.3
271	Helen Marenghi	Port Coquitlam	50	26 F 50-59	1:25:57.0	1:47:20.3
272	Heidi Telstad	Surrey	37	63 F 30-39	1:26:00.5	1:56:22.3
273	Brian Sharpe	Surrey	38	22 M 30-39	1:26:00.7	1:56:22.3
274	LAura Vander Kooi	langley	25	31 F 20-29	1:26:02.7	1:55:24.0
275	Valerie LeMaitre	Surrey	73	1 F 70-99	1:26:15.5	1:56:44.5
276	Brian Johnson	Surrey	48	25 M 40-49	1:26:16.9	1:56:46.2
277	Adeline Noble	Poco BC	53	27 F 50-59	1:27:12.0	1:57:01.7
278	Tricia Farley	Sherwood Park	41	67 F 40-49	1:28:56.1	1:58:37.5
279	Shonna Munteanu	Sherwood Park	39	64 F 30-39	1:28:56.4	1:58:37.7
280	SHERRI HARRIS	SURREY	44	68 F 40-49	1:30:05.0	1:59:21.5
281	Margaret Watsyk	Maple Ridge		4 F 0-19	1:30:30.9	1:59:59.4
282	Lori Stagg	Langley	50	28 F 50-59	1:30:48.9	2:00:39.9
283	Mimi Lim	Burnaby	48	69 F 40-49	1:31:38.0	2:01:14.3
284	Barry Reid	Burnaby BC	55	14 M 50-59	1:34:45.8	2:04:21.1
285	Janet Murphy	Chilliwack	36	65 F 30-39	1:36:24.9	2:05:48.2
286	Heather Vaartstra	langley	26	32 F 20-29	1:36:25.7	2:05:48.7
287	Trina Swain		30	66 F 30-39	1:36:26.0	2:05:48.9
288	Leane Sutton	Langley	35	67 F 30-39	1:36:30.2	2:05:52.9
289	John Murphy	Chilliwack	32	23 M 30-39	1:36:37.1	2:06:00.8
290	Jim Anderson			8 M 0-19	1:37:26.0	2:07:35.9
291	Jay Blakemore	Surrey		9 M 0-19	1:37:26.5	2:07:36.3
292	Stephen Pennell	Surrey BC		10 M 0-19	1:38:07.5	2:08:14.8
293	Kevin Sawatsky	Surrey		11 M 0-19	1:38:09.5	2:08:17.0
294	Gail Campbell	Maple Ridge	60	4 F 60-69	1:38:18.0	1:51:23.9
295	Gloria Daigle	Surrey	51	29 F 50-59	1:41:24.4	2:11:30.9
296	Lloyd Daigle	Surrey	52	15 M 50-59	1:41:24.6	2:11:31.0
297	Brad Popoff	Surrey		12 M 0-19	1:45:18.7	2:15:29.6
298	Scottie Elliott	Surrey		13 M 0-19	1:45:21.1	2:15:30.0
299	Rita Zamluk	Vancouver	59	30 F 50-59	1:51:33.8	2:04:02.0
	Historic 5K			Age	Chip	Gun
Place	Name	City	Age	Group	Time	Time
1	mark pinckard	delta	50	1 M 50-59	18:02.6	47:03.1
2	Jeff Remple	Coquitlam	30	1 M 30-39	19:12.4	48:13.2
3	Jason Wong	Mission	54	2 M 50-59	20:42.2	49:44.4
4	Sarah Weinkam	Port Coq BC	33	1 F 30-39	22:53.8	51:58.0
5	Cathy Smith	Abbotsford	47	1 F 40-49	23:15.8	52:18.8
6	Kelly Koome	Coquitlam BC	47	2 F 40-49	24:09.5	53:49.2
7	Dean Morgan	Mission	42	1 M 40-49	25:25.4	55:04.3
8	Jenna Dubois	Surrey BC	10	1 F 0-19	25:29.0	54:31.7

9	Robert Dubois	Surrey	43	2 M 40-49	25:29.1	54:31.6
10	Ryan Birt	Delta	39	2 M 30-39	26:18.1	55:55.7
11	Keitha Cooke	Langley	33	2 F 30-39	26:22.2	56:09.2
12	Janelle Linton	Maple Ridge	37	3 F 30-39	27:06.8	57:25.6
13	Laura MacDonald	Maple Ridge	22	1 F 20-29	27:47.1	57:29.0
14	Kelly Nowlan	maple ridge	22	2 F 20-29	27:47.2	57:28.8
15	Rob Shanks	Port Coquitlam	36	3 M 30-39	28:05.2	57:37.2
16	Brooke Mussche	Langley	9	2 F 0-19	28:24.6	57:32.1
17	Justin Liew	North Vancouver	32	4 M 30-39	28:48.9	58:44.2
18	Michael Mead	gabriola Island	62	1 M 60-69	28:55.5	58:04.9
19	Andrew Ingram	Van BC	34	5 M 30-39	29:01.1	58:28.8
20	Megan MacDonald	Langley	26	3 F 20-29	29:23.8	58:56.5
21	Nicole Bruyneel	Abbotsford	42	3 F 40-49	29:28.0	58:36.6
22	john deKleer	Surrey	56	3 M 50-59	29:39.9	59:19.2
23	Kai Aldag	Langley BC	10	1 M 0-19	30:14.7	59:46.0
24	John Aldag	Langley BC	47	3 M 40-49	30:25.9	59:57.5
25	Susan Harrison Harrison	Coquitlam	57	1 F 50-59	30:27.6	59:34.2
26	Eliza Jang	Issaquah, WA		3 F 0-19	30:33.9	1:00:10.8
27	Fariba Pacheleh	New West	43	4 F 40-49	30:41.5	59:47.5
28	Emily Leung	Vancouver	25	4 F 20-29	30:43.4	59:45.5
29	Madison mussche	surrey	13	4 F 0-19	31:00.5	1:00:08.1
30	Pamela Felix	Vancouver	41	5 F 40-49	31:15.7	1:01:19.1
31	Neil Munday	Langley	47	4 M 40-49	31:17.3	1:01:34.6
32	Julian Carmichael	abbotsford	22	1 M 20-29	31:35.7	1:01:03.9
33	Emma Hart	Langley	20	5 F 20-29	31:36.1	1:01:04.0
34	Tracey Munday	Langley	40	6 F 40-49	31:46.5	1:02:03.8
35	Debbie Jang	Burnaby		5 F 0-19	31:53.5	1:01:30.2
36	Curtis Deugau	Vancouver	62	2 M 60-69	32:09.4	1:01:35.3
37	Pamela Weitzel	Langley	31	4 F 30-39	32:15.4	1:02:20.7
38	Ashley mussche	surrey	10	6 F 0-19	32:25.0	1:01:32.7
39	Barbie Jones	Aldergrove	23	2 M 20-29	32:53.9	1:02:50.3
40	Brian Beacham	New West	54	4 M 50-59	32:55.9	1:02:21.9
41	ed hendricks	langley	72	1 M 70-99	32:58.2	1:02:41.0
42	Joel Valdez	Vancouver	24	3 M 20-29	33:14.3	1:02:59.2
43	Andrea Lee	Vancouver	29	6 F 20-29	33:14.5	1:02:59.3
44	Eric Fampa	Coq BC	38	6 M 30-39	33:31.2	1:02:42.7
45	Kent Bowie	Surrey	40	5 M 40-49	33:33.3	1:02:46.6
46	David Firby	White Rock	49	6 M 40-49	33:33.4	1:02:46.7
47	wilhelmina deKleer	Surrey	57	2 F 50-59	33:48.7	1:03:29.3
48	Ngaio Kerr	Surrey	40	7 F 40-49	33:55.6	1:03:25.7
49	Michelle Birt	Delta	40	8 F 40-49	33:57.0	1:03:35.1
50	Lisa Marie Dubord	Surrey	30	5 F 30-39	34:26.8	1:03:39.4
51	Danielle Dubord	Langley	30	6 F 30-39	34:49.6	1:04:01.9
52	Fran Booth	Garibaldi Highlands	41	9 F 40-49	34:58.9	1:04:55.7
53	heather prince	abbotsford	35	7 F 30-39	35:02.3	1:04:31.5
54	Alexis Trejgo	Toronto BC	28	7 F 20-29	35:09.5	1:05:20.5
55	Cindy Broughton	New West	34	8 F 30-39	35:16.7	1:04:46.1

56	Sven Carlson	New West	53	5 M 50-59	35:17.0	1:04:46.4
57	Innes Booth	North Vancouver	81	2 M 70-99	35:39.9	1:05:36.9
58	Danny Wilson	Edmonton	36	7 M 30-39	35:50.6	1:05:53.5
59	Leah Margiotta	Edmonton	29	8 F 20-29	35:50.7	1:05:53.3
60	Carole Wilson	Langley	59	3 F 50-59	36:03.9	1:05:37.3
61	Donna Tarver	WR BC	46	10 F 40-49	36:07.0	1:05:48.6
62	Shane Dilling	Kamloops	28	4 M 20-29	36:13.2	1:06:11.6
63	Jessica Liew	North Vancouver	30	9 F 30-39	36:33.3	1:06:27.8
64	Tara Duncan	Surrey	39	10 F 30-39	36:38.3	1:06:09.2
65	Amandaw Chee	Port Moody	29	9 F 20-29	36:53.5	1:07:01.8
66	Tracy Lambert	Snomish WA	47	11 F 40-49	36:59.8	1:06:00.5
67	andrea granter	Surrey	35	11 F 30-39	37:04.3	1:07:13.5
68	Carol Crossen	Surrey	46	12 F 40-49	37:04.5	1:07:13.7
69	Joanne Wilkinson	Richmond	47	13 F 40-49	37:10.3	1:06:46.6
70	Janice Willson	Victoria	49	14 F 40-49	37:10.7	1:06:46.8
71	Laura Craine	Mission	24	10 F 20-29	37:17.9	1:07:05.8
72	Elizabeth Jacobs	Abbotsford	37	12 F 30-39	37:18.3	1:07:05.8
73	Bill Kellett	Langley	49	7 M 40-49	37:18.5	1:07:32.7
74	Judy Bosma	Abbotsford	51	4 F 50-59	37:24.3	1:06:31.0
75	Al Fouquette	Mt. Lehman	58	6 M 50-59	37:34.5	1:06:43.4
76	Aiden Cunnold	Mt. Lehman	7	2 M 0-19	37:34.9	1:06:43.3
77	Maija Heimo	McLure	58	5 F 50-59	37:48.4	1:08:04.5
78	Barbara Muttitt	McLure	62	1 F 60-69	37:49.1	1:08:04.8
79	Kim Smith	langley	39	13 F 30-39	39:17.1	1:08:32.7
80	ROSE VAN DE LEUR	CLOVERDALE	46	15 F 40-49	39:40.7	1:09:25.3
81	Crystal Jack	Abbotsford	38	14 F 30-39	39:44.9	1:09:33.1
82	Michelle Brink	Abbotsford	24	11 F 20-29	39:45.7	1:09:34.1
83	Anna Hannemann		52	6 F 50-59	39:46.5	1:09:34.7
84	Arleigh Bell	Langley	46	16 F 40-49	40:04.9	1:10:00.7
85	Maria Esplin	Maple Ridge	54	7 F 50-59	40:14.2	1:09:55.0
86	Mike Vollendorf	Surrey	42	8 M 40-49	40:53.1	1:11:13.1
87	Neil Peters	Delta	59	7 M 50-59	42:17.2	1:12:48.3
88	Barbara Cooke	Toronto	57	8 F 50-59	43:30.2	1:12:54.1
89	Jeff Connery	langley	55	8 M 50-59	43:38.4	1:13:33.1
90	Pat Wrigley	Aldergrove	56	9 F 50-59	46:31.2	1:16:27.4
91	George Swayze	Langley	72	3 M 70-99	48:17.1	1:18:34.0
92	Ray Richard	Surrey	58	9 M 50-59	48:19.9	1:18:50.6
93	Debra Rizzo	Surrey	48	17 F 40-49	48:20.3	1:18:51.0
94	Dennis Bordignon	Langley	60	3 M 60-69	49:31.5	1:18:39.7
95	Diane Godfrey	Langley	53	10 F 50-59	49:31.7	1:18:39.7
96	Vaughn Tremblay	Delta	49	9 M 40-49	49:31.7	1:19:57.2
97	Susan Anniuk	Langley	57	11 F 50-59	49:31.9	1:18:39.8
98	J. Ulmer	Mission	49	18 F 40-49	51:02.1	1:21:21.9
99	Karri Loadman	Kamloops	49	19 F 40-49	52:16.0	1:22:19.5